

# Harlow Fields School and College

Family Newsletter

7th February 2025 Issue 11

Dear Parents and Carers

In this time of profound grief following the loss of our dear colleague, Paul Cash, we want to extend our heartfelt condolences to everyone affected. Our book of condolences and memory table remain set up in reception in his honour, and we encourage you to visit and share your memories. We will keep you updated on any further plans we make in collaboration with Paul's family.

Thank you for your support during this difficult time. Please see key dates below:

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- Safer Internet Day: Tuesday, 11th February
- World Book Day: Thursday, 6th March
- British Science Week: Friday, 7th March Sunday, 15th March
- Parental Coffee Morning: Monday, 3rd March
- Young Carers Action Day: Wednesday, 15th March
- Neurodiversity Celebration Week: Monday, 17th March Sunday, 23rd March
- PMLD Merit Assembly: Friday, 28th March at 2pm
- Parent Meetings: Week commencing 24th March
- Autism Acceptance Week: Monday, 31st March Sunday, 6th April
- End of Term: Friday, 4th April (<sup>1</sup>/<sub>2</sub> day for pupils and young people)

Kindest regards

Kathleen M Faherty

Headtacher















## 💥💥 Safer Internet Tips for Families 💥 💥

In today's world, the internet is a big part of our lives! It helps us learn, play games, and connect with friends. However, it's important to stay safe while using the internet. Here are some simple tips to help you and your family stay safe online!

#### F Keep Personal Information Private

- Don't Share Personal Details: Never share your full name, address, phone number, or school name online.
- Use Nicknames: When playing games or chatting, use a nickname instead of your real name.

#### Be Careful with Friends Online

- Know Who You're Talking To: Only chat with people you know in real life. If someone you don't know tries to talk to you, tell an adult.
- Don't Meet Up: Never agree to meet someone in person that you met online without telling a parent or guardian first.

#### Think Before You Click

- Avoid Suspicious Links: Don't click on links or download files from people you don't know. They might contain harmful viruses.
- Check for Secure Websites: Look for "https://" at the beginning of a website's address. The "s" means it's secure!

#### 👉 Be Smart About Social Media

- Privacy Settings: Make sure your social media accounts are set to private so only friends can see your posts.
- Think Before You Post: Remember that what you post online can be seen by others. Always think about how it might affect you later.

#### Talk About Online Safety

- Have Open Conversations: Talk to your family about what you do online. Share your favourite websites and games.
- Report Anything Uncomfortable: If you see something online that makes you feel uncomfortable or scared, tell a trusted adult right away.

#### Use Parental Controls

- Set Up Philtres: Use parental controls on devices to block inappropriate content. This helps keep kids safe while browsing.
- Monitor Screen Time: Keep an eye on how much time you spend online. It's important to have a balance between screen time and other activities.









