



Hawes Side Academy

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Newsletter No. 10

18th November 2022

Dear Parents and Carers

Thank you for all your support with Children in Need. At times when things are difficult for everyone it is heart warming to see our community work together in aid of such a worthy cause. We will update you regarding the funds we have raised and thank you again for your support with this.



We are excited to share the good news that Hawes Side has been recognised among 400 other schools around the country with a Primary Science Quality Mark. This means that our commitment to the teaching and learning of science has been recognised, a result of a training programme we undertook to further improve the way in which science is planned and taught across the whole school. This award follows our recent recognition by ELKAN for staff expertise in the management of different communication difficulties children can face. We are very proud of these achievements and highlight our commitment to achieving our vision; a place where *everyone matters, everyone succeeds*.



Music was brought to life for some of our Year 4 children this week as they visited Ian Hooper's Upbeat Rock Academy as part of our music curriculum. We have been working in partnership with the music academy over the past year in school but are now building upon this to give the children real life experiences of music. The children were able to work in the practice rooms playing a variety of musical instruments and look around the recording studio even performing together as a band. Over the next year, all of our Year 4 children will have the experience of visiting Upbeat for a period of time to build upon these skills and experiences. The children had such an exciting time and who knows, we may have some future rock stars in our midst!

Finally, if you know of someone with a child starting school in September 2023, please do remind them of our open events which give families a chance to come into school and find out more about us. We have had positive feedback from the events held so far, our final one is the 10th January 2023 between 9.15 - 10.15am.

Have a lovely weekend and we look forward to seeing you all on Monday.

Mrs Boothroyd and the Hawes Side Team

Relationships

Respect

Resilience

Reflection

Responsibility

Tempest – Individual Photos

As you are aware, the Tempest photographers will be in school on Monday 21st to take the children's individual photos. If you would like a family photograph with siblings who are pre-school or at High School please enter school premises via the Lennox Gate entrance at 8:30am and make your way to the main hall. Brothers and sisters in school will have a family photograph taken during the school day. These make wonderful gifts for friends and family and are a great memory of your child's time at school.



**Message from Brigade Clothing** (www.brigade.uk.com)

We are pleased to be able to announce the details of our Black Friday sale for all parents ordering online as follows:

Discount Amount: 10%
Dates: Friday 25th November to Midnight Sunday 27th November
Promotion code: BFNOV2022

Pupil First Name	Class	Value Recognised	Values Certificate Comment
Reggie	FS	Resilience	For trying his best to blend and segment CVC words in phonics.
Millie	1H	Resilience	For being resilient and using her sound mat to support her reading and writing. Well done, Millie.
Noah	1S	Resilience	For working very hard on his autumn poem and using lots of adjectives.
Callum	1A	Resilience	For working extremely hard to find numbers 1-10.
Freddie	2H	Reflection	Freddie has reflected on his own learning. He recognised that sometimes we all find learning challenging and we can use the help around us to solve new challenges.
Archer	2S	Reflection	For reflecting on his writing in English, thinking carefully about what he could do to improve it.
David	2A	Resilience	For making fantastic progress in his reading and writing and wanting to do extra work.
Joseph	3H	Resilience	For demonstrating resilience and a mature attitude towards his learning even when faced with a challenge.
Oscar	3S	Resilience	For excellent teamwork skills and resilience in Dodgeball!
Elliot	3A	Resilience	For showing resilience in music. Elliot found placing his hands correctly on his recorder tricky. However, he persevered and kept trying till he got it right. Well done Elliot!
Jacob	4H	Resilience	Focused and increasing in confidence when working independently.
Lillie-Mae	4S	Relationships	For always wanting to help her peers. She is kind, caring and 4S are lucky to have such a fantastic role model. Well done Lillie-Mae.
Clarke	4A	Resilience	For working really hard and sticking at problems until they are solved.
Tilly	5H	Responsibility	Tilly has written an excellent Newspaper report, carefully listening and including all of the important features required.
Charlie	5S	Resilience	For using resources in the classroom to help his resilient attitude to some tricky maths this week.
Millie	5A	Resilience	For really trying hard with her handwriting and persevering. Well done Millie.
Mia	6H	Respect	For showing active listening at all times, acting on advice given and using impeccable manners with everyone at all times.
Mollie	6S	Responsibility	For always being ready to learn and being a good role model to others.
Savannah	6A	Responsibility	For always being sensible and responsible, and offering to help out with classroom and school duties - Thank you Savannah, you are a fantastic role model to others!

Diary Dates
(Correct at time of printing)

Tempest Photographer – Monday 21st November

Class 2S Geography local area walk – Monday 21st November
(Text message sent to 2S Parents/Carers)

NHS Vision Screening for Year 1 children – Tuesday 22nd November

Foundation Stage Phonics & Reading Workshop – Tuesday 22nd November @ 3:30pm

Class 2H Geography local area walk – Wednesday 23rd November
(Text message sent to 2H Parents/Carers)

Class 2A Geography local area walk – Thursday 24th November
(Text message sent to 2A Parents/Carers)

Community Café – Thursday 24th November @ 9:00am

Foundation Stage Visit to St Christopher's Church – Thursday 1st December
(Text message sent to Foundation Stage Parents/Carers)

PTFA Christmas Bingo – Thursday 1st December
(More info to follow)

Foundation Stage Family Reading Workshop – Monday 5th December
(More info to follow)

Foundation Stage Family Learning Workshop – Tuesday 6th December
(More info to follow)

Year 2 Christmas Nativity – Monday 12th December @ 2:30pm
(More info to follow)

Foundation Stage Christmas Nativity – Tuesday 13th December @ 2:30pm
(More info to follow)

Year 2 Christmas Nativity – Wednesday 14th December @ 2:30pm
(More info to follow)

Year 2 Christmas Nativity – Thursday 15th December @ 2:30pm
(More info to follow)

Foundation Stage Christmas Nativity – Friday 16th December @ 2:30pm
(More info to follow)

Elf Run – Monday 19th December – during school day
(More info to follow)

Non-uniform Day – Tuesday 20th December

Christmas 2022 – School closes on Tuesday 20th December 2022
(Foundation, Yrs 1 & 2 @ 2:00pm)
(Yrs 3, 4, 5, & 6 @ 2:05pm)

School re-opens – Thursday 5th January 2023 @ 8:50am

Open Event for admission 2023 – Tuesday 10th January 2023 – 9:15am-10:15am

Non-uniform Day – Friday 10th February 2023

Spring Half Term 2023 – School closes on Friday 10th February 2023
(Foundation, Yrs 1 & 2 @ 3:15 pm)
(Yrs 3, 4, 5, & 6 @ 3:20 pm)

School re-opens – Monday 20th February 2023 @ 8:50am

Non-uniform Day – Friday 31st March 2023

Easter Break 2023 – School closes on Friday 31st March 2023 @ 2:00pm
(Foundation, Yrs 1 & 2 @ 2:00pm)
(Yrs 3, 4, 5, & 6 @ 2:05pm)

School re-opens – Monday 17th April 2023 @ 8:50am

May Day – Monday 1st May – School closed all day
(open as normal Tuesday 2nd May @ 8:50am)

Non-uniform Day – Wednesday 24th May 2023

Summer Half Term 2023 – School closes on Wednesday 24th May 2023
(Foundation, Yrs 1 & 2 @ 3:15 pm)
(Yrs 3, 4, 5, & 6 @ 3:20 pm)

School re-opens – Monday 5th June 2023 @ 8:50am

Non-uniform Day – Friday 21st July 2023

School closes for Summer Holidays – Friday 21st July 2023 @ 2:00pm
(Foundation, Yrs 1 & 2 @ 2:00pm)
(Yrs 3, 4, 5 & 6 @ 2:05pm)

A festive graphic for December. At the top center is a circular logo with a stylized 'H' and 'S' inside. Below it are two cartoon penguins wearing winter hats and scarves, standing on either side of the word 'DECEMBER' in large, blue, block letters. Below 'DECEMBER' is the text 'Coming up this month' in green. The background features stylized white Christmas trees and snowflakes.

DECEMBER

Coming up this month

- **1st December**, Foundation visit St Christopher's
- **1st December**, PTFA Christmas Bingo (early evening)
- **5th December**, Foundation Reading workshop
- **6th December**, Family Learning workshop
- **8th December**, Year 4 Envaco Visit to School
- **12th December**, 2H Nativity (afternoon)
- **13th December**, Foundation Christmas production (afternoon)
- **14th December**, 2S Nativity (afternoon)
- **15th December**, 2A Nativity (afternoon)
- **16th December**, Foundation Christmas production (afternoon)
- **19th December**, 'Elf Run'
- **19th December**, Christmas Lunch
- **20th December**, School closes at 2pm for FS/KS1 and 2.05pm for KS2 for Festive break *(we return Thursday 5th January 2023)*

More information to follow

Watch out for the update texts!

A red Christmas bauble with yellow stars and a silver cap.

New dates
now added

Hawes Side Academy Term Dates – 2023/2024		
	School Closes	School Opens @ 8:50 am
Autumn Terms 2023 starts		Tuesday 5 th September 2023
Inset Day (Monday 2 nd October)	Friday 29 th September 2023 (Foundation, Yrs 1 & 2 @ 3:15 pm) (Yrs 3, 4, 5, & 6 @ 3:20 pm)	Tuesday 3 rd October 2023
Autumn Half Term 2023	Friday 20 th October 2023 (Foundation, Yrs 1 & 2 @ 3:15 pm) (Yrs 3, 4, 5, & 6 @ 3:20 pm)	Monday 30 th October 2023
Christmas 2023	Friday 22 nd December 2023 (Foundation, Yrs 1 & 2 @ 2:00 pm) (Yrs 3, 4, 5, & 6 @ 2:05 pm)	Monday 8 th January 2024
Spring Half Term 2024	Friday 9 th February 2024 (Foundation, Yrs 1 & 2 @ 3:15 pm) (Yrs 3, 4, 5, & 6 @ 3:20 pm)	Tuesday 20 th February 2024
Easter Break 2024	Thursday 28 th March 2024 (Foundation, Yrs 1 & 2 @ 2:00 pm) (Yrs 3, 4, 5, & 6 @ 2:05 pm)	Monday 15 th April 2024
May Day 2024 (Monday 6 th May)	Friday 3 rd May 2024 (Foundation, Yrs 1 & 2 @ 3:15 pm) (Yrs 3, 4, 5, & 6 @ 3:20 pm)	Tuesday 7 th May 2024
Summer Half Term 2024	Friday 24 th May 2024 (Foundation, Yrs 1 & 2 @ 3:15 pm) (Yrs 3, 4, 5, & 6 @ 3:20 pm)	Monday 3 rd June 2024
Summer 2024	Friday 19 th July 2024 (Foundation, Yrs 1 & 2 @ 2:00 pm) (Yrs 3, 4, 5, & 6 @ 2:05 pm)	

NHS Blackpool Teaching Hospitals NHS Foundation Trust

PMHW Newsletter

NOVEMBER 2022

CHILD & ADOLESCENT MENTAL HEALTH SERVICES

HELLO November

Positive Thinking:
Good news! Did you know that science suggests that positive thinking is a learnable skill?

Three Good Things Exercise:
Research suggests that thinking of, and listing, three good things each day can contribute to increased happiness in the short term and longer term. Even better, this exercise is simple to do. Just spend a few minutes each evening reflecting on the day until you think of three good things. Spread the positive vibes, and think about sharing your three things with those that you love!

Key Dates:
5th - Bonfire Night
7th - COP27 Climate Change Conference
11th - Remembrance Day
13th - Transgender Awareness Week
14th - Anti-Bullying Week
18th - BBC Children in Need
20th - UN Childrens Day
26th - National Tree Week

NEW NEW NEW!
We have recruited another PMHW to our team!
John Dyson has worked for the NHS Foundation Trust in Blackpool for over 10 years. He is an accredited Psychological Wellbeing Practitioner and Mediator and has worked for Blackpool Healthier Minds. He will be working alongside central schools in the future.

Caring • Safe • Respectful

World Mental Health Day

The theme of 2022's World Mental Health Day was 'Make mental health and wellbeing for all a global priority'. The services within Options 4 CYP invited professionals, parents, carers and young people within the community to celebrate and recognise the mental health and wellbeing support available across Blackpool & Wyre. Staff were available throughout the day offering short presentations that gave an insight and an overview of each service.

Children's Mental Health Week Feb 6th-12th 2023
- Watch this space for details about our next event!

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Youth Mental Health First Aid

YMHFA 1 Day
Dates available:
17th November 2022
16 March 2023
22 June 2023
1 day course

YMHFA 2 Day
Dates available:
End of November 2022
February 2023
May 2023
June 2023
2 day course

The presenters were very knowledgeable and you could see their passion and enthusiasm in their roles.

They made the course relevant to us as professionals they tailored it to our service and how we can make it applicable in our company.

They were very approachable and able to offer examples of real stories to relate practice to. It was a well presented and relaxed environment that felt safe to ask any questions.

Youth Mental Health First Aid (YMHFA) courses are for everyone who works with, lives with or supports young people aged 8-18. They will teach you the skills and confidence to spot the signs of mental health issues in a young person, offer first aid and guide them towards the support they need. In doing so, you can speed up a young person's recovery and stop a mental health issue from getting worse.

Our courses won't teach you to be a therapist, but we will teach you to listen, measure and respond, even in a crisis - and even prevent a crisis from happening.

But even more than that, we aim to give you the information and skills to look after your own mental health so that you can set an example for young people. By giving you the tools to have these conversations, we hope to empower you to create a mentally healthy, supportive environment in your family, school, peer group or community.

Let's create a future where mental health is treated as a normal part of life, in the same way as physical health. A future where every young person has access to support if they need it.

Service of the month

THE NEST, SUPPORTING YOUNG VICTIMS

nest Lancashire

Experiencing or witnessing a crime can be really frightening. Being hassled, bullied or threatened is not ok. It is normal to feel upset, angry, frightened or scared following the experience. You may feel fine one moment and overwhelmed the next. Everyone deals with things differently and whatever you are feeling, we are here to support you.

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Did you know we are also at the Family Hubs?

Timetables can be found by clicking here

Grange Park	REVOE	Talbot & Brunswick	Rincraig
PMHW Drop in Primary Mental Health Worker At your Family local Hub	PMHW Drop in Primary Mental Health Worker At your Family local Hub	PMHW Drop in Primary Mental Health Worker At your Family local Hub	PMHW Drop in Primary Mental Health Worker At your Family local Hub

NEW Session Added!

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NHS Blackpool Teaching Hospitals NHS Foundation Trust

What do people say about our 'drop in'

OPTIONS4CYP PMHW DROP IN
Primary Mental Health Worker

What people say:
"The support they offer is really good. They have given plenty of advice along with given information on how to move forward."
"Staff very friendly and helpful."
"Felt listened to and received appropriate signposts."

MONDAYS 2 - 4:30pm
Venue: Westminster Primary Academy
Westminster Road, Blackpool FY1 2QE
Option 1
0800 121 7762

Thank you!

A big thank you to Roseacre and Revoe Primary schools for hosting a coffee morning. It is such a great way to engage parents and families with different services in Blackpool.

If you are interested in finding out more information on hosting your own coffee morning then please contact your PMHW.

Roseacre Primary Academy and Nursery

NHS
Blackpool Teaching Hospitals
NHS Foundation Trust

APP of the month

PLAY YOUR WAY TO A CALMER DAY WITH CHILLPANDA

Our team of Programmers and Clinical Psychologist have ensured ChillPanda is a fun and engaging game for children

Fun games
Exciting mini games including Surfing and Pinball

Use Any Time and Any Place
Fully compatible on all mobile devices and now out on Nintendo Switch



Calming Activities
Help Chill Panda face his fears with Calming Exercises such as Square Breathing and Yoga

Broad Based Evidence
Studies on child stress and parent feedback have influenced the activities in the app



Do you follow PMHW on Social Media?

@BLACKPOOL_PMHW





Using social media is a great way of connecting with families and young people.
Lately PMHW have been sharing really good resources and ideas to support emotional regulation in young people.

OPTIONS4CYP 0800 121 6672

Helen.moss21@nhs.net
Angela.sharp2@nhs.net
Siobhan.wolfe@nhs.net
j.dyson@nhs.net




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