



















High Green Primary Autumn / Winter 2024/2025 - Week One

Dates: 9th Sep, 30th Sep, 21st Oct, 11th Nov, 2nd Dec, 23rd Dec, 13th Jan, 3rd Feb, 24th Feb, 17th Mar, 7th Apr



| WEEK ONE | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------|--|--|--|--|---|
| Main Course | Cheese & Tomato Pizza with Tomato Rice Salad  | Red Tractor Pork Sausage Roll with Skin on Baked Potato Wedges | Roast Chicken with Stuffing & Roast Potatoes | Red Tractor Beef Pasta Bolognese & Garlic Bread  | MSC Fish Fingers & Chips |
| Vegetarian Main Course | Tomato, Baked Bean & Spiral Pasta Bake  | Cheese & Onion Pastry Roll with Skin on Baked Wedges | Quorn Grill with Gravy, Stuffing & Roast Potatoes  | Plant-based Pasta Bolognese with Garlic Bread  | Crispy Vegetable Fingers & Chips |
| Vegetables | Broccoli/Cauliflower & Carrots, Sweetcorn  | Red Tractor British Peas, Baked Beans  | Broccoli/Cauliflower & Carrots  | Broccoli, Carrots & Cauliflower Sweetcorn  | Baked Beans British Red Tractor Garden Peas  |
| Sandwiches | Freshly Made Sandwich with Cheese | Freshly Made Sandwich with Tuna Mayo | Hot Cheese Baguette | Freshly Made Sandwich with Ham | Fish Finger Wrap |
| Jacket Potato & Filling | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise, Salmon Mayonnaise  or Cheese or Beans  |
| Homemade Dessert | Chocolate Mousse and Orange Smiles  | Homemade Jam Buns & Custard | Chocolate Brownie | Fruity Strawberry Jelly & Mandarin Segments | Vanilla & Cherry Cookie Cup & Custard  |

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

High Green Primary Autumn / Winter 2024/2025 - Week Two

Dates: 16th Sep, 7th Oct, 28th Oct, 18th Nov, 9th Dec, 30th Dec, 20th Jan, 10th Feb, 3rd Mar, 24th Mar, 14th Apr



| WEEK TWO | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------|---|---|---|---|---|
| Main Course | Cheese & Tomato Pizza with Tomato Pasta Salad  | Red Tractor Pork Sausage with Mashed Potatoes & Gravy | Roast Gammon with Gravy, Yorkshire Pudding & Roast Potatoes | Garlic & Tomato Chicken Pasta Spirals  | MSC Fish Fingers & Chips |
| Vegetarian Main Course | Potato, Spinach & Cheese Toasted Wrap with homemade salsa  | Plant Based Sausage with Mashed Potatoes & Gravy  | Quorn Grill with Gravy, Yorkshire Pudding & Roast Potatoes  | Beany Vegetable Wrap with a side of Sunny Vegetable Rice  | Crispy Vegetable Fingers & Chips |
| Vegetables | Baked Beans or British Red Tractor Garden Peas  | Broccoli/Cauliflower & Carrots  | Broccoli/Cauliflower & Carrots, Sweetcorn  | Broccoli/Cauliflower & Carrots  | Baked Beans, British Red Tractor Garden Peas  |
| Sandwiches | Freshly Made Sandwich with Cheese | Freshly Made Sandwich with Tuna & Sweetcorn Mayo | Hot Roast Baguette | Freshly Made Sandwich with Ham | Fish Finger Wrap |
| Jacket Potato & Filling | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  |
| Homemade Dessert | Apple & Sultana Crumble Bar with Custard  | Iced Carrot Cake & Orange Slices  | Chocolate Shortbread Pinwheels with Chocolate Sauce | Toffee Cream Tart | Chocolate Oaty Slice |

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish
















Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

High Green Primary Autumn / Winter 2024/2025 - Week Three

Dates: 2nd Sep, 23rd Sep, 14th Oct, 4th Nov, 25th Nov, 16th Dec, 6th Jan, 27th Jan, 17th Feb, 10th Mar, 31st Mar



| WEEK THREE | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------|---|---|---|---|---|
| Main Course | Cheese & Tomato Pizza & Tomato Pasta Salad  | Beef Lasagne with Garlic & Tomato Bread  | Roast Chicken, Gravy, & Stuffing & Roast Potatoes | Beef & Potato Pie with Mash | MSC Fish Fingers & Chips |
| Vegetarian Main Course | Beany Shepherd's Pie  | Vegetable Lasagne with Garlic & Tomato Bread  | Quorn Grill with Gravy, Stuffing & Roast Potatoes  | Vegetable Meatballs, Tomato Sauce & Mixed Rice  | Cheese & Onion Pastry Roll & Chips |
| Vegetables | Broccoli/Cauliflower & Carrots & Sweetcorn  | Sweetcorn & Carrots  | Broccoli/Cauliflower & Carrots  | Baked Beans, British Red Tractor Garden Peas  | Baked Beans, British Red Tractor Garden Peas  |
| Sandwiches | Freshly Made Sandwich with Cheese | Freshly Made Sandwich with Tuna Mayo | Hot Roast Baguette | Freshly Made Sandwich with Ham | Fish Finger Wrap |
| Jacket Potato and Fillings | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  | Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans  |
| Homemade Dessert | Lemon Cupcake with Fruit Slices  | Chocolate Cookie & Orange Wedges  | Chocolate Crunch "Concrete" & Chocolate Sauce | Strawberry Mousse | Lemon Drizzle Cake With Custard |

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

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|---|---|--|---|--|
| Portion(s) of fruit or veg  | Source of wholegrain  | Contains plant-based proteins  | 50% fruit  | Oily fish  |
|---|---|--|---|--|

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.