

Relationships and Sex Education Parent Consultation

Year 2



*'Enabling our children to become healthy,
independent and responsible members of
society.'*

Relationships and Sex Education

The Relationships Education, RSE, and Health Education (England) Regulations 2019 have made Relationships Education compulsory in all primary schools.

The national curriculum for science also includes subject content in related areas, such as the main external body parts, the human body as it grows from birth to old age (including puberty) and reproduction in some plants and animals.



HILLSIDE PRIMARY SCHOOL

Relationship and Sex Education Policy

Date Approved: June 2023
Last Reviewed: March 2024

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For more information on this please read our RSE policy which is available on the school website.

This outlines what RSE is, our aims, the responsibilities of everyone involved etc.

This is the scheme we follow to ensure we are covering the topics and information required. This is then adapted to suit the needs of our children.



You, Me, PSHE

A scheme of work for
the primary school

Years 1-6

	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Identity, society and equality: Making relationships with adults and children. Develop confidence in leaving the main carer and come into nursery happily and settled	Identity, society and equality: Making relationships. Identifying and talking about different feelings	Physical health and wellbeing: Fun times	Physical health and wellbeing: What keeps me healthy?	Drug, alcohol and tobacco education: Tobacco is a drug	Identity, society and equality: Democracy	Physical health and wellbeing: In the media	Drug, alcohol and tobacco education: Weighing up risk
	Develop nursery routines Focus on school rules Consent Good touch/bad touch E-Safety	Learning and following routines. School rules Consent Good touch/bad touch E-Safety Staying healthy: immunisations, hand washing	Consent Good touch/bad touch E-Safety: Computing Democracy: School council	Consent Good touch/bad touch E-Safety: Computing Democracy: School council	Consent Good touch/bad touch E-Safety: Computing Democracy: School council	Consent Good touch/bad touch E-Safety: Computing Democracy: School council	Consent Good touch/bad touch E-Safety: Computing Democracy: School council	Consent Good touch/bad touch E-Safety: Computing Democracy: School council
Autumn 2	Mental health and emotional wellbeing: Understand own feelings and talk about them	Mental health and emotional wellbeing: Identifying, talking about and understanding feelings of ourselves and others	Keeping safe and managing risk: Feeling safe	Mental health and emotional wellbeing: Friendship	Keeping safe and managing risk: Bullying - see it, say it, stop it	Drug, alcohol and tobacco education: Making choices	Identity, society and equality: Stereotypes, discrimination and prejudice	Identity, society and equality: Human rights
		Firework safety Staying healthy: immunisations Anti-bullying	E-Safety: Computing Anti-bullying	E-Safety: Computing Anti-bullying	E-Safety: Computing OneLife: Healthy Living Anti-bullying	E-Safety: Computing OneLife: Healthy Living Anti-bullying	E-Safety: Computing Animals including Humans: Science Anti-bullying	E-Safety: Computing Anti-bullying
Spring 1	Keeping safe and managing risk: Developing confidence to try new activities	Mental health and emotional wellbeing: Identifying, talking about and understanding feelings of ourselves and others	Identity, society and equality: Me and others	Keeping safe and managing risk: Indoors and outdoors	Mental health and emotional wellbeing: Strengths and challenges	Physical health and wellbeing: What is important to me?	Keeping safe and managing risk: When things go wrong	Mental health and emotional wellbeing: Healthy minds
	Consent Good touch/bad touch E-Safety Children's Mental Health Week	Consent Good touch/bad touch E-Safety Children's Mental Health Week	Consent Good touch/bad touch E-Safety: Computing Children's Mental Health Week	Consent Good touch/bad touch E-Safety: Computing Children's Mental Health Week	Consent Good touch/bad touch E-Safety: Computing Children's Mental Health Week	Consent Good touch/bad touch E-Safety: Computing Children's Mental Health Week	Consent Good touch/bad touch E-Safety: Computing Children's Mental Health Week	Consent Good touch/bad touch E-Safety: Computing Children's Mental Health Week

Our PSHE curriculum covers the 7 main areas throughout the school.

These are covered across the year groups where the learning in each area is developed further as they get older.

Spring 2	Mental health and emotional wellbeing: Understand feelings of others	Identity, society and equality: Celebrating difference (India), festivals and celebrations	Drug, alcohol and tobacco education: What do we put into and on to bodies?	Drug, alcohol and tobacco education: Medicines and me	Identity, society and equality: Celebrating difference	Keeping safe and managing risk: Playing safe	Mental health and emotional wellbeing: Dealing with feelings	Keeping safe and managing risk: Keeping safe - out and about
		E-Safety Anti-bullying	E-Safety: Computing Anti-bullying	E-Safety: Computing Anti-bullying	E-Safety: Computing Anti-bullying	E-Safety: Computing Anti-bullying	E-Safety: Computing Emotions & feelings Anti-bullying	E-Safety: Computing Anti-bullying
Summer 1	Identity, society and equality: Turn taking and solving conflicts	Keeping safe and managing risk: Weather safety, playing safe, road safety, trip safety	Mental health and emotional wellbeing: Feelings	Sex and relationship education: Boys and girls, families	Careers, financial capability and economic wellbeing: Saving, spending and budgeting	Sex and relationship education: Growing up and changing	Drug, alcohol and tobacco education: Different influences	Sex and relationship education: Healthy relationships/how a baby is made
		Physical health and wellbeing: Healthy eating						
Summer 2	Consent Good touch/bad touch E-Safety	Consent Good touch/bad touch E-Safety Healthy eating Recap school rules, transitions and routines	Consent Good touch/bad touch E-Safety: Computing	Consent Good touch/bad touch E-Safety: Computing	Good touch/bad touch E-Safety: Computing	Consent Good touch/bad touch E-Safety: Computing	Consent Good touch/bad touch E-Safety: Computing	Consent Good touch/bad touch E-Safety: Computing
	Identity, society and equality: Transitions and new beginnings	Identity, society and equality: Transitions and new beginnings	Careers, financial capability and economic wellbeing: My money	Sex and relationship education: Boys and girls, families	Physical health and wellbeing: What helps me choose?	Sex and relationship education: Growing up and changing	Careers, financial capability and economic wellbeing: Borrowing and earning money	Sex and relationship education: Healthy relationships/how a baby is made
	E-Safety	E-Safety Anti-bullying	E-Safety: Computing Anti-bullying Anti-social behaviour	E-Safety: Computing Anti-bullying Anti-social behaviour	E-Safety: Computing Anti-bullying Anti-social behaviour	E-Safety: Computing Anti-bullying Anti-social behaviour	E-Safety: Computing Anti-bullying Anti-social behaviour	E-Safety: Computing Crucial Crew Transitions Anti-bullying Anti-social behaviour

Whilst RSE is explicitly taught in Y2, Y4 and Y6, consent & good touch/bad touch is taught every term to each year group.

In the Summer term, Y2 will be learning about 'boys, girls and families'. The curriculum and resources have been constructed to ensure the teaching is appropriate to the age and needs of the children.



Boys
and girls,
families

All areas of the Y2 RSE curriculum are part of the Relationships and Science curriculum and are therefore compulsory for all children to learn. It is important for all children to know how all bodies change and develop as we all grow.

They will learn...

Play football



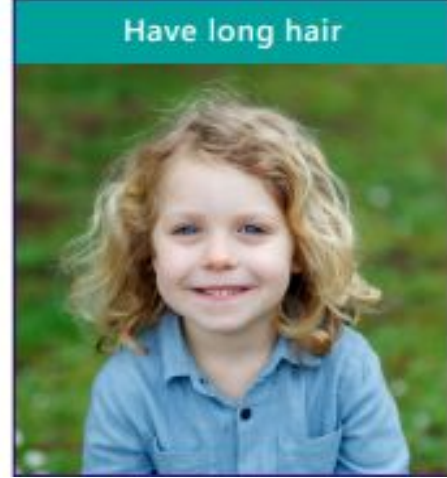
Wear trousers



Wear skirts



Have long hair



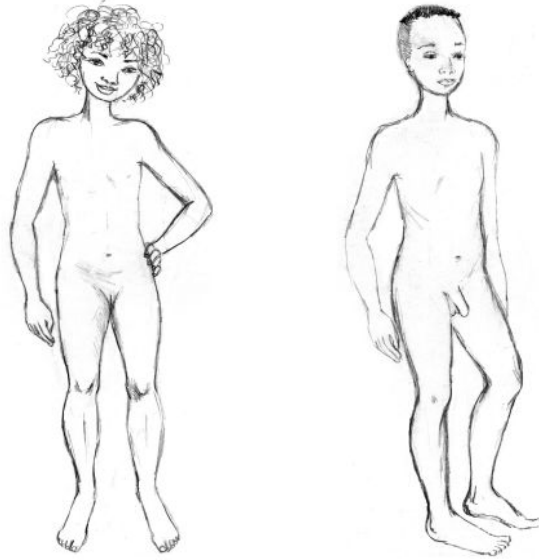
To understand and respect the differences and similarities between people

They will learn...



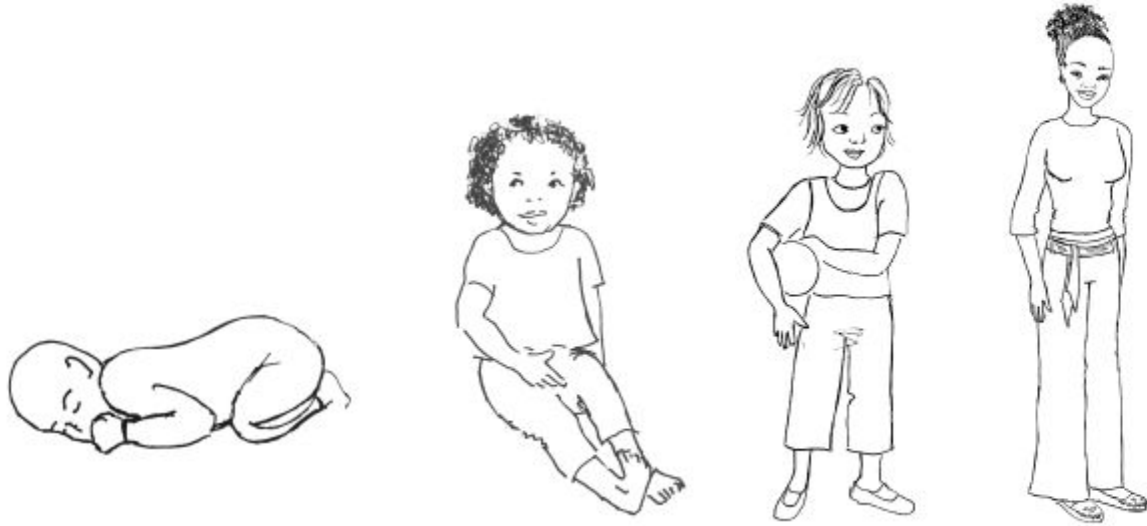
About the biological differences between male and female animals and their role in the life cycle

They will learn...



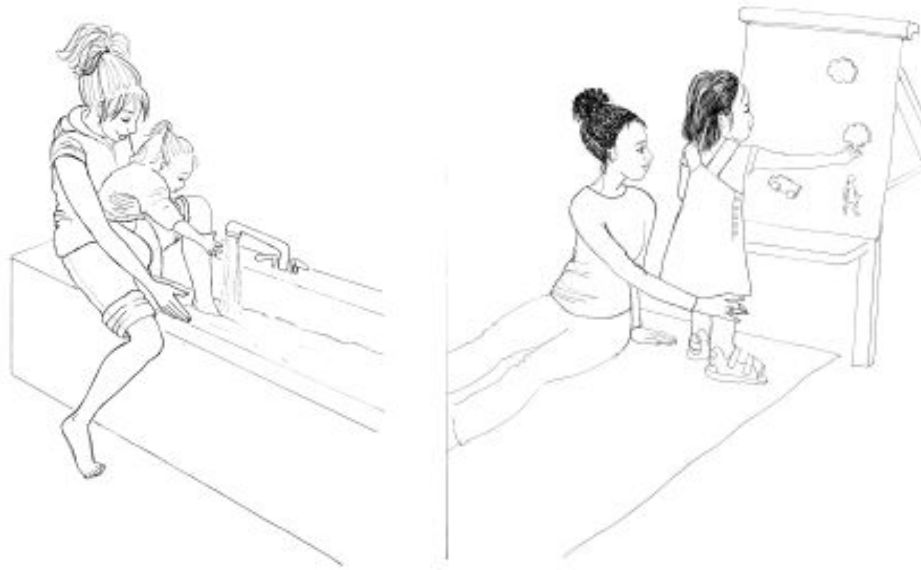
The biological differences between male and female children

They will learn...



*About growing from young to old and that they are
growing and changing*

They will learn...



That everybody needs to be cared for and ways in which they care for others

They will learn...



About different types of families and how their home-life is special.

Key vocabulary they will learn...



penis



vulva



clitoris

How can you help at home?

- Talk to your child before, during and after the topic. *Children and young people say they greatly value being able to talk to their parents/carers about these topics. Be open and honest about what they are learning.*

- Use the correct vocabulary.

This is really important in keeping both themselves and others safe so please encourage this.



Please contact your child's class teacher if you have any questions.

