

Harrow Gate Primary Academy



Personnel Development Curriculum 2022-23

Personal Development at Harrow Gate Primary:

Our curriculum extends far beyond the academic, to allow pupils to develop in many diverse aspects of life. This is encapsulated in our Personal Development Curriculum.

We aim to ensure that, over their time at Harrow Gate Primary, learners receive a Personal Development programme that gives them the knowledge that they need to make decisions, to strengthen them personally and to allow them to develop their character and personality. We provide these rich experiences in a coherently planned way, in the curriculum and through extra-curricular activities.

At Harrow Gate Primary, there are four key drivers that underpin our Personal Development approach:

- Healthy & safe behaviours
- Awareness of the world
- Character development
- British Values

Healthy & safe behaviours include our PSHE curriculum, Relationship Education, Sex Education, Physical Health, Mental Wellbeing and Wider Aspects of Safety.

Awareness of the world includes Economic Understanding, Understanding Media and Technology and Spiritual, Moral, Social and Cultural development.

Character development includes development of children's own character and personality, our RESPECT values framework, children's behaviour and wider opportunities for children to engage with.

British Values includes Democracy, Rule of Law, Respect & Tolerance and Individual Liberty.

Personal Development Curriculum Overview:

Some areas of our personal development approach are taught through subjects with their own curriculum, e.g. our PSHE curriculum, or the online safety strand of our Computing curriculum. Other aspects are taught discretely. The following table illustrates which aspects are taught through which approach.

Aspect of Personal Development	Integrated area of wider school curriculum	Discrete personal development curriculum
Safe Behaviours <i>Including; Relationship Education, Sex Education, Physical Health, Mental Wellbeing, Wider Safety</i>	<ul style="list-style-type: none"> Jigsaw PSHE curriculum – Healthy Me, Relationships, Changing Me Rising Stars PE curriculum (Introducing Complete PE in January) Computing Curriculum – online safety strand Thrive Approach sessions OPAL (Outdoor Play And Learning) 	<ul style="list-style-type: none"> Anti-bullying week – November E-safety day – February NSPCC Pants NSPCC Speak Out Stay Safe Sun Safety (Extra Jigsaw session) St John’s Ambulance First Aid (KS2) Bikability Training (Y5 and Y6) Dental visits about teeth care (EYFS) Road Safety - Jigsaw KS2/ BMW education Safe on the Streets Knife Crime Extra sessions – Jigsaw (Yr4-6)
Awareness of the world <i>Including; Economic Understanding, Understanding Media and Technology, Spiritual, Social, Moral, Cultural</i>	<ul style="list-style-type: none"> Jigsaw PSHE curriculum – Dreams & Goals RE/ Music/ Art/ Geography Curriculum Individual, ongoing subject contribution to SMSC (see statements) School visits programme Cultural Curriculum Harrow Gate Reading Cannon (Appendix 1) Global Curriculum Text Based Curriculum linked to CLPE Forest School 	<ul style="list-style-type: none"> Daily BBC Newsround Economic development including NatWest MoneySense (Year 6) Enterprise Project with Virgin Bank’s “Grow the £5” Children Challenging Industry (Year 5) Whole School Assembly schedule (Appendix 2)
Character <i>Including; development of character, confidence and resilience, citizenship, wider opportunities</i>	<ul style="list-style-type: none"> Jigsaw PSHE curriculum – Being Me In My World, Celebrating Difference, Commando Joes curriculum (RESPECT framework) Relational Policy linked to Restorative Approach and Principals Extra-curricular clubs programme Instrument tuition programme Christmas performances & other performances (e.g. music) 	<ul style="list-style-type: none"> 100 things you’ll do across the curriculum (Appendix 3) Residential Trip (Y6) Charity opportunities e.g. Comic Relief, Children In Need Character opportunities passport (Appendix 3) Targeted Thrive sessions – 1-1 Targeted Theraplay Whole School Assembly Schedule (Appendix 1)

	<ul style="list-style-type: none"> • Thrive Approach sessions • Global Curriculum • Emotional Literacy development • Texted Based Curriculum linked to CLPE • OPAL (Outdoor Play and Learn) • Forest School 	
<p>British Values</p> <p><i>Including; Democracy, Rule of Law, Respect & Tolerance, Individual Liberty. This also includes elements of citizenship.</i></p>	<ul style="list-style-type: none"> • Jigsaw PSHE curriculum – Being Me In My World, Celebrating Difference • Individual, ongoing subject contribution to British Values (see statements) • RE/ History Curriculum • Smart School Council • Texted Based Curriculum linked to CLPE • Global Curriculum 	<ul style="list-style-type: none"> • Whole School Assembly Schedule (Appendix 2) • British Values discrete curriculum • Black History Month study • Pride & Diversity week study • Remembrance Day study - November • UK Parliament Week Study – November

Discrete Personal Development Long Term Plan:

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Discrete personal development curriculum (lesson time)	Safe behaviours: NSPCC PANTS (EYFS & KS1) SJA: First Aid (KS2) Bikeability (year 5/6) British Values (in Jigsaw time) Discrimination (KS2) Awareness of the world: Children Challenging Industry (Year 5)	Safe behaviours: Anti-Bullying British Values (in Jigsaw time) Democracy (KS2)	Safe behaviours: NSPCC Speak Out Stay Safe Road Safety – Jigsaw extra modules British Values (in Jigsaw time) Rule of law – the big legal lesson Awareness of the world: Children Challenging Industry (Year 5)	Safe behaviours: SJA: First Aid (KS2)	Safe behaviours: Sun Safety – Extra Jigsaw session	Safe behaviours: Knife Crime Awareness – Jigsaw Yr4-6 Awareness of the world: Enterprise Project with Virgin Bank's "Grow the £5" Character: Year 6 Outdoor Learning Residential
Special Events / Days	National Poetry Day (6/10/22) Black History Month – each year group to have a famous person to study	Christmas Performances (December) Children In Need (18/11/22) Anti-Bullying Week Remembrance Day Study UK Parliament Week Primary Mathematics Challenge Competition	Safer Internet Day (7/2/23) Comic Relief (17/3/23)	World Book Day (2/3/23) British Science Week (w/c 14/3/23)	Earth Day (22/4/23)	Pride & Diversity Week - each year group to have a famous person to study (w/c 26/6/23)

		Theatre Visit: Big!				
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Personal Development Curriculum – Objectives / Progression of Learning:

Some aspects of personal development – such as the PSHE curriculum – are already mapped out in their own documentation.

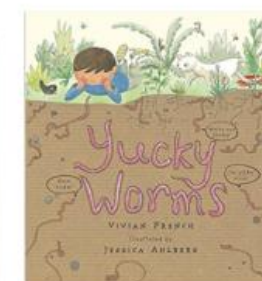
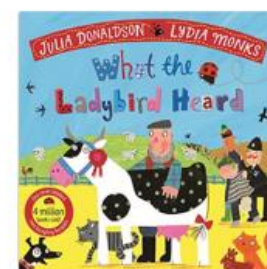
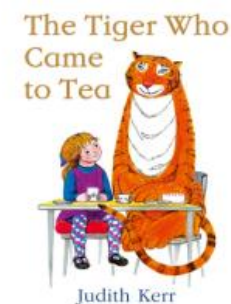
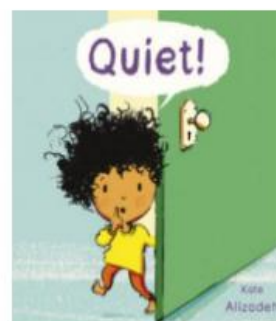
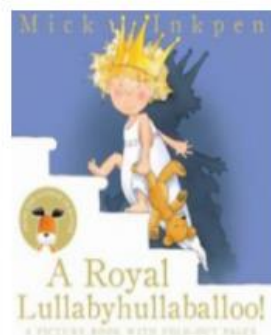
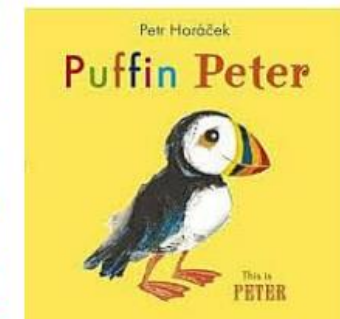
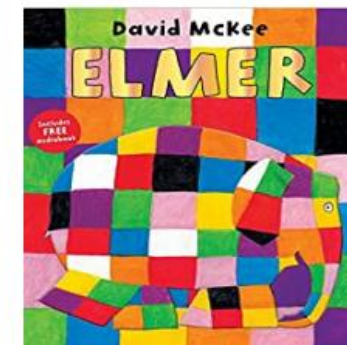
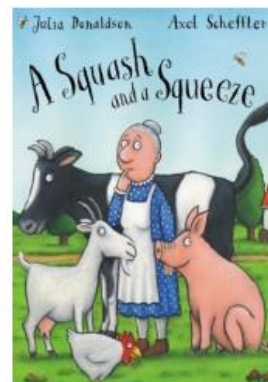
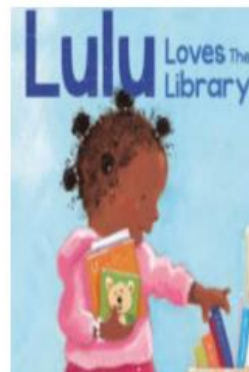
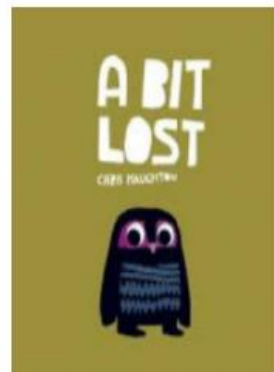
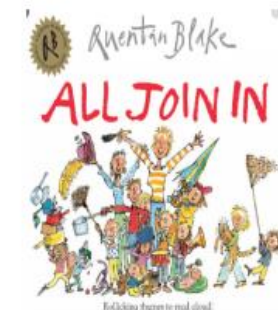
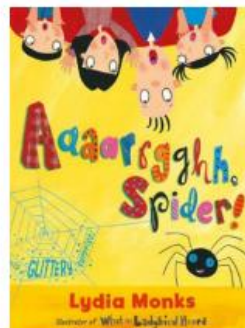
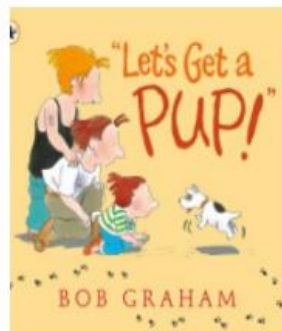
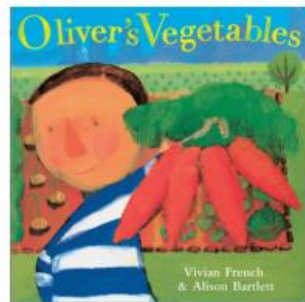
Events – such as anti-bullying week – are thematic each year and do not have year group specific progression.

Other aspects – such as first aid – are more progressive each year and have specific objectives and are therefore mapped out here.

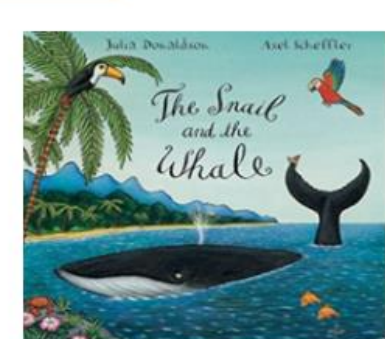
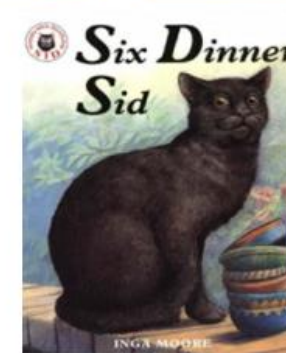
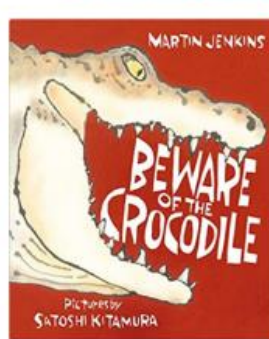
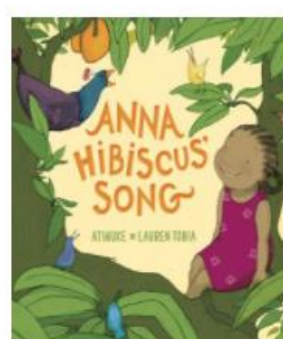
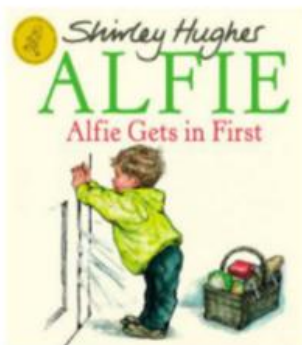
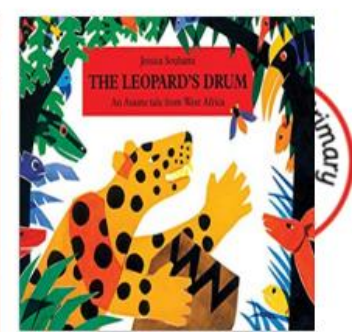
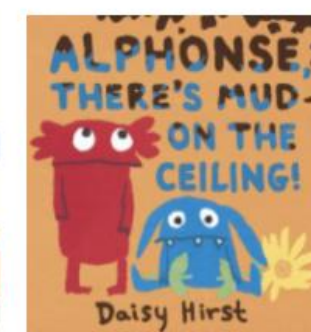
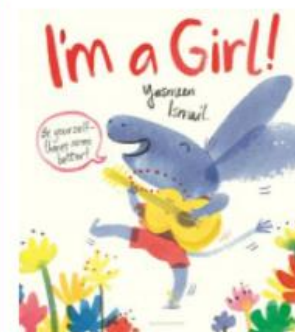
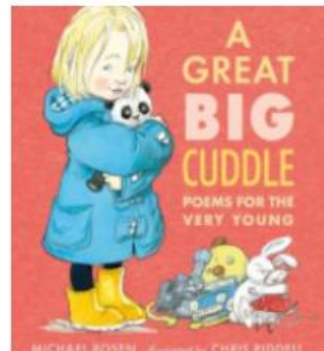
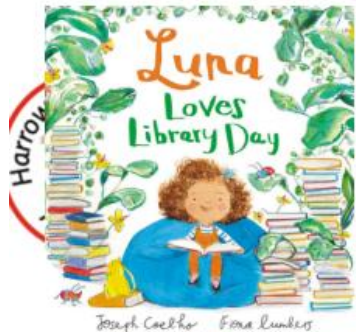
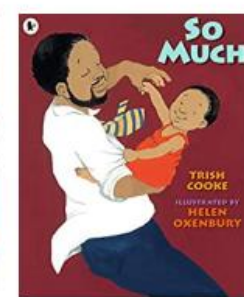
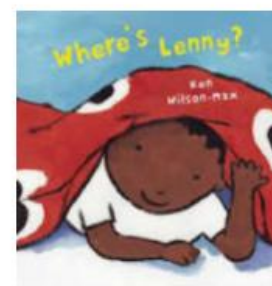
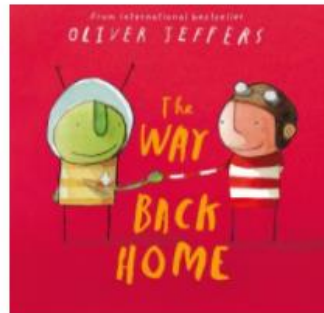
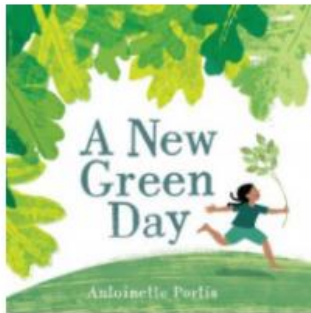
	EYFS	KS1	Lower KS2	Upper KS2		
NSPCC PANTS	Understand and learn the PANTS rules • Name body parts and know which parts should be private • Know the difference between appropriate and inappropriate touch • Understand that they have the right to say “no” to unwanted touch start thinking about who they trust and who they can ask for help.					
NSPCC Speak Out Stay Safe		Understand abuse in all its forms and recognise the signs of abuse • Understand that abuse is never their fault, and they have the right to be safe • Know how to get help, and the sources of help available to them, including the Childline service. • (Lesson plans are differentiated for KS1 and ks2)				
Sun Safety		UV rays cannot be seen, but they can damage the skin and lead to sunburn, wrinkles, rashes and more serious conditions in later life, including skin cancer. UVA and UVB are the two types of UV rays that affect humans the most. • SPF stands for Sun Protection Factor: the higher the SPF number, the more protection the sun cream gives you. Children should use sun cream with an SPF of 30 or higher. • The Star Rating refers to the product’s protection from UVA. The Star Rating goes from 1 to 5 and it is recommended that children use sun cream with five stars, as this gives the best protection.				
Knife Crime Awareness			Children will know why some people might carry knives. They will develop knowledge so they can make an informed decision about how to keep myself and other people safe when I am out by myself and with friend			
Road Safety			• The importance of knowing and understanding the Green Cross Code. •How safer crossing places can help in crossing roads more safely. •The importance of being seen by drivers. • What they can do to make themselves safer when on or near roads.			
First Aid			Emergencies & calling for help: • Understand it’s most important to ensure the safety of myself and others in the event of an emergency • Assist in an emergency by	Asthma: • identify a casualty who is having an asthma attack • assess and give first aid to a casualty who is having difficulty breathing due to an asthma attack	Bleeding: • Ensure the safety of themselves and others. • Assess a casualty’s condition calmly and give first aid to a casualty who is bleeding	Choking • Identify a casualty who is choking • Assess and give first aid to a casualty who is choking • Seek medical help if required

		<p>correctly calling for help</p> <ul style="list-style-type: none"> • Know the information I need to give to emergency services if they are called to an incident Head injuries • Identify a minor or major head injury • Give first aid to a casualty who has a head injury • Call for help for a casualty who has a head injury Bites & stings • Identify when a casualty is having an allergic reaction to a bite or sting • Provide first aid treatment for a casualty who has been bitten or stung • Comfort and reassure a casualty who has been bitten or stung • Seek medical help if required 	<ul style="list-style-type: none"> • understand when to seek medical help for a casualty w 	<ul style="list-style-type: none"> • I can give first aid to a casualty who is in shock. I can seek medical help if required for a casualty who is bleeding 	<p>Basic Life Support</p> <ul style="list-style-type: none"> • Conduct a primary survey • Place an unresponsive casualty, who is breathing normally, into the recovery position • Know when and how to deliver CPR to an unresponsive casualty who is not breathing normally <p>Seek medical help</p>
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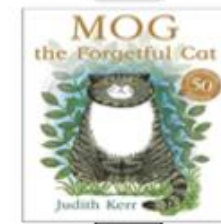
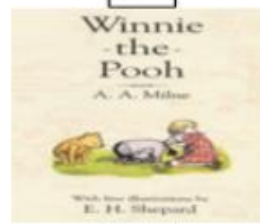
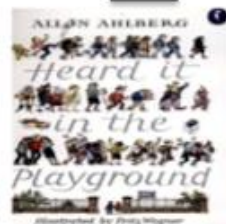
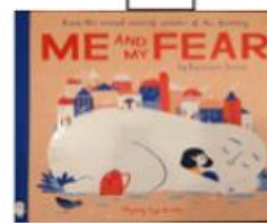
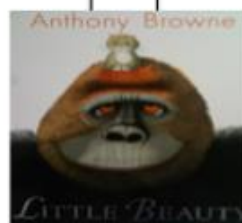
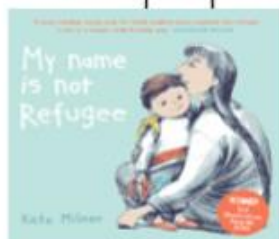
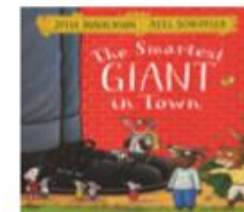
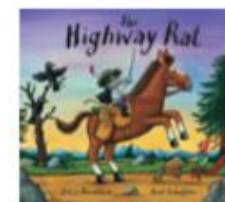
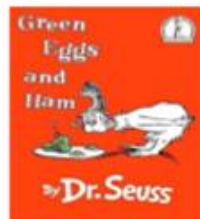
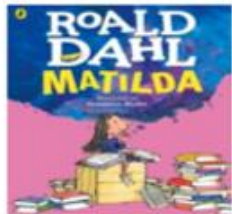
Harrow Gate Academy Nursery Reading Canon



Harrow Gate Academy Reception Reading Canon



Harrow Gate Academy Reading Canon Year 2



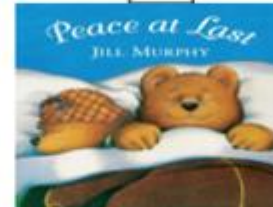
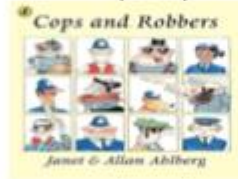
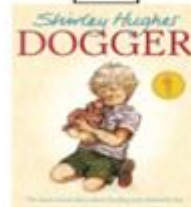
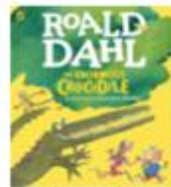
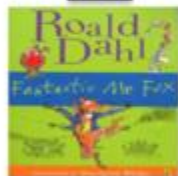
Harrow Gate Academy Reading Canon Year 1



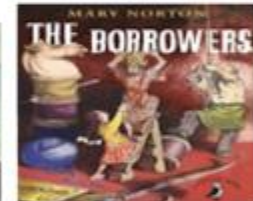
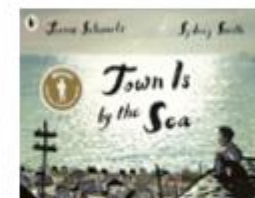
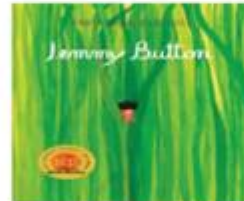
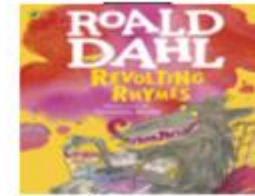
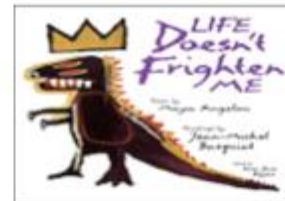
WHERE THE WILD THINGS ARE



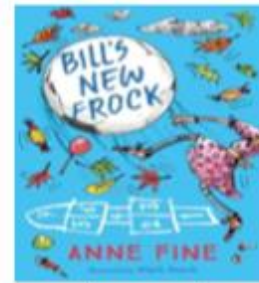
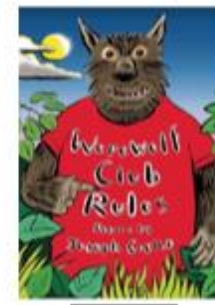
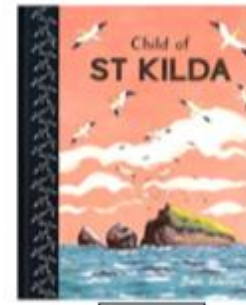
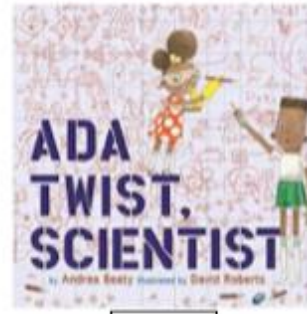
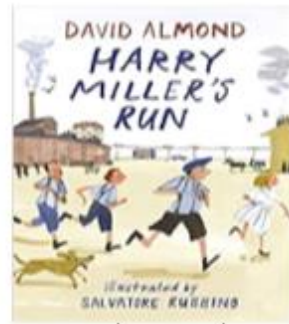
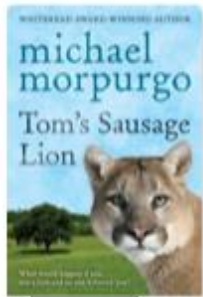
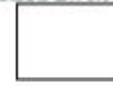
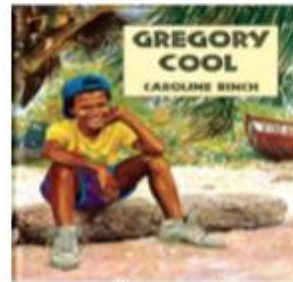
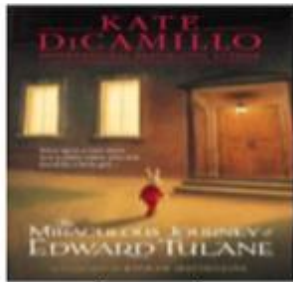
STORY AND PICTURES BY MAURICE SENDAK



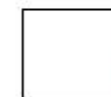
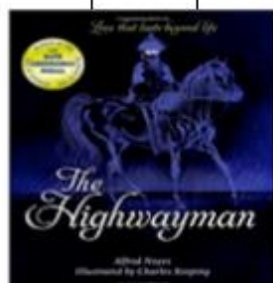
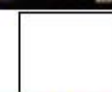
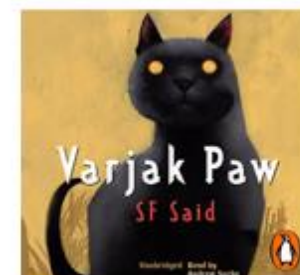
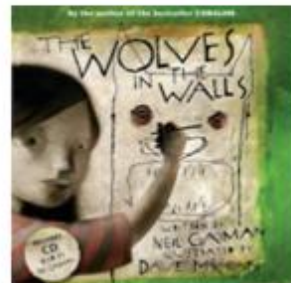
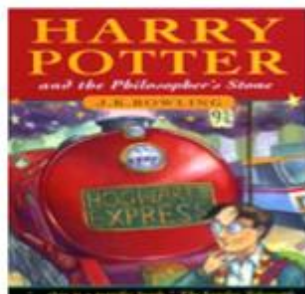
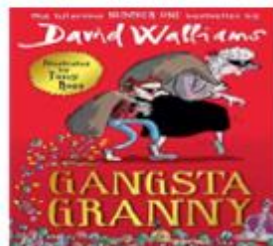
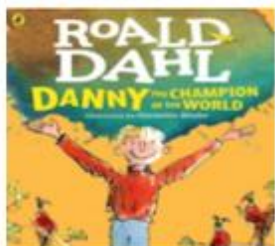
Harrow Gate Academy Reading Canon Year 3



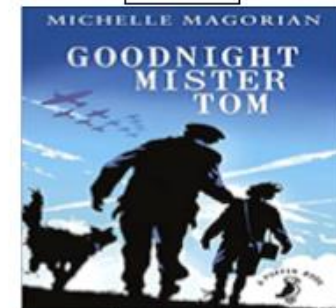
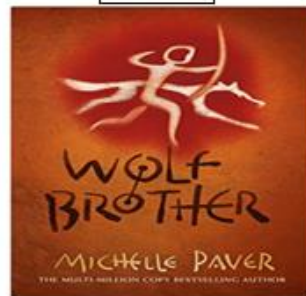
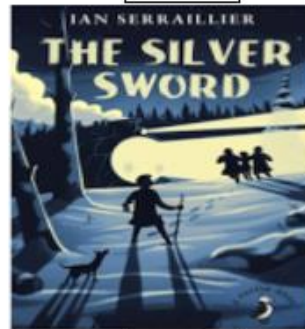
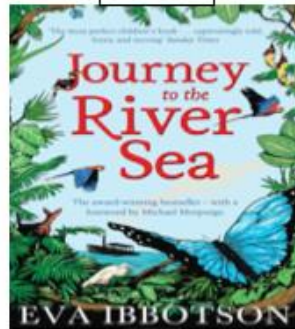
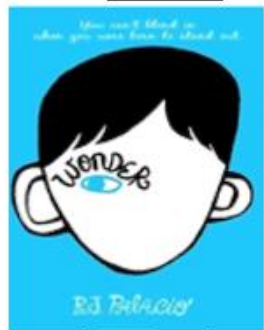
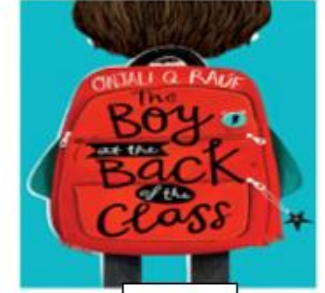
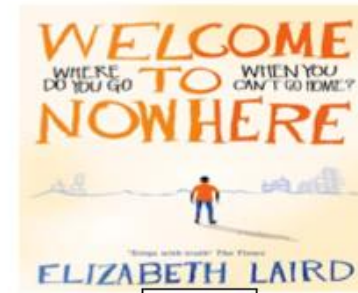
Harrow Gate Academy Reading Canon Year 4



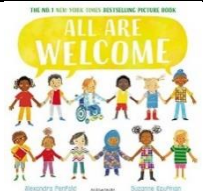
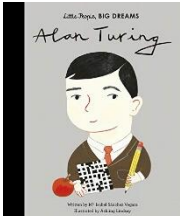
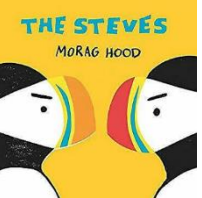
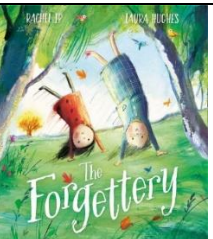
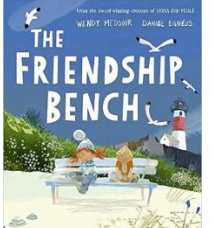
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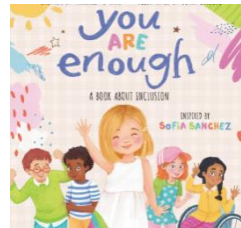
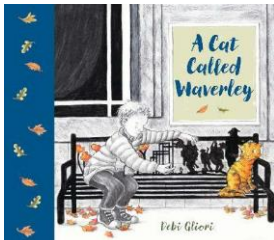
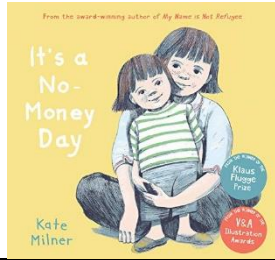

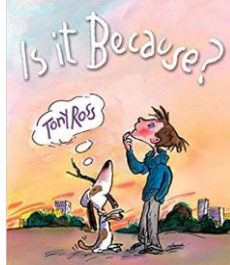



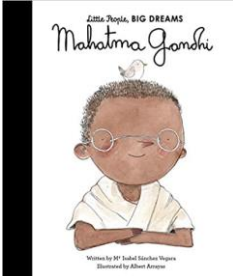
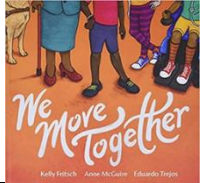
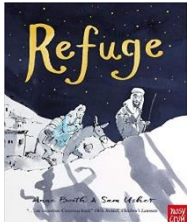
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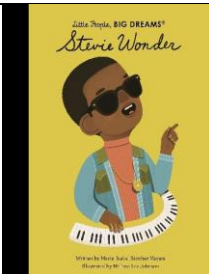
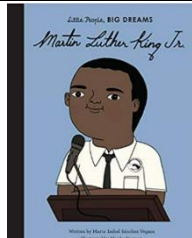
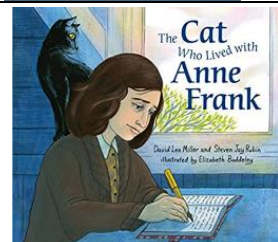



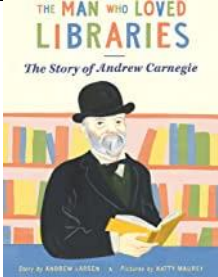
Appendix 2

DATE	Monday 9:00	Wednesday 2:45	Book
Wk 1 Sept 5th	Jigsaw introduction: Being me in my world Emotion Word of the week: anxious	Welcome Back (linked to NO Outsiders) Music: Bill Withers – Lovely Day https://www.youtube.com/watch?v=7s6VbOEnsgk	 The book cover features a group of diverse children holding hands in a circle. Above them is a yellow speech bubble with the text 'ALL ARE WELCOME'. The title 'ALL ARE WELCOME' is written in large, bold, yellow letters. The author's name, 'RASHADRAH PRADEEP', is at the bottom.
Wk 2 Sept 12th	Jigsaw: Helping others feel welcome Emotion Word of the week: confident	National Coding Week Music: Bronski Beat – Small Town Boy https://www.youtube.com/watch?v=R53Q3q1OljY	 The book cover features a stylized illustration of Alan Turing. He is wearing a dark suit and a red tie. The title 'ALAN TURING' is written in a cursive font. The author's name, 'LEILA RAYAN, BIG DREAMS', is at the top.
Wk 3 Sept 19th	Jigsaw: Try to make our school community a better place Emotion Word of the week: Frustrated	International Day of Peace Music: Peace Perfect Peace Hymn https://www.youtube.com/watch?v=Ij9A4klqbqY	 The book cover features a stylized illustration of two faces with large, colorful eyes. The title 'THE STEVES' is written in bold, yellow letters. The author's name, 'MORAG HOOD', is at the bottom.
Wk 4 Sept 26th	Jigsaw: Everyone's right to learn Emotion Word of the week: bashful	World Alzheimer's Day Music: In My Life – The Beatles	 The book cover features a stylized illustration of a girl with a red dress and a boy with a blue shirt. The title 'The Forgettery' is written in a cursive font. The author's name, 'LAURA RICHES', is at the top.
Wk 5 October 3rd	Jigsaw: Right to learn Part 2 Emotion Word of the week: ashamed	World Mental Health week Music: Beatles: With A Little Help From My Friends	 The book cover features a stylized illustration of a bench with two people sitting on it. The title 'THE FRIENDSHIP BENCH' is written in bold, white letters. The author's name, 'WENDY MEDSOUR, DANIEL EMMES', is at the top.

Wk 6 October 10th	Jigsaw: Care about others feelings Emotion Word of the week: thoughtful	Downs Syndrome Awareness Month Music: Christina Aguilera – Beautiful https://www.youtube.com/watch?v=aoYEQgG4-JY	
Wk 7 October 17th	Jigsaw: Work well with others Emotion Word of the week: loved	One World Week (Poverty and Homelessness Day) Music: Mad World – Gary Jules https://www.youtube.com/watch?v=4N3N1MlvVc4	
HALF TERM			
Wk 1 31st October	Jigsaw Introduction: Emotion Word of the week: optimistic	World Hunger Day / Harvest Music: The Christians – Harvest For The World	
Wk 2 November 7th	Jigsaw: Emotion Word of the week: horrified	Remembrance Day Music: Joan Baez: Where Have All The Flowers Gone?	
Wk 3 November 14th	Jigsaw: Emotion Word of the week: lonely	Anti-Bullying Week Music: Ebony and Ivory – Stevie Wonder and Paul McCartney https://www.youtube.com/watch?v=899kVhFsApM	

Wk 4 November 21st	Jigsaw: Emotion Word of the week: joyful	Universal Children's Day (20.11) Music: The Seekers: I'd Like To Teach The World To Sing	
Wk 5 November 28th	Jigsaw: Emotion Word of the week: peaceful	Constitution Day of India (Nov 26 th) Music: Kishori Amonkar: Sahela Re	
Wk 6 December 5th	Jigsaw: Work well with others Emotion Word of the week: hopeful	International Day for Persons with Disabilities (03.12) Music: Django Reinhardt - J'attendrai Swing https://www.youtube.com/watch?v=W-rfS7qHY5Y	
Wk 7 December 12th	Concerts		
Wk8 December 19th	Jigsaw: Work well with others Emotion Word of the week: frightened	International Migrants Day Music: Refugee – Steve Bell https://www.youtube.com/watch?v=0kO9fgQxf5c	
XMAS			
XMAS			

Wk 1 Thurs Jan 5th	Jigsaw Introduction: Dreams and Goals Emotion Word of the week: disappointed	World Braille Day (04.01) Music: Stevie Wonder: Superstition	
Wk 2 Jan 9th	Jigsaw : Stay motivated when doing something challenging Emotion Word of the week: exhausted	Martin Luther King Jr Day (15.01) Music: U2: Pride In The Name of Love	
Wk 3 Jan 16th	Jigsaw Keep trying even when it is difficult Leader: Vicky Emotion Word of the week: apologetic	National Thesaurus Day Music: Bejuco – La Clave de Vivir https://soundsandcolours.com/articles/colombia/colombian-music-vault-4-58379/	
Wk 4 Jan 23rd	Jigsaw: Work well with a partner or in a group Emotion Word of the week: miserable	Holocaust Memorial Day (27.01) Music: Goodbye Odessa - Yiddish Song	
Wk 5 Jan 30th	Jigsaw : Have a positive attitude Emotion Word of the week: proud	LGBTQ+ History Month Music: Christina Aguilera – Beautiful https://www.youtube.com/watch?v=aoYEQgG4-JY	

Wk 6 Feb 6th	<p>Jigsaw :Help others to achieve their goals</p> <p>Emotion Word of the week: relieved</p>	<p>International Day of Women and Girls in Science (11.02)</p> <p>Music: Kraftwerk - Radioactivity</p>	
Wk 7 Feb13th	<p>Jigsaw: Working hard to achieve own dreams and goals</p> <p>Emotion Word of the week: suspicious</p>	<p>Library Lovers' Day</p> <p>Music: Library Song – Tom Chapin https://www.youtube.com/watch?v=cbhsFINv0dQ</p>	
	Holiday		

Appendix 3

100 Thing you will do at Harrow Gate Primary

Each year	Watch a live theatre performance	Receive your very own book to keep as part of World Book Day.	Sing together as a school in a candle celebration at Christmas	Help raise money for charity	Take part in a democratic process: Have a say in the development of Harrow Gate through school council
	Take part in a sports competition	Visit the church at Christmas	Display artwork for an audience	Be part of a Poetry Slam.	Read 8 books from the year group Reading Cannon
	Learn how to stay safe online	OPAL play time – make mud pies, role play on a boat etc	Sponsor and endangered animal through WWF	Take part in Remembrance Celebrations	Take part in a school concert and Children in Need
Nursery	Build a den	Grow a plant	Sing Nursery Rhymes	Make mud pies	Bake cakes
	Watch the life cycle of a frog	Harvesting fruit from the garden for snack time	Make a diwa	Toasting marshmallows in Forest School	Sit in a fire engine
Reception	Go to the aquarium	Post a letter at a post box	Bake biscuits	Collect some minibeasts	Play Hide and Seek
	Watch the life cycle of a Butterfly	Learn to ride a balance bike	Learn some Fairy tales	Learn a Diwali dance	Create a wormery
Year 1	Visit the Centre for Life in Newcastle	Have a Beast Party	Visit Stewart's Park	Build and race a car	Enjoy visits with the Librarian
	Make bird feeders	Visit Seven Stories in Newcastle	Learn to tie our shoe laces	Plant and harvest vegetables from the bio-dome	Dress up for Halloween and have a party
Year 2	Visit Captain Cook's Museum in Stewarts Park	Prepare fruit and vegetables from the bio-dome	Develop basic chopping skills	Visit Saltburn and walk along the pier and play on the beach	Visit Guisbrough Woods
	Visit the Yorkshire Sculpture Park	Neolithic hunters – Stone Age day	Visit Danby Forest	Have a Hanukkah party	Visit Tees Barage
Year 3	Start to learn to speak French	Learn sawing skills	Learn to play the ukulele	Visit to Segedunum	Visit to Jarrow Hall
	Visit Hardwick Park to create a field sketch	Make a fossil	Learn how to be safe in the sun	Begin First Aid learning	Design and make a nutritious meal
Year 4	Use fieldwork skills at Danby Forest	Learn new First Aid skills	Trip to Life Centre Newcastle exploring the body	Learn to play the ukulele	Learn to make a friendship bracelet

	Visit the immersive classroom	Visit to Murton Park Danelaw Village	Make a cross stitch bookmark	Learn how to line dance	Raise money to help those in need linked to Sikhism RE focus
Year 5	Use orienteering and grid reference skill at Danby Centre	Visit Kielder Dam	Take part in Children Challenging Industry project	Develop regulation strategies through Strive activities	Visit to RSPB Saltholme
	Use green screening to recreate the Victorian times	Learn new First Aid skills	Learn to play a range of games	Visit Darlington Buddhist temple of meditation	Visit Ripon Museum to learn about Victorian Life
Year 6	Be part of an enterprise project	Take part in an outdoor learning residential	Visit Heugh Battery	Have a visit from the Imam	Take part in a Macbeth drama project
	Take part in a Graduation Ceremony	Learn to swim 25m	Take part in Crucial Crew Project	Visit Eden Camp	Daily Newround and reflections on global issues

