

# Post 16-19 provision

## Sixth form



## Contact Information

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### Message from Head of Sixth Form

May I offer you a warm welcome to Harlow Fields College. My name is Annie Thompson, and I am the Head of Sixth Form. I have worked at Harlow Fields School and College for 16 years, teaching a range of subjects ages and abilities. My personal passion is for drama and the arts and over the years this passion has grown into a successful programme and subject within the school and college. Three years ago, I became Head of Sixth Form. Since entering this role, I have listened to our pupils and parents wants and needs and built an enriched rounded curriculum to support our pupils into adulthood. We provide students with a fantastic experience here at Harlow Fields College. We have a broad choice of subjects and experiences to study to enable learners to become independent. We pride ourselves on being able to access the local community with our learning and support every student into experiencing the world of work through our careers programme. As a forward-thinking Sixth Form, we adapt our learning to the needs of our students and support students for the skills and qualities needed for life. We are driven in achieving the best possible outcomes for our students and tailoring suitability of experience to our learners needs.

### How to apply

Applications for Harlow Fields College are through Statutory Assessment Service. Please name us as a school on the annual review for consideration.

## Curriculum

Our Sixth Form Mission statement is to Engage, Encourage, Empower.

As well as a wide range of activities to support development of social skills, mental health and well-being, resilience, self-esteem and life skills for the future, our Sixth Form students also have a rich academic and creative curriculum which follows two different pathways. Every student will leave Harlow Fields Sixth Form with an accreditation, which is recognised by Further Education Colleges.



## Summer Ball

Our annual Summer Ball is always a huge success, with students, parents, staff and others who supported the school during the year meeting socially and a much-anticipated chance for gowns and suits to be worn with style. The theme for this year was Hollywood Glamour. We had limousines for all pupils to take us to the venue, mocktails, photo arch, disco, red carpets, and a dessert wall. It was a wonderful chance to acknowledge and thank those who support the school and a fitting way to mark the transition of our Year 14 students into the wider world.



## ASDAN

Personal Social Development (PSD) is a course for our 'Pathway to work' learners. The course aims include:

- becoming confident individuals who are physically, emotionally and socially healthy.
- being responsible citizens who make a positive contribution to society and embrace change.
- managing risk together with their own wellbeing.

Personal Progress (PP) qualifications have been designed to address the needs of learners with special educational needs and disabilities (SEND), working at Entry 1. This course is delivered to our 'Pathway to life' learners.

## In the community



One of the most important features of our 6th Form Curriculum is the opportunity for students to get out into the community, giving them the chance to develop and practice the personal and social skills that will be so important in adult life. Accreditation courses give opportunities to use local leisure facilities, develop road safety and travel training skills and experience activities and places with their peers. This year's activities included a visit to Essex Outdoors, Van Hage's

Garden Centre, local churches and places of worship, Asda, Lidl, Cineworld, Playhouse Harlow, Aerozone, Broxsted Farm, theatre trips, bowling, Quasar, local restaurants and shops, local countryside activities and joining the whole school for a Christmas Carol Concert at the Salvation Army.



## Drama and the Arts



Drama at Harlow Fields School and College is the medium through which the pupils are enabled to develop confidence, physical awareness, communication and articulation. The Drama curriculum includes introductory activities, speech, verbal dynamics, movement, language development, structured improvisation, dialogue development, scene starters, and mini scripts. Above all, the lessons are fun! Over the years, we have developed strong links with Shakespeare's Schools Festival, Enact, Arts Award and Razed Roof. All pupils get the opportunity to attend workshops, both in and out of school, performing and going on trips to theatres, locally. This year's shows included performing at Harlow Town Park at the inclusion festival.



# Carousels

**Termly students partake in the following:**

Ore Project Design and Technology: During these practical activities students are made aware of health and safety procedures when working with a range of machines and tools. They also can research and design a range of items e.g., CD holders, bird boxes, puzzles etc. This project also gives our students the opportunity to work with bigger machinery at the Ore project including welding, glass blowing, pottery and sculpture.



Café: Students actively participate in costing, buying, and preparing a range of simple meals for staff to purchase at a reasonable price. Students develop their skills in food hygiene, food preparation, working on the 'till' and customer service.



Travel Training: Working with Essex County Council services, our students take part in a 13-week course that support independence when travelling in the community. Students learn about safety when walking in the community, what signs mean, how to use crossings, how to get a bus and how to read a timetable.



Butterfly Project: Using discovery based interactive workshops and creative projects. The Butterfly Project educates and empowers young people about health, lifestyle and wellbeing issues so that they are able to take ownership of their health and the choices that they make. These activities engage young people by harnessing their enthusiasm and delivering them real outcomes whilst equipping them with new skills and knowledge.





NCS: The National Citizenship Service is brought to us by Essex Boys and Girls Club.



Students take part in 13 weeks of workshops where they experience workshops that engage, unite and empower young people, building confidence to enable them to achieve their dreams. Our students take part in the Social Action project where they devise a community project based on a local issue, they feel passionate about.



Arts Award: This carousel develops students' artistic abilities alongside their research and communication skills. It involves our learners in the arts as creators and audience members and encourages them to take their first steps towards leadership by sharing their learning with others.

## Wellness and fitness

Wellness Wednesdays - every Wednesday students get to pick from different activities linked with improving their own wellbeing.

Orienteering: Orienteering in the local community while trying to walk a minimum of a mile within the given time.

Bootcamp: Students develop coordination skills, improve their health and well-being, developing their physical fitness, while learning new techniques and movements.



Yoga: Chair yoga, yoga, mindfulness, breathing and dance.

Ball games: bowling, football, basketball, tennis, agility skills.

Gardening: In Gardening our student's plant and grow a range of seasonal plants, flowers, fruit and vegetables. They are developing a small allotment in the new college grounds.



Reflexology: This is a session where pupils learn self-care and a calming routine to support emotional management.

# Our Curriculum Pathways



Our intent for the Curriculum at Harlow Fields College is to assess each student's needs and develop appropriate teaching programmes to meet those needs, to offer all students a broad, balanced, relevant curriculum with adapted teaching.

At Harlow Fields College we promote and develop good study habits and attitudes and where appropriate, involve the students in the planning and recording of their own work. Some classes have a greater emphasis on academic content whilst other classes have a greater emphasis on life skills or social skills.

Our intent for the Curriculum at Harlow Fields College is to assess each student's needs and develop appropriate teaching programmes to meet those needs, to offer all students a broad, balanced, relevant and differentiated curriculum on one of our Pathways:

## Pathway 1 - Preparation for life

## Pathway 2 - Preparation for work

Both pathways focus on into adulthood skills and functionality. Our students are all encouraged to learn using these 4 key stepping stones:

1. Learning to Know
2. Learning to Live
3. Learning to Do
4. Learning to Live Together.



# Sixth Form pathway to Life.

What is it- Intention	How we do it- Implementation	Why we do it- Impact
<p><b>Life skills:</b></p> <p>Development of Life skills Home management skills Relationships and wellbeing Team working skills</p>	<p>Ore project Butterfly Project Razed Roof Enterprise Work experience sessions NCS- National citizen service trust ASDAN Personal Progress PE1 – E1 (AC1-10)</p>	<p>Students leave Harlow Fields either working towards or with functional levels of life skills to promote participation and independence in everyday life.</p>
<p><b>Physical development:</b></p> <p>Development of fitness, motor skills and healthy lifestyles.</p>	<p>Wellness and fitness activities Wellness programme Travel training Physiotherapy Weekly physical education</p>	<p>Students leave Harlow Fields with a better understanding and skills to lead a positive healthy life.</p>
<p><b>Communication:</b></p> <p>Development of Literacy skills</p>	<p>ASDAN Personal Progress Weekly Literacy sessions Rapid Reading scheme Personal learning targets linked with EHCP Literacy sessions twice a week Pearsons Functional skills in English (If appropriate)</p>	<p>Students leave Harlow Fields with basic functional skills in communication, reading and writing. Whether this is communication through sign, visual or spoken.</p>
<p><b>Cognition:</b></p> <p>Development of Maths Skills</p>	<p>ASDAN Personal Progress Weekly Maths sessions Personal learning targets linked with EHCP Maths sessions twice a week Pearsons Functional skills in Maths (If appropriate)</p>	<p>Students leave Harlow Fields with basic functional skills in Mathematics.</p>
<p><b>Personal development</b></p> <p>Development of: Self-help skills Personal Hygiene/care Social and emotional regulation Keeping safe in the community and online</p>	<p>Community visits. Wellness and fitness activities Wellness programme Travel training Physiotherapy Speech and language Pets therapy. Youth Counselling Team (YCT) ASDAN Personal Progress PE1 – E1 (AC1-10)</p>	<p>Students leave Harlow Fields with the emotional agency to manage a range of social situations, the skills to participate in the community and the awareness to keep themselves safe in the community with support.</p>



# Sixth Form pathway to Work.

What is it- Intention	How we do it- Implementation	Why we do it- Impact
<p><b>Life skills:</b></p> <p>Development of Life skills Home management skills Relationships and wellbeing Team working skills preparation for working life</p>	<p>Ore project Butterfly Project Razed Roof Enterprise Work experience sessions NCS- National citizen service trust Work experience Food hygiene certificate (CAFÉ) Work experience workshops (external) ASDAN Personal, Social development (E11-3)</p>	<p>Students leave Harlow Fields with functional levels skills and knowledge to live a positive healthy lifestyle. Work based learning leads to students having a better understanding of their own career ambitions and supports them learning the basics in skills for work.</p>
<p><b>Physical development:</b></p> <p>Development of fitness, motor skills and healthy lifestyles. Sports and leisure</p>	<p>Wellness and fitness activities Wellness programme Travel training Physiotherapy Weekly physical education Leading lunch time clubs</p>	<p>Students leave Harlow Fields with a better understanding and skills to lead a positive healthy lifestyle. Students will be aware of the risks and dangers of negative lifestyles. We teach students to implement this into their daily lives inside and outside of sixth form.</p>
<p><b>Communication:</b></p> <p>Development of Literacy skills</p>	<p>Weekly Literacy sessions Rapid Reading scheme Personal learning targets linked with EHCP Literacy sessions twice a week Pearsons Functional skills in English (EL1-L2)</p>	<p>Students leave Harlow Fields with functional skills in communication, reading and writing. We aim to give our students the opportunity to progress onto level 1 mainstream courses in college or supported studies courses with the aim to progress on to level 1 mainstream after a year.</p>
<p><b>Cognition:</b></p> <p>Development of Maths Skills</p>	<p>Weekly Maths sessions Personal learning targets linked with EHCP Maths sessions twice a week Pearsons Functional skills in Maths (EL1-L2) Digital ICT (EL3-L2) Money workshops (external providers)</p>	<p>Students leave Harlow Fields with functional skills in Maths and ICT. We aim to give our students the opportunity to progress onto level 1 mainstream courses in college or supported studies courses with the aim to progress on to level 1 mainstream after a year.</p>
<p><b>Personal development</b></p> <p>Development of: Self-help skills Personal Hygiene/care Social and emotional regulation Keeping safe in the community and online Understanding lawn and order (British Values) Rights and Responsibilities Further education studies</p>	<p>Community visits. Wellness and fitness activities Wellness programme 1-1 Travel training Physiotherapy Speech and language Pets therapy. Youth Counselling Team (YCT) ASDAN Personal Progress PE1 – E1 (AC1-10) Goodman group</p>	<p>Students leave Harlow Fields with the emotional agency to manage a range of social situations, the skills to participate in the community and the awareness to keep themselves safe in the community.</p>

