Spring Summer 24 – Week One 9 Sept, 30 Sept, 21 Oct

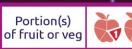




VV LLIN	CONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main I	Meal Option 1	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread	All Day Breakfast Pork Sausage served with Baked Omelette, Country Diced Potatoes & Baked Beans or Sweetcorn	Roast Chicken served with Skin on Roast Potatoes & Gravy	Creamy Korma Style Chicken & Lentil Curry served with Rice	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegeta Option	arian Main Meal n 2	Creamy Vegetable Penne Pasta Carbonara	All Day Veggie Sausage Breakfast Served with Country Diced Potatoes & Baked Beans or Sweetcorn	Roasted Vegetable & Lentil Loaf with Ketchup Glaze	Cauliflower Cheese & Pasta Bake	Cheese Quiche Served with Chips & Tomato Ketchup
Bague	ettes or Jacket Potato	Jacket Potato Cheese or Baked Bean	Filled Baguette Ham	Jacket Potato Cheese or Baked Bean	Filled Baguette Cheese	Jacket Potato Cheese or Baked Bean

Verstehle Celestion	Selection of Daily Vegetables	Selection of Daily Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables	Selection of Daily Vegetables
Vegetable Selection	& Mixed Fresh Salad	& Mixed Fresh Salad		& Mixed Fresh Salad	& Mixed Fresh Salad
Dessert	Marble Sponge & Custard	Chocolate Shortbread Biscuits (Ve) & Fruit Slices	Iced Banana Traybake	Oat & Raisin Cookie (Ve) & Fresh Watermelon Slice	Chocolate Ice Cream

vailable Daily: Mixed Salad Fresh Fruit & Yoghurt









Our desserts meet Public Health England's target for 'free sugar' intake for your child.

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Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Spring Summer 24 – Week Two 16 Sept, 7 Oct

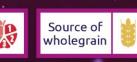


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	WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	fain Meal Option 1	Macaroni Cheese	Wholemeal Cheese & Tomato Pizza served with Garlic Bread	Roast Chicken served with Skin on Roast Potatoes & Gravy	Beef Bolognese & Penne Pasta	Friday Fish Fingers served with Chips & Tomato Ketchup
	Vegetarian Main Meal Option 2	Quorn Burger in a Bun Served with Skin On Home baked Wedges	Vegetarian Chilli Wedge Bake	Vegemince Cottage Pie (Ve)	Veggie Mince Bolognese & Penne Pasta (Ve)	Cheese & Onion Puff Pastry Roll Served with Chips & Tomato Ketchup
	ïlled Baguettes	Jacket Potato Cheese or Baked Bean	Filled Baguette Ham	Jacket Potato Cheese or Baked Bean	Filled Baguette Cheese	Jacket Potato Cheese or Baked Bean
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	Vegetable Selection	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
	Dessert	Ginger & Mandarin Traybake	Strawberry Jelly (Ve)	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger With a fresh slice of Watermelon (Ve)	Homemade Shortbread Biscuits (Ve)

Available Daily: Mixed Salad Fresh Fruit & Yoghurt









Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Spring Summer 24 – Week Three 2 Sept, 23 Sept, 14 Oct



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WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread	Farm Assured Pork Sausage Roll with Homemade Skin on Baked Potato Wedges	Roast Chicken served with Skin on Roast Potatoes & Gravy	BBQ Chicken & Vegetables served with Noodles	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal Option 2	Mildly Spiced Vegetable Chilli & Rice (Ve)	Macaroni Cheese	Savoury Vegetable Mince & Gravy served with a Yorkshire Pudding & Skin on Roast Potatoes	Cheese and Tomato Melt Served with Skin on Baked Potato Wedges	Cheesy Beans Pitta Pocket & Chips
Filled Sandwiches/ Baguettes	Jacket Potato Cheese or Baked Bean	Filled Baguette Ham	Jacket Potato Cheese or Baked Bean	Filled Baguette Cheese	Jacket Potato Cheese or Baked Bean
Vegetable Selection	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Baked Apple Sponge served with Custard	Tutti Frutti Jelly and Mandarins (Ve)	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon & Blueberry Yoghurt Cake	Homemade Flapjack (Ve)

Available Daily: Mixed Salad Fresh Fruit & Yoghurt









50% fruit

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.