



PSHE / Citizenship Policy

Hawthorns School

PSHE and Citizenship Policy

Rationale

Personal, Social and Health education (PSHE) and Citizenship is a vital part of primary education which supports pupils to be happy, healthy and safe and equips them for life in British Society. It utilises first-hand experience and is tailored to meet the needs of our pupils. We aim to equip pupils with a sound understanding of risk and with the skills and knowledge necessary to make safe and informed decisions

PSHE is integral to the development of children values and encourages them to play a positive role in contributing to the life of the school. We teach them how society is organised and governed, ensuring they experience the process of democracy in school through the school and eco councils. We teach them about rights and responsibilities and they learn to appreciate what it means to be a positive and responsible member of a diverse multicultural society.

PSHE cannot just be taught as a separate subject but will be taught through cross curricular links, collective worship and other activities or school events (residential visits, inclusion, enrichment, special activities planned to allow the children to work together under different circumstances), ECO and School Council, and activities which provide links with parents and members of the outside community

What is PSHE?

PSHE (Personal, Social and Health Education) is an umbrella term covering Drugs, alcohol and tobacco education (DAT), Relationships Education, Health Education (diet and healthy lifestyles), Mental Health and Wellbeing, Social and Emotional Aspects of Learning (SEALs), financial education and citizenship.

In following the framework our pupils will be taught the four key components of PSHE to develop knowledge, skills and understanding:

1. Developing confidence and responsibility and making the most of their abilities
2. Preparing to play an active role as citizens
- 3 .Developing a healthy, safer lifestyle
4. Developing good relationships and respecting the differences between people.

In following the framework for Citizenship our pupils will be taught:

1. Social and moral responsibility.
- 2 .Community involvement.

Aims

To enable pupils to: -

- develop a positive mindset that builds resilience and self-worth and allows them to deal with difficult situations
- know and understand what constitutes a healthy lifestyle,
- be aware of safety issues
- recognise, value and respect others regardless of race, gender and mental and physical disability

- be independent and responsible members of the school community
- play a positive role in contributing to the life of the school and the wider community
- understand and develop good relationships with other members of the school and the wider community
- understand how society is organised and governed ensuring they experience the process of democracy in school

Statutory requirements

PSHE is a non-statutory subject however there are aspects we are required to teach. Relationships education and Health education will be compulsory from September 2020. We refer to government statutory guidance

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How PSHE is taught

PSHE is taught in all year groups by staff that pupils know well. It is taught through relevant cross curricular topics, during allocated sessions each week or addressed discretely through circle time. There is an overlap between the RE curriculum as well as parts of the Science curriculum. PSHE targets are frequently included as part of a child's Personal Intervention Plan.

Class teachers are responsible for teaching PHSE and where relevant, outside visitors support the programme. These visitors may include Parents/Carers, the School Nursing Service, the Emergency Services, health professionals and visiting theatre groups. All visitors are expected to work within the terms of this PHSE Policy; teachers are always present and expected to take an active role in the sessions.

PSHE is most effective when pupils feel motivated and enjoy the activities and lessons provided. We use a wide range of teaching and learning styles with an emphasis on active learning, where pupils have the opportunity to discuss, listen and think about the topics. We set ground rules to ensure that pupils discuss topics with respect and listen to the views of others, as well as ensuring that pupils and staff do not disclose personal information.

We encourage the children to take part in a range of active whole school activities that promote citizenship, e.g. fundraising, or involvement in an activity to help other individuals or groups less fortunate than themselves. We also offer residential to our older pupils to develop confidence and independence.

Early Years

In the Foundation Stage, PSHE is related to the objectives set out in the Early Learning Goals matching the aim of developing a child's personal, emotional and social development. This area of learning is about emotional well-being, knowing who you are and where you fit in and feeling good about yourself. It develops respect for others, social competence and a positive mindset. It is mainly taught as an integral part of topic work and EYFS activities

Roles and responsibilities

The PSHE Co-ordinator is responsible for:

- Overseeing and implementing the policy
- Monitoring the teaching and learning of PSHE through lesson observations, learning walks, scrutiny of planning and recorded work, and discussions with pupils
- Writing an annual action plan for The School Improvement Plan, evaluating progress throughout the year and reporting to governors
- Attending regular LEA training courses to keep knowledge up to date and to provide feedback and training to staff

The governing board is responsible for

- approving the PSHE policy and holding the headteacher to account for its implementation.

The headteacher is responsible for

- ensuring that PSHE is taught consistently across the school.

Staff are responsible for:

- Delivering PSHE in a sensitive way
- Modelling positive attitudes to PSHE
- Monitoring and recording progress
- Responding to the needs of individual pupils

Links with other subjects

Opportunities will be found to teach PSHE within other curriculum areas

- **Literacy:** stories, discussions, speaking and listening activities, links with drama and role play, working together in pairs or small groups
- **ICT:** posters, presenting and finding information. E safety.
- **Science:** exercise and healthy lifestyles, life-cycles/growing and changing, body parts, drugs/medicine
- **Cookery:** Buying/making healthy food, diet, food choices, nutrition
- **PE:** effects of exercise, keeping fit, staying safe
- **RE:** feelings, belonging, appreciating/understanding other cultures

Opportunities to promote PSHE throughout the school

In addition to the explicit taught programme, there are a number of activities that implicitly promote PSHE

- Developing pupils' confidence and responsibility and making the most of their abilities e.g. positive rewards system, target setting, class responsibilities, sports and social events
- Preparing to play an active role as citizens e.g. school council, developing class rules, fundraising
- Developing a healthy, safer lifestyle, e.g. after-school clubs, playtime activities, monitoring school meals, teaching playground games, health week, internet safety
- Developing good relationships and respecting the differences between people e.g. celebrating different cultures, assemblies, competitions

Working with Parents and Carers

Our school sees the personal and social development of pupils as something that is achieved in partnership with Parents and Carers. We value and extend opportunities for parents and carers to be involved in PSHE through consultation and where appropriate specific input to the curriculum. Parents and Carers are also involved in their children's PSHE through supporting and extending learning at home. Parents can also be involved in special events that promote PSHE e.g. Health Week, Sun Awareness Campaign, assemblies, school events etc.

Equal Opportunities

In support of the Equal Opportunities Policy, all children, regardless of age, ability, gender race or sexuality, have the same opportunity to benefit from PSHE resources and teaching methods. It is important that boys' needs are met as well as girls on the subject of puberty.

A Quiet Place (AQP)

At Hawthorns, A Quiet Place is available to support our PSHE work with a focus on mental health and wellbeing and children follow a holistic, integrated, personal development programme over several weeks learning how to manage and express feelings, improve emotional intelligence and well-being.

We have a trained member of staff who delivers the programme to the children and a part time body worker who provides massage and relaxation techniques. Many AQP techniques are in use in classes.

Resources

A range of resources is used to assist with supporting and enhancing learning in PSHE.

- SEAL guidance is modified and adapted as appropriate. All classes follow the same SEALS topic each term and follow school guidelines to ensure that all other PSHE areas are covered throughout the year.
- Resources are kept in class, in the PSHE cupboard near the hall or in the library. There are many useful websites. Our school works with local partners and agencies to develop PSHE and Citizenship.

Assessment, Recording and Reporting

Teachers assess the children's understanding and skills by making informal judgements as they observe them in lessons, noting the things they say and by how they present themselves in their behaviour with peers and adults. We use our MAT Dashboard assessment for Citizenship for all pupils yearly.

Many pupils have PSHE targets which are reflected in termly Personal Intervention Plans as well as annual reviews of EHCP's. We keep records of the contribution to the life of the school and community in photograph and video form. Our regular Achievers Assembly celebrates personal achievement. We also have a Butterfly book where parents record their child's personal achievements e.g. helping at home, being brave etc.

Review

This policy will be reviewed every 2 years as part of our ongoing review cycle.

Linked policies and documents

This policy should be read in conjunction with the following policies:

Safeguarding and Child Protection Policy
Keeping Children Safe in Education 2019
Promoting Fundamental British Values as part of SMSC in schools 2014
RSE Policy
Health and Safety Policy,
Drugs, Alcohol and Tobacco Policy
Food Policy
Mental Health and wellbeing policy
Physical Health and wellbeing policy
Mental Health and behaviour in schools 2018
Physical Activity Policy
PE policy
PSHE Association guidance
SMSC Policy
British Values Policy
RSE Policy
Behaviour Policy
Anti-bullying Policy,
Science Policy
RE policy
Equality Act 2010
Equal opportunities policy
Confidentiality