Allergen Daily Matrix

cmc

Date : _____ Day: Tuesday Service: LUNCH Week No: 1 2 3

Dish/Menu Item	Gluten *	Celery	Eggs	Milk	Mustard	Sesame	Molluscs	Fish	Crustacean	Lupin	Sulphites	Nuts *	Peanuts	Soya
Chicken Nuggets		M		M	M									✓
Cereal or Nut	WHEAT													
Quorn Sausage														
Cereal or Nut	WHEAT FLOUR													
Jacket Potato														
Cereal or Nut														
Potatoe Waffles														
Cereal or Nut														
Crackers														
Cereal or Nut	WHEAT FLOUR													
L Coco Cheese				✓										
Cereal or Nut														
Cookies	M		✓	✓								M		✓
Cereal or Nut	WHEAT													

KEY:

Tick = Contains the allergen

M = May contain the allergen

Blank = Does not contain the allergen

* You must name the cereal/nut

wheat (such as spelt and Khorasan wheat), rye, barley, oats and their hybridised strains

almond, hazelnut, walnut, cashew, pecan nut, Brazil nut, pistachio nut and Macadamia nut (Queensland nut).

Signature: _____