DISHES AND THEIR ALLERGEN CONTENT – Henbury View First School (Breakfast Club)

Food Item						Lupin Flour	Milk		MUSTARD			SISAM OR		WNE Boor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CEREAL														
Tesco Malt Wheats		√												
Tesco Wheat Biscuits		√												
Tesco Cornflakes		✓												
Nestlé Cheerios		✓												
BREAD														
Tesco White Bread		√											√	
Tesco Wholemeal Bread		✓												
Tesco Crumpets		✓												
Tesco Scotch Pancakes		✓		√			√							
Tesco All Butter Croissants		✓		√			√							

Food Item					D.	Lupin Flour	Milk		MUSTARD			SSAMM ON		WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<u>SPREADS</u>														
Marmite	√	✓												
Jam														
Vitalite Dairy Free Spread														
Marmalade														
Honey														
DAIRY														
Semi Skimmed Milk							√							
Tesco Butterly Spread							√							

Food Item						upin Flour	Milk		MUSTARD			HEAD		Roor WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<u>DRINKS</u>														
Apple Juice														
Orange Juice														
Nesquik Strawberry Milkshake Mix														
Nesquik Chocolate Milkshake Mix														
Oatly Oat Drink		✓												