HEYHOUSES C.E. PRIMARY SCHOOL
PSHE & SRE CURRICULUM







At Heyhouses we aspire to be all that God has created us to be.

'I can do all thing through Christ who strengthens me.' Philippians 4:13

Our aim and purpose in education is based on firm beliefs and values; that Jesus is our redeemer; that each individual is unique and valued; and that although all different, we are dependent upon one another.

In our school we seek to provide for the spiritual, mental, moral and physical development, growth and well-being of all our children.

— Firm Foundations — Ambitious Learning — Flourishing for life —

At Heyhouses we believe in the importance of giving our children a firm foundation based on Christian values on which they can base their social and emotional development. We also believe that recognising the individual needs of our pupils is key to PSHE teaching and learning.

At Heyhouses we recognise the wide range of health, social, economic and emotional needs of the children and we constantly seek to meet these needs through direct PSHE teaching, circle times, through pastoral support and 1 to 1 discussion where needed, as well as through the caring ethos of the school.



We also seek to develop our children's ability to negotiate a changing world. This can be seen in the increasing influences they face from advances in technology. Our children need to make informed decisions and to protect themselves from potential dangers in society.

We seek to equip our pupils with the ability to cope with health, social and emotional needs that they might develop in the future, as they move into secondary education and into adult life. Key to this is decision making and an understanding of consequences. We recognise the importance of preparing our children to make the right choices, especially in the face of peer pressure.

Curriculum Overview – EYFS and KS1

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Meet Your Brain	Places My Happy Body	Celebrate	Appreciate My Happy Relationships	Relate My Happy World	Engage
Year 1	Meet Your Brain (5) Places (2)	Places cont. (2) Celebrate (4) Showing Respect and Managing Hurtful Behaviour (1)	Appreciate (3) Relate (3)	*Twinkl Life RSE* It's My Body	Engage (4) Healthy Lifestyles (2)	Families and Positive Close Relationships (2) Shared Responsibilities (1) Communities (1) Ourselves, Growing and Changing (2) Transition (1)
Year 2	Meet Your Brain (5) Places (2)	Places cont. (2) Celebrate (4)	Appreciate (3) Relate (3)	*Twinkl Life RSE* Growing Up	Engage (4) Friendships (2) Keeping Safe (2)	Media Literacy and Digital Resilience (1) Safe Relationships (2) Economic Wellbeing (3) Transition (1)

Curriculum Overview – KS2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Meet Your Brain (5) Places (2)	Places cont. (2) Celebrate (4)	Appreciate (4) Relate (4)	*Twinkl Life RSE* It's My Body	Engage (4) Friendships (1) Families and Close Positive Relationships (1)	Healthy Lifestyles (2) Communities (1) Shared Responsibilities (1) Ourselves, Growing and Changing – Grief (1) Transition (1)
Year 4	Meet Your Brain (5) Places (2)	Places cont. (2) Celebrate (4) Showing Respect and Managing Hurtful Behaviour (1)	Appreciate (4) Relate (4)	*Twinkl Life RSE* Growing Up	Engage (4) First Aid (1) Media Literacy and Digital Resilience (1)	Safe Relationships (1) Keeping Safe (1) Economic Wellbeing (3) Transition (1)
Year 5	Meet Your Brain (5) Places (2)	Places cont (2) Celebrate (5)	Appreciate (4) Relate (4)	*Twinkl Life RSE* Growing Up – repeat of Y4 Changes in girls/ boys – altogether It's My Body	Engage (4) Friendships (1) Families and Close Positive Relationships (1)	Healthy Lifestyles (2) Economic Wellbeing (3) Ourselves, Growing and Changing - Grief (1) Transition (1)
Year 6	Meet Your Brain (3) Places (4)	Celebrate (2) Shared Responsibilities (1) Communities (1) Showing Respect and Managing Hurtful Behaviour (1) Media Literacy and Digital Resilience (2)	Appreciate (2) Relate (2) First Aid (1) Drugs, Alcohol and Tobacco (1) Safe Relationships (1)	*Twinkl Life RSE* Growing Up	Engage (2) Be Your Best (3)	Transition (12 – 2x week)