

HIGHER  
WALTON  
C.O.F.E. PRIMARY  
SCHOOL

Lancashire

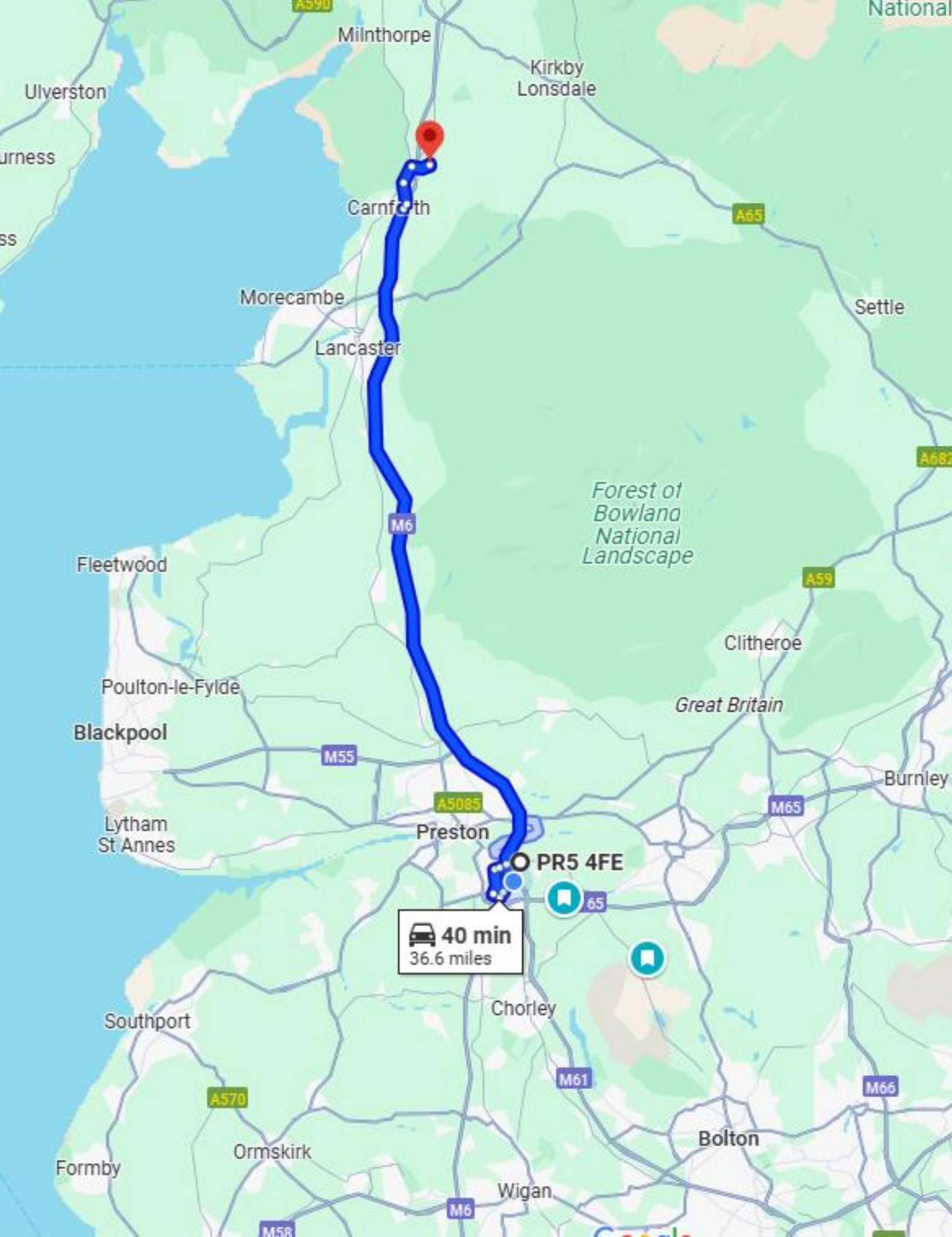
Outdoor

EDUCATION



# BORICK HALL RESIDENTIAL

16th – 18th June



Our residential trip will take place at Borwick Hall, located in the heart of Borwick village, just two miles from Junction 35 of the M6.

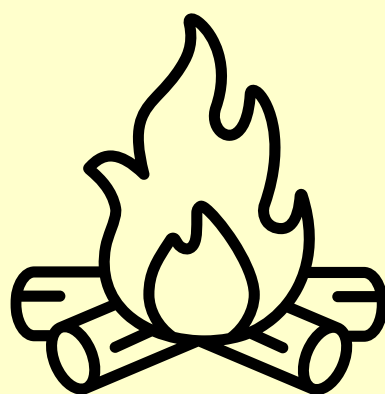
Through a range of outdoor activities during their stay, children will have the opportunity to:

- learn more about themselves,
- build positive relationships with others,
- step outside their comfort zones,
- try new experiences,
- grow in confidence
- make unforgettable memories along the way.

# Timetable

## Monday

- 10am - Depart from school
- 11am - Arrive at Borwick Hall  
Tour of site and Bedrooms
- 12pm - Lunch -  
Children need to bring their own packed lunch
- PM - Activities
- 5pm - Evening Meal
- 6.30 - Campfire
- 8.30 - Bedtime



## Tuesday

- Breakfast
- Activities
- Lunch
- Activities
- Evening Meal
- Evening Activities
- Bedtime



## Wednesday

- Breakfast
- AM Activities
- Lunch
- 1.30pm - Pack up and Leave
- 2.15 - Arrive back at school



**All children need to be collected  
from school at 2.15**

## High Adventurer

(Ages 9+)

**NEW!** Operation:  
Borwick Hall

Rocky Ramble

Canoeing

High Ropes

# Activities

**Rocky Ramble** is an outdoor adventure that combines physical activity with environmental learning. Participants engage in hillwalking and scrambling over rocky terrain, often exploring limestone formations and learning about the area's geological history, including fossils and sedimentary rocks.

**Operation Borwick Hall** - a team-based, problem-solving activity designed to promote collaboration, communication, and strategic thinking among participants.

**Canoeing** - canoeing sessions on the Lancaster Canal using bell boats—stable, twin-hulled canoes designed for group paddling. This activity enhances coordination, communication, and cooperation as students work together to navigate the water. A highlight for many is the chance to jump into the canal from the canoe.

**High Ropes** - The high ropes course at Borwick Hall challenges students to navigate elevated obstacles, fostering resilience and self-confidence. Activities like the "Leap of Faith" encourage participants to step out of their comfort zones, promoting personal development and a sense of achievement.



# Bedrooms

- All residential dormitories are warm, comfortable and 100% secure
- Girls and boys sleep in separate areas and teachers' rooms are located close by to allow for plenty of close supervision
- All bedding is provided at the centre - one of the very first tasks for all students is making up their own beds!
- Separate showers and toilet facilities are available for girls and boys

After evening activities, children will have down time in their dorms.

Plenty of sleep is required to recharge the batteries, so lights are usually turned out by 9:30-10.00pm.





# Food



It's important for students to maintain high energy levels throughout your stay, so three freshly-prepared, healthy buffet style meals are served daily in the communal dining area.

All meals are nutritionally balanced and meet the latest Government standards on children's meals

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A varied choice is always offered, with both hot and cold meals, a salad bar, at least one vegetarian option and yes, sometimes even chips!

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Plenty of juice and water is available at all times.

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Most dietary requirements can be catered for as long as we are told in advance.

# Sweets and Snacks

Borwick Hall will provide plenty of snacks and meals so that the children do not go hungry.

Children are welcome to bring a sensible amount of sweets and snacks—ideally  
1 to 2 items per child.  
No Fizzy Drinks

Please ensure that these snacks do not contain any nuts, as we have children with allergies.

This will help us keep everyone safe and ensure the children don't bring too many treats.



Thank you for your understanding and support.





# Kit List



## Clothing

Clothes may get dirty and/or wet, therefore you should bring several changes of clothes for doing activities

### Tops and Jackets

- T-shirts
- Long sleeved shirt/T-shirts
- Waterproof Jacket
- Fleeces / Jumpers
- Waterproof Jacket or anorak

### Trousers or Leggings

- Leggings
- Jogging bottoms
- Shorts (will not be able to wear them for some activities)

**(NO jeans as they get heavy and cold when wet)**

### Underwear and Socks

Bring a few pairs of over ankle socks

(Socks will need to cover ankles to do some activities)



# Kit List



## Footwear

- Pair of trainers for activities
- old trainers for water sports

**Trainers will get dirty and wet!**

- Walking boots or Wellies if you have them  
(Borwick will provide them if needed)
- Dry shoes for evening

*(Crocs will not be allowed for any activities including evening activities)*

## Wash Bag

- soap
- shampoo
- toothbrush
- toothpaste

**DO NOT BRING AEROSOLS**

## **Oher Essentials**

- Towels (Bring at least 2)
- Named plastic Drinks Bottle
- Bin Bag for Dirty/wet clothes
- Hair Bobbles - hair needs to be tied up for all activities.



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# Things to leave at home

## DO NOT BRING

Electronic devices

Mobile phones

iPads

Valuables

Straighteners

Earrings

# Any Questions?

