

Moving On

Options for School Leavers with Additional Needs

Information for Parents and carers

Produced by the 14-25 Additional Needs Team

Last Updated June 2022

The 14-25 Additional Needs Team

As the 14-25 Additional Needs Team we can offer you detailed advice and guidance in relation to education, training and employment as appropriate to your son or daughter. We can also give you a certain amount of information about the other issues discussed in this booklet, but may need to refer you to other agencies to ensure you and your son or daughter receive the information and support required.

If you would like to speak to someone, but don't know who to talk to please contact us.
The 14-25 Additional Needs Team are:

Debbie Meadows – Countywide Team Leader & Additional Needs Pathway Adviser

Email: debbie.meadows@cambridgeshire.gov.uk Tel: 07780228036

Sian Johnson – Additional Needs Pathway Adviser – City

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Sian covers: Granta School, Specialist Post 16 Provision at Impington Village College, Red Balloon Learner Centre, Red Balloon of the Air, Cambridge Regional College Cambridge Campus, College of West Anglia Milton, Bedford College, SENSE (Knapwell)

Angie Vickery – Additional Needs Pathway Adviser – South

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Angie covers: Castle School, Gretton School, Centre School including 6th Form, Cottenham Hearing Centre, Cabins at Comberton, Melbourn and Trumpington Village Colleges, Cambridge Regional College Huntingdon Campus

Sean Millar – Additional Needs Pathway Adviser – Hunts, St Ives, St Neots

Email: sean.millar@cambridgeshire.gov.uk Tel: 07810287093

Sean covers: Spring Common School, Samuel Pepys School, Riverside Meadows Academy St Neots, Cabin at Ernulf, Cambridge Regional College Cambridge Campus

Louise Brock – Additional Needs Pathway Adviser – East & Fenland

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Louise covers: Highfield School, Harbour School, Meadowgate School, Riverside Meadows Academy Wisbech, Cabin at Witchford, College of West Anglia Isle and Wisbech Campuses.

The Team also has two job coaches.

Please note that referrals to the job coaches must go through the relevant Additional Needs Pathway Adviser.

Genevieve Ray – Additional Needs Job Coach – North Cambs

TBC – Additional Needs Job Coach – South Cambs

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Mission Statement

We provide specialist information, advice and guidance around education, employment and training. This enables our children and young people, who have Special Educational Needs, to have access to preparation for adulthood opportunities which allows them to fulfil their individual potential and aspirations.

Introduction

This booklet provides basic information about the choices young people may have when they leave school. Educational options have been listed by level. Schools and Additional Needs Pathway Advisers will be able to tell you which levels to look at. Colleges will also complete assessments to confirm which level would be best for your young person.

It also shows information on some of the other key areas that will change for young people over the next few years. This includes education transport, care needs, money, benefits and preparing for adulthood.

This document does not include:

- Options above Level 1 (GCSE at D-G grades)
- Higher Education and related benefits

Please speak to your Additional Needs Pathway Adviser for further information.

The information in this booklet is correct at the time of printing. Please check for details, amendments and updates before making any final decisions.

Moving on – Choices and Options

A young person can leave school on the last Friday in June if they will be 16 by the end of August. However all young people should stay in education or training until they are 18. This can be in school, college, training or an apprenticeship. It can even include part-time learning where a young person also has a job.

Depending on their needs the following options may be available to your son or daughter when they leave school.

- Full-time education at college
- Training – either ‘work-based’ or ‘foundation learning’
- Employment – open, supported or voluntary
- Social Care Options

Many young people leaving school move onto full-time college programmes. This gives more time to build skills and qualifications to help with moving into work or independent living. Most special school leavers do not move straight from school into training or employment.

Many of our area special school leavers will move onto FE college to continue to build on their skills and abilities. Some will do courses aimed at work, some will do general courses and some will focus on life and independence skills.

If a mainstream FE setting, either within the SEN Department or a mainstream course, cannot meet the needs of your young person you will be supported by the Additional Needs Team to explore other/alternative options.

Important

Full-time college is typically 16 hours a week, which is roughly three days a week. Please talk to your Additional Needs Adviser and/or Social Worker on how a young person's week might look like once they have moved on to further education.

The Local Offer

All Local Authorities, Schools and Further Education Colleges must publish their local offer. The Local Offer sets out the education, health and social care provision for children and young people 0-25 with special educational needs and/or disabilities. The local offer will develop overtime and in consultation with parents, carers and young people. [For more information visit the Local Offer page on the Cambridgeshire County Council website](#)

Qualifications and Levels explained

Schools, colleges and training providers use slightly different terminology when describing levels of achievement and qualifications. A young person usually needs to complete a full level before moving to the next level.

School Levels	Equivalent Qualification Levels
A Levels	Level 3
4/5 GCSE's at grade 4-9	Level 2
4/5 GCSE's at grade 1-3	Level 1
National Curriculum Level 4-7	Foundation Learning
National Curriculum Level 3	Entry Level 3
National Curriculum Level 2	Entry Level 2
National Curriculum Level 1	Entry Level 1

How do I know which level my son/daughter is working at?

At your child's annual review of their Education, Health and Care Plan you will be told what level your child has achieved. This information will also be provided in their end of year school report.

The majority of students from special schools will be working between the P Scales / Milestones and National Curriculum Level 3 or Entry Level 3. The majority of courses offered by our Area Special Schools are within these levels.

Foundation Learning

This includes all qualifications and courses between Entry Level 1 and Level 1. Young people will usually get support to learn different things at different levels. This means they get longer to work on their weaker areas but can still make progress in areas they enjoy.

Level 1

These are for young people who have good maths and English skills. They are likely to be able to achieve a full Level 1 qualification, usually within one year. Leavers from special school can gain skills from taking a supported course first.

Pre-Entry and Entry level Courses

These courses are often suitable for young people with learning difficulties and disabilities. Entry Level 3 courses are a good introduction to some vocational areas and are a good place to begin. They are often completed by young people who have achieved some GCSEs at lower grades.

IMPORTANT INFORMATION

Full-time college is usually 16 hours a week, which is roughly three days a week. Please talk to your Additional Needs Pathway Adviser or Social Worker on how a young person's week might look once they move leave school.

Colleges and College courses

Cambridge Regional College - Cambridge and Huntingdon Campuses

Department of Supported Learning

All courses will be on offer at both campuses but the animals are at Huntingdon so Cambridge Animal Care will have a morning at Huntingdon Campus and a morning at a partner farm.

Vocational Level 1 Pathways

- Entry 3 Catering and Hospitality
- Entry 3 to Level 1 Animal Care
- Level 1 Horticulture and land based studies
- Entry 3 and Level 1 Introduction to Business and Retail.

Entry 3

Archway – 1 year pathway

Entry Level 1 to Entry Level 2

Aspire – 1 or 2 year pathway

Preparation for Independence - 1 or 2 year pathway

Pre-Entry to Entry Level 1

Learning for Life, 1, 2 or 3 year pathway

Gateway to Improving Choice

Aimed at young people aged 16-24 who have a variety of complex needs.

Uniquely built around the learner, their needs and their plans for the future.

Options

- Specifically for young people aged 16-24 with mental health issues who need a supportive and therapeutic pathway.
- Learners will undertake a Level 1 as well as Maths and English.
- Options Part Time phased introduction to college. This is for students who can access Options but have not built up the social confidence and resilience for full time learning.

Adult for All

For people aged 19+. Creative skills – music, art, drama, cooking, ICT, horticulture and retailing skills for employment. Funded by the Department of Work and Pensions with support needs via the Adult Education Budget.

Sessions run 9am – 3pm

Supportive Internship

This is a finishing pathway for learners from Archway or one of the vocational pathways.

Introduction to supportive internship is for young people leaving our Aspire or Preparation to Independence pathways.

Level 1 Courses

Cambridge Campus

- Art and Design
- Beauty Therapy
- Bricklaying
- Caring for Children
- Carpentry & Joinery
- Construction
- Cookery & Hospitality
- Creative Media Production
- Electrical Installations
- Engineering, Performing Operations
- Hair
- Hairdressing & Beauty Therapy
- Health & Social Care
- Hospitality Industry
- IT Users
- Painting & Decorating
- Plumbing & Heating
- Sport & Active Leisure
- Vehicle Maintenance & Repair

Huntingdon Campus

- Art and Design
- Beauty Therapy
- Caring for Children
- Construction
- Electrical Technology
- Engineering
- Hairdressing
- Motor Vehicle
- Site Carpentry

CRC are running a trial Introduction to Internships programme this year. This will be at Huntingdon Campus. For those students who may not work but want to learn about employability skills.

Contact details:

General enquiries – Alison Goold, agoold@camre.ac.uk

Huntingdon enquiries – Julie Shorter, jshorter@camre.ac.uk

Cambridge enquiries – Theodora Dermitzakis, tdermitzakis@camre.ac.uk

[For more information visit the college website](#)

College of West Anglia

A Bridge course can help you cross the gap between where you are now and where you want to be. They cover pre-entry and entry levels.

Bridge to:

- Independence:

- Education
- Employment
- Engagement

Hummingbird

Hummingbird is a flexible programme for those students who are at risk of becoming not in education, employment or training.

Fresh Start

For young people aged 16-18 (or 19-24 with an EHCP), who are not in education, employment or training. Provision is at the King's Lynn Campus and will run over 4 days per week from 10.00am – 3.00pm. Focus is on development of employability, personal and social skills.

Level 1 Courses

- Animal Care – Cambridge, Wisbech
- Brickwork – Kings Lynn, Wisbech
- Business and Tourism – Kings Lynn,
- Care and Childhood Studies – Kings Lynn, Wisbech
- Carpentry and Joinery – Kings Lynn, Wisbech
- Hairdressing – Kings Lynn, Wisbech
- Hospitality – Kings Lynn, Wisbech
- Motor Vehicle and Engineering – Kings Lynn, Wisbech
- Painting and Decorating – Wisbech
- Plumbing – Kings Lynn
- Professional Cookery – Kings Lynn
- Public Protective Services – Kings Lynn
- Sport and Leisure Instructor – Sports Campus

Entry Level Courses

Introduction to Animal Care – Cambridge, Wisbech

Level 1 Courses

Animal Care – Cambridge, Wisbech

[For more information visit the college website](#)

Bedford College (Cauldwell Street)

Foundation Skills programme

This course is designed for 16-18 year olds. Course content includes vocational English and maths.

[For more information visit the college website](#)

Bedford & Shuttleworth College

Level 2 Courses

Full time programmes offered at both campuses. Land based options available at our Shuttleworth campus. Level two programmes are one or two years in duration.

[For more information visit the college website](#)

City College Peterborough

Courses run at the Brook Street (BS) or John Mansfield (JMC) sites

Study Programme

- Achievement of a Recognised Qualification – if appropriate
- Functional Skills or GCSE Maths and English
- Relevant Work Experience
- We can offer Supported Internship for learner ready to step into work place.
- ICE 1:1 bespoke options available to fit individual needs

Level 1 Vocational Pathways

- Animal Care – Entry Level and Level 1
- Business Administration – Entry Level and Level 1 and 2
- Childcare – Level 1 and 2
- Hairdressing – Level 1 and 2
- Health and Social Care – Level 1, 2 and 3, T Levels
- Hospitality and Catering – Level 1 and 2
- ICT
- Motor Vehicle – Entry Level and Level 1 and 2
- Skills for Creative Industries – Level 1 and 2 portfolio
- Step up

Entry Level 1, 2 & 3 Courses

- Skills for Independence
- Step up
- Occupational Studies
- ESOL

Pre-Entry Courses

Skills for Independence

ESOL

Other courses

GAP

Supported Internships

Step Out

Designed for those that have come to their last year with the college and need support into either work or day services.

ICE

Built with those in mind who have been out of education for a while. Learners who have significant difficulties around education or have significant needs that need support to get back into mainstream provision.

Supported Internship

Designed to prepare you for a range of work opportunities. Our supportive teachers and job coaches will help you to develop your confidence, employability and work skills.

[For more information visit the college website](#)

Peterborough College

Level 1 Courses

- Accelerate and Accumulate
- Applied Science
- Animal care
- Art and Design
- Beauty Pathway – Introduction to Hair & Beauty
- Bricklaying
- Business
- Carpentry & Joinery, Plumbing
- Certificate in Food Preparation and Cooking
- Electrical Installations
- Engineering
- Entry to Uniformed Services
- Hairdressing
- Hairdressing and Barbering
- Health & Social Care. Children and Young People's Settings
- IT
- Introductory Certificate in Digital Media
- Light Vehicle Maintenance
- Performing Arts
- Plumbing
- Sport and Leisure
- Travel and Tourism

Pre-Entry & Entry Level Courses

- Accelerate and Accumulate – September
- Accelerate and Accumulate - October
- Independent Living Skills
- Personal and Social Development
- Employability

Entry Level 3 Courses

- Care including Children, Health and Social Care
- Hospitality & Catering
- Vehicle Technology

[For more information visit the college website](#)

Supported Internships

Contact: Ewan Morton / Toni Eagle

Ewan.morton@peterborough.ac.uk

Toni.eagle@peterborough.ac.uk

Tel: 01733 762191

[For more information visit the supported internship page on the college website](#)

Area Special Schools

Placements into Area Special School 6th Form need to be agreed via the County Resourcing Panel. You will need to request the placement in your son/daughter's year 11 annual review.

Castle School Post 16

Cambridge

Contact details: Tel: 01223 442400. Email: head@castle.cambs.sch.uk

Centre School 6th Form

Cottenham, Cambridge

Contact details: Tel: 01954 288789. Email: office@astreacentreschool.org

Granta School 6th Form

Linton, Cambridge

Contact details: Tel: 01223 896890. Email: office@granta.cambs.sch.uk

Highfield Ely Academy

Ely, Cambridgeshire

Contact details: Tel: 01353 662085. Email: office@highfield.cambs.sch.uk

LINC 19-25, Highfield Ely Academy

Placements need to be agreed by the County Resourcing Panel. You will need to request a placement in your son/daughter's annual review.

LINC 19-25 is an education provision suited to meet the needs of adults with PMLD or low functioning SLD. Offers specialist therapy services such as Occupational Therapy and Physiotherapy. Is able to meet the personal, daily and medical needs of our adults.

Each adult has a personalised curriculum which reflects individual EHCP outcomes. Progress is measured against each adult's EHCP. Adults can follow an accredited ASDAN course designed for adults with PMLD.

[For more information visit the Linc 19-25 website](#)

Martin Bacon Academy

Northstowe

Contact details: Tel: 01223 340800. Email: office@martinbacon.academy

Meadowgate Academy Post 16

Wisbech

Contact details: Tel: 01945 4691836. Email: office@meadowgate.cambs.sch.uk

Samuel Pepys Post 16

St Neots

Contact details: Tel: 01480 375012. Email: office@samuelpepys.cambs.sch.uk

Specialist Post 16 Provision (SPP) at Impington Village College

Placements need to be agreed by the County Resourcing Panel. You will need to request a placement in your son/daughter's year 11 annual review.

This is a 2 year full-time course for post 16 students who have an Education, Health and Care Plan. Suitable for young people working towards Entry Level qualifications. Independence and the acquisition of key life skills are also studied.

Students will study:

- Entry Level or Functional Skills English
- Entry Level Maths
- Core PE/Swimming
- ASDAN Personal Social Development Certificate in Life Skills
- BTEC Work Skills
- Community Access to include Work Experience.

There is a choice of BTEC course with students choosing 2 of the following.

- BTEC Sports and Active Leisure
- BTEC Home Cooking
- BTEC Art and Design
- BTEC Performing Arts.

Spring Common Academy School Post 16

Huntingdon

Contact Details: Tel: 01480 377403. Email: office@springcommon.cambs.sch.uk

Cambridgeshire Skills (Cambridgeshire County Council)

Entry Levels – Level 2 Options

Independence, Employability & Enterprise
English, maths & digital skills for life and work

Vocational Courses

Customer Service, Retail with Food Safety, Business Administration & Horticulture.
Digital Skills for taking part in your Community, Confidence and Wellbeing after Covid.

All our courses embed independence and basic skills.

Courses offered in various locations near you across Cambridgeshire.

Contact us for more information and to book your place.

Camsals@cambridgeshire.gov.uk

01353 613013

[For more information visit the Adult Learning Skills website](#)

Other Learning, Training and Volunteering Opportunities

Bespoke Educational package

If a young person's educational needs cannot be met by in county specialist provision, then we can look at creating a bespoke package which may include a blend of learning delivered by more than one alternative provider. This is subject to the individual's circumstances and will have to be approved by the Local Authority.

Specialist Independent College Provision

A request for funding, can be made if existing courses in Cambridgeshire cannot meet a young person's needs. There must be evidence to prove this.

Placements need to be agreed by the County Resourcing Panel.

Local Further Education provision will meet the needs of most young people. If it cannot, the Local Authority may consider a placement at an independent specialist provision. Please contact your Special Educational Needs Casework Officer for further information.

Other Learning Opportunities

Social firms & other inclusive organisations

Please note that funding for these opportunities may not always be through education. Please speak to your Additional Needs Pathway Adviser or Social Worker for information on eligibility and funding.

For young people attendance may be funded through education as part of a bespoke package. For adults, attendance is normally funded by social care or from a person's own benefits.

They provide:

- vocational training
- work-related opportunities
- activities

Accreditations are offered at entry levels 1-3 in vocational and life skills.

It is possible to work towards recognised qualifications. It may be possible to move on to a different learning or work opportunity. This may be either paid or voluntary as appropriate. Help is available to do this.

Branching Out, Littleport, Ely

Supports adults with learning disabilities. Activities include:

- Cooking
- upcycling furniture
- shop window displays
- making craft items to sell in our charity shops
- retail experience
- gardening

- general DIY skills
- various community based activities.

Contact details: Tel 01353 863221. Email: admin@branchingoutuk.com.
[For more information visit the Branching Out website](#)

Burwell Print

Burwell, Cambridge

We provide real work experience and training across all aspects of the organisation.

This includes:

- Use of print and print finishing machines and equipment.
- Reception duties
- Customer service and the publicity and promotion of Burwell Print.

The fees are currently £47.76 per day.

For more information or to arrange a visit please contact Jo Graham-Thompson on 01638-613102 or email Jo@burwellprint.co.uk

Cambridge Community Arts

Offers a range of courses in the community. Develop creative skills, gain confidence, improve social skills, have fun and make friends. Work is in small friendly groups on no more than 10 learners.

These are facilitated by experienced artists, musicians, actors etc.

Courses are held in various Community settings. Learners must be 19+. Courses are part-time.

Short Courses: 8 week courses in partnership with Cambridge Regional College.

Long Courses: 1 year courses in partnership with Cambridge Regional College. Leads to Level 2 Certificate in Skills for Working in the Creative & Design Industries.

Contact details: Tel 07763280029. Email info@camcommarts.org.uk.

[For more information visit the Cambridge Community Arts website](#) or [visit their Facebook page](#)

Camtrust

Impington, Cambridge

Specialising in life skills for adults with physical and/or learning difficulties.

The charity offers:

- core Skills in IT Maths and Literacy,
- independent Living Skills
- travel safety, internet safety
- budgeting, shopping,
- cooking, baking
- social skills and well-being
- lunch club,
- arts and crafts
- gardening
- outings
- group activities
- workplace skills and work experience in the community
- bike refurbishment and repairs
- community coffee mornings.

Specialist equipment is available and the premises are fully accessible and wheel-chair friendly.

Contact details: Tel 01223 236786. Email info@camtrust.co.uk.

[For more information visit the Camtrust website.](#)

Community Connections – South

Offers you flexible support that will help you build the skills and confidence you need to make that step into work.

[For more information visit the Papworth Trust page on the Community Connections South website](#)

Darwin Nurseries

Cambridge

For adults with learning difficulties. Offers opportunities to experience working in a supportive therapeutic environment. There are a wide range of activities on offer including:

- working in the Farm shop
- growing plants and vegetables
- looking after the animals
- making preserves
- harvesting and preparing crops for sale.

[For more information visit the Darwin Nurseries page on the CPFT website](#)

Eddie's

Supports children, young people, and adults with learning disabilities in many ways. Including St Johns Catering College, catering and hospitality course with related work experience. Arts activities. Gardening projects. Theatre arts workshops.

Contact details: Tel 01223 883130. Email info@eddies.org.uk

[For more information on what Eddie's offer visit their website](#)

FACET

March

Offers accredited courses in employability, retail, ILS, enterprise and catering. There is also a huge range of non-accredited courses on offer. Please contact the centre for a free taster session. Courses are free to those who meet the eligibility criteria. Details can be obtained by calling the centre.

Contact details: Tel 01354 655080

Harry Specters

Ely

Harry Specters makes luxury chocolates. It is a social enterprise that provides free work experience & training opportunities. There is a possibility of part/full time employment for young people on the autism spectrum. They offer a safe and supportive environment to develop key skills for employability.

Contact details: Tel 01353 967030. Email sales@harryschocs.co.uk

[For more information visit the social cause page on the Harry Specters website](#)

K9

Ely

Work is alongside ex shelter dogs. K9 provides educational and personal development programmes for all ages and abilities. Can offer ASDAN awards at variable levels - Animal Care, Leadership and Volunteering. We also offer Life Skills and Dogs programmes which are practice based. K9 also has a café held on Thursday from 10am-3pm at the Community Centre (opposite Ely Cathedral).

Contact details: Tel 07552 462040.

[For more information visit the K9 website](#)

Papworth trust - Opportunities without Limits Centres

Centres in Huntingdon, Cambridge and Sawston.

Offer a range of activities designed to support adults with a learning disability. Build on personal goals, develop social confidence and maintain health and well-being. Sessions held in our buildings as well as out in the local community.

Contact details: Tel 01480 357200. Email info@papworth.org.uk

[For more information visit the Papworth Trust website](#)

Papworth Trust – OWL bikes

Cambridge

OWL Bikes is a functional bicycle shop, offering repairs, sales and accessories to the public. We support adults with a learning disability who want to access work or volunteering opportunities. to develop their confidence in our shop environment, or workshop. Service users can work through modules to ensure they are confident and independent. They can the work with our employment team to look at what they can go on to do.

Contact details: Tel 01223 835329

People & Animals

Wisbech

For those unable to thrive full-time, in mainstream settings. The team work with 5-25 year olds, providing structured goal-orientated sessions. Delivered in an outdoor environment. Offer courses at Entry Level 3 to Level 1.

Contact details: Tel 07541402354.

[For more information visit the People and Animals website](#)

Phoenix Trust

Milton, Cambridge

Provides meaningful experience of work and the development of social and life skills. Products are made on site to sell to the public. Phoenix co-workers can work in three departments:

- Factory - producing concrete slabs and garden ornaments.
- Woodshed – making a variety of items.
- Kitchen - providing a daily two-course lunch for trainees, volunteers and staff.

Contact details: Tel 01223 420669. Email info@phoenixtrust.org

[For more information visit the Phoenix website](#)

Prospects Trust – Snakehall

Reach, Cambridge

Provides specialist group and 1:1 supported placements in farming and horticulture. As a social enterprise, there is always a meaningful job to be done. Has a busy wholesale and farm shop. The Prospects Trust Garden Team operates a landscaping and garden maintenance service. This enables Co-workers to take their horticultural & gardening skills out into the community

Contact details: Tel 01638 741551. Email enquiries@prospectstrust.org.uk

[For more information visit the Prospects Trust website](#)

Prospects Trust – Unwrapped

Ely

Prospects Trust Unwrapped is Ely's first zero waste Refill Shop and Greengrocery. Stocked by local producers including Snakehall Farm. Supported by a trainee work team of young people with additional needs. Unwrapped provides a tailored supportive work package. Accredited training in Retail and Food Safety. Aimed at young people looking to get catering and retail work opportunities. Contact details: Tel 01353 662010. Email enquiries@prospectstrust.org.uk
[For more information visit the unwrapped page on the website](#)

Red2Green

Swaffham Bulbeck

Programmes for over 16's with learning disabilities or on the autistic spectrum. To help them achieve their goals in training, education, work, friendship or fun. Minibus service available from some areas. Aspirations: life skills for anyone with Asperger Syndrome or high functioning autism. Options: independence, key skills, work experience and fun. Popular activities include bowling, music, sensory, keep fit, Thai Chi, IT. Also work experience in our community café and garden. Contact details: Tel 01223 811662. Email info@red2green.org
[For more information visit the Red 2 Green website](#)

ROWAN Arts (Personal Budget only)

Cambridge

Rowan is a Cambridge based arts centre and charity. People with learning disabilities work alongside artists. Choice of woodwork, ceramics, printmaking, textiles, mixed media and the performing arts. As well as their own creative projects, students work on private commissions, exhibit their artwork and can take part in music and drama. Rowan is a friendly place, open 9am-3pm, 50 weeks of the year. Weekly half-day and full-day student places are available. If you are interested in becoming a student, get in touch to book a FREE taster. Contact details: Tel 01223 566027. Email abi@rowanhumberstone.co.uk
[For more information visit the Rowan website](#)

Social Training Enterprise Group (STEnG)

STEnG is a Cambridgeshire partnership. Works alongside people who are disadvantaged within society. Particularly within the labour market. This may be because of:

- learning and physical disabilities,
- sensory impairment
- mental health difficulties / mental illness.

[For more information visit the Social Training Enterprise Group website](#)

Special Choices (Social care budget only)

Hertford

Sessions are held 5 days a week from 9.45am- 2.45pm. They run a varied range of sessions from cooking, drama, music and art and craft. Transforming lives course - prepare each individual for independent living.

Contact details: Tel 01480 451828 / 07702596172. Email specialchoicesltd@yahoo.co.uk

Supporting into Work Projects.

Based at Huntingdon Community Centre

TAG Bikes

Project providing training opportunities for people with disabilities to learn employability skills. Aimed at enabling them to go on to either work experience, or voluntary or paid employment.

Garden Project

We teach horticultural skills in a working garden environment to adults with disabilities. We grow a range of plants and vegetables that we sell to the local community from our shop.

Lazy Days

Needlework sessions to encourage and promote skills.

Contact details: Tel 01480 377699

The Green Skills

Huntingdon

Offer opportunities and programmes for young people to learn new skills. Also gain qualifications and enhance employment opportunities. . Work in Plant Centre, Woodwork, Garden/Grounds, Conservation and Creative Arts.

Contact details: Email andrea.finbow@groundwork.org.uk

The Helping Hands Group (education and or social care funded)

Peterborough and Wisbech

They specialise in supporting young people with learning and associated disabilities. Also including a variety of medical conditions. Provide bespoke programmes that focus on education and social elements. They have trained staff to support with communication, positive behaviour, care and health. Programmes are designed to promote independence skills and sessions. They offer a wide range of activities which include:

- cooking
- music
- dance
- mobility
- animal care
- gardening
- crafts.

Numeracy and Literacy are embedded in all programmes. They run both accredited and non-accredited programmes. They work in partnership with local colleges to provide Education Packages.

Contact details: Tel: 01733 561000. Email: info@thhg.org.uk

[For more information visit the Helping Hands website](#)

Turtle Doves

Cambridge

Supports young women between the ages of 15 and 23 who are not, or at risk of not bring, in education, employment or training. Turtle Dove offers work experience opportunities by hosting at special events.

Contact details: Tel 07902 851151. Email hello@turtledovecambridge.com

[For more information visit the Turtle Dove website](#)

Day opportunities, City College Peterborough.

Offer a range of supported employment services.

[For more information visit the supported employment page on the City College Day Opportunities website](#)

Training Programmes

These may be suitable for young people who are work ready but need a little extra support. They provide help to improve skills ready for employment. Young people may be able to progress into a job or apprenticeship.

NACRO

Peterborough & Wisbech

The programme helps young people 16-19 years, or up to 25 years (if young person has LLDD). They offer Mathematics and English - Entry Level to GCSE. Vocational courses include:

- Retail Knowledge (Level 1 & 2)
- Childcare (Level 1 & 2)
- Certificate in Gym Instructing
- Certificate in Sport and Physical Skills
- Training
- Employment and Personal Development (Level 1 & 2)

Contact details: Tel 01733 561596

[For more information visit the Nacro website](#)

Nova Training

Kings Lynn

“HEADSTART 16 – 18”. This programme is at level 1 but can include level 2 skills and qualifications.

Offer:

- Study programme which is maths, English, Employability Skills and work experience placements.
- Training to prepare you for college/traineeship, apprenticeship/job
- Skills on employability/CV/writing and Interview Skills/Confidence and work experience

Contact details: Tel 07969090211. Email ruth.taylor@novatraining.co.uk

[For more information visit the Nova Training website](#)

First Steps to Success – Papworth Trust

Supports individuals into work and volunteering positions. . This could be employment, work experience, skills development or volunteering. Our expert staff provide support to develop skills and gain a suitable position.

Contact details: Tel 0300 4562425 or 07753 724256

[For more information visit the First Steps to Success page on the Papworth website](#)

Switch Now, Changing Opportunities

May be funded through personal budget or EHCP/social care. Please speak to your ANPA or social worker for details on funding.

Offers an employment focused provision to enable young people to become work ready. This supports, trains and develops young adults with learning difficulties and disabilities. Young people may move into work. This may be paid, supported, voluntary or self-employment.

Contact details: Tel Mark Hawking on 07518795301 or Catherine Fairholme on 07518795370. Email contact@switchnow.org.uk

[For more information visit the Switch Now website](#)

BEATS

Cambridge

NEET Project. Offers short, manageable, bite-sized courses that will get you to where you want to be. Includes:

- English and Maths

- Industry-specific certificates in music, sport coaching, hospitality, construction, health & social care, landscaping & gardening.

Contact details: Tel: 020 3925 4845

[For more information visit the BEATS main website](#)

GAPS Programme, TCHC

Peterborough

A smaller provision and alternative to the larger mainstream colleges. Offers young people, aged 16-18, or up to 24 with a current ECHP, the opportunity to study towards NVQ's. Levels E3, L1 & L2 and L3 IT. Young people also do relevant work experience placements. Includes opportunities:

- Improve English and Maths GCSE or Functional Skills
- Gain qualifications in Customer Service, Employability and Personal, Social Development.
- Health and Safety and First Aid at Work Qualifications (subject to availability).

We also give advice and guidance on job and progression research.

Contact details: Tel 07803248266. Email info@tchc.net

Princes Trust

Get Started programmes

Short courses for 16- 30 year olds run by professional tutors in sport, music and creative arts. Designed to build motivation, confidence and communication skills.

Get Into programmes

Short vocational courses that develop skills in a specific sector for 18 to 30- year-olds. Designed for people who are work ready. Build experience and develop employability skills.

Employability Online

For ages 18-30. Our online course has the tools to help you get the job you want. From where to start your job search to how to feel confident in an interview. Work through our videos, worksheets and quizzes at your own pace.

Contact details: Tel 0800 842 842

[For more information visit the Princes Trust website](#)

THERA East Anglia

Can be funded through personal budget or EHCP/social care. Please speak to your ANPA or social worker for details on funding.

My way can help with:

- Vocational Profiles
- Writing a CV
- Travel training
- Support to access educational and training opportunities
- Support to attend interviews
- Support and coaching at work

Exploring career pathways. Your job coach will develop a plan to help you achieve your employment and training goals.

[For more information visit the THERA website](#)

Leonard Cheshire

Can Do Programme -

Opportunities for 16-35 year olds. Participants get the chance to try something new. They also develop life and employability skills, volunteer or even help run events.

Contact details: Email info@leonardcheshire.org

[For more information visit the Leonard Cheshire website](#)

Boxing Futures

Contact details: Tel 07957998235 / 02030313469. Email: info@boxing-futures.org.uk

[For more information on programmes available visit the Boxing Futures website](#)

Confidence for Change - Illuminate

Work with people who are not in employment and 18 years or over. Focuses on building self-confidence and strengthening self-belief. Enabling people to make changes in their lives as they define them. Takes place over 4 days, one day a week, in a group setting.

During the year we work in the following locations: Cambridge, Ely, March, Wisbech, St Neots, Newmarket.

Contact details: sam@illuminatecharity.org.uk

[For more information visit the Illuminate website](#)

Romsey Mill - Aspire Programme

Supports young people in mainstream education up to 18 years old. Covers Cambridge City, South or Bottisham Village college catchment areas. Run a weekly youth club for those with a diagnosis of high-functioning ASC's.

Contact details: Tel 01223 521270. Email ruth.watt@romseymill.org

[For more information visit the Aspire page on the Romsey Mill website](#)

The Inclusion Project

Provides opportunities for people with learning difficulties or disabilities and autism. Offer a range of activities through the week for people aged 18 years and older

Locations: Community based across Cambridge, St Ives, Huntingdon.

Contact details: Tel 07532789987. Email jamesgraham@inclusionproject.co.uk

[For more information visit the Inclusion Project website](#)

National Citizen Service Programme

NCS is a once in a lifetime experience for all 15–17 year olds (after Year 11) and up to 25 for those young people with SEND. NCS builds skills, independence, confidence and helps to get ahead in life and the world of work.

Contact details: Tel Kim Jeffries – 07920029496 or Natalie Taylor – 07825905841. Email

kim.jeffries@cambridgeshire.gov.uk or Natalie.taylor@cambridgeshire.gov.uk

Groundwork

Groundwork run projects across Cambridgeshire for young people aged 19 and over. These help young people to learn new skills, develop confidence and improve well-being. Projects are in gardening or landscaping schemes that also benefit the local community. Projects run all year round, for further information or to find out more, please visit:

[For more information visit the Groundworks website](#)

Apprenticeships

An apprenticeship is a job with training whilst gaining a nationally recognised qualification. This will include on the job and off the job training. These will lead to industry recognised standards or qualifications.

Benefits of doing an apprenticeship:

- Earning a salary
- Training in the skills employers want
- Paid holiday

Apprenticeship Levels:

- Intermediate 2 -requires 5 GCSE passes at grades 4-9
- Advanced 3 – requires 2 A level passes
- Higher 4,5,6 and 7 - requires Foundation degree and above
- Degree 6 and 7 requires Bachelor's or master's degree

[For more information visit the website](#)

Traineeships

You can expect three things from a traineeship:

- high quality work placements
- flexible training
- study in English and maths (if appropriate)

A traineeship can last up to a year. Support will be provided towards moving on to an apprenticeship or getting a job.

[For more information visit the Traineeship page on the Government website](#)

Kickstart

Is a new Government initiative. It will create new 6 month job placements for 16-25 year olds.

[For more information visit the Kickstart page on the Government website](#)

Supported Internships

Supported internships can help young people with an additional need to get a job. They are a learning programme but the study is done at work.

[For more information visit the Supported Internship page on the Preparing for Adulthood website](#)

Access to Work Fund

Access to Work grant may be available. An assessment will need to be carried out. It may cover the cost of the extra support a young person may need for moving into work. Can also apply to a supported internships or traineeships and apprenticeships. The grant can be used to fund:

- Job coaches (where they support interns directly in their work placements. Other support provided by a job coach, e.g. life skills activity.
- Specialist equipment for days that a young person is at the employer's premises.
- The extra fares to work if the person is unable to use public transport.

There is no set amount for an Access to Work grant. How much an individual receives depends upon their circumstances. Completed applications should be sent to the dedicated Access to

Work team at: Atwosu.london@dwp.gsi.gov.uk

Volunteering

Volunteering can be great fun and can help develop skills and experience. It also looks great on a CV.

[For more information visit the Cambridge Volunteer Service website](#)

Time Banking

Time banking is a way of spending one hour of time helping someone out. This could be mowing someone's lawn, or doing their shopping. For every hour spent, you earn an hour in return. This can

be spent on receiving an hour of someone else's time, or things like theatre or cinema tickets. You could learn something new or share a skill you have like cooking or playing a musical instrument. [For more information visit the Time Banking page on the Cambridgeshire County Council website](#)

Paid Employment / Job Centre Plus

Job Centres have specialists who can help with finding paid employment. These are Disability Employment Advisers (DEA) and Work Coaches. [For contact details visit the Job Centre Plus page on the Government website](#)

Cambridge Job Centre

Henry Giles House 73-79 Chesterton Road, Cambridge, CB4 3BQ
Tel: 0800 169 0190
(For Cambridge and Ely please visit the Cambridge Centre

Huntingdon Job Centre

Pathfinder House, St Mary's Street. Huntingdon, PE29 3TN
(Covers: Hunts, St Ives, St Neots area)
Tel: 0800 169 0190

Wisbech Job Centre

Albion House, Albion Place, Wisbech, PE13 1An
(Covers: PE13, PE14, PE 15)
Tel: 0800 169 0190

Kings Lynn Job Centre

Lovell House, St Nicholas Street.
Kings Lynn, PE30 1LR
Tel: 0800 169 0190

Finance

16-19 Bursary

The 16-19 Bursary Fund helps 16- to 19-year-olds continue in education. [For more information visit the 16-19 Bursary page on the Cambridgeshire County Council website](#)

Benefits

There is a lot of information available about benefits on the following websites.

- [For information on benefits visit the benefits page on the Government website](#)
- [For information on the Family Fund service visit the Family Fund website](#)
- [For information on free school meals visit the Schools section on the Cambridgeshire County Council website](#)
- [For information on advice and information for disabled people visit the Disability Cambridgeshire website](#)

- [For information on financial advocacy visit the Dosh website](#)

Transport Post-16

Post 16 students will be expected to walk or use public transport to their school or college. If they are unable to access public service transport or walk to school/college they are able to apply for post 16 SEN transport. There could be a cost incurred for transport. The student must be on a full time course either in school or College of Further Education. This must be the nearest appropriate centre to their home address offering a relevant course for that student. If the criteria have been met they may be eligible for subsidised transport up to the age of 25. This decision will be made by the Statutory Assessment Team. Applications for SEN transport can be made online or a paper copy can be requested. Applications cannot be made until the new form is released for the next academic year. This is normally in May/June.

[For more information visit the Post 16 SEN Transport Page on the Cambridgeshire County Council website](#)

Lift Training – Personalised travel training programme for young people enabling independent access to public transport services delivered by National Star in partnership with Cambridgeshire County Council.

Contact details: Tel: 07540074586. Email: lift-cambridgeshire@nationalstar.org

Social Care Options for Young People – Preparing for Adulthood

Young people may be eligible for support based on assessment of need.

- [For more information visit the local offer page on the Cambridgeshire County Council website](#)
- [For more information visit the disability social care page on the Cambridgeshire County Council website](#)

Useful Information and Contacts

Housing / Accommodation Options

To find out what housing options you may have in the future please discuss this with your social worker.

Contact details:

Adult Services Contact Centre: Tel 0345 045 5202

Children Services Contact Centre: Tel 0345 045 5203

If you need detailed information and advice about other subjects please use the agencies listed below.

Blue Badge Parking and Applications.

Contact details: Tel 0345 045 5204

[For more information visit the Blue Badge page in the Cambridgeshire County Council website](#)

Preparation for Adulthood

[For more information visit the Preparing for Adulthood website](#)

SEND Information, Advice and Support Service

[For more information visit the SENDIASS page on the Cambridgeshire County Council website](#)

Pinpoint Cambridgeshire

[For more information visit the Pinpoint website](#)

Special Needs Community Information Point (SCIP)

[For more information visit the SCIP page on the Cambridgeshire County Council website](#)

Disability Sport in the Cambridgeshire Area

[For more information visit the Living Sport website](#)

Citizens Advice Bureau

[For more information visit the Citizens Advice website](#)

Young Carers Group

Gives young carers some fun and a break from their caring responsibilities.

Contact details: Email care@carerstrustcambridgeshire.org

[For more information visit the Young Carers page on the Caring Together website](#)

Centre 33 (working across Cambridgeshire & Peterborough)

Housing & accommodation: for young people aged 13-25.

Contact details: Tel 0333 414 1809. Email help@centre33.org.uk

Caring responsibilities: for young people 5-18.

Contact details: Tel 0333 414 1809. Email youngcarers@centre33.org.uk

Money, work, training: the New Horizons project for young people aged 15+ and NEET or at risk of NEET.

Contact details: Text 07931 837696. Email sam@centre33.org.uk

Voice Ability

Support people to speak up and have their rights and choices respected. They provide free and independent advocacy and user involvement services

Contact details: Tel 01223 555800

[For more information visit the Voice Ability website](#)

Speak Out Council

Acts as a voice for anyone aged 14+ who has a learning disability and/or is on the autistic spectrum. For anyone who lives or uses services in Cambridgeshire. Gives people a say on any aspect of their life. Talks to professionals and organisations who can influence decisions and make a difference.

Contact details: Tel 0786 700 2124. Email Julie.rutherford@voiceability.org

Mind of my Own

Helps you say what you want when you want. Telling people what you want and need can be difficult. MOMO apps help you organise your thoughts and make it easier to tell your worker what you think. Your worker will get a better insight into what's going on, from your point of view.

[For more information visit the Mind of My Own website](#)

Pidley Mountain Rescue

The charity provides specialised equipment.

[For more information visit the Pidley Mountain Rescue website](#)

Disability Rights UK

Information booklets about support and funding for education.

[For more information visit the Disability Rights UK website](#)

National Autistic Society – Cambridge Branch

Run by volunteers to provide support to people of all ages with autism and their families

[For more information visit the NAS website](#)

Welfare Rights Service

Provides advice on welfare rights.

[For more information visit the Welfare Rights website](#)

Switch Social

An inclusive social group on Tuesday nights. For 16-30 year olds with Additional Needs. Runs from 7-9pm at Bargroves, Cromwell Road, St Neots.

Contact details: Tel Mark 07518 795301 or Catherine 07518 795370

Diverse

Provides support for having healthy and appropriate relationships.

Contact details: Tel 07985447846 or 01223 508805. Email elizabeth@diverse.org.uk

Fledglings

Provides practical help to families with disabled children. They will search for products and services to meet the individual needs. Supply items through their mail order service. They offer a personalised helpline, e-news and product search. Contact the team on:

Contact details: Tel 0845 4581124 or 01799 541807

[For more information visit the Fledglings website](#)

Safe and Well

Advice and information on daily living aids and equipment

Contact details: Tel 01480 415719

[For more information visit the Safe and Well website](#)

Headway Cambridgeshire

Provide a wide range of activities and social rehabilitation for people with brain injury. Some free, some for a small fee and some using your personal budget. We also support families and carers.

Contact details: Tel 01223 576550

[For more information visit the Headway website](#)

Mental Health

Keep your Head Mental Health Service

Brings together good reliable up to date information on mental health and well-being. For children and young people, parents/carers and professionals.

[For more information visit the Keep your Head website](#)

Young Minds

Offer free, confidential online and telephone support including information and advice. If you are a concerned parent please call their dedicated helpline. Open Monday to Friday between 9:30am-4pm.

Helpline Advisers are on 0808 802 5544 (free for mobiles and landlines).

www.youngminds.org.uk/for_parents/parent_helpline

Kooth

Free, safe and anonymous online support for young people.

[For more information visit the Kooth website](#)

Chums

Mental health and emotional well-being service for children and young people. Provides therapeutic support in a variety of ways.

[For more information visit the Chums website](#)

CPFT (Cambridgeshire and Peterborough NHS Foundation Trust)

Provides mental health services, community services, learning disability services and social care services. Work across Cambridgeshire and Peterborough along with children's community services in Peterborough. People can now self-refer to the service.

Contact details: Tel 0300 300 0055. 9am – 5pm Monday – Friday excluding Bank Holidays.

[For more information on the services they offer visit the cpft website](#)

Cambridgeshire Expressive Arts and Counselling Centre

Counselling and expressive arts therapies for children, young people and adults

[For more information visit the Cambridgeshire Expressive Arts and Counselling Centre website](#)

Helplines

Lifeline

Contact Details: Tel 0808 808 2121. 7pm-11pm. 365 days a year.

Papyrus Hopeline

Advice for young people at risk of suicide.

Contact details: Tel 08000684141. Monday-Friday 10am-5pm. Weekends 2pm-5pm and 7pm-10pm.

[For more information visit the Papyrus website](#)

Childline

Contact details: Tel 0800 1111

NSPCC

Contact details: Tel 0808 800 5000

Mind Info Line

Offers a well-being service for people who have/have not been diagnosed with mental health.

To make a referral contact: Tel 01223 311 328. Email wellbeing@mindincams.org.uk

[For more information visit the Mind Info Line website](#)

Minded

[For more information visit the Minded website](#)

Richmond fellowship

Provides employment support for people recovering from mental health problems.

Contact details: Tel 01223 301032.

[For more information visit the Richmond Fellowship website](#)

Romsey Mill

Youth Development Team. Boosting confidence and achievement. We are a team of youth workers who love young people. We support them to overcome challenge, live fulfilling lives and inspire change in the world around them. Who we support: We work with young people aged 10-21 years who need extra support to overcome challenges in their lives.

Contact details: Tel 01223 566392. Email richard.beckett@romseymill.org