

Harper Bell SDA Primary: Approach To PE

Intent

At Harper Bell SDA Primary, we believe that Physical Education, Physical Activity and School Sport are vital to our pupils' health, wellbeing and future success. Our inclusive, broad and balanced curriculum through the P.E Hub ensures all pupils experience enjoyment, challenge and achievement — whether through developing fundamental movement skills, learning new sports or representing the school.

Implementation

- **EYFS:** Pupils receive at least one hour of PE weekly, developing fundamental skills such as running, jumping, throwing, catching and balance through games, dance and gymnastics.
- **KS1:** Pupils access a minimum of two hours of PE weekly, continuing to develop coordination and control through games, gymnastics, dance, invasion, net and wall, and athletics. They begin to understand how their bodies respond to exercise.
- **KS2:** Pupils apply and refine skills through sport-specific lessons including invasion games, striking and fielding, net and wall, athletics, gymnastics, dance, OAA and swimming. Leadership, teamwork and self-assessment are integral.
- **Inclusion:** Lessons are adapted to ensure all pupils participate fully, with opportunities for all to represent the school in local and unified sports events.
- **Swimming:** Children in KS2 swim in the autumn term with qualified swimming instructors. Children work towards national curriculum swim standards. Booster swim sessions are delivered to pupils in Y6 yet to meet the national curriculum swim standards.

Impact

- Pupils demonstrate enthusiasm, resilience and sportsmanship.
- They develop physical competence, confidence and an understanding of healthy lifestyles.
- Pupil Voice:
Y5 "I love trying new sports and representing my school."
PE helps me stay fit and feel confident."

Assessment

- Formative assessment in every PE lesson to help pupil progress through
- Assessment of PE objectives
- National Swim standards within KS2
- School Sport and Clubs

Subject Knowledge, Skills and Vocabulary

Our PE curriculum develops physical competence, health and character. Pupils learn to:

- **Move confidently** – control, balance, agility, coordination and precision.
- **Apply tactics** – plan, perform and evaluate in individual and team contexts.
- **Lead and collaborate** – show respect, resilience and communication skills.
- **Understand health** – recognise how exercise supports physical and mental wellbeing.
- **Reflect and improve** – analyse performance to set and achieve personal goals.

Progression from EYFS to Year 6 ensures pupils are active, motivated and resilient learners who enjoy sport and value physical activity for life.

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Inclusion

Physical Education at Harper Bell is inclusive and supports active participation for all pupils. Lessons are adapted using the P.E Hub's frameworks so that all children join games, athletics and swimming. Every child has access to two hours of PE weekly, and inclusive competitive and leadership opportunities ensure all learners develop physical competence, confidence and a sense of belonging.