Date:

Name:

Body parts quiz - multiple choice

1) What are the chemicals in our bodies that drive changes as we grow up called?

a) enzymes
b) hormones
c) proteins
d) lipids

2) Which part of a boy's body becomes bigger during puberty?

a) feet
b) ears
c) penis and testicles
d) hands

3) What is the term for the change from being a child to becoming an adult?

a) adolescence
b) puberty
c) maturity
d) growth spurt

4) During puberty, a boy's voice 'breaks' and becomes deeper because of the growth of what part of the body?

a) tongue
b) larynx or voice box
c) vocal chords
d) lungs

5) What is the name of the external area of a girl's body where most of her organs are hidden?

a) uterus
b) ovaries
c) vulva
d) cervix

6) During puberty, girls start to experience what regular bodily function?

a) sweating
b) periods
c) mood swings
d) all of the above

7) What part of the body carries a man's testicles?

a) penis
b) scrotum
c) larynx
d) urethra

8) What is one physical change that both boys and girls experience during puberty?

a) growing taller
b) voice deepening
c) developing breasts
d) starting periods

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