



Sikhism



Founded  
500 years  
ago



Guru  
Nanak  
(teacher)



Teaching of Guru  
Nanak and his 9  
followers (Gurus)



All people  
are equal



The Punjab



India,  
Pakistan and  
Southern  
Asia



30 million Sikhs  
world-wide

## History of Sikhism

Sikhism



The Khanda

### Sikh Worship



Gurdwara – ‘Gateway to the Guru’



Anywhere a copy of the holy book  
is kept - ‘**Guru Granth Sahib**’  
– the 11th Guru



Usually visit the Gurdwara on Sundays  
teachings, chants and prayers (**Keertan**)



The **Langar** – Shared meal at the  
end of the service (usually vegetarian)

### 5 Key Beliefs

Keep God in your heart and mind



Live honestly and work hard



Treat everyone equally



Be generous



Help others



### 5 K's – Khalsa ‘Community of the Pure’



Kanga



Kachera



Kirpan



Kesh



Kara