



Harlow Fields School & College  
Working Together To Succeed

Dear Parent and Carers,

Identifying and Supporting Young Carers at Harlow Fields School & College

At Harlow Fields we are aware that some of our pupils may be young carers. A young carer is someone under 18 who is caring unpaid for a family member or friend who is ill, frail, disabled or has mental health or addiction problems. They often take on practical and/or emotional caring responsibilities that would normally be expected of an adult. Research suggests there are at least 700,000 young carers in the UK but many do not realise they are a young carer.

We know that young carers may need a little extra support to enjoy and do well at school. At Harlow Fields we are committed to ensuring that all pupils who are young carers are identified, and supported effectively.

As Harlow Fields 's Young Carers' Lead I have responsibility for ensuring all young carers are able to enjoy school and make good progress. If you think your child might be a young carer, or could be affected by any of the issues we've highlighted, please let me know by filling in the form attached and bringing it into school in a sealed envelope addressed to me. If you do not feel comfortable doing this, or have any further questions, please contact me on the school's number to speak to me directly.

Any information that is given to us will be treated sensitively and no information will be shared without your knowledge.

Yours sincerely

Tracey Kiddell  
Deputy Headteacher / Young Carers' Lead



Harlow Fields School & College  
Working Together To Succeed

Reply Slip

Pupil's name: \_\_\_\_\_

Class: \_\_\_\_\_

Does the pupil have parents or other family members who have a long-term illness or disability, or who are affected by mental ill-health or substance misuse?

Yes                      No

If you wish, you can give further details here: (not required)

---

---

Would you like more information about the types of support the school provides to young carers?

Yes                      No

Please provide a name and telephone number or email address so that we can contact you.

Name: \_\_\_\_\_

Telephone/email address: \_\_\_\_\_