

Lakeside Kit List

Clothes	Tick
Night clothes	
Underwear	
Pair of socks (including a few spares) – minimum 6	
Trousers / leggings (It is important that children do not wear jeans whilst doing the activities for safety and comfort reasons) – minimum 4 - NAMED	
T-shirts – minimum 4 - NAMED	
Long sleeved tops – minimum 4 - NAMED	
Jumper/sweatshirt/fleece – minimum 3 - NAMED	
Waterproof jacket/anorak with hood – 2 - NAMED	
Waterproof trousers – 1 pair – or trousers that can get wet and muddy - minimum 2 - NAMED	
Gloves/hat/cap - NAMED	
Walking boots, old shoes/trainers (that can get wet and muddy) - minimum 2 – Name written inside	
Wellies – Name written inside	
Slippers or indoor shoes	
Toiletries	
Wash bag and towel	
Toothbrush/toothpaste	
Sponge/facecloth	
Soap/shower gel	
Hair products i.e. shampoo/ conditioner	
Hair ties (for long hair)	
Sun cream	
Insect repellent (None which includes DEET)	
Other	
Water bottle (empty) - NAMED	
Black bin liner (to bring muddy clothes home in)	
Small torch/headtorch (with batteries)	
Packed lunch and snack for Monday ONLY	
2 coat hangers to help dry wet clothes - NAMED	

N.B. If your child needs to take medicine or tablets to Lakeside, please **do not** pack them in their bag/suitcase. They **must be handed to the teacher** on the morning of the trip, in a clear bag labelled with their name that includes precise instructions for dosage amount and frequency (this includes travel sickness tablets).

Asthma inhalers (blue) can be carried in a secure coat pocket by your child. Any other **inhalers (brown) or ventilators** that are required must be given to the teacher.