

PSHE Subject Leader Report



Subject leader: Miss Morrissey

Intention

At Highfield Community Primary School, we aim to teach children how to stay healthy, safe and become prepared for modern life in Britain. From making responsible decisions about their own actions to developing resilience when faced with a challenge, our PSHE curriculum is used to help children to become independent individuals. We understand our responsibility in preparing children for their next stage of education and for the opportunities, responsibilities and experiences of later life, laying the foundations so that they can take their place successfully as healthy, happy and reflective members of society.

At Highfield, we aim to develop key character skills, including decision making, informed risk taking, good communication, and self-regulation strategies. We encourage the exploration of, and respect for, values held by different cultures and groups within our local community, and promote the development of positive attitudes. We encourage honesty and respect in all relationships, and nurture sensitivity to the needs and feelings of others.

Implementation

PSHE is taught by class teachers in years 1-6. Some PSHE topics are taught within other subjects, especially Computing, RE and Science, for example the teaching of e-safety within Computing lessons. At Highfield Community Primary School, our PSHE curriculum is based on the frameworks of the National Curriculum and the PSHE Association. We teach lessons in years 1-6 using a range of resources such as Kapow, My Happy Mind, and Picture News. Kapow Primary's RSE/PSHE scheme of work covers the Relationships and Health Education statutory guidance (as set out by the Department for Education), including the non-statutory sex education. During the year, we invite in speakers and professionals to carry out workshops with the children. E.g. Dogs Trust, Carbon Monoxide (CO Crew), Debt Aware, The Yogi Group, Change Talks (Y2 and Y5) NSPCC and The RNLI. Teachers ensure that their lessons are ambitious and meet the needs of the children.

PSHE education will be provided to all children within our school. Children with SEND will be supported to access health, relationships and sex education through high-quality, teacher-led quality first teaching, following the guidance of the SEND code of practice. Teaching will be differentiated and personalised to suit their individual context.

Our PSHE curriculum is progressive and sequential and is taught with the following themes:

Key stage 1 and 2:

- Families and relationships
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing

Across the child's time at Highfield, they will have a PSHE learning journey with all the skills and tools to enable them to be happy, healthy and safe individuals.

EYFS

As one of the prime areas, 'Personal, Social and Emotional development' underpins much of the EYFS curriculum at Highfield. PSHE begins, with the support of staff, by developing fundamental social skills and the tools to understand and form positive relationships. We support children to become independent with personal care and daily tasks. Beginning in early years, we provide a safe space for questions and curiosity, and a channel for open discussion within circle times. This provides our children with the foundation to positively access a variety of topics and discussions in PSHE throughout the key stages, as well as support them to navigate personal and social events in their lives. We use Kapow to structure our sessions and ensure the curriculum we deliver is relevant. These sessions are delivered through circle times, story times, role play and small group sessions. The children enjoy games to build their esteem and confidence, which then provides them with the platform to access the rest of their curriculum. Our continuous

provision has areas targeted to the children's individual interests, for example our dinosaur area, mini-me's and our homemade dolls house. The children have opportunities in our hairdresser area to build relationships with their peers, explore their own interests and develop social skills. Our EYFS team is always vigilant to pick up on key interests within every unique cohort and implement these throughout the provision. We also use My Happy Mind sessions to begin teaching children the foundations of mindfulness, regulation and a centred-self. This approach is interwoven throughout much of the curriculum (for example at the end of a PE session) to embed the strategies and normalise the discussions surrounding our emotions and regulation.

SEN Provision

At Highfield we are committed to providing a safe, stimulating learning environment that meets the needs of all pupils, including those with special educational needs. There is a shared expectation that all pupils, regardless of their specific needs, should be offered inclusive teaching which will enable them to make the best possible progress in school and feel like a valued member of the wider school community.

Provision is tailored to more specific needs in Cedar and the Orchard but follows our knowledge-rich, child-led approach.

Relationships and Sex Education

At Highfield, we teach sex education in year 6 (summer term). We follow the Kapow scheme and take into consideration any religious or cultural needs of our children and the wider community. Before teaching these lessons, parents are invited into school to read through the resources and ask questions. Parents have the right to withdraw their child from sex education, but not from health or relationships education. In the situation where children are withdrawn from sex education, the school will find alternative internal provision for that child. Parents wishing to withdraw their child from all or part of sex education should contact the headteacher at the first instance.

