

High Clarence Primary Academy P.E. Curriculum

	Cycle	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EY	A	Locomotion Walking	Health & Wellbeing	Gymnastics High, Low, Over, Under	Ball skills Hands 2	Locomotion Walking/Jumping	Ball Skill Hands 2 & Sports Day Practice
	B		Health & Wellbeing	Dance	Ball skills Hands 1	OAA Games for Understanding	
		Funky Feet		Funky Riders		Yoga Bugs	
KS1	A	Locomotion Ball Skills Hands	Health & Wellbeing	Gymnastics Linking/Wide, Narrow, Curled	Ball skills Hands 2	Locomotion Running/Jumping	Ball Skill Hands 2 & Sports Day Practice
	B		Health & Wellbeing	Dance	Ball Skills Hands 1	OAA Team Building	
				Yoga Bugs		Swimming	
LKS2	A	Tag Rugby	SAQ Health and Wellbeing, Mindfulness (HRE) Sports hall Athletics	Gymnastics Symmetry & Asymmetry/Bridges	Tennis	Athletics	Cricket & Sports Day Practice
	B		SAQ Health and wellbeing & Fitness (HRE) Sports Hall Athletics	Dance	Netball	Outdoor Education OAA	
				Swimming			
UKS2	A	Tag Rugby	SAQ Health Related Exercise (HRE) Sports Hall Athletics	Gymnastics Counter Balance & Counter Tension/Matching a& Mirroring	Tennis	Athletics	Cricket & Sports Day Practice
	B		SAQ Health Related Exercise (HRE) Sports Hall Athletics	Dance	Netball	Outdoor Education OAA	
		Swimming					
KS2 Games		Cross Country	Handball	Dodgeball	Hockey	Basketball	Rounders