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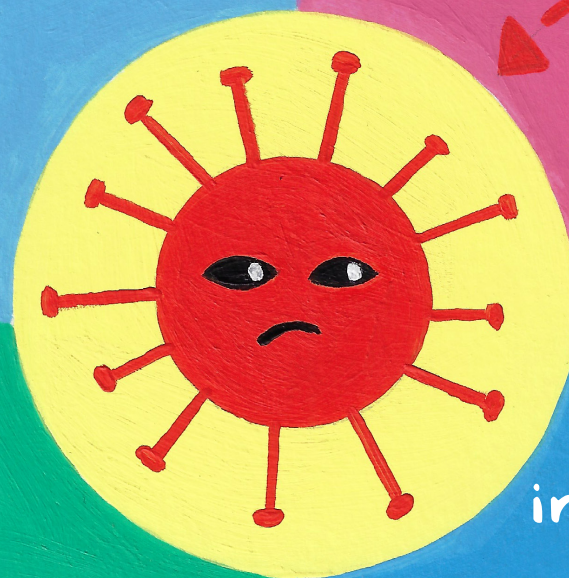
Lydia Monks
Illustrator

Hello, I'm Doctor Dog.
I'm going to tell you all you
need to know about
CORONAVIRUS.

What is
Coronavirus?



Coronavirus is a germ called a virus.
It causes a disease called Covid 19.
When this virus gets inside our bodies, it can
make us poorly.



The virus is so small
that it can only be
seen using a special
microscope.



It is so small that it can get
into our bodies when we breathe
in. It can also get into our
mouths from our hands.



Even I can't tell who has Coronavirus by looking at them. It doesn't make everyone feel poorly, but they can still spread it to other people. Children with Coronavirus don't get as sick as adults which is good news!



That's why most of us are having to stay inside.



Some people who catch the virus start coughing and become very hot. This makes them feel poorly. Most people start to feel better after a few days, but some people will have to go to hospital to be helped by a doctor like me.



HOW DOES CORONAVIRUS SPREAD?

When we
cough!



When we sneeze!



From our
hands!



Viruses can be passed on to other people when we cough or sneeze. If you have the virus and cough or sneeze onto a surface, those germs can stay on that surface for a long time.

Another way the Coronavirus can get into your body is from your hands. That is why it's important to keep washing your hands. Try not to touch your face or pick your nose!

COVER YOUR
MOUTH WHEN
YOU COUGH!



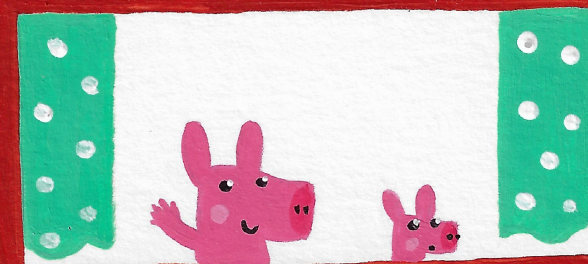
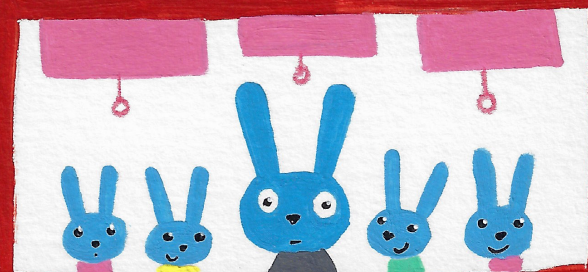
CATCH YOUR SNEEZE ON
YOUR SLEEVE!



KEEP ON
WASHING
THOSE
HANDS!



WHAT CAN WE DO?



When you are out and about, keep your distance.

The main way to stop Coronavirus from spreading is for all of us to stay at home. That means not going to school or nursery for a little while. Mums, dads and carers will have to stay at home too. Although some, like me, will have to go to work as we have important jobs to do.

Keep washing your hands!



All this will help to stop lots of people being ill at the same time.





Dr. Dog says...

COVER YOUR MOUTH
WHEN YOU COUGH!

CATCH YOUR SNEEZE
ON YOUR SLEEVE!

TRY NOT TO TOUCH
YOUR FACE.

DON'T PICK
YOUR NOSE!

KEEP WASHING
YOUR HANDS.

We can
do it!

TOGETHER WE CAN BEAT CORONAVIRUS!



Dr.Dog

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