**Kit List for your Visit**

**(Please ensure that all items are name)**

**If you have Walking boots and Wellington Boots, please bring them with you. Otherwise, they will be provided for you.**

**All Visits**

|  |  |
| --- | --- |
| **Clothing**Clothes may get dirty and/or wet, thereforeyou should bring several changes of clothes for doing activities* Tops and Jackets
	+ T-shirts
	+ Long sleeved shirt/T-shirts
	+ Waterproof Jacket
	+ Fleeces / Jumpers
* Trousers or Leggings

(not jeans as they get heavy and coldwhen wet)* Underwear and Socks

(Socks will need to cover ankles to dosome activities) | **Footwear*** Pair of trainers for activities
* Pair of old trainers for water sports

**Other Items*** Towel for after activities
* Reusable drinks bottle
* Small rucksack/Bag
* Labelled bin bag for wet and dirty clothing
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**Extra Items for Residential visitors**

|  |  |
| --- | --- |
| * 1 or 2 sets of clothes for the evening
* Suitable nightwear
 | * Pair of dry shoes for evening activities
* Washbag including soap, shampoo, toothbrush, and toothpaste (please do not bring aerosols)
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| **Arriving in the summer*** Shorts
* Baseball Cap
* Sunscreen
 | **Arriving in the winter*** Warm coat
* Hat and gloves
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