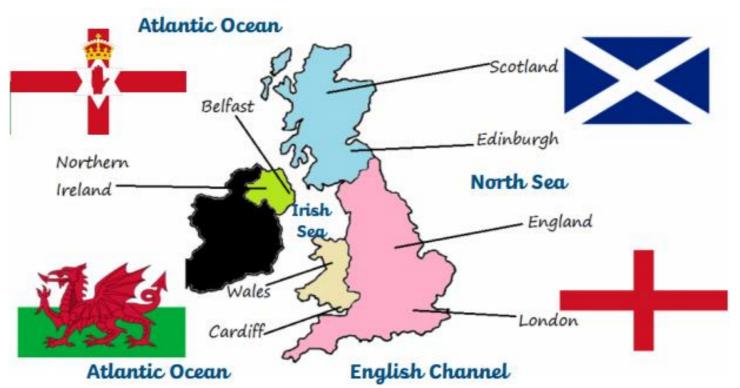
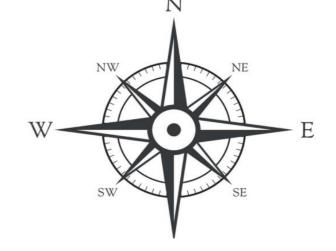
Knowledge Organiser - Near and Far

The United Kingdom





Direction and Map Skills



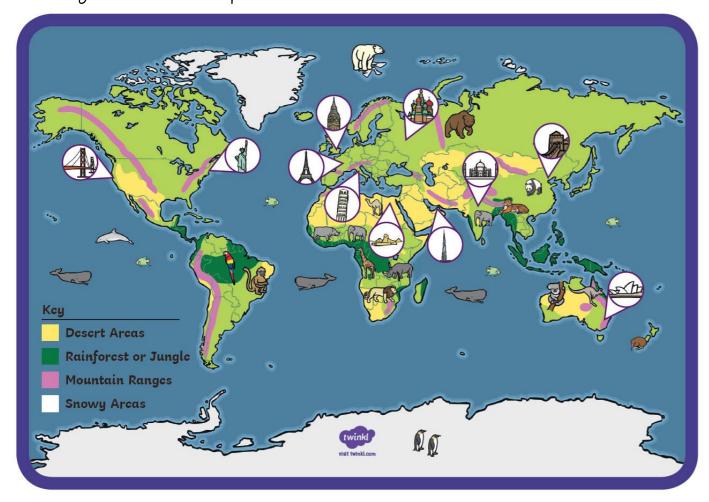
The four main points of the compass are North, East, South and West.

A map gives us information about places. They tell us where places are and help us to idenfify where things are located. From maps, we are able to identify roads, schools and other places of interest.

A map uses symbols to show where the places are. These symbols are explained in a key.

Landmarks

Landmarks are features or structures around the world that are easily recognised or unique.



Physical and Human Features

Human features are man - made, such as towns, buildings and bridges.

Physical features are naturally ocurring, Such as mountains and rivers.



Local Area

It is very important that you are able to give your opinion and say what you think about something. What do you like and what do you not like about the place you live?

Key Word	Definition			
local area	The area around where you live.			
compass	A tool for finding direction.			
locality	A human settlement: city, town or village.			
country	Land that is controlled by a single government.			
fieldwork	Working outside to collect information.			
UK	The United Kingdom of Great Britain and Northern Ireland.			
landmark	A feature of the landscape or area that is easily recognised.			
route	How you get to somewhere.			



Knowledge Organiser: Animals, including humans All about me

Careers connected to the human body: doctor, nurse, massage therapist, personal trainer, theatre technician













Lesson Sequence



1. Discover the basic parts of the human body



2. Learn about your eyes and sight



3. Learn about your ears and hearing



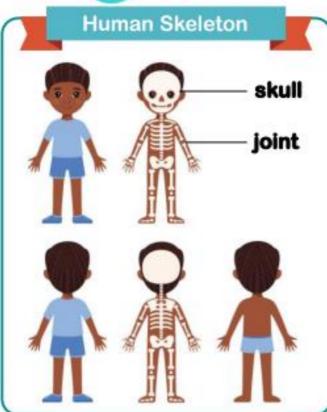
4. Explore the tongue and taste

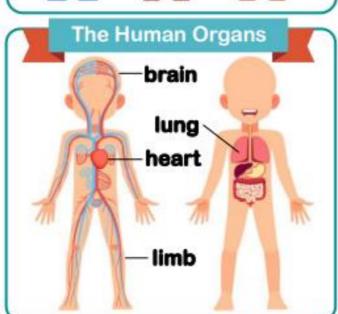


5. Explore your sense of touch



6. Discover how your nose smells











Unit Rocket Words: Year 1 - Animals, Including Humans - All About Me





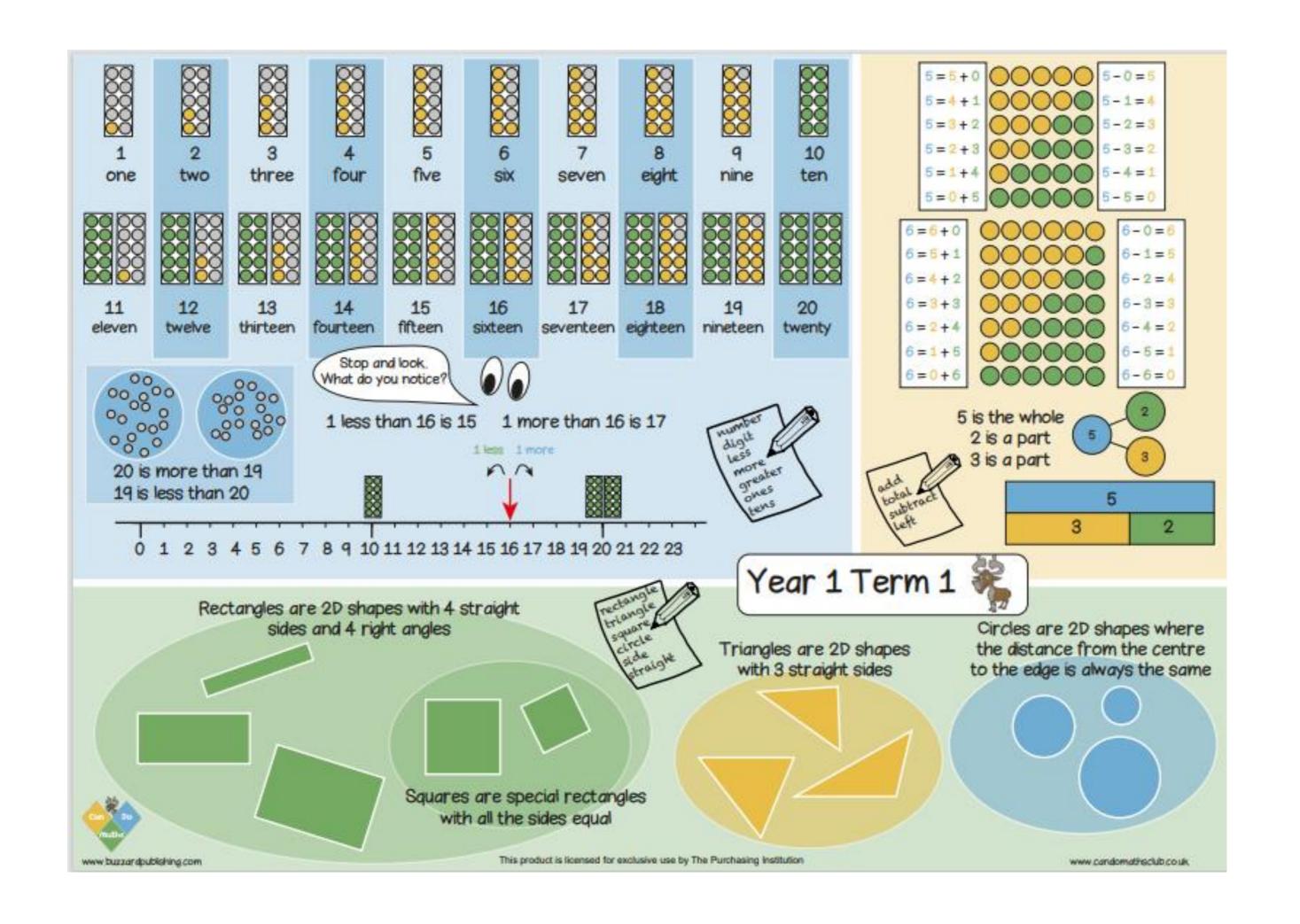








head	the top part of a human or an animal's body			
body	the whole of a human or animal, including the head, brain, heart, legs and arms			
brain	the control centre of the body			
pupil	the black spot in the middle of the eye that lets in light, colour and shapes			
ear	the organs, or body parts, in humans and many other animals that allow them to hear			
sound	vibrations, or sound waves, that we can hear			
tongue	moving organ in the mouth that is used for talking, tasting, eating and licking			
taste	the sense by which sweet, sour, bitter, or salty flavours are detected through taste buds in the tongue			





Knowledge Organiser Gymnastics Year 1

About this Unit

In gymnastics you learn to move your body in really fun ways. There are also lots of shapes that you can make with your body. In gymnastics, these shapes have special names.













Ladder Knowledge

You can improve your shapes by extending parts of your body.

Shapes:

Balances should be held for 5 seconds.

Thinking

Balances:

You can use different shapes to roll.

Rolls:

Landing on the balls of your feet helps you to land with control.

Jumps:

travelling actions

shapes

- balances shape jumps
- barrel roll
- straight roll
- · forward rol

This unit will also help you to develop other important skills.

respect, collaboration, sharing, work safely

confidence, self regulation, perseverance Emotional

> comprehension, select and apply action, creativity

Use a starting and finishing position so that people know when your sequence has begun and when it has ended.

articipation



· Remove shoes and socks.

This unit will

help you to:

· be more flexible

· be stronger

· move different body

parts at the same time

balance

· Make sure the space is clear before using it.

Find more games that develop these skills in the Home Learning Active Families tab on www.getset4education.co.uk

Crabs and Scorpions



What you need: two markers, one player, one person to time

- Mark a 6m distance using two markers.
- . Place 10 x socks at the start marker.
- . Transport the socks one at a time from one marker to the other.
- · How many sacks can you move in 2 minutes?
- . Socks must be carried on stomach on the way there (crab)
- . Players must travel back on their hands and feet stomach facing down (scorpion



Head to our youtube channel to watch the skills videos for this unit.



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iump speed action level squeeze balance point star control roll straight direction shape travel



If you enjoy this unit why not see if there is a gymnastics club in your local area.

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Knowledge Organiser Fitness Year 1

Ladder Knowledge

Agility: Bending your knees will help

direction.

Looking you to change help you to

Balance:

balance.

Using the opposite arm to leg at the same time helps you to perform skills such

> as running and throwing.

Co-ordination:

Swinging your Exercise helps arms will help you to become you to run faster.

Strength:

Moving for a long time can make you feel hot and breathe

faster.

Stamina:

About this Unit

There are lots of things that can change our mood. How would each of the events below change your mood?



spending time with family

Exercise can really help to improve our mood and make us or keep us feeling happy. There are lots of different exercises we can do e.g.







jump

- · co-ordination
- stamina strength
- agility
- balance

This unit will also help you to develop other important skills.

social communication, co-operation, support, work safely, kindness

Speed:

Emotional kindness, perseverance, honesty, independence, determination

Phinking comprehension, creativity, problem solving, reflection, feedback

Keep trying lots of different activities outside of school to find something you enjoy.



Behave and move in a safe way.

Home Learning Find more games that develop these skills in the Home Learning Active Families tab on www.getset4education.co.uk

What's the Time Mr Wolf?

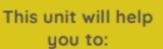


What you need: 2 or more people

- · One person begins as 'Mr Wolf' and starts facing away from everyone else approx. 8m
- . Everyone asks 'What's the time Mr Wolf?' Mr Wolf calls out a time.
- . Whatever time is called is the number of steps you are allowed to take towards Mr Wolf.
- · If Mr Wolf calls 'dinner time!', everyone must run away from Mr Wolf.
- · Whoever is caught returns to the start line. The winner is the player who touches Mr Wolf.

www.getset4education.co.uk

If you enjoy this unit why not see if there is an athletics club in your local area.



- · change direction quickly
- balance
- · move different body parts at the same time
- · be faster
- · move for a long time
- be stonger

Head to our youtube channel to watch the skills videos for this unit.



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not much

sleep

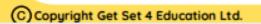
mood exercise active

fast muscles bones

quick healthy brain

safe heart breathing

memory strona calm





Y1 PSHE Jigsaw Knowledge Organiser Being me in my world

Puzzle Outcomes

- I know how to use my Jigsaw Journal.
- I feel special and safe in my class.
- I understand the rights and responsibilities as a member of my class.
- I know that I belong to my class.
- I understand the rights and responsibilities of being a member of my class.
- I know how to make my class a safe place for everybody to learn.
- I know my views are valued and can contribute to the Learning Charter.
- I recognise how it feels to be proud of an achievement,
- I recognise the choices I make and understand the consequences.
- I recognise the range of feelings when I face certain consequences.
- I understand my rights and responsibilities within our Learning Charter.
- I understand my choices in following the Learning Charter.

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Weekly Celebrations

Week 1- Help others to feel welcome.

Week 2 - Try to make our school community a better place.

Week 3 - Think about everyone's right to learn.

Week 4 - Care about other people's feelings.

Week 5 - Work well with others.

Week 6 - Choose to follow the Learning Charter.

Being me in my world at Haydon Wick Primary School

As good citizens of Haydon Wick Primary School we can explain how our choices can have an impact on people in the community and globally.

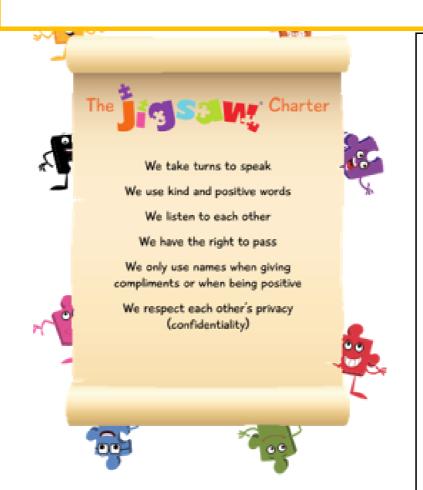


Our Values of the term:

Friendship and Perseverance







Key Vocabulary

Safe	Protected from danger or risk.			
Special	Better, greater, or otherwise different from what is			
	usual.			
Calm	To make someone feel tranquil and quiet; soothe.			
Children's	Children's rights are human rights specifically			
Rights	adapted to the child because they take into account			
	their fragility, specificities and age-appropriate needs.			
Charter	A collaboration of standards in which the student and			
	teacher abides while in a classroom.			
Responsibility	Something that it is your job or duty to deal with.			
Rewards	Something of value that is promised to someone for			
	good work or a good deed.			
Proud	Having a feeling of pleasure or satisfaction with your			
	own achievements.			