



HB newsletter: Summer 2 Wk 7



Dear Parents and Carers,

As we come to the end of another wonderful academic year, I would like to take this opportunity to thank our entire school community for your continued support, encouragement and engagement throughout the year. The strong partnership between our families, staff, governors and church has helped make our school a caring, nurturing place where every child can flourish.

To our Year 6 pupils, we offer our heartfelt congratulations as you reach the end of your primary school journey. You have been fantastic role models, demonstrating kindness, resilience and a commitment to living out our Christian values. We are incredibly proud of all you have achieved and wish you every blessing and success as you begin the next exciting chapter of your education. Remember that wherever you go, God is always with you.

As the summer holidays begin, I hope everyone enjoys a well-earned break filled with fun, rest and special time with family and friends. Please take care, stay safe, and look after one another.

We look forward to welcoming our children back to school on **Wednesday 2nd September**, refreshed and ready for another exciting year of learning together.

On behalf of everyone at school, I wish you a happy, peaceful and blessed summer.

Kind regards,
Mrs Susan Sidhu



Curriculum in action: Reception



Harper Bell
Seventh-day Adventist
Primary School



1 2 3 4 Maths: This week, children have consolidated key maths skills, such as addition, counting on or back to subtract and playing number games to apply their skills. We have recapped number bonds to ten and looked at the 100 square to help prepare us for year 1.

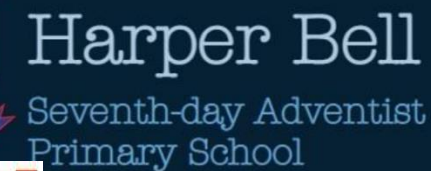
Writing: We wrote what we enjoyed about our experiences in Reception. We drew what activities we liked and we wrote about it, composing and transcribing our own sentences, using finger spaces and full stops.

Reading: We have read stories such as "Kindness is my Superpower" to help us prepare for year 1 and remember the HBWAY.

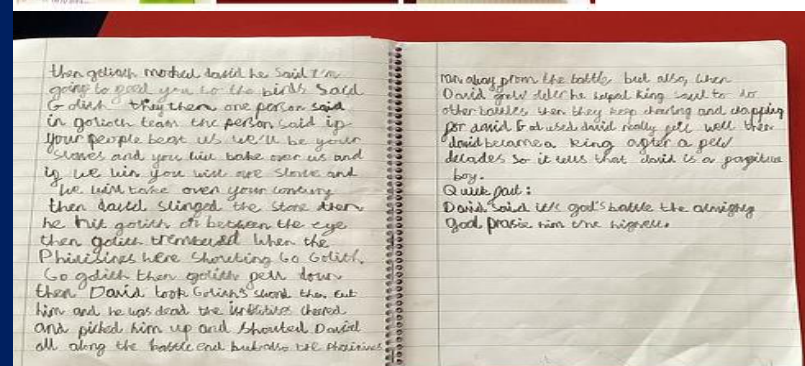
Art: We had fun decorating our party hats this week for our class parties.

RE: We discussed our school values and linked them to the story of Joseph. We enjoyed watching the year 6 play to help us with our character development of showing Love, Learning and Laughter, Prayer, Purpose and Progress. We looked back at some of our highlights this year.





PE: We had fun dancing this week and copying various rhythmic movements, to dance in time to the music.





Curriculum in action: Year 2



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Seventh-day Adventist
Primary School

 **Writing:** This week the children made some beautiful story boards showing the story of The Owl Who Was Afraid of the Dark.

 **Reading:** This week we have simply focused on reading fluency and working pace so the children are prepared for longer texts in Year 3.

 **Science:** This week in science the children had a class debate about the most sustainable material to make plant pots. Their reasonings were beyond insightful and mature! I was so impressed by their ability to listen and respond accurately and politely!

 **History:** This week in history we learnt all about The Battle of Hastings and William the Conqueror. The children were able to link the political issues of monarchy to our previous learning and have all re-written the story independently.



Curriculum in action: Year 3



Maths:

The children continued their learning about time and have made fantastic progress. They can now confidently use a.m. and p.m., know the days of the week, months of the year and the seasons, and recognise patterns between them. It has been wonderful to see their confidence grow throughout this topic.



Reading:

The children have continued developing their retrieval and inference skills and have shown incredible progress. I am so proud of the whole class's achievements in reading. They are now able to do so much more than they could back in September, and the improvements they have made over the year have been truly remarkable.



History:

We completed our unit on the Romans, learning all about their invasion of Britain and the impact they had on our country. The children thoroughly enjoyed exploring this fascinating period in history.

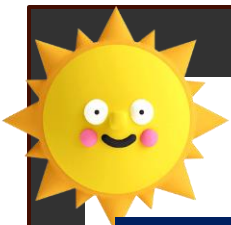
As we come to the end of Year 3, I would like to say what a pleasure it has been to teach such a wonderful class. They have worked incredibly hard, shown kindness and resilience, and should all be very proud of everything they have achieved this year. I wish them all a fantastic summer holiday and the very best of luck as they move into Year 4! 🌞



Harper Bell
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Primary School



AM	PM
	
morning breakfast dawn sunrise	night evening afternoon noon bedtime lunch dinner



Curriculum in action: Year 4



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Primary School



Maths: This week the children have continued to learn about shapes. They were able to successfully identify quadrilaterals and polygons. They even challenged themselves to differentiate between regular and irregular polygons.

Writing: The children wrote up their big write this week. They did a brilliant job of re-writing the story of Aladdin. They used their neatest handwriting and presentation and should be so proud of the quality of work they have produced.

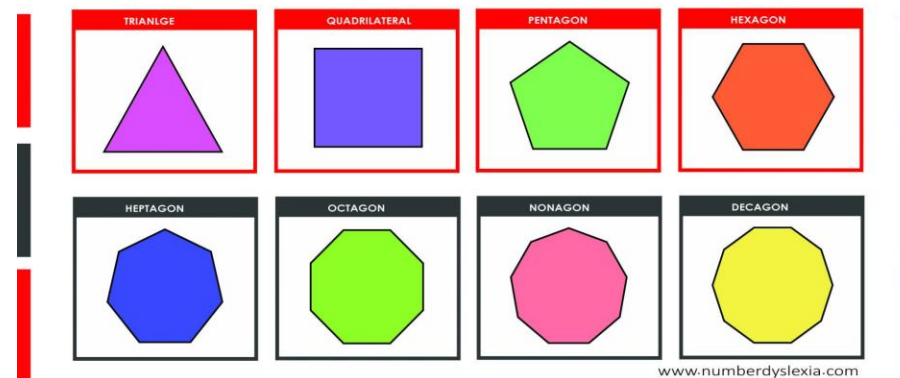
Reading: The children used all of their knowledge from the whole year to answer comprehension questions.

History: We continued learning about the ancient Mayas. We learned what an archivist is, and investigated all the different inventions the Mayas came up with.

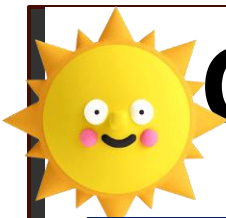
Year 4 have had an incredible year and should be so proud of all the progress they have made! They have been a real pleasure to teach. I hope they all have a restful summer!



Types of Polygons (Regular)



www.numberdyslexia.com



Curriculum in action: Year 5



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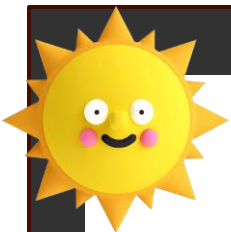


12 34 Maths: We have revised a range of key concepts, including addition, subtraction, multiplication, division, fractions and place value.

Writing: We have applied our writing techniques that have been taught throughout the year and beyond to independent descriptive and creative pieces of writing. We have used varied sentence structures and figurative language.

History: Continuing with our learning surrounding Ancient Greece, we studied the Athenian democracy this week. We learned about what the Athenian democracy meant and how it influenced modern democracy. As well as this, we compared the Athenian democracy to our current democracy in modern Britain.





Curriculum in action: Year 6



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Primary School



As we come to the end of another wonderful year, I would like to thank you for all of your support throughout your child's time in Year 6. We thoroughly enjoyed our final production of *Joseph and the Amazing Technicolour Dreamcoat*, and the children were absolutely brilliant; they should all be incredibly proud of their performances. It was also a privilege to celebrate each child's achievements at our Year 6 Graduation, marking the end of a memorable chapter in their primary school journey. We are immensely proud of the hard work, determination and resilience the children have shown this year, which has been reflected in their SATs results and in all they have achieved. We wish every child the very best as they begin their transition to secondary school and know they will go on to accomplish great things. Thank you once again for a wonderful year. It has been a pleasure to teach and support such a fantastic group of children.





Spiritual thought for the week...

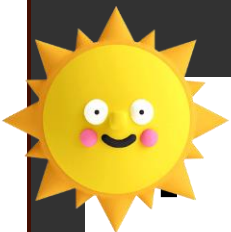


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"And now these three remain: faith, hope and love. But the greatest of these is love."
— 1 Corinthians 13:13

During the academic year, every child has grown in their own unique way, supported by the love of their families, friends and school community. May the summer be filled with joy, rest and new adventures, and may God's love guide and protect everyone until we meet again in the new school year.





Home Learning for Sum 2 Wk 7



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Primary School

Year 2: Holidays homework pack- please return to Miss Nisar in September!

Year 3

- Summer holiday activity pack sent home
- TTRS practise
- Collinshub book

Year 4

- Activity booklet.
- Collinshub book.
- TTRS practice.

Year 5:

-Paper copies of English and Maths homework sent home

Online arithmetic test:

<https://mathsbot.com/primary/year5#qlaSheet>





School Menu...



Harper Bell
Seventh-day Adventist
Primary School

WEEK ONE

DINE

Main

Vegetarian

Sides

DINE



Homemade Veg
Cheeseburger

Plant Based
Spaghetti
Bolognese

Salad or Broccoli



Veggie Paella

Vegetable Pitta
Pocket

Sweetcorn and
Peppers



Mac 'n' Cheese

Roasted Root Veg
Wellington

Roasties and
Broccoli



Vegetable Fingers

Cheese & Tomato
Pinwheel

Green Beans



Cheese & Tomato
Pizza

Veggie Pizza

Chips and Beans

Jacket Potato with choice of topping

Oaty Biscuit

Jam & Coconut
Sponge and
Custard

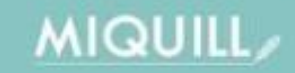
Chocolate
Brownie

Carrot Cake

Ice Cream

WEEK COMMENCING:
13/04, 04/05, 25/05, 15/06, 06/07,
27/07, 07/09, 28/09, 19/10

Fresh Bread and Salad is available daily with a choice of Yoghurt,
Mousse, Jelly or Fruit instead of dessert





School Menu...



Harper Bell
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Primary School

WEEK TWO

DINE
Main

Vegetarian

Sides

DINE



WEEK COMMENCING:
20/04, 11/05, 01/06, 22/06, 13/07,
24/08, 14/09, 05/10



All Day Brunch
With Veggie Sausage

Italian Bruschetta
With Mash

Falafel Pitta

Vegetable Chow Mein

Cheese & Tomato Pizza

Five Bean Chilli
With Rice

Cheese & Potato Pie

Stew & Dumplings

Veggie Pasta Bolognaise
With Garlic slice

Veggie Pizza

Peas or Beans

Broccoli or Beans

Roasties and Carrots

Cauliflower or Peppers

Chips and Peas

Jacket Potato with choice of topping

Fruity Flapjack

Chocolate Crunch

Fresh Fruit Salad

Rainbow Cookie

Ice Cream

Fresh Bread and Salad is available daily with a choice of Yoghurt, Mousse, Jelly or Fruit instead of dessert





School Menu...



Harper Bell
Seventh-day Adventist
Primary School

WEEK THREE

DINE

Main

Vegetarian

Sides

DINE



Cauliflower Cheese
Pasta Bake

Herby Tomato
Pasta Bake

Garlic Slice and
Green Salad

Apple Flapjack



Vegan Mince
Lasagne

Vegetable Curry
With Rice

Carrots and
Sweetcorn

Peach Upside
Down Cake and
Custard



Roast Vegetable
Sausages

Veggie Sheperds
Pie

Roasties, Peas and
Gravy

Summer Fruit &
Yogurt Crunch



Mac 'n' Cheese

Cheese & Tomato
Pinwheel

Broccoli and
Carrots

Chocolate Sponge
& Custard



Cheese & Tomato
Pizza

Veggie Pizza

Chips and Beans

Ginger Cookie

Jacket Potato with choice of topping

WEEK COMMENCING:
27/04, 18/05, 08/06, 29/06, 20/07,
31/08, 21/09, 12/10

Fresh Bread and Salad is available daily with a choice of Yoghurt,
Mousse, Jelly or Fruit instead of dessert

MIQUILL



Exciting Opportunity



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Primary School

Children from Harper Bell have been invited to attend a fun, free cricket session during the summer holidays.

If you wish to sign up follow the link below

<https://forms.office.com/e/nwpSKnN1na>



Skills Blast - Sunday 26th July (10am-1pm) @Edgbaston Stadium

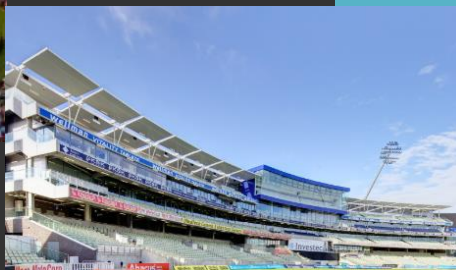
Skills Blast returns on Sunday 26th July (10am-1pm), inviting children aged 8-12 to Edgbaston Stadium for the exciting chance to play cricket on the pitch. Formerly known as Community Day, the event was rebranded as Skills Blast in 2025, continuing a tradition of bringing communities together since 2015. Through Skills Blast, we aim to unite generations and communities across Warwickshire and Birmingham, celebrating diversity and encouraging children to get active through cricket. Held on the Edgbaston Stadium outfield, children will take part in fun skills sessions followed by short cricket games on the same turf as professional players.

We only have limited spaces so please only complete form if able to attend

There is space for parents/guardians of participants to remain at the venue in spectator viewing area.

*Parking available on site

****Please note: refreshments are not included, so please bring your own. We also recommend bringing a water bottle****





Exciting Opportunity



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Primary School

National Youth Ballet Ticket Offer

Children from Harper Bell have received this ticket offer from the National Youth Ballet ahead of their Birmingham performances of 'Echoes of Tomorrow', this August at the Crescent Theatre.

This offer allows Under 18's to go FREE with at least one Adult (capped at 6 per customer). Please use code NYBDANCE26 via the link here: [Event Details - Crescent Theatre](#)

A selection of Dance Track students will be performing a Curtain-Raiser piece at the 7:30pm show on Thursday 13th August.





Child Safety



Harper Bell
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Primary School

Please see the full resource online: [Family Support | Harper Bell SDA Primary School](#)

Safe around roads

"One act of bad driving robbed the world of a beautiful, intelligent and caring young person. Our lives have been turned upside down by our daughter's death."

Bereaved Dad whose daughter was killed in a car accident

It can be hard knowing how best to teach your child to stay safe. Here we help you to break it down and keep it simple.

Pedestrians – younger children

- Get young children into the habit of holding your hand or use walking reins
- Ask questions while you're out to help them understand simple ideas like 'fast' and 'slow'
- You can start teaching the Green Cross Code from age five, encouraging children to stop, look, listen and think
- But they won't always remember safety rules, especially if they're excited or spot a friend across the road
- Children will copy what you do, so try to avoid stepping into the road without checking for traffic first. If you can do the right thing, it will help them get into good habits.



Pedestrians – older children

- Children find it difficult judging the speed and distance of traffic until they're at least eight. Accidents peak around 12, as children start making independent journeys
- Children learn by doing and practising. If they're moving to a new school, help them practise the route over the holidays. Where are the safe places to cross? What should they do if they see their bus and they're on the other side of the road?
- They can be mesmerised by their mobiles, so remind them not to talk or text on their phones or listen to music while crossing the road.

In the car

- Make sure your car seat is the right one for your child's height and weight and for your car - not all seats fit all cars

Cycling

- Get your child into the habit of wearing their helmet. If you cycle as a family, remember to wear yours too
- Look out for cycle training. Many schools offer courses to help children gain practical skills.

- **Driving** – speed is everything when it comes to a child's chances of survival. They're 3.5 times more likely to die if hit by a car doing between 30-40 mph.
 - Keep an eye on your speed
 - Keep your phone in the glove compartment so it can't distract you.

Safe from choking

"I always thought choking would have been more obvious. But the silence and the panic in his eyes will stay with me forever."

A child who's choking can't breathe, so there's no sound to alert you. As scary as this sounds, you can stop this happening. It takes some simple steps.

Why do children choke?

- Children can choke at any age. Young children are at greater risk.
- Their narrow airways are more easily blocked.
- Anything smaller than a 2p can choke them.

Small objects

- Babies and toddlers put things in their mouths. It's how they explore. So they can choke on small objects in their reach:
- Cheap toys can have small parts that come off. Check them over first.
 - Use older children's toys in a specific area and check the floor afterwards. Use a tray underneath to catch small parts, like Lego.
 - Don't let young children blow up balloons and clear away broken pieces.

Baby bottles

Never use a self-feeding baby pillow or prop your baby's bottle up to feed. They need an adult to help them feed.

First aid

1. Give up to five back blows between the shoulder blades – it can force the object out.
2. For babies, give up to five chest thrusts. For children over 1 year of age, give up to five abdominal thrusts squeezing above the belly button from behind – it forces air out of the lungs to clear the object.
3. If 1 & 2 don't work call 999 and keep trying until help arrives.

Food

- Choking on food isn't just about young children not chewing properly. It takes time to learn to breathe, chew and swallow in harmony.
- Until then, they need you to cut up or avoid anything that could block their airway. And to teach them to sit still to eat.

Size and shape matter

- Cut lengthways and quarters – grapes, blueberries, strawberries, cherries and small tomatoes.
- Remove skin, pips or stones from fruits or vegetables.
- Cut thin strips – sausages, cheese, vegetables and large fruit like melon, apple, carrot, cucumber and mango.
- Steam, mash or grate foods to soften them – carrots, chickpeas, butter beans.
- Cut strips and remove bones, skin or fat – meat and fish.
- Toast bread – to stop doughy balls. Cut all bread into narrow strips.

Save for later

- Round hard sweets, including mini eggs and lollipops
- Whole grapes and nuts
- Globes of peanut butter
- Popcorn
- Marshmallows
- Jelly cubes



Fire safe families

"He ran upstairs and into a wall of black smoke and could feel intense heat coming through the walls."

Coroner's report, death of 5-year old who played with a lighter

Your family are eight times more likely to die in a fire if you don't have a working smoke alarm. If a fire breaks out at night, you won't smell the smoke and wake up. The poisonous fumes will send you deeper into sleep.

It makes sense to have a smoke alarm upstairs and downstairs, to save you from smoke that can kill in minutes.

Prevent fires

- Cooking is the main cause of fires in the home – stay in the kitchen if children are cooking
- Keep matches, lighters and lit candles or tea-lights well out of reach of young children and teach children not to play with them
- Take care not to plug lots of chargers and equipment into an extension lead from one electrical socket – the socket will be dangerously overloaded
- Stay close by when you have fat heating and never pour water onto hot fat
- Store things like hair straighteners safely – avoid leaving them switched on or where a child might be able to switch them on
- Avoid charging e-bike or e-scooter batteries when you're out or overnight. Follow the instructions and don't over charge
- Double check your cigarette is out and be careful smoking if you're really tired (or in bed) in case you fall asleep with it in your hand.



Plan your escape

- Work out your escape route in case of a fire and practice it with your family
- Keep the stairs and escape route clear of clutter at night
- Keep keys to any doors on your escape route in one place so you know where they are in an emergency.

Teach children what to do if they see a fire

- Tell someone straight away – a grown-up if possible
- Don't try to put the fire out yourself
- Get outside as quickly as possible. Don't try to hide from the fire
- Never go back inside for anything.

Check your smoke alarms

- You need a working smoke alarm upstairs and downstairs
- Test your alarms every month
- If you live in rented housing your landlord is responsible for providing alarms.



Child Safety



FREE Home Health & Safety Checks

Helping you to create a safer home for your children

Do you worry about accidents at home like burns, falls or choking?

Our trained professionals can help
We are offering FREE home safety visits
****Available for families in Ladywood****
These visits will help reduce the risk of accidents and keep your children safe.

What's included:

- ✓ Home Safety Check by a trained professional
- ✓ Personalised recommendations report
- ✓ Child safety pack (socket covers, locks, etc - where applicable)
- ✓ Practical guidance for emergencies
- ✓ Follow-up phone support



Scan to Apply Now



bit.ly/BreatheEasyBrum

Book your free visit

0121 368 2025 hello@onyourfeet.biz www.onyourfeet.biz



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Autism Awareness

Navigating The Wait Together



**STARTS
SEPTEMBER**



Do you live in Birmingham?

Is your child on the **AUTISM assesment** waiting list?

Then please do register for this FREE Parent/Carer course

**Turning the autism assessment waiting time into a
productive and positive time**

10:00am till 12:30pm

(2.5hrs session for 4 weeks)

Thursday **24th September / 1st 8th & 15th October**

@ Selly Park B29 7EL

These sessions will help you learn practical skills, build confidence in advocating for your child's needs, understand available services, support your family's wellbeing **during the assessment waiting period**, and connect with others on a similar journey.

For Full info please Register your Interest below



scan QR code or use the link below to register:
<https://forms.office.com/e/XnVNkkxUME>

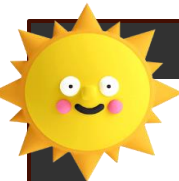
or contact kelly@resourcesforautism.org.uk



resources for
autism



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Dates for your diary

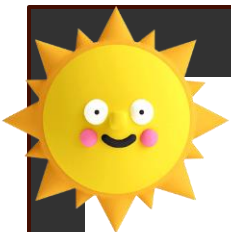


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Primary School

17/7/26: Final day of school before summer holidays

2/9/26 (Wednesday): Children return to school after summer holidays





Attendance Page



Harper Bell
Seventh-day Adventist
Primary School

LOVE, LEARNING AND LAUGHTER ATTEND!

Good attendance
means...

...being in school for at least
97% of the time – between
185 to 190 days!

REMEMBER
You've got to be
in, to win!

365 days in a calendar year						
	0 days absent	5 days absent	10 days absent	15 days absent	20 days absent	25 days absent
	In school for 180 days each year,	In school for 185 days each year.	In school for 175 days each year.	In school for 170 days each year,	In school for 170 days each year	In school for 165 days each year,
	100% Attendance!	97% Attendance!	94% Attendance!	89% Attendance!	88% Attendance!	86% Attendance!

Good attendance
= best chance of success!
"Well done!"

Poor attendance
= less chance of success!
"I'm worried!"

Persistently poor
attendance =
damages education
"I'm seriously concerned!"

Last week: 94.6%

This week: 92.2%





Water Safety



Harper Bell
Seventh-day Adventist
Primary School

[Water Safety on Holiday | Royal Life Saving Society UK \(RLSS UK \)](#)

