

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

**EM Highfield
NGCI Autumn Menu
2021**

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 03/01/2022 24/01/2022	Option 1	Macaroni Cheese	Homemade Beef Burger with Potato Wedges	Roast Chicken, Roast Potatoes and Gravy	Beef Bolognese with NGCI Pasta	NGCI Fish Fingers with Chips
	Option 2	Vegetable Wraps with Rice		Roast Potato and Gravy	Vegetable Sauce with NGCI Pasta	
	Option 3	NGCI Picnic Box Ham or Cheese	Jacket Potato with Cheese and or Beans	NGCI Picnic Box Ham or Cheese	Jacket Potato with Tuna and Sweetcorn	NGCI Picnic Box Ham or Cheese
	Vegetables	Sweetcorn Carrots	Peas Mixed Salad	Cabbage Carrots	Broccoli Sweetcorn	Baked Beans Peas
	Dessert	Toffee Apple with Custard	Mandarin Jelly	Fresh Fruit Salad	NGCI Lemon and Berry Cake	NGCI Cookie
Week 2 10/01/2022 31/01/2022	Option 1		NGCI Beef Pasta Bake	Roast Turkey, Roast Potato and Gravy	Chicken in a Tomato Sauce with Rice	NGCI Fish Fingers with Chips
	Option 2	Tomato and Cheese NGCI Pasta	Vegetable Curry(NO CUMIN) with Rice	Quorn Filet, Roast Potato and Gravy	NGCI Tomato and Vegetable Pasta Bake	
	Option 3	Jacket Potato with Tuna Mayonnaise	NGCI Picnic Box Ham or Cheese	Jacket Potato with Cheese and or Beans	NGCI Picnic Box Ham or Cheese	Jacket Potato with Cheese
	Vegetables	Peas and Sweetcorn	Carrots Broccoli	Seasonal Mixed Vegetables	Green Beans Cauliflower	Baked Beans Peas
	Dessert	Pear and Strawberry with Custard	NGCI Chocolate Shortbread	NGCI Biscuit	NGCI Peach Cake	Fruit
Week 3 17/01/2022 07/02/2022	Option 1	NGCI Vegetable Pasta Bake	NGCI Sausage with Potato Wedges	Roast Chicken, Roast Potatoes and Gravy	Chicken and Gravy with Mashed Potato	NGCI Fish Fingers with Chips
	Option 2	Vegetarian Meatballs in a Tomato Sauce with Rice		Mixed Vegetable Loaf ,Roast Potatoes and Gravy	NGCI Cheese and Tomato Pasta	Quorn with Chips
	Option 3	NGCI Picnic Box Ham or Cheese	Jacket Potato with Cheese and or Beans	Jacket Potato with Tuna and Sweetcorn	NGCI Picnic Box Ham or Cheese	Jacket Potato with Cheese
	Vegetables	Green Beans Carrots	Baked Beans Sweetcorn	Seasonal Mixed Vegetables	Broccoli Sweetcorn	Baked Beans Peas
	Dessert	Rice Pudding with Berry Sauce	NGCI Chocolate Sponge with Chocolate Sauce	NGCI Shortbread	NGCI Iced Sponge	Peaches and Ice Cream