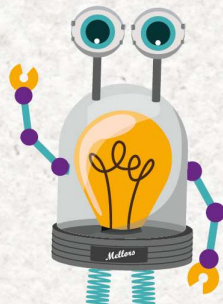




WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN DISH	Pizza of the day served with wedges	Minced beef & herby dumplings	Roast of the day served with roast potatoes & gravy	Beef burger with cheese	Fish of the day with chips & ketchup
VEGETARIAN MAIN DISH	Pizza of the day served with wedges	Baked macaroni cheese with garlic bread	Cheese & Tomato pasta bake	Vegetable cobbler	Cheese whirl served with chips & ketchup
ACCOMPANIMENTS	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Rice pudding served with fruit	Chocolate crunch topped with chocolate icing	Jam Roly-poly with custard	Apple flapjack	Jelly topped with fruit
FRESH FRUIT & YOGHURT	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt
SANDWICH SELECTION	Ham sandwich or Cheese sandwich	Tuna wrap or Cheese sandwich	Egg sandwich or Ham sandwich	Cheese savoury sandwich or Tuna sandwich	Tuna sandwich or Cheese sandwich
JACKET POTATO	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese	Jacket potato with tuna, beans or cheese



MENU



Fuel your afternoon with a healthy school lunch from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION