

## **HLA News**

Friday 19<sup>th</sup> November 2021

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Dear Families,

I cannot believe we are nearly half way into this half term – Christmas is coming up fast!

We are still continuing to endure the effects of the Covid pandemic with regards to supply and demand of equipment. Our kitchen is still experiencing difficulties which we have to manage on a daily basis. Out of an order of 400 items last week only 200 were available. Please bear with us if there are menu changes, this is out of our control and we are working hard to maintain a consistent service.

Today we saw some of our students watching Molly Dancing which is linked to the S Classes topic 'Keep it Local'. They are learning all about the local area along with customs and traditions. The students were amazed by what they saw and learnt lots about the history of the dancing. Be prepared for some practising at home as students are going to be learning some of the dances to perform. We can't wait to see the finished result.

As part of the relaunch of our Happiness project at Highfield Littleport our students in S3 are developing their enterprise, social interaction, food technology and money skills in a way to spread some happiness. The students have devised the concept and name of the project themselves and have developed their English skills too by composing a letter classes would have seen on Class Dojo. They will be launching an amazing snack shop to develop their business and money skills every Friday for students in S2, S3 and S4. Students in these classes can bring in between 50 and £1 to buy some snack time treats. This is a truly cross curricular project as the students have been involved with all aspects. This has ranged from composing the communication to their audience as well as designing logo's and managing finances - of course there are some food technology skills thrown in there too.

Some of our students supported Anti Bullying week this week by wearing odd socks to school. There were lots of imaginative combinations. Students also thought carefully about how they feel when being bullied and thought about good ways to behave. They were also very considerate and kind and thought about how they could get help and support each other

In our classes downstairs there has been lots of active learning this week. Students have enjoyed participating in Drum Fit lessons at a variety of different levels. Our music coordinator Claire has been sharing her expertise in different classes. Take a look at the following link so that you can see the great work that has been going on: <u>https://www.youtube.com/watch?v=OO1NVRTXsEE</u>

Also a reminder to share all of the great artwork that you do at home with the students. We had some lovely art shared from Sidney in Wrens class which looked fantastic. We would love to see some more. Please email any photos through to <u>HLA-Art@highfieldlittleport.org</u>

Our School Council are working on a whole school collaborative calendar for 2022. It features artwork contributions from all members of the school. This will be available to purchase for £5 each and all proceeds will go towards the school. These will be ready by early December (ideal Christmas presents!) so keep an eye open on Class Dojo for more information and some samples.

I hope you have a great weekend and stay safe everyone.

With all best wishes,

Yvonne Skillern

Head of School



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## Important Information



- Following the new arrangements for vehicles during drop off and pick up times, can • parents please be reminded to use the dedicated spaces for parents to park. In addition please can all drivers be considerate of each other and cooperate patiently when entering and leaving the site and not overtake vehicles already queuing, thank you.
- As we are in a designated government Enhanced Response Area, please remember the need for regular hand washing and social distancing at school. Also secondary aged students who are able to are required to wear masks in corridors and communal areas at school.
- Can I remind everyone that we are nut free school. If students bring products in ٠ containing nuts it will be necessary to confiscate them for the health and safety of all our learners. We also have some learners with other allergies so would request your understanding if we communicate some items are not bought in. This is to ensure the safety of all concerned.
- Secondary aged students please don't forget to test twice weekly and report results to • covid@highfieldlittleport.org as well as the government website. This is increasingly important now that we are in an Enhanced Response Area within Cambridgeshire.



It is advisable that the phone stays out of the bedroom to avoid night time interruptions, and having a period of time before bed without phone or tablet use is beneficial too.

The blue light emitted from LCD screens has been shown to disrupt sleep by interfering with our natural body rhythms, blocking our bodies from creating a sleep hormone called melatonin.

## **Mental Health Support**

Kooth is an online service where you can access support for mental health difficulties and low mood. There are lots of helpful articles, a daily journal and a safe space to chat about lots of topics. There is also a direct chat facility where you can talk about anything that is on your mind. Links are via message or live chat.

Take a look at the website via the link below:

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https://www.kooth.com



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