



Haydon Wick's Vocabulary Progression Map

Curriculum Map

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	Introduction to PE: Unit 1	Ball Skills: Unit 1	Dance: Unit 1	Gymnastics: Unit 1	Games: Unit 1	Games: Unit 2
Key Stage 1	Fitness Gymnastics	Yoga Fundamentals	Dance Ball Skills	Invasion Games Target Games	Athletics Net and Wall Games	Team Building Striking and Fielding Games
Key Stage 2	Fitness Gymnastics	Yoga Ball Skills (Year 3) Invasion	Dance Invasion Games	Invasion Games Net and Wall Games	Athletics Net and Wall Games	OAA Striking and Fielding Games

EYFS

Vocabulary Progression	Term	EYFS
Vocabulary	1 Introduction to PE: Unit 1	
	2 Ball Skills: Unit 1	Run, Stop, Throw, Roll, Team, Kick, Space, Catch
	3 Dance: Unit 1	Move, Copy, Shape, Space, Safely, Around, Travel, Sideways, Forwards, Backwards
	4 Gymnastics: Unit 1	Move, Copy, Over, Shape, Space, Rock, Around, Safely, Sideways, Travel, Forwards, Backwards
	4 Dance: Unit 2	Move, Copy, Shape, Space, Safely, Around, Travel, Sideways, Forwards, Backwards

	5 Games: Unit 1	Aim, Space, Team, Pass, Safely, Balance, Run, Pass, Roll, Team, Space, Safely, Around, Forwards, Backwards, Catch, Throw, Bounce
	6 Games: Unit 2	Aim, Space, Team, Pass, Safely, Balance, Run, Pass, Roll, Team, Space, Safely, Around, Forwards, Backwards, Catch, Throw, Bounce

Key Stage 1 and 2

Vocabulary Progression	Term	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Vocabulary	1 Fitness	Fast, Jump, Hop, Flow, Direction, Balance, Bounce	Strong, Pace, Race, Speed, Jog, Steady, Sprint	Strength, Accurately, Distance, Balance, Control	Technique, Co-ordination, Healthy, Progress, Muscle, Stamina	Technique, Momentum, Rhythm, Agility, Drive, Power	Generate Force, Continuous, Measure, Flexibility, Analyse, Record
	Gymnastics	Action, Jump, Roll, Level, Direction, Speed, Point, Balance	Link, Pathway, Sequence, Tuck, Straddle, Speed, Star, Pike	Flow, Explore, Create, Matching, Interesting, Control, Contrasting	Quality, Perform, Inverted, Technique, Apparatus, Extension	Symmetrical, Rotation, Aesthetics, Canon, Asymmetrical, Synchronisation, Progression	Formation, momentum, Counter Balance, Fluently, Counter Tension, Stability
	2 Yoga	Feel, Breath, Copy, Listen, Slowly	Focus, Position, Flow, Pose, Create, Choose	Strength, Try, Link, Perform, Flexibility, Perform, Technique	Relax, Stable, Control, Grounded, Mindfulness, Down Dog	Quality, Develop, Notice, High Lunge, Calm, Fluidity	Salutation, Transition, Aware, Collaboratively, Practice, Connected
	Invasion Games	Defender Points, Dribbling,	Received, Send, Teammate, Chest Pass, Possession,	Receiver, Footwork, Rebound,	Outwit, Opposition, Opponent,	Tactics, Control, Foul, Pressure, Onside, Offside,	Consecutive, Consistently, Dictate, Contest,

		Attacker, Score, Partner	Goal, Dodge, Bounce Pass	Tracking, Interception, Mark, Travelling, Playing Area	Contact, Pivot, Court, Field, Pitch	Support, Obstruction	Formation, Conceding, Turnover, Shut Down
	Fundamentals	Fast, Hop, Slow, Direction, Land, Safely	Dodge, Jog, Hurdle, Speed, Steady, Sprint				
	Ball Skills			Track, Receive, Chest, Shoulder, Overhead, Accurate			
	3 Dance	Counts, Pose, Level Slow, Fast, Balance	Mirror, Action, Pathway, Direction, Speed, Timing	Flow, Explore, Create, Perform, Match, Feedback, Expression	Reaction, Unison, Represent, Dynamics, Control	Formation, Posture, Performance, Canon, Relationship	Phrase, Structure, Connect, Choregraph, Contrast, s Structure, Fluently, Connect
	Invasion Games	Defender Points, Dribbling, Attacker, Score, Partner	Received, Send, Teammate, Chest Pass, Possession, Goal, Dodge, Bounce Pass	Receiver, Footwork, Rebound, Tracking, Interception, Mark, Travelling, Playing Area	Outwit, Opposition, Opponent, Contact, Pivot, Court, Field, Pitch	Tactics, Control, Foul, Pressure, Onside, Offside, Support, Obstruction	Consecutive, Consistently, Dictate, Contest, Formation, Conceding, Turnover, Shut Down
	Ball Skills	Far, Aim, Safely, Direction, Balance, Send	Overarm, Collect, Target, Underarm, Dribble, Distance				
	4 Invasion Games	Defender Points, Dribbling, Attacker, Score, Partner	Received, Send, Teammate, Chest Pass, Possession, Goal, Dodge, Bounce Pass	Receiver, Footwork, Rebound, Tracking, Interception,	Outwit, Opposition, Opponent, Contact, Pivot, Court, Field, Pitch	Tactics, Control, Foul, Pressure, Onside, Offside, Support, Obstruction	Consecutive, Consistently, Dictate, Contest, Formation, Conceding,

				Mark, Travelling, Playing Area			Turnover, Shut Down
	Target Games	Points, Throw, Far, Distance, Score, Partner	Accurate, Send, Teammate, Against, Overarm, Release, Target, Underarm	Rules, Dodge, Receiver, Putt, Court/Course, Drive, Block	Communicate, Chipping, Opponent, Swing, Protect, Align	Tactics, Par, Hole, Officiate, Pressure, Fair play, Power	Support, Cooperatively, Tournament, Hazard, Bunker, Outwit, Sportsmanship, Consistently
	Net and Wall Games	Ready Position, Partner, Net, Underarm, Score, Points	Receive, Quickly, Trap, Defend, Return, Collect, Against	Serve, Accurately, Track, Racket, Control, Rally, Opponent	Outwit, Receiver, Court, Backhand, Forehand	Tactics, Volley, Co-operatively, Footwork, Continuously, Set, Dig	Consecutive, Deep, Consistently, Forecourt, Backcourt, Defensive, Attacking
	5 Athletics	Far, Hop, Aim, Fast, Slow, Bend, Improve, Direction, Travel	Sprint, Jog, Distance, Height, Take Off, Landing, Overarm, Underarm	Speed, Power, Strength, Accurately, Higher, Pace, Control, Faster, Further	Power Stamina, Officiate, Perseverance, Determination, Accuracy, Personal Best	Technique, Downsweep, Upsweep, Flight, Rhythm, Stride	Rotation, Force, Compete, Trajectory, Momentum, Continuous Pace, Transfer of Weight
	Net and Wall Games	Ready Position, Partner, Net, Underarm, Score, Points	Receive, Quickly, Trap, Defend, Return, Collect, Against	Serve, Accurately, Track, Racket, Control, Rally, Opponent	Outwit, Receiver, Court, Backhand, Forehand	Tactics, Volley, Co-operatively, Footwork, Continuously, Set, Dig	Consecutive, Deep, Consistently, Forecourt, Backcourt, Defensive, Attacking
	6 OAA	Lead, Co-operate, Teamwork, Solve, Instructions	Support, Successful, Map,	Rules, Route, Trust, Navigate, Grid, Discuss, Plan	Leader, Inclusive, Effectively, Orientate, Symbol	Collaborate, Tactical, Control Card, Collective,	Location, Boundaries, Critical Thinking,

			Direction, Communicate			Orienteering, Navigation	Symbol, Co- operatively, Strategy
	Striking and Fielding Games	Hit, Points, Target, Throw, Score, Catch	Fielder, Send, Teammate, Runs, Batter, Received, Bowler	Stroke, Grip, Rounder, Backstop, Bowl, Post, Wicket, Batting, Wicket Keeper, Fielding	Stance, Retrieve, Opposition, Stumped, Two- Handed Pick Up, Technique, Short Barrier	Pressure, Overtake, Tracking, Backing Up, Outwit, Support, Tactics	Obstruction, c Consecutive, Consistently, Co- operatively, Drive Hit, Defensive Hit

Swimming vocabulary for all years.

At Haydon Wick, swimming happens in Year 3 and Year 6.

Vocabulary Progression	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Vocabulary for swimming	Exit, Enter, Front, Travel, Rules, Safely, Kicking Back	Pulling, Splash, Unaided, Gliding, Floating, Breathing	Sculling, Crawl, Breaststroke, Submersion, Rotation, Backstroke	Stroke, Huddle, Alternate, Survival, Treading Water, Buoyancy	Exhale, Flutter Kick, Surface, Somersault, Personal Best, Inhale	Endurance, Propel, Continuous, Streamline, Synchronised, Retrieve