cmc

Allergen Daily Matrix

Date :_____ Day: Mon Service: Lunch Week No: 1 (2) 3

Dish/Menu Item	Gluten *	Celery	Eggs	Milk	Mustard	Sesame	Molluscs	Fish	Crustacean	Lupin	Sulphites	Nuts *	Peanuts	Soya
PIZZA				✓										
Cereal or Nut	WHEAT FLOUR													
VEGAN ROLL.	✓													✓
Cereal or Nut														
JACKET POTATO														
POTATO PUFFS														
	WHE..													
BAKED BEAN														
Cereal or Nut														
JACOB CRACKERS														
Cereal or Nut	WHEAT													
ICE CREAM				✓										
Cereal or Nut														

KEY:

Tick = Contains the allergen

M = May contain the allergen

Blank = Does not contain the allergen

* You must name the cereal/nut

wheat (such as spelt and Khorasan wheat), rye, barley, oats and their hybridised strains

almond, hazelnut, walnut, cashew, pecan nut, Brazil nut, pistachio nut and Macadamia nut (Queensland nut).

Signature:_____

Allergen Daily Matrix

cmc

Date :_____ Day: Tues Service: Lunch Week No: 1 (2) 3

Dish/Menu Item	Gluten *	Celery	Eggs	Milk	Mustard	Sesame	Molluscs	Fish	Crustacean	Lupin	Sulphites	Nuts *	Peanuts	Soya
QUORN BURGER BUN			✓	✓										
Cereal or Nut	WHEAT BARLEY WHEAT.													
CHEESE PASTA BAKE		✓	✓	✓										
Cereal or Nut														
JACKET POTATO.														
Cereal or Nut														
GARLIC BREAD				✓										
Cereal or Nut														
BAKED BEAN														
Cereal or Nut														
JACOBS CRACKER														
Cereal or Nut	WHEAT													
MUFFIN			✓	✓								M		
Cereal or Nut														

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Signature:_____

Allergen Daily Matrix

cmc

Date :_____ Day: WED. Service: LUNCH Week No: 1 (2) 3

Dish/Menu Item	Gluten *	Celery	Eggs	Milk	Mustard	Sesame	Molluscs	Fish	Crustacean	Lupin	Sulphites	Nuts *	Peanuts	Soya
TURKEY														
Cereal or Nut	GRAVY WHEAT.													
VEG SAMOSA														
Cereal or Nut	WHEAT													
JACKET POTATO														
Cereal or Nut														
ROAST POTATO														
Cereal or Nut														
JACOBS CRACKER														
Cereal or Nut	WHEAT													
L. COW CHEESE				✓										
Cereal or Nut														
DOUGHNUT			M	M		M								M
Cereal or Nut	WHEAT													

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Signature:_____

Allergen Daily Matrix

CMC

Date :_____ Day: THUR Service: LUNCH Week No: 1 (2) 3

Dish/Menu Item	Gluten *	Celery	Eggs	Milk	Mustard	Sesame	Molluscs	Fish	Crustacean	Lupin	Sulphites	Nuts *	Peanuts	Soya
TANDOORI CHICKEN				✓	✓									
Cereal or Nut														
CHICKEN TIKKA				✓	✓									
Cereal or Nut														
JACKET POTATO														
Cereal or Nut														
HERBY DICED POT														
Cereal or Nut														
WRAPS														
Cereal or Nut	WHEAT - WHEAT FLOUR													
CRACKERS														
Cereal or Nut	WHEAT.													
JELLY														
Cereal or Nut														

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Signature:_____

Allergen Daily Matrix

CMC

Date :_____ Day: Fri Service: Lunch Week No: 1 (2) 3

Dish/Menu Item	Gluten *	Celery	Eggs	Milk	Mustard	Sesame	Molluscs	Fish	Crustacean	Lupin	Sulphites	Nuts *	Peanuts	Soya
FISH FINGER								✓						
Cereal or Nut	WHEAT FLOUR													
Salmon fish CAKE								✓						
Cereal or Nut	WHEAT FLOUR													
JACKET POTATO														
Cereal or Nut														
CHIPS														
Cereal or Nut														
BAKED BEAN														
Cereal or Nut														
4. COW CHEESE JACOBS CRACKER				✓										
Cereal or Nut	WHEAT													
COOKIES			M	✓								M	.	
Cereal or Nut														

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