

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

## Highfield Milk Free Autumn Menu 2021

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 03/01/2022 24/01/2022	<b>Option 1</b>		Beef Burger in a Bun with Potato Wedges	Roast Chicken, Stuffing, Roast Potatoes and Gravy	Beef Bolognese with Pasta and Garlic Bread	Fish Fingers with Chips
	<b>Option 2</b>	Vegetable Wraps with Rice	Vegetarian Burger in a Bun with Potato Wedges	Vegetable Wellington, Roast Potato and Gravy	Vegetable Pasta with Garlic Bread	
	<b>Option 3</b>	Picnic Box Ham	Jacket Potato with Beans	Picnic Box Ham	Jacket Potato with Tuna and Sweetcorn	Picnic Box Ham
	<b>Vegetables</b>	Sweetcorn Carrots	Peas Mixed Salad	Cabbage Carrots	Broccoli Sweetcorn	Baked Beans Peas
	<b>Dessert</b>	Toffee Apple Crumble	Mandarin Jelly	Fresh Fruit Salad	Lemon and Berry Cake	Oaty Cookie
<b>Week 2</b> 10/01/2022 31/01/2022	<b>Option 1</b>		Beef Pasta Bake with Garlic Bread	Roast Turkey, Roast Potato and Gravy	Chicken in a Tomato Sauce with Rice	Battered Fish with Chips
	<b>Option 2</b>	Tomato Pasta Bake	Vegetable Curry with Rice		Tomato and Vegetable Pasta Bake	
	<b>Option 3</b>	Jacket Potato with Tuna Mayonnaise	Picnic Box Ham	Jacket Potato with Beans	Picnic Box Ham	Jacket Potato with Beans
	<b>Vegetables</b>	Peas and Sweetcorn	Carrots Broccoli	Seasonal Mixed Vegetables	Green Beans Cauliflower	Baked Beans Peas
	<b>Dessert</b>	Pear and Strawberry Crumble	Chocolate Shortbread	Apple Flapjack	Peach Upside Down Cake	Fruit
<b>Week 3</b> 17/01/2022 07/02/2022	<b>Option 1</b>	Vegetable Pasta Bake	Pork Sausage Roll with Potato Wedges	Roast Chicken, Roast Potatoes and Gravy	Chicken and Gravy Pie with Mashed Potato	Fish Fingers with Chips
	<b>Option 2</b>	Vegetarian Meatballs in a Tomato Sauce with Rice	Vegan Sausage Roll with Potato Wedges	Mixed Vegetable Loaf, Roast Potatoes and Gravy	Spaghetti with Tomato Sauce	BBQ Quorn with Chips
	<b>Option 3</b>	Picnic Box Ham	Jacket Potato with Beans	Jacket Potato with Tuna and Sweetcorn	Picnic Box Ham	Jacket Potato with Beans
	<b>Vegetables</b>	Green Beans Carrots	Baked Beans Sweetcorn	Seasonal Mixed Vegetables	Broccoli Sweetcorn	Baked Beans Peas
	<b>Dessert</b>	Vanilla Shortbread	Chocolate Sponge	Orange and Lemon Shortbread	Iced Sponge	Peaches