

KS1 - Long Term Plan - RSHE		
	Y1	Y2
Autumn 1	Personal Information & Online Strangers (Online Safety) How can I stay safe?	How do we stop bullying? Should friends tell us what to do?
Autumn 2	Who is my friend? What makes a good friend?	Are all families the same? How should families treat each other?
Spring 1	Where do feelings come from? How do we make a happy school?	Screen time Fake news
Spring 2	Who am I? What helps me to be happy?	How do I stop getting ill? Will I always be a child?
Summer 1	Who's in my family? Do families always stay the same?	How do I help my body stay healthy? How do I decide what to eat?
Summer 2	What makes a boy or a girl? When should I say no?	Who lives in my neighbourhood? Who owns my body? -I do.

LKS2 - Exemplar Long Term Plan - RSHE

	Y3	Y4
Autumn 1	Online strangers Sharing Online Verifying content	How should we treat people who are different? Are all friends the same?
Autumn 2	Friendship Online Personal Information Digital Media	Online strangers Sharing Online Personal Information
Spring 1	How do I keep my body healthy? How do I stop getting ill?	Friendship Online Digital Media Verifying content
Spring 2	How do I manage my feelings? What makes a good friend?	How do I stop getting ill? How do I save a life?
Summer 1	How can we help the people around us? Are friendships always fun?	How do we make the world fair?
Summer 2	Where do you feel like you belong? Do families always stay the same? Are all families like mine?	Are we happy all the time?

UKS2 - Exemplar Long Term Plan - RSHE

	Y5	Y6
Autumn 1	What makes a close friend? Can we be different and still be friends? Should friends tell us what to do? Why are some people unkind?	What is prejudice? What is the history of prejudice? What should I do if I encounter prejudice?
Autumn 2	Protecting our identity Meeting strangers online Echo Chambers	Personal Information, terms and conditions Control and consent
Spring 1	What makes us feel like we belong? What does it mean to be British? How can I be a great citizen?	Bias Analysing Digital Media Does the internet make us happy?
Spring 2	Why is money important? Why do some people get married? Are families ever perfect?	Can I avoid getting ill? Why do some people take drugs? How do I save a life? How do plants and animals reproduce?
Summer 1	Does everybody have the same feelings? Why do we argue? Should we be happy all the time?	How will my body change as I get older? How will my feelings change as I get older?
Summer 2	How can I stay fit and healthy? Where should I get my health information? What is menstruation?	How do I stay clean as I get older? What is Menstruation? What is sex?