**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

## Highfield Milk Free Autumn Menu 2021





	TOTAL TOTAL DESIGNATION		A CONTRACTOR OF THE PARTY OF TH	Menu 2021		reeding -
		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 30/08/21 06/09/21 27/09/21 18/10/21 15/11/21 06/12/21	Option 1		Beef Burger in a Bun with Potato Wedges	Roast Chicken, Stuffing, Roast Potatoes and Gravy	Beef Bolognaise with Pasta and Garlic Bread	Fish Fingers with Chips
	Option 2	Vegetable Wraps with Rice	Vegetarian Burger in a Bun with Potato Wedges	Vegetable Wellington, Roast Potato and Gravy	Vegetable Pasta with Garlic Bread	
	Option 3	Picnic Box Ham	Jacket Potato with Beans	Picnic Box Ham	Jacket Potato with Tuna and Sweetcorn	Picnic Box Ham
	Vegetables	Sweetcorn Carrots	Peas Mixed Salad	Cabbage Carrots	Broccoli Sweetcorn	Baked Beans Peas
	Dessert	Toffee Apple Crumble	Mandarin Jelly	Fresh Fruit Salad	Lemon and Berry Cake	Oaty Cookie
Week 2 13/09/21 04/10/21 01/11/21 22/11/21 13/12/21	Option 1		Beef Pasta Bake with Garlic Bread	Roast Turkey, Roast Potato and Gravy	Chicken in a Tomato Sauce with Rice	Battered Fish with Chips
	Option 2	Tomato Pasta Bake	Vegetable Curry with Rice		Tomato and Vegetable Pasta Bake	
	Option 3	Jacket Potato with Tuna Mayonnaise	Picnic Box Ham	Jacket Potato with Beans	Picnic Box Ham	Jacket Potato with Beans
	Vegetables	Peas and Sweetcorn	Carrots Broccoli	Seasonal Mixed Vegetables	Green Beans Cauliflower	Baked Beans Peas
	Dessert	Pear and Strawberry Crumble	Chocolate Shortbread	Apple Flapjack	Peach Upside Down Cake	Fruit
Week 3 20/09/21 11/10/21 08/11/21 29/11/21	Option 1	Vegetable Pasta Bake	Pork Sausage Roll with Potato Wedges	Roast Chicken, Roast Potatoes and Gravy	Chicken and Gravy Pie with Mashed Potato	Fish Fingers with Chips
	Option 2	Vegetarian Meatballs in a Tomato Sauce with Rice	Vegan Sausage Roll with Potato Wedges	Mixed Vegetable Loaf ,Roast Potatoes and Gravy	Spaghetti with Tomato Sauce	BBQ Quorn with Chips
	Option 3	Picnic Box Ham	Jacket Potato with Beans	Jacket Potato with Tuna and Sweetcorn	Picnic Box Ham	Jacket Potato with Beans
	Vegetables	Green Beans Carrots	Baked Beans Sweetcorn	Seasonal Mixed Vegetables	Broccoli Sweetcorn	Baked Beans Peas
	Dessert	Vanilla Shortbread	Chocolate Sponge	Orange and Lemon Shortbread	Iced Sponge	Peaches