**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

## Highfield NGCI Autumn Menu 2021





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|--|---------------------|---|--|---|--|----------------------------------|
|  |                     | Monday  | Tuesday                                    | Wednesday   | Thursday                                 | Friday                           |
| Week 1 30/08/21 06/09/21 27/09/21 18/10/21 15/11/21 06/12/21       | Option 1            | Macaroni Cheese                                     | Homemade Beef Burger<br>with Potato Wedges | Roast Chicken, Roast<br>Potatoes and Gravy        | Beef Bolognaise with<br>NGCI Pasta       | NGCI Fish Fingers with<br>Chips  |
|  | Option 2            | Vegetable Wraps with Rice                           |  | Roast Potato and Gravy                            | Vegetable Sauce with NGCI Pasta          |                                  |
|  | Option 3            | NGCI Picnic Box Ham or<br>Cheese                    | Jacket Potato with<br>Cheese and or Beans  | NGCI Picnic Box Ham or<br>Cheese                  | Jacket Potato with Tuna<br>and Sweetcorn | NGCI Picnic Box Ham or<br>Cheese |
|  | Vegetables          | Sweetcorn<br>Carrots                                | Peas<br>Mixed Salad                        | Cabbage<br>Carrots                                | Broccoli<br>Sweetcorn                    | Baked Beans<br>Peas              |
|  | Dessert             | Toffee Apple with Custard                           | Mandarin Jelly                             | Fresh Fruit Salad                                 | NGCI Lemon and Berry<br>Cake             | NGCI Cookie                      |
| Week 2<br>13/09/21<br>04/10/21<br>01/11/21<br>22/11/21<br>13/12/21 | Option 1            |   | NGCI Beef Pasta Bake                       | Roast Turkey, Roast Potato<br>and Gravy           | Chicken in a Tomato<br>Sauce with Rice   | NGCI Fish Fingers with<br>Chips  |
|  | Option 2            | Tomato and Cheese NGCI<br>Pasta                     | Vegetable Curry(NO<br>CUMIN) with Rice     | Quorn Filet, Roast Potato and<br>Gravy            | NGCI Tomato and<br>Vegetable Pasta Bake  |                                  |
|  | Option 3            | Jacket Potato with Tuna<br>Mayonnaise               | NGCI Picnic Box Ham or<br>Cheese           | Jacket Potato with Cheese<br>and or Beans         | NGCI Picnic Box Ham or<br>Cheese         | Jacket Potato with<br>Cheese     |
|  | Vegetables          | Peas and Sweetcorn                                  | Carrots<br>Broccoli                        | Seasonal Mixed Vegetables                         | Green Beans<br>Cauliflower               | Baked Beans<br>Peas              |
|  | Dessert             | Pear and Strawberry with<br>Custard                 | NGCI Chocolate<br>Shortbread               | NGCI Biscuit                                      | NGCI Peach Cake                          | Fruit and Ice Cream              |
| Week 3 20/09/21 11/10/21 08/11/21 29/11/21                         | Option 1            | NGCI Vegetable Pasta<br>Bake                        | NGCI Sausage with Potato<br>Wedges         | Roast Chicken, Roast<br>Potatoes and Gravy        | Chicken and Gravy with<br>Mashed Potato  | NGCI Fish Fingers with<br>Chips  |
|  | Option 2            | Vegetarian Meatballs in a<br>Tomato Sauce with Rice |  | Mixed Vegetable Loaf ,Roast<br>Potatoes and Gravy | NGCI Cheese and<br>Tomato Pasta          | Quorn with Chips                 |
|  | Option 3            | NGCI Picnic Box Ham or<br>Cheese                    | Jacket Potato with<br>Cheese and or Beans  | Jacket Potato with Tuna and<br>Sweetcorn          | NGCI Picnic Box Ham or<br>Cheese         | Jacket Potato with<br>Cheese     |
|  | Vegetables          | Green Beans<br>Carrots                              | Baked Beans<br>Sweetcorn                   | Seasonal Mixed Vegetables                         | Broccoli<br>Sweetcorn                    | Baked Beans<br>Peas              |
|  | Dessert             | Rice Pudding with Berry<br>Sauce                    | NGCI Chocolate Sponge with Chocolate Sauce | NGCI Shortbread                                   | NGCI Iced Sponge                         | Peaches and Ice<br>Cream         |