**Kit List for your Visit**

**(Please ensure that all items are name)**

**If you have Walking boots and Wellington Boots, please bring them with you. Otherwise, they will be provided for you.**

**All Visits**

|  |  |
| --- | --- |
| **Clothing**  Clothes may get dirty and/or wet, therefore  you should bring several changes of clothes  for doing activities   * Tops and Jackets   + T-shirts   + Long sleeved shirt/T-shirts   + Waterproof Jacket   + Fleeces / Jumpers * Trousers or Leggings   (not jeans as they get heavy and cold  when wet)   * Underwear and Socks   (Socks will need to cover ankles to do  some activities) | **Footwear**   * Pair of trainers for activities * Pair of old trainers for water sports   **Other Items**   * Towel for after activities * Reusable drinks bottle * Small rucksack/Bag * Labelled bin bag for wet and dirty clothing |

**Extra Items for Residential visitors**

|  |  |
| --- | --- |
| * 1 or 2 sets of clothes for the evening * Suitable nightwear | * Pair of dry shoes for evening activities * Washbag including soap, shampoo, toothbrush, and toothpaste (please do not bring aerosols) |
| **Arriving in the summer**   * Shorts * Baseball Cap * Sunscreen | **Arriving in the winter**   * Warm coat * Hat and gloves |