

Subject & Level Curriculum Map

Wk1		Wk2		Wk3		Wk4		Wk5		Wk6		Wk7	
Introduction to dodgeball				Dodgeball									
Links to English, Key Vocabulary, Word wall P.E -Friction				Leadership skills				Confidence building					
Half Term 25 Oct – 5 Nov													
Wk8		Wk9		Wk10		Wk11		Wk12		Wk13			
Links to English, Key Vocabulary, Word wall Science- Energy				Small sided games		Coaching/ leadership skills		Confidence building					
Christmas 20 Dec – 3 Jan													
Wk14		Wk15		Wk16		Wk17		Wk18		Wk19		Wk20	
Introduction to Basketball and Theory				Basketball development, game situations, coaching,									
Introduction to Swimming				Initial Assessment									
Half Term 21 – 25 Feb													
Wk21		Wk22		Wk23		Wk24		Wk25		Wk26			
Introduction to football				Assessment		Techniques, Theory				Adapting techniques/ consolidating			
Football													
Easter 11 – 22 April													
Wk27		Wk28		Wk29		Wk30		Wk31		likely start of GCSE exams			
Links to Biology- human body													
Half Term 30 May – 3 June													
Wk32		Wk33		Wk34		Wk35		Wk36					

Half Term 1

Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7
Dodgeball						
Into to warm up and cool down	Throwing	Dodging techniques	Catching/ blocking	Referee rules	Small sided games- leadership	Assessment
English Language links, key vocabulary, Word wa		Science- Friction of materials when playing sports	Confidence builder			
	Science- speed of ball			Transferring energy		

Grade 1-3	<p>Understand importance of warm up and cool down</p> <p>use running, jumping, throwing and catching in isolation and in combination</p>	<p>Developing flexibility , strength, techniques throughout.</p> <p>Able to control techniques into game situations</p>	<p>Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>
Grade 4-5		<p>Develop techniques and improve performance in other competitive sports</p>	<p>Counter attacks after blocking and defending</p> <p>Game specific tactics</p> <p>Compare and contrast performances from previous weekes</p>
Grdae 6+			

Half Term 2

Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7
Introduction to football		Football				
Warm up, cool down	Dribbling	Passing	Shooting	Defending and tactics	Leadership referee	Assessment
English Language links, key vocabulary, Word wall		Coaching/ leadership skills		Confidence builder		
Science link with forces and energy						

Grade 1-2	<p>Warm up and cool down- can you lead a group?</p> <p>Basic ball movements</p>	<p>Basic ball concepts, being able to judge the power of movements as well as a basic level of aiming at targets</p>	
Grade 3-4	<p>Sharp/ quick movements with the ball keeping it under control</p> <p>Use to skill to beat a defender in a 1:! situation</p>	<p>Developing technique and able to improve their own performance</p> <p>Target practise</p> <p>Understanding basic formations and how tactics work throughout a game</p>	<p>Understanding rules and able to control the game</p>
Grade 5-6			

Half Term 3

Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7
Introduction to basketball		Basketball				
Warm up and cool down	Ball control	Passing	Shooting	Blocking	Rules	Referee, game situations
Leadership skills	Theory skills				Confidence builder	
Physical anatomy					Leadership skills	

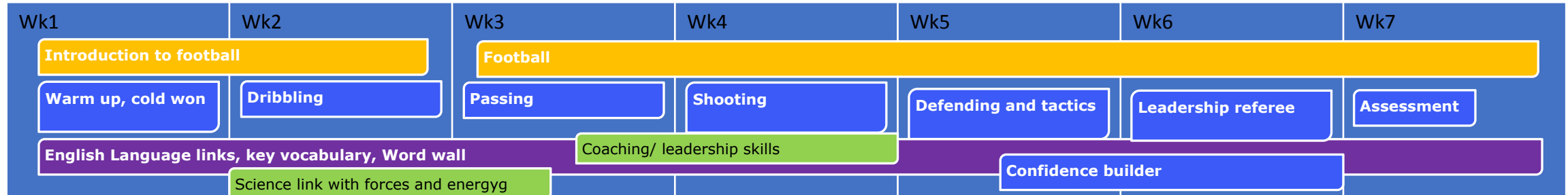
Grade 1-2	<p>Warm up and cool down- can you lead a group?</p> <p>Basic ball movements</p> <p>Both hand dribble</p>	Techniques of each pass, chest, bounce, overhead	<p>Basic shooting drills, Lay up, hook shot, jump shot</p>	Technique of blocking, able to make a successful block without causing a foul	Understand basic rules of the game	<p>Being able to referee a game between atleast 2v2 shootaround pupils,</p> <p>Successfully highlight foul play or rule breaking.</p>
Grade 3-4	Rules of double dribble, prolonged dribbling in control .	From basic passes, able to 'lead on' teammates or towards the basket	3pt line shooting, free throwing ability, able to score a layup 'on the dribble'	Able to block on the move successfully	Understanding more concept rules of the game, eg: jump balls, double dribbles, blocking fouls	
Grade 5-6						

Half Term 3

Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7
Swimming						
Initial assessment	Safety in water Confidence in water	Push and glide	Front crawl	Backstroke	Breaststroke	Free Swin
Communication, peer assessment and feedback						Assessment
Science, previous work on forces/ wave movement						

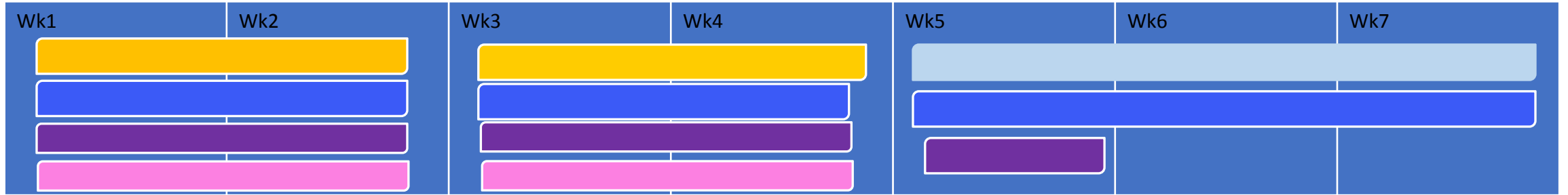
Grade 1-2	Initial assessment to understand level of pupils Safety in and around the pool, e.g. running around outside, getting into/out of pool safely.	Push and glide from the side of the pool, How far can each pupil swim freely? 5m? 10? Length of pool	Swimming from front, students to understand correct technique for front crawl	Swimming on back, students to understand correct technique of backstroke	Develop technique for front crawl and then onto breaststroke Length of swimming independently without using sides?	
Grade 3-4		Correct technique of swimming Swimming lengths in metres independently	Students can develop technique for front and backstroke, Work on number of strokes it takes to complete a length, Working with partner observe each others techniques and give verbal feedback, Understanding breathing patterns to strokes.		Distance swimming Breathing techniques Further lengths?	Races between more able students, correct technique when swimming at pace
Grade 5-6						Introduction to a 'race turn'

Half Term 4



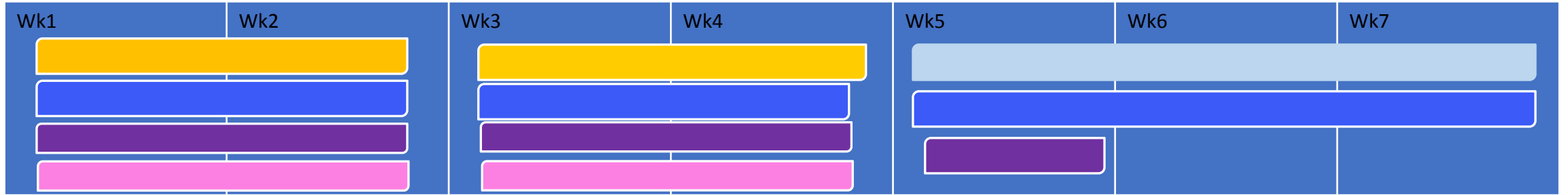
Grade 1-2	<p>Warm up and cool down- can you lead a group?</p> <p>Basic ball movements</p>	<p>Basic ball concepts, being able to judge the power of movements as well as a basic level of aiming at targets</p>	
Grade 3-4	<p>Sharp/ quick movements with the ball keeping it under control</p> <p>Use to skill to beat a defender in a 1:! situation</p>	<p>Developing technique and able to improve their own performance</p> <p>Target practise</p> <p>Understanding basic formations and how tactics work throughout a game</p>	<p>Understanding rules and able to control the game</p>
Grade 5-6			

Half Term 5



Grade 1-2			
3-4			
5-6			

Half Term 6



Grade 1-2			
Grade 3-4			
Grade 5-6			