

# Highfield Littleport Academy

Preparing for Adulthood Strategy

# Preparing for Adulthood - the next step

- ▶ Adulthood is a time of significant change for young people especially when they have disabilities. There are many decisions and choices for young people, their families and carers to make about the future related to daily life.
- ▶ We begin formalised planning involving our students from Year 9 and upwards however our development begins right from when your child begins their time at Highfield Littleport Academy.
- ▶ There are four key areas which draw together all of the work towards preparing for adulthood in our learners:
  - ▶ Independent Living
  - ▶ Community
  - ▶ Employment
  - ▶ Health



# Preparing for Adulthood - our aims



- ▶ We aim through our curriculum we are able to prepare students for this transition whatever age or ability.
- ▶ The SEND Code of Practice says: ‘The purpose of an EHC plan is to make special educational provision to meet the special educational needs of the child or young person, to secure the best possible outcomes for them across education, health and social care and, as they get older, prepare them for adulthood’.
- ▶ This is part of our aims and ethos of our school in preparing our students for their next step into education, life or work. We want our students to be the best they can be taking into account their additional needs.

# What Preparing for Adulthood Looks Like

- ▶ **Independent Living** - Travel training, making own food, handling and managing money, understanding and managing time, shopping, safety.
- ▶ **Community** - Friendships and relationships, volunteering, community resources & projects.
- ▶ **Employment** - Exploring career options, work experience, vocational options, transition to new settings (college visits), apprenticeships, supported internships and traineeships, CV Writing, Interview techniques.
- ▶ **Health** - milestone health checks, puberty, relationships and sex education, managing own health and wellbeing, staying fit and healthy.
  
- ▶ All of these elements are applied and essential for adults in everyday life. We have used the Preparing for Adulthood Outcomes for Pupils with SEND to inform our practice.
- ▶ Between the Early Years and to the end of Key Stage 3 experiences and encounters are embedded within our curriculum provision. As learners reach Key Stage 4 many of the areas are taught discretely within AQA Units to develop life skills in a variety of different areas such as enterprise and home management. Our Work Experience Coordinator will also coordinate discrete teaching alongside travel training all linked to the Gatsby Benchmarks.

# How our Learning Values help with Preparation for Adulthood

- ▶ **Independent Living** - we try to embed independence in everything we do, remembering our independent monkey. This helps our learners to be prepared for independence into adulthood.
- ▶ **Community** - We develop friendships and relationships through promoting team work in our learners. Our lion reminds us how to work together to be part of the community.
- ▶ **Employment** - Exploring career options, work experience and CV writing, Interview techniques. We think carefully to do this and our eagle reminds us to do this. We also develop resilience remembering our elephant learning value.
- ▶ **Health** - All of our learning values help us to develop relationships and sex education, managing own health and wellbeing, staying fit and healthy.
- ▶ We try to be creative through the process to make our learning and life engaging and fun.



# Preparing for Adulthood within the Blue Pathway

- ▶ **Independent Living** - Feeding and drinking, toileting, real world experiences, making choices, assisted care and life skills, developing communication skills, feeding and drinking, toileting and personal care, real world experience, making choices
- ▶ **Community** - Social interaction opportunities, interaction and connection with others and the environment.
- ▶ **Employment** - development of following instructions, adapting to new environments, transitioning from place to place, reaction and anticipation of events, experiencing the world
- ▶ **Health** - Development checks, statutory health checks, experiences of body change and development, physical opportunities.



# Preparing for Adulthood within the Green Pathway

- ▶ **Independent Living** - Feeding and drinking, toileting, real world experiences, cooking, understanding money, moving around independently, transport and road safety, independent living skills, managing time and money.
- ▶ **Community** - Social interaction opportunities, team playing, developing friendship groups, staying safe, managing change.
- ▶ **Employment** - development of English and Maths skills, real world encounters (fire stations, farms etc), exploring careers, meeting role models, personal interests, practical work experience opportunities.
- ▶ **Health** - Development checks, statutory health checks, experiences of body change and development, puberty & sex education, diet and exercise, mental health and wellbeing.



# Preparing for Adulthood within the Yellow Pathway

- ▶ **Independent Living** - Residential trips, cooking, managing money, travel training, independent living skills, managing finances and time, decision making.
- ▶ **Community** - Accessing social situations, staying safe online, knowing the local area, managing change, walking short distances alone, managing free time, belonging to different groups, volunteering, who to ask for help
- ▶ **Employment** - continuing to develop English and Maths skills, career discussions and encounters, career choices and advice, planning for employment, transition to new settings, micro enterprise, CV writing, volunteering, longer term work experience placements
- ▶ **Health** - Development checks, statutory health checks, experiences of body change and development, puberty & sex education, diet and exercise, mental health and wellbeing, drug and alcohol education, knowing when to seek health support, understanding different relationships
- ▶ Between the Early Years and to the end of Key Stage 3 experiences and encounters are embedded within our curriculum provision. As learners reach Key Stage 4 many of the areas are taught discretely within AQA Units to develop life skills in a variety of different areas such as enterprise and home management.





# Preparing for Adulthood Progress

- ▶ We have a holistic and individualised approach to helping prepare our students for their next steps in work, education and life.
- ▶ We focus on students EHCP outcomes as they work on specific areas related to each individual. The pathway curriculum frameworks also identify tailored next steps for each individual in developing them and preparing for adulthood with elements across all frameworks.
- ▶ Using Evidence for Learning where an observation of learning has been made working towards preparing for adulthood a tag is added. Progress is measured in each of the respective curriculum areas with summative judgements made.

