

## Whole school vocabulary overview - PSHE

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
<b>EYFS</b>	Unit: Being Me in My World  Kind, gentle, friend, similar(ity), different, rights, responsibilities, feelings, angry, happy, excited, nervous, sharing, taking turns.		Unit: Celebrating Differences  Different, special, proud, friends, kind, same, similar, happy, sad, frightened, angry, family.		Unit: Relationships  Family, jobs, relationship, friend, lonely, argue, fall-out, words, feelings, angry, upset, calm me, breathing.		Unit: Changing Me  Eye, foot, eyebrow, forehead, ear, mouth, arm, leg, chest, knee, nose, tongue, finger, toe, stomach, hand, baby, grown-up, adult, change, worry, excited, memories.		Unit: Healthy Me  Healthy, exercise, head, shoulders, knees, toes, sleep, wash, clean, stranger, scared, trust.		Unit: Dreams and Goals  Dream, goal, challenge, job, ambition, perseverance, achievement, happy, kind, encourage.	
	Cycle A	Cycle B	Cycle A	Cycle B	Cycle A	Cycle B	Cycle A	Cycle B	Cycle A	Cycle B	Cycle A	Cycle B
<b>KS1</b>	Unit: Being me in my world (Y1)  safe, special, calm, belonging, special, rights, responsibility, learning charter, jigsaw charter, rewards, proud, consequences, upset, disappointed, illustration.	Unit: Being me in my world (Y2)  worries, hopes, fears, belonging, rights, responsibilities, actions, praise, reward, consequence, positive, negative, choices, cooperate, learning charter, problem solving.	Unit: Celebrating Differences (Y1)  similarity, same as, different from, difference, bullying, behaviour, deliberate, on purpose, unfair, included, bully, bullied, celebrations, special, unique.	Unit: Celebrating Differences (Y2)  boys, girls, similarities, assumptions, shield, stereotypes, special, differences, bully, purpose, kind, unkind, feelings, sad, lonely, help, stand up for, male, female, diversity, fairness, kindness, friends, unique, value.	Unit: Year Specific Changing me (Y1)  changes, life cycles, baby, adult, adulthood, grown-up, mature, male, female, vagina, penis, testicles, vulva, anus, learn, new, grow, feelings, anxious, worried, excited, coping.	Unit: Year Specific Changing me (Y2)  change, grow, control, life cycle, baby, adult, fully grown, growing up, old, young, change, respect, appearance, physical, baby, toddler, child, teenager, independent, timeline, freedom, responsibilities, male, female, vagina, penis, testicles, vulva, anus, public, private, touch, texture, cuddle, hug,	Unit: Dreams and Goals (Y1)  proud, success, achievement, goal, treasure, coins, learning, stepping-stones, process, working together, team work, celebrate, learning, stretchy, challenge, feelings, obstacle, overcome, achieve, dreams, goals.	Unit: Dreams and Goals (Y2)  realistic, proud, success, celebrate, achievement, goal, strength, persevere, challenge, difficult, easy, learning together, partner, team work, product.	Unit: Healthy Me (Y1)  healthy, unhealthy, balanced, exercise, sleep, choices, clean, body parts, keeping clean, toiletry items, hygienic, safe, medicines, trust, safe, safety, Green Cross Code, eyes, ears, look, listen, wait.	Unit: Healthy Me (Y2)  healthy choices, lifestyle, motivation, relax, relaxation, tense, calm, healthy, unhealthy, dangerous, medicines, safe, body, balanced diet, portion, proportion, energy, fuel, nutritious.	Unit: Relationships (Y1)  family, belong, same, different, friends, friendship, qualities, caring, sharing, kind, greeting, touch, feel, texture, like, dislike, help, helpful, community, feelings, confidence, praise, skills, self-belief, incredible, proud, celebrate, relationships, special, appreciate.	Unit: Relationships (Y2)  family, different, similarities, special, relationship, important, cooperate, touch, physical contact, communication, hugs, like, dislike, acceptable, not acceptable, friends, conflict, point of view, positive problem solving, secret, surprise, good secret, worry secret, telling, adult, trust, happy, sad, frightened, trust, trustworthy,



# Higher Walton CE Primary School – Vocabulary Progression



						squeeze, like, dislike, acceptable, unacceptable, comfortable, uncomfortable, looking forward, excited, nervous, anxious, happy.						honesty, reliability, compliments, celebrate, appreciate.
	Cycle A	Cycle B	Cycle A	Cycle B	Cycle A	Cycle B	Cycle A	Cycle B	Cycle A	Cycle B	Cycle A	Cycle B
<b>LKS2</b>	Unit: Being me in my world (Y3)  welcome, valued, achievements, proud, pleased, personal goal, praise, acknowledge, affirm, emotions, feelings, nightmare, fears, worries, solutions, support, rights, responsibilities, learning charter, dream, behaviour, rewards, consequences, actions, fairness, choices, cooperate, group, dynamics, team work, view point, ideal school,	Unit: Being me in my world (Y4)  included, excluded, welcome, valued, team, charter, role, job, description, school, community, responsibility, rights, democracy, democratic, reward, consequence, decisions, voting, authority, learning charter, contribution, observer, UN Convention on Rights of Child (UNCRC).	Unit: Celebrating Differences (Y3)  family, loving, caring, safe, connected, difference, special, conflict, solve it together, solutions, resolve, witness, bystander, bullying, gay, unkind, feelings, tell, consequences, hurtful, compliment, unique.	Unit: Celebrating Differences (Y4)  character, assumption, judgment, surprised, different, appearance, accept, influence, opinion, attitude, bullying, friend, secret, deliberate, on purpose, bystander, witness, bully, problem solve, cyber bullying, text message, website, troll, special, unique, physical features, impression, changed.	Unit: Changing me (Y3)  changes, birth, animals, babies, mother, growing up, baby, grow, uterus, womb, nutrients, survive, love, affection, care, puberty, control, male, female, testicles, sperm, penis, ovaries, egg, ovum/ ova, womb/ uterus, vagina, stereotypes, task, roles, challenge, looking forward, excited, nervous, anxious, happy.	Unit: Changing me (Y4)  personal, unique, characteristics, parents, sperm, egg/ ovum, penis, testicles, vagina/ vulva, womb/ uterus, ovaries, making love, having sex, sexual intercourse, fertilise, conception, puberty, menstruation, periods, circle, seasons, change, control, emotions, acceptance, looking forward, excited, nervous, anxious, happy.	Unit: Dreams and Goals (Y3)  perseverance, challenges, success, obstacles, dreams, goals, ambitions, future, aspirations, garden, decorate, team work, enterprise, design, cooperation, product, strengths, motivated, enthusiastic, excited, efficient, responsible, frustration, 'solve it together', technique, solutions, review, learning, celebrate, evaluate.	Unit: Dreams and Goals (Y4)  dream, hope, goal, determination, perseverance, resilience, positive attitude, disappointment, fears, positive experiences, plans, cope, help, self-belief, motivation, commitment, enterprise, design, cooperation, success, celebrate, evaluate.	Unit: Healthy Me (Y3)  oxygen, energy, calories/ kilojoules, heartbeat, lungs, heart, fitness, labels, sugar, fat, saturated fat, healthy, drugs, attitude, safe, anxious, scared, strategy, advice, harmful, risk, feelings, complex, appreciate, body, choice.	Unit: Healthy Me (Y4)  friendship, emotions, healthy, relationships, friendship groups, value, roles, leader, follower, assertive, disagree, smoking, pressure, peers, guilt, advice, alcohol, liver, disease, anxiety, fear, believe, opinion, right, wrong.	Unit: Relationships (Y3)  men, women, unisex, male, female, stereotype, career, job, role, responsibilities, respect, differences, similarities, conflict, win-win, solution, solve-it-together, problem solve, internet, social media, online, risky, gaming, safe, unsafe, private messaging (pm), direct messaging, (dm), global, communication, fair trade, inequality, food journey, exploitation,	Unit: Relationships (Y4)  relationship, close, jealousy, problem-solve, emotions, positive, negative, loss, shock, disbelief, numb, denial, anger, guilt, sadness, pain, despair, hope, souvenir, memento, memorial, acceptance, relief, remember, negotiate, compromise, trust, loyal, empathy, betrayal, amicable, appreciation, love.



# Higher Walton CE Primary School – Vocabulary Progression



	belong.											rights, needs, wants, justice, United Nations, equality, deprivation, hardship, appreciation, gratitude, celebrate.
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	Cycle A	Cycle B	Cycle A	Cycle B	Cycle A	Cycle B	Cycle A	Cycle B	Cycle A	Cycle B	Cycle A	Cycle B	
<b>UKS2</b>	Unit: Being me in my world (Y5)  goals, worries, fears, value, welcome, choice, Ghana, West Africa, cocoa plantation, cocoa pods, machete, rights, community, education, wants, needs, Maslow, empathy, comparison, opportunities, choices, behaviour, responsibilities, rewards, consequences, empathise, learning charter, obstacles, co-operations, collaboration, legal, illegal, lawful, laws, participation, motivation, democracy, decision,	Unit: Being me in my world (Y6)  challenge, goal, attitude, actions, rights and responsibilities, United Nations Convention on the Rights of the Child, citizen, choices, consequences, views, opinions, collaboration, collective decision, democracy.	Unit: Celebrating Differences (Y5)  culture, conflict, difference, similarity, belong, culture wheel, racism, colour, race, discrimination, ribbon, rumour, name-calling, racist, homophobic, cyber bullying, texting, problem solving, indirect, direct, happiness, developing world, celebration, artefacts, display, presentation.	Unit: Celebrating Differences (Y6)  normal, ability, disability, visual impairment, empathy, perception, medication, vision, blind, male, female, diversity, transgender, gender diversity, courage, fairness, rights, responsibilities, power, struggle, imbalance, harassment, bullying, behaviour, direct, indirect, argument, recipient, Para-Olympian, achievement, accolade,	Unit: Changing me (Y5)  body-image, self-image, characteristics, looks, personality, perception, self-esteem, affirmation, comparison, uterus, womb, fallopian tube, cervix, develops, puberty, breasts, vagina, vulva, hips, penis, testicles, Adam's apple, scrotum, genitals, hair, broader, wider sperm, semen, erection, ejaculation, urethra, wet dream, growth spurt, larynx, facial hair, pubic hair,	Unit: Changing me (Y6)  body-image, self-image, characteristics, looks, personality, perception, self-esteem, affirmation, comparison, negative body-talk, mental health, uterus, womb, oestrogen, fallopian tube, cervix, develops, puberty, breasts, vagina, vulva, hips, penis, testicles, Adam's apple, scrotum, genitals, hair, broader, wider sperm, semen, erection, ejaculation, urethra, wet dream,	Unit: c Changing me (Y6)  body-image, self-image, characteristics, looks, personality, perception, self-esteem, affirmation, comparison, negative body-talk, mental health, uterus, womb, oestrogen, fallopian tube, cervix, develops, puberty, breasts, vagina, vulva, hips, penis, testicles, Adam's apple, scrotum, genitals, hair, broader, wider sperm, semen, erection, ejaculation, urethra, wet dream,	Unit: Dreams and Goals (Y5)  dream, hope, goal, feeling, achievement, money, grown up, adult, lifestyle, job, career, profession, salary, contribution, society, determination, perseverance, motivation, aspiration, culture, country, sponsorship, communication, support, rallying, team work, cooperation, difference.	Unit: Dreams and Goals (Y6)  dream, hope, goal, learning, strengths, stretch, achievement, personal, realistic, unrealistic, feeling, success, criteria, learning steps, money, global issue, suffering, concern, hardship, sponsorship, empathy, motivation, admire, respect, praise, compliment, contribution, recognition.	Unit: Healthy Me (Y5)  choices, healthy behaviour, unhealthy behaviour, informed decision, pressure, media, influence, emergency, procedure, recovery position, calm, level-headed, body image, media, social media, celebrity, altered, self-respect, comparison, eating problem, eating disorder, respect, debate, opinion, fact, motivation.	Unit: Healthy Me (Y6)  responsibility, choice, immunisation, prevention, drugs, effect, motivation, prescribed, unrestricted, over-the-counters, restricted, illegal, volatile, substances, 'legal highs', exploited, vulnerable, criminal, gangs, pressure, strategies, reputation, anti-social behaviour, crime, mental health, emotional health, mental illness, symptoms, stress, triggers, strategies, managing	Unit: Relationships (Y5)  personal attitudes, qualities, characteristics, self-esteem, unique, comparison, negative self-talk, social media, online, community, risky, positive, negative, safe, unsafe, rights, responsibilities, social network, gaming, violence, grooming, troll, gambling, betting, trustworthy, appropriate, screen time, physical health, mental health, off-line, social, peer pressure, influences, personal	Unit: Relationships (Y6)  mental health, ashamed, stigma, stress, anxiety, support, worried, signs, warning, self-harm, emotions, feelings, sadness, loss, grief, denial, despair, guilt, shock, hopelessness, anger, acceptance, bereavement, coping strategies, power, control, authority, bullying, script, assertive, risks, pressure, influences, self-control, real/ fake, true/ untrue,



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	proud.			perseverance, sport, admiration, stamina, celebration, conflict.	hormones, testosterone, circumcised, foreskin, epididymis, ovaries, egg, period, fertilised, unfertilised, conception, having sex, sexual intercourse, making love, embryo, umbilical cord, IVF, foetus, contraception, pregnancy, menstruation, sanitary products, tampon, pad, towel, line, hygiene, age appropriateness, legal, laws, responsible, teenager, responsibilities, rights.	growth spurt, larynx, facial hair, pubic hair, hormones, testosterone, circumcised, uncircumcised, foreskin, epididymis, ovaries, egg, period, fertilised, unfertilised, conception, having sex, sexual intercourse, making love, embryo, umbilical cord, IVF, foetus, contraception, pregnancy, midwife, labour, menstruation, sanitary products, tampon, pad, towel, line, hygiene, age appropriateness, legal, laws, responsible, teenager, responsibilities, rights, opportunities, freedoms, attraction, relationship, love, sexting, transition, secondary, looking forward, journey, worries, anxiety, excitement.				stress, pressure.	information, passwords, privacy, settings, profile, SMARTR rules.	assertiveness, judgement, communication, technology, power, cyberbullying, abuse, safety.
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