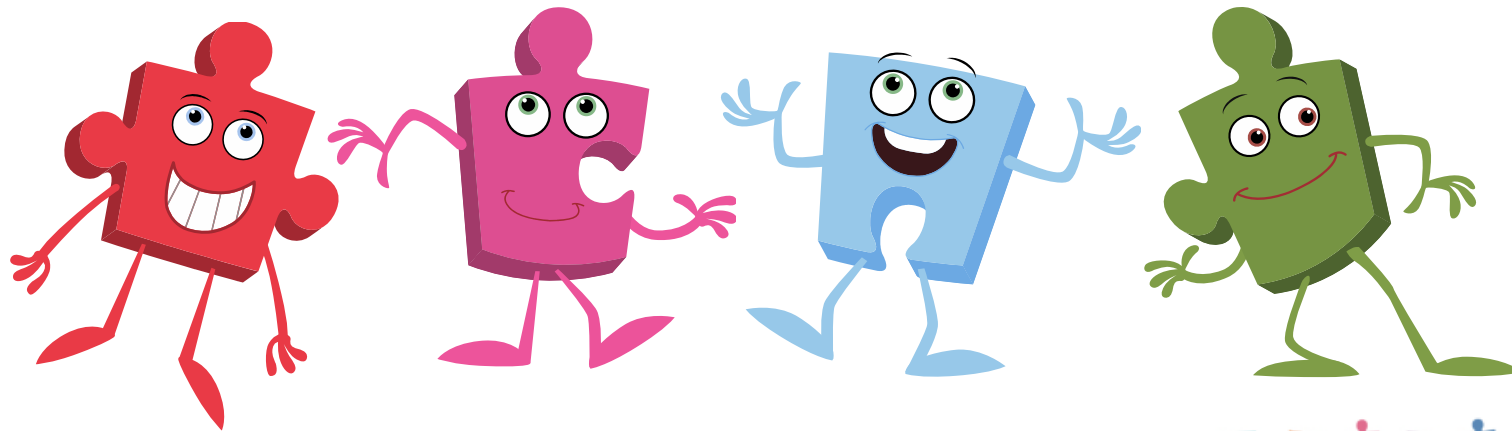




Welcome to





We are your new Jigsaw Friends





We are going to have lots of fun together!

We are going to help you learn about PSHE

That's about you as a **person**,
how you get on with **other people**,
how to stay healthy,
and lots more to keep you **safe**
and **help you learn**.





Together we are going to work on 6 Puzzles



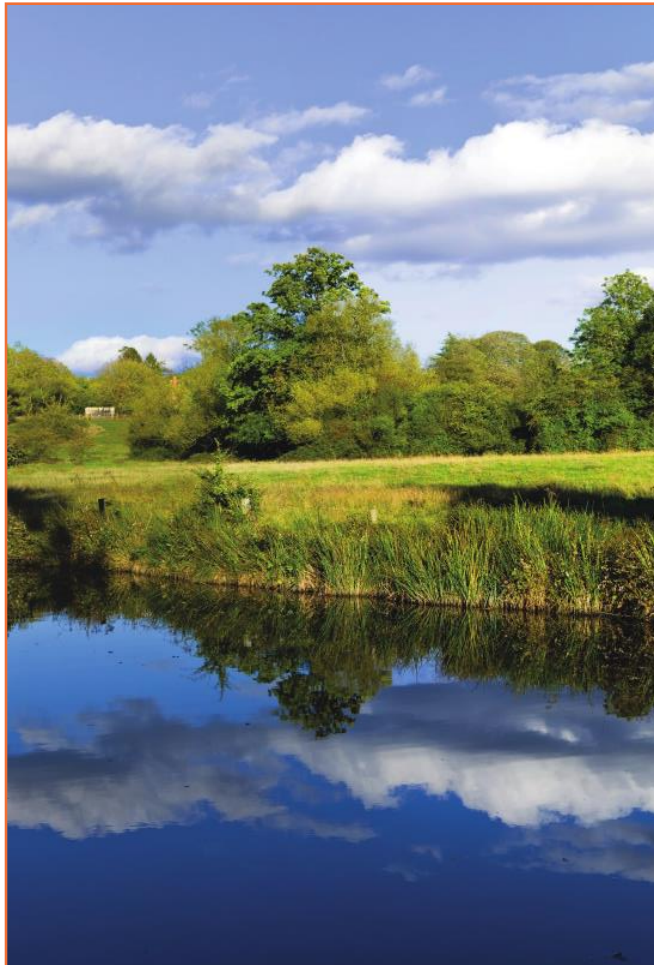
Being Me in My World
Celebrating Difference
Dreams and Goals
Healthy Me
Relationships
Changing Me

We will explore one each half term.

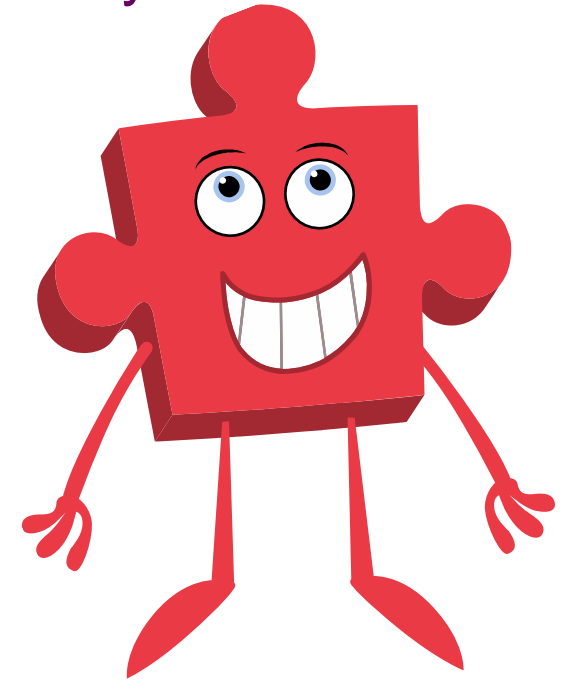
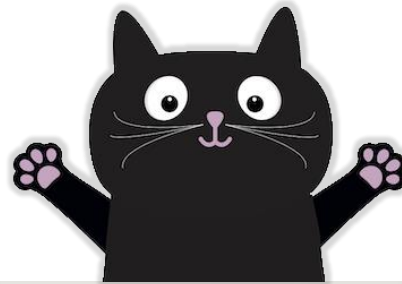




We are also going to teach you how to feel calm

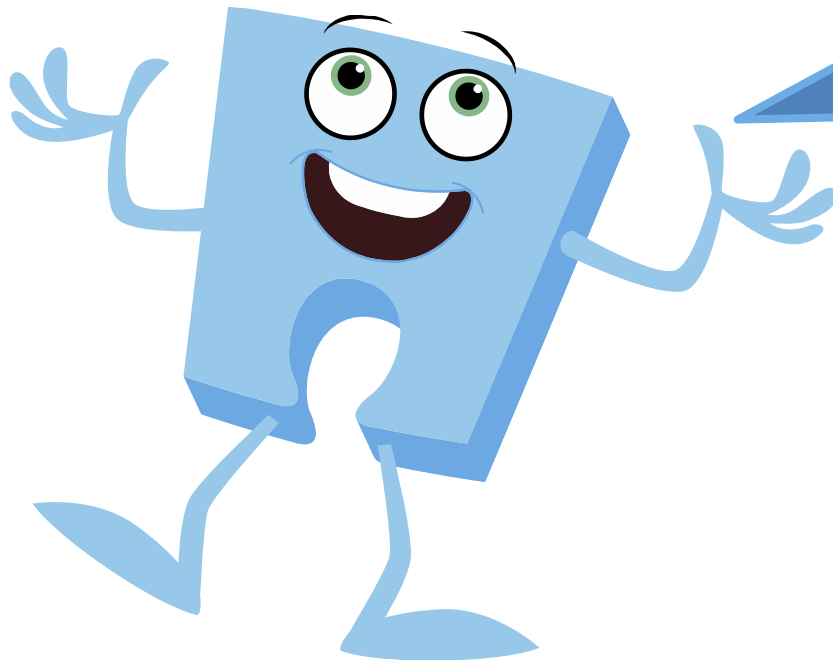


and think about things
more mindfully.





Allow us to introduce ourselves

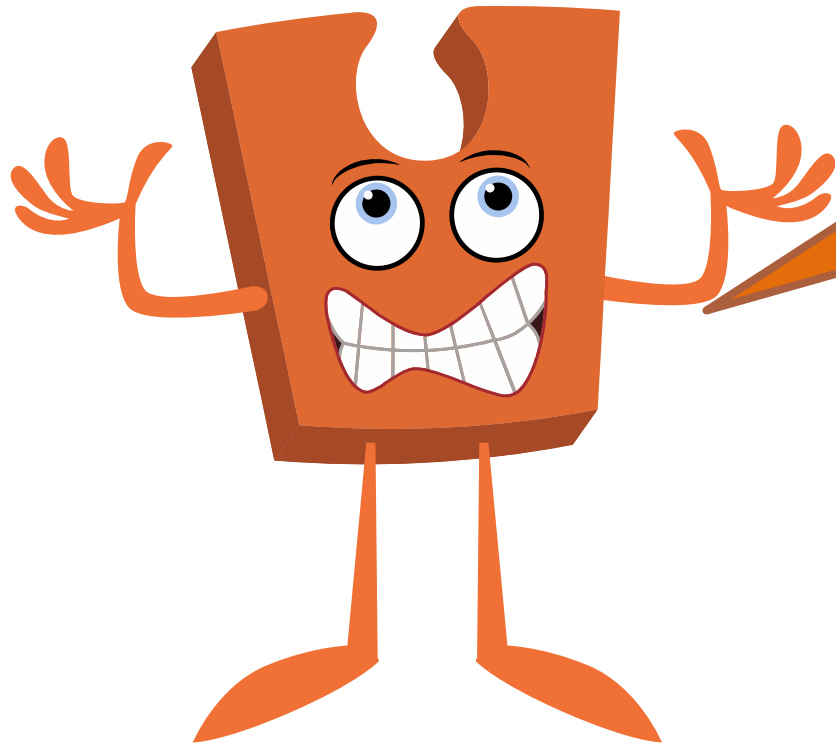


I'm Jigsaw Jenie,
and I live in Nursery
and Reception. I
hope we can help
each other settle
into school!





Year 1

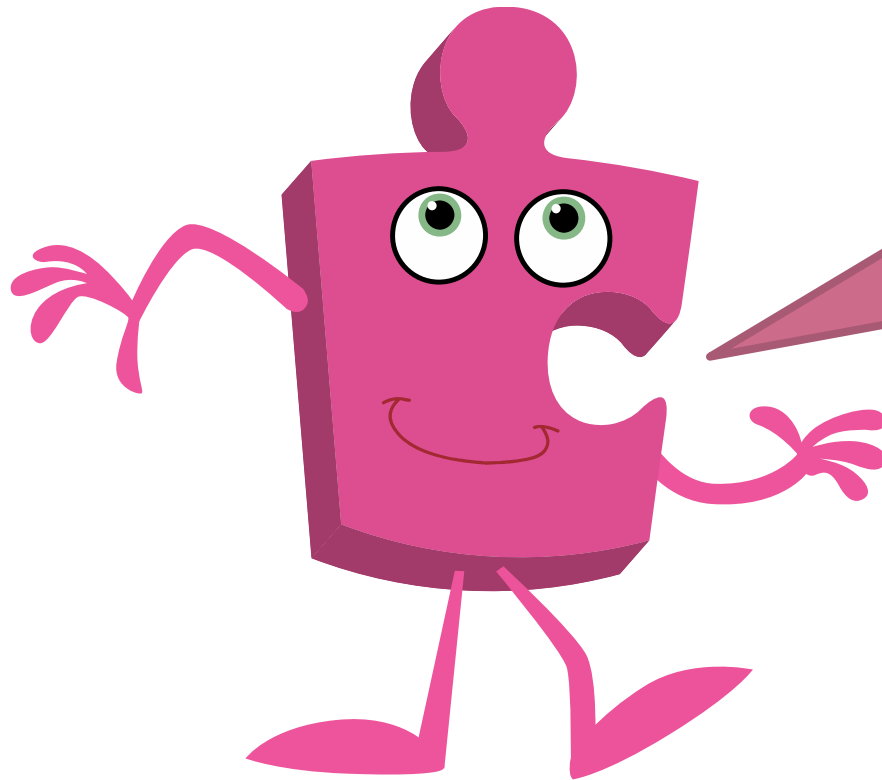


I'm Jigsaw Jack
and I'm a bit nervous
about moving
to Year 1. I hope you
and I will be friends!





Year 2

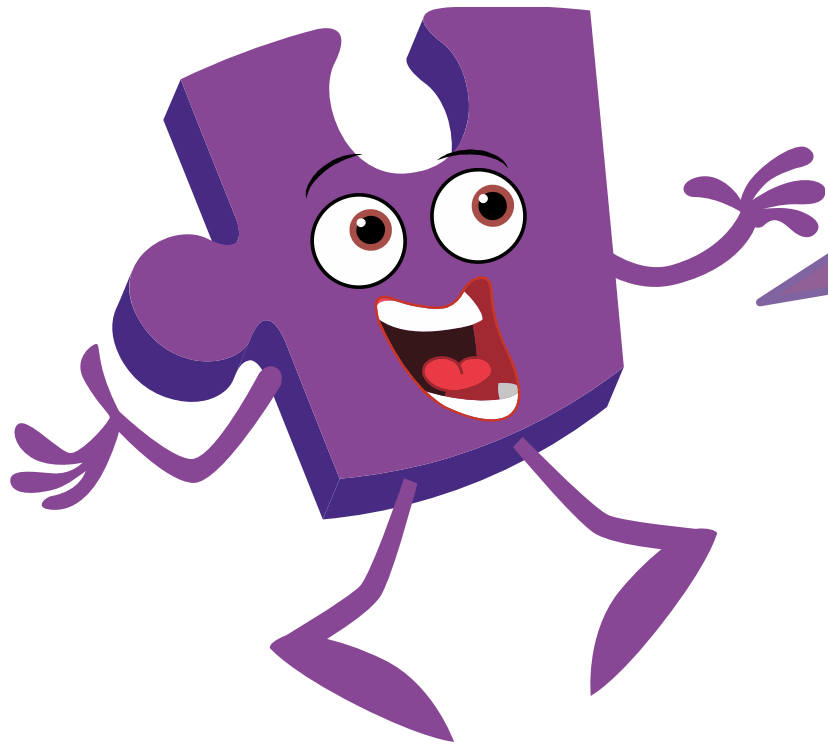


I'm Jigsaw Jo and I like learning new things. I'm looking forward to meeting everyone in Year 2.





Year 3

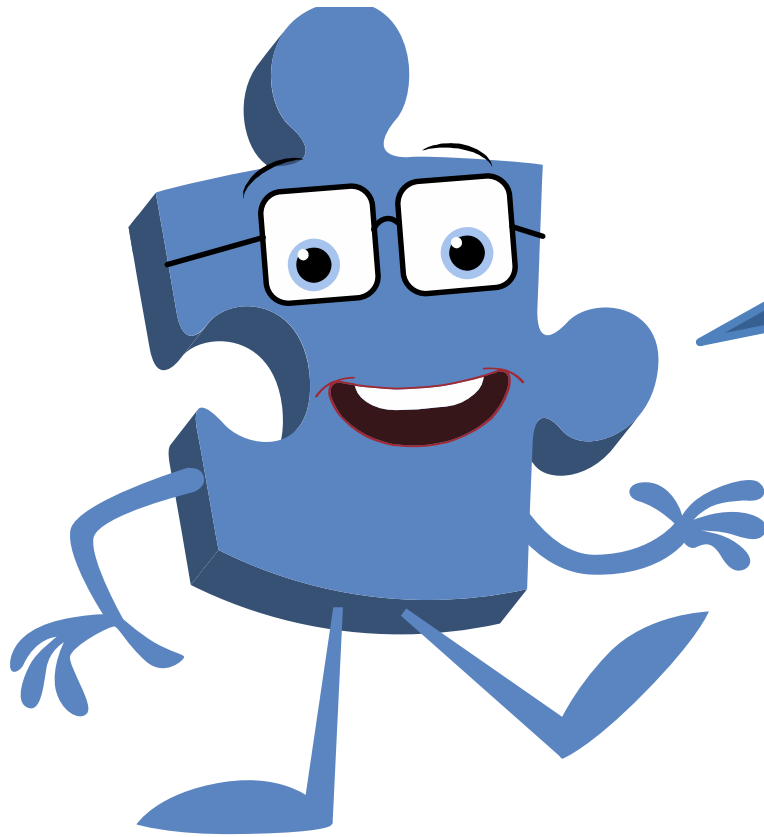


I'm Jigsaw Jino, I
can't wait to meet
you and have some
fun
in Year 3.





Year 4

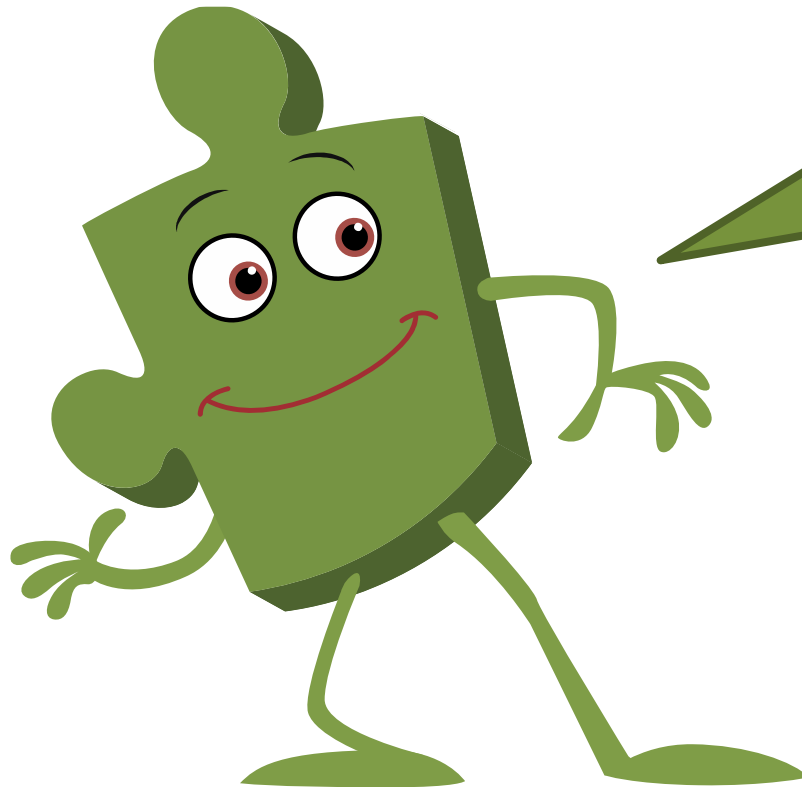


I'm Jigsaw Jaz, we'll
be tackling some
tricky topics
together in Year 4.





Year 5

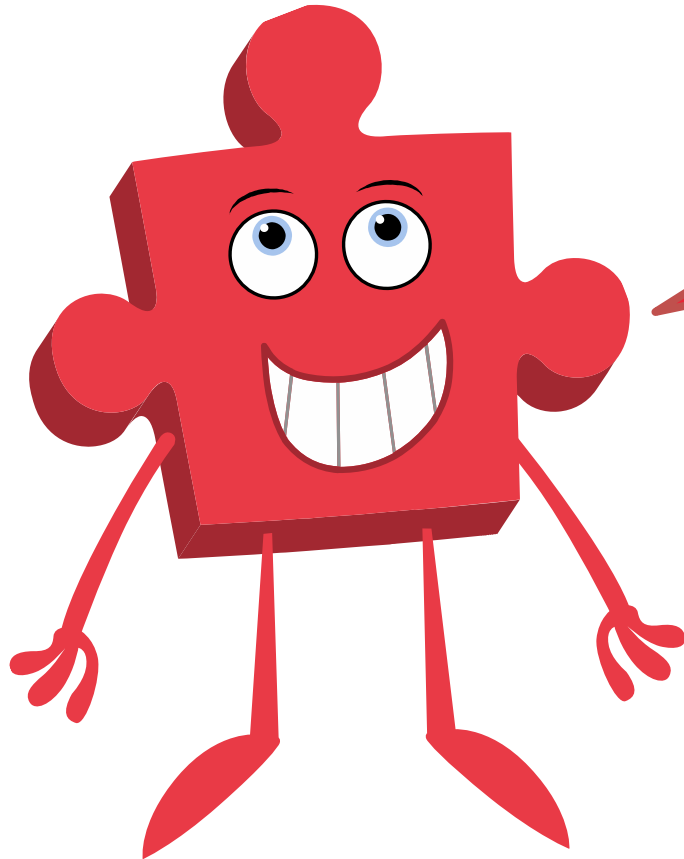


I'm Jigsaw Jez.
We're going to learn
a lot together in
Year 5. I can't wait
to meet you all!





Year 6

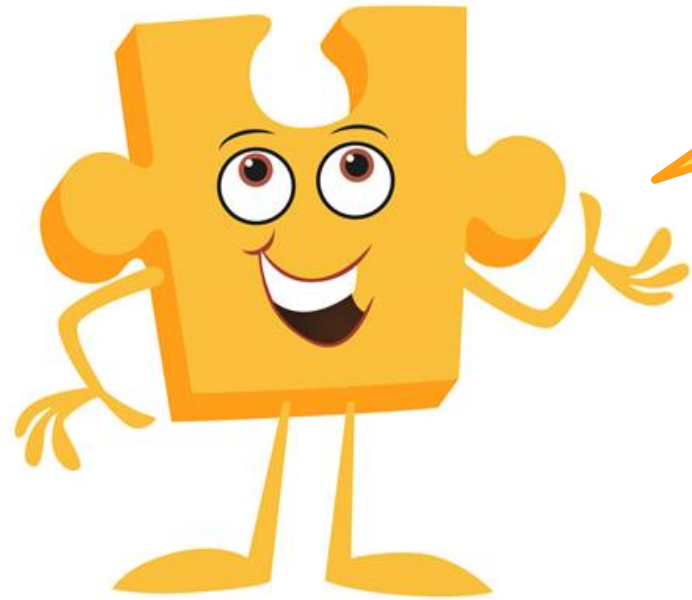


I'm Jigsaw Jem.
I'm going to help
you enjoy Year 6
and prepare for
your future!





P7



**I'm Jigsaw Jello,
your Friend in P7 and
I'll help you to feel
even more confident,
ready to leap into your
future!**





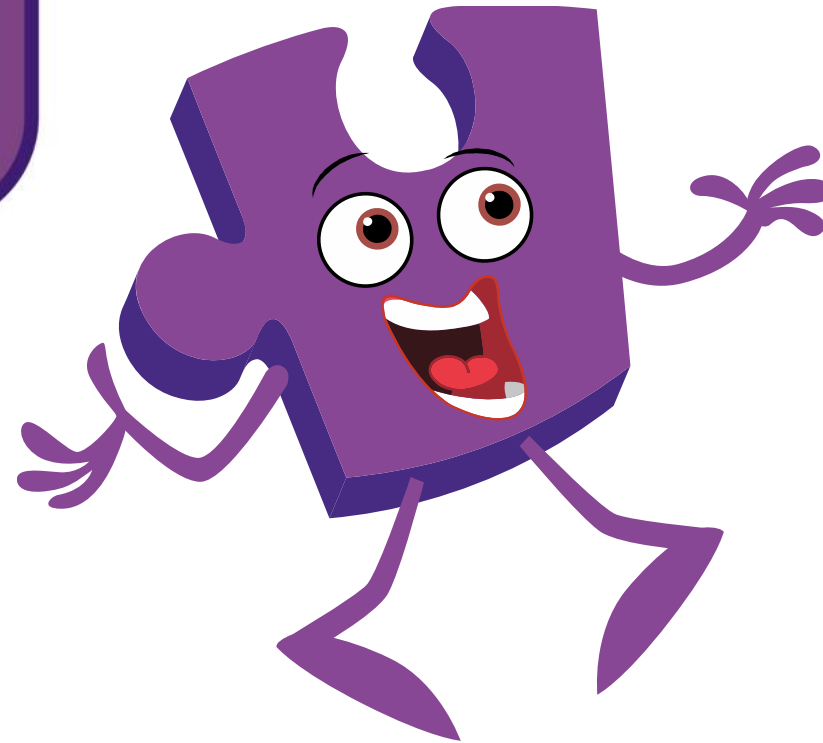
**Don't forget about
me! I'm Jigsaw
Jerrie Cat and I'll
help you learn
mindfulness.**





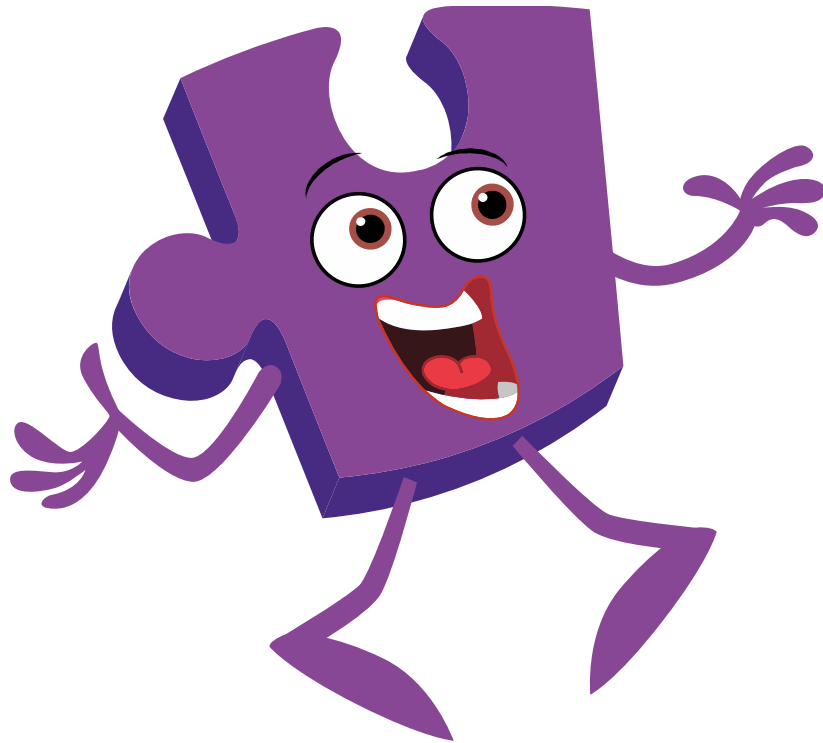
What else?

At the beginning of each puzzle, there will be a special assembly to start us off!





What else?

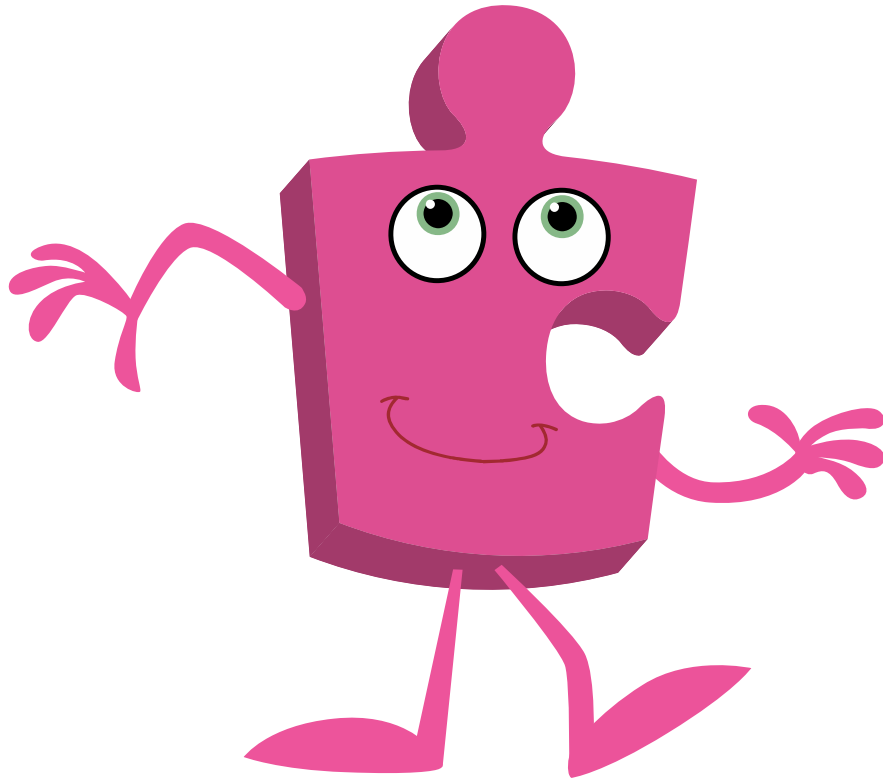


We have some songs to teach you too. These help us remember what our theme is!





Your lessons will have different parts

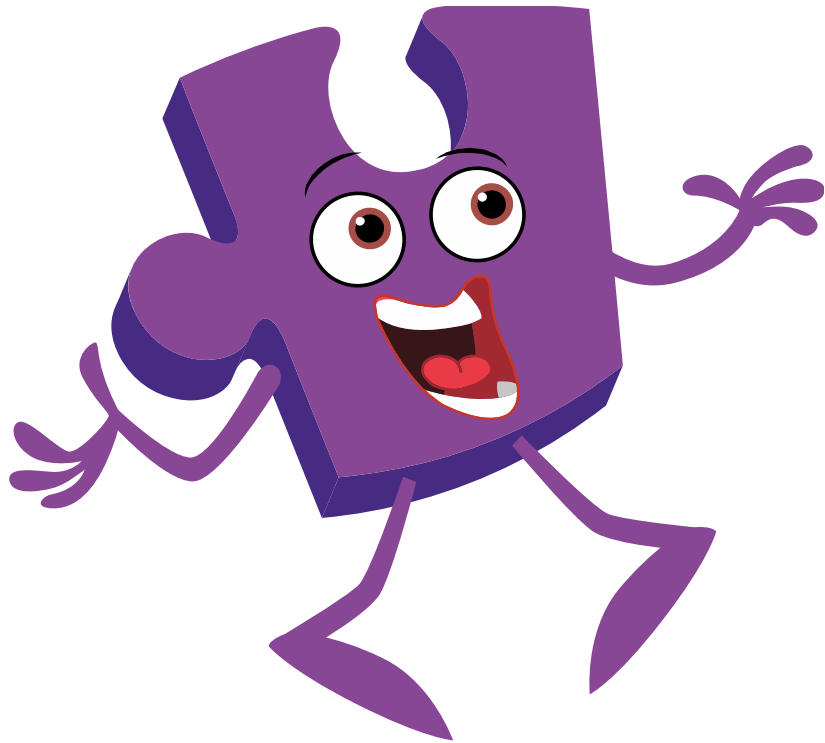


- **The Jigsaw Charter** will help you feel safe and respected.
- **Connect Us** is when you will play some games.
- **Calm Me** time will help you relax and manage your feelings.





Your lessons will have different parts!



- **Open My Mind** will focus your thoughts on the lesson topic.
- **Tell Me or Show Me** is when you will be taught new skills and information.
- **Let Me Learn** is where you will have a chance to put these into practice.
- **Help Me Reflect** is when you will be able to think about how you feel about your learning and your progress.





We hope you enjoy
learning with us!
See you soon!

