

WB 20th May 2024

We are now in our last week of the half term.

Our last half term of the year will certainly be busy one—we have lots of special celebrations planned, alongside transitions to school.

We will be holding an Early Years Sports Day on Thursday 4th July.

Please come along and cheer your children on!



We have one weeks holiday and we are back on Monday 3rd June.

Take care and see you then!

## **Change of date**

This week, Shared Reading will be on

### **THURSDAY 23RD MAY**

and will be led by Miss Thompson, our Early Years Leader.



Now the weather is finally a little warmer, please put a NAMED sun hat in your child's bag and ensure that they are wearing sun cream.



## Our school value of the week is Be Brave



How have you been brave this week? Maybe you have tried a new activity or tried a new food?

It's great to be brave!

## Monday 20th - Literacy

Reading our story of the week, 'Sam Plants a Sunflower'. Hear the book being read here:



https://www.youtube.com/watch?v=f3GaW6C-lk0

#### **Tuesday 21st—Maths**



outside Today we will be consolidating our learning on positional language.

#### Wednesday 22nd— Wild Challenge Day

Finishing off this term's challenges.



#### Thursday 23rd— Maths

Recapping learning on 'more and fewer'.

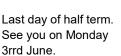




11am—Parents, please join us for Shared Reading with Miss Thompson This is a time where we share a book together. You are then able to choose one to take home for the week.

### <u>Friday 24th—Non Uniform School</u> <u>Celebration Day</u>

Non uniform—wear blue, white or Ipswich Town themed clothes.





# Fostering Independence in Young Children

The ages of 3-5 are crucial for building independence and a sense of identity in children as they prepare for school.



## Here are some ways to help your child develop independence:

- ⇒ Assign responsibilities such as feeding and caring for pets, watering the garden, or setting the table for dinner. Young children thrive on responsibilities!
- ⇒ Encourage participation in "adult" routines like washing and putting away dishes, tidying up, and folding the washing. Give them time to put on their own coat, own shoes and walk to nursery.
- ⇒ Seek your child's opinion on various topics, like their favourite colour, their feelings about the events of the day, or whether they prefer jam or peanut butter for example.
- Encourage them to talk about and name their feelings, and help them recognise the emotions of others. Ask "how do you feel about that?" when impactful events occur. While watching movies or TV shows, ask them to name how characters might be feeling based on their facial expressions and body language. 'Bluey' or 'Daniel Tiger's Neighbourhood' are great shows to watch for this.
- ⇒ Encourage them to push their limits and engage in "risky play." How high can they go on the swing? Can they climb that tree? Risky play helps children learn to test their own boundaries and embrace uncertainty, building their confidence.

In short, nurturing independence in children means giving them the space and freedom to make choices, test limits, experience risk, make discoveries, and be involved in decisions that affect them.



Allowing children a sense of control over their own lives shapes how they view situations and themselves. Our children are citizens of the world today and deserve to be treated as such. By trusting children, seeking their opinions, and providing them with options, we help them become independent and capable individuals equipped with the tools they need to succeed in school and life.