

Highfield Academy Menu

Items in Blue are available as Gluten Free

Hi-lighted items are also Dairy Free

Week commencing: 9th January, 30th January 2023

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>OPTION 1</u>	Meaty Mac & Cheese	Beef Chilli	Stew & Dumplings	Chicken Meatballs	Pork Sausage served with chips
<u>OPTION 2</u>	Macaroni Cheese	Vegetable Chilli	Vegetable Stew	Quorn Balls	Veggie Nuggets served with chips
<u>OPTION 3</u>	Ham Sandwich	Jam Sandwich	Egg Sandwich	Tuna Sandwich	Cheese Sandwich
<u>OPTION 4</u>	Jacket Potato with beans	Jacket Potato with cheese	Jacket Potato with beans	Jacket Potato with cheese	Fishcake served with chips
<u>SIDES</u>	Chefs choice of fresh vegetables	Chefs choice of fresh vegetables	Chefs choice of fresh vegetables	Chefs choice of fresh vegetables	Chefs choice of fresh vegetables
<u>DESSERT</u>	Bagged and Sealed Tray Bake or Muffin	Bagged and Sealed Tray Bake or Muffin	Bagged and Sealed Tray Bake or Muffin	Bagged and Sealed Tray Bake or Muffin	Bagged and Sealed Tray Bake or Muffin

Week commencing: 16th January, 6th February 2023

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>OPTION 1</u>	Beef Curry	Meaty Mac & Cheese	Roast Chicken with Yorkshire Pudding <small>(Yorkshire Pudding NOT avail dairy free)</small>	Toad in the Hole <small>(Yorkshire Pudding NOT avail dairy free)</small>	Pork Sausage served with chips
<u>OPTION 2</u>	Vegetable Curry	Macaroni Cheese	Vegan Roast	Vegan Fillet	Vegan Sausage
<u>OPTION 3</u>	Jam Sandwich	Ham Sandwich	Egg Sandwich	Cheese Sandwich	Egg Sandwich
<u>OPTION 4</u>	Jacket Potato with cheese	Jacket Potato with beans	Jacket Potato with cheese	Jacket Potato with beans	Fish Fillet served with chips
<u>SIDES</u>	Chefs choice of fresh vegetables	Chefs choice of fresh vegetables	Chefs choice of fresh vegetables	Chefs choice of fresh vegetables	Chefs choice of fresh vegetables
<u>DESSERT</u>	Bagged and Sealed Tray Bake or Muffin	Bagged and Sealed Tray Bake or Muffin	Bagged and Sealed Tray Bake or Muffin	Bagged and Sealed Tray Bake or Muffin	Bagged and Sealed Tray Bake or Muffin

Week commencing: 2nd January, 23rd January 2023

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>OPTION 1</u>	Hot Pot	Roast Pork	Chicken Curry	Meaty Mac & Cheese	Pork Sausage served with chips
<u>OPTION 2</u>	Vegetable Hot Pot	Vegan Roll Roast	Vegan Curry	Macaroni Cheese	Veggie Spicy Bean Roll
<u>OPTION 3</u>	Tuna Sandwich	Cheese Sandwich	Jam Sandwich	Ham Sandwich	Ham Sandwich
<u>OPTION 4</u>	Jacket Potato with cheese	Jacket Potato with beans	Jacket Potato with cheese	Jacket Potato with beans	Fish Fingers served with chips
<u>SIDES</u>	Chefs choice of fresh vegetables	Chefs choice of fresh vegetables	Chefs choice of fresh vegetables	Chefs choice of fresh vegetables	Chefs choice of fresh vegetables
<u>DESSERT</u>	Bagged and Sealed Tray Bake or Muffin	Bagged and Sealed Tray Bake or Muffin	Bagged and Sealed Tray Bake or Muffin	Bagged and Sealed Tray Bake or Muffin	Bagged and Sealed Tray Bake or Muffin

Sandwich option will consist of a sandwich (2 slices of bread), Veg sticks (tomato, cucumber, carrot or pepper), Fruit (fresh or dried) & dessert.

ALL DISHES MAY VARY AND SUBJECT TO CHANGE

