



A WOODLAND SCHOOL

Relationships, Sex and Health Education (RSHE) Policy

Date of Policy: November 2025

Review Date: September 2026 (due to new guidance)

Lead Member of Staff: Jenna Collins (PSHE / RSHE Lead)

Governor Link: Paul Johnson (Safeguarding)

1. Policy Statement

At High Green Primary School (HGPS), Relationships, Sex and Health Education (RSHE) is a key element of our whole-school curriculum and ethos. RSHE enables our pupils to develop the knowledge, skills and attributes they need to keep themselves healthy, safe and prepared for life and work in modern Britain. It supports our School Vision 'To become the best version of ourselves' and our School Values: be responsible, kind, respectful and proud. In addition, it underpins our work on Spiritual, Moral, Social and Cultural (SMSC), Cultural Capital, British Values and Safeguarding.

2. Statutory Framework

This policy has been developed in accordance with:

- Relationships Education, Relationships and Sex Education (RSE) and Health Education – Statutory Guidance for Governing Bodies, 2019 (DfE)
- The Education Act 2002
- The Equality Act 2010
- Keeping Children Safe in Education 2025
- Ofsted Education Inspection Framework 2024

All primary schools are required to teach Relationships Education and Health Education. Sex education is not compulsory in primary schools beyond the Science Curriculum, but HGPS has chosen to include aspects of Sex Education in Year 6 following stakeholder consultation.

3. Rationale and Intent

RSHE at HGPS is structured around three key strands:

1. Relationships: Family and Friends
2. Living in the Wider World: Community and Online Safety
3. Health and Well-Being: Mental Health, Physical Health and Growing Up

RSHE supports:

- The Equality Act 2010, including protected characteristics
- HGPS Rationale for Cultural Capital
- HGPS Rationale for SMSC, promoting British Values of individual liberty, mutual respect and tolerance
- Child Protection, Behaviour and Anti-Bullying Policies

Our intent is for every child to:

- Have their own chance to shine through a holistic and inclusive approach
- Be empowered leaders of their own learning
- Enjoy safe, respectful and reciprocal relationships
- Experience a sense of belonging through family and community connections

By developing knowledge, understanding and reflection, children learn to manage emotions, build positive relationships and make responsible choices.

4. Curriculum Implementation

HGPS follows the Sheffield Primary Relationships and Health Education Curriculum, which was developed collaboratively across the city. The curriculum was reviewed through a full consultation with staff, governors and parents.

Following consultation, it was agreed that:

- The full Sheffield RSHE curriculum will be taught.
- Specific sex education lessons (Sx2 – sexual reproduction and intercourse) will be delivered in Year 6, Summer Term.

- Parents are informed in advance and may withdraw their child from these specific lessons if they wish.

RSHE is delivered through:

- Discrete lessons
- Cross-curricular links (e.g. Online Safety in Computing; Physical Health and Growing Up in Science; Mental Health through Zones of Regulation)
- Circle time, assemblies and PSHE days
- Story-based and discussion-led approaches, adapted for age, stage and need

Teachers may revisit or repeat lessons to respond to class needs or current issues.

5. Inclusion and Equality

RSHE is taught in a way that ensures all pupils feel valued and respected. Lessons promote equality and inclusion in line with the Equality Act 2010 and reflect the diverse backgrounds, families and beliefs within our community. Materials and discussions are age-appropriate, sensitive and mindful of pupils' experiences and SEND needs.

6. Parental Engagement and Right to Withdraw

At HGPS, we recognise that engaging with parents and carers is vital. Therefore we offer the following:

- A curriculum overview for each key stage is published on the school website.
- Parents are invited to review resources and discuss lesson content prior to the Year 6 sex education unit.
- Parents will be informed that they cannot withdraw their child from Relationships Education or Health Education.
- Parents will be informed that they may withdraw their child/ren from the specific non-statutory sex education lessons in Year 6 (Sx2). Parents will be informed of the process to do so.

7. Impact and Assessment

RSHE contributes to pupils' personal growth and social maturity. Impact is seen through:

- Pupil discussions, self-reflection and behaviour in class and play

- Positive attitudes to learning and relationships
- Understanding of how to stay safe and healthy, including online
- Contributions to school ethos, pupil leadership and wellbeing
- Progress is monitored through observation, pupil voice and subject links in Science and Computing. The RSHE Lead reviews delivery each term as part of PSHE monitoring.

8. Safeguarding and Confidentiality

All staff understand that RSHE plays a crucial role in safeguarding. Any disclosures or concerns arising from RSHE lessons are managed in line with the Safeguarding and Child Protection Policy. Teachers do not promise confidentiality to pupils and follow the correct reporting procedures.

9. Roles and Responsibilities

- Governing Body: Approves and monitors the RSHE policy and curriculum.
- Headteacher: Ensures statutory requirements are met and staff are appropriately trained.
- RSHE Lead: Oversees curriculum planning, staff training, and evaluation.
- Teachers: Deliver lessons in line with this policy and adapt content for pupils' needs.
- Parents/Carers: Support children's learning and uphold the school's values.

10. Policy Review

This policy will be reviewed annually or sooner if guidance changes. Review will include staff, governors and parent consultation.