

Dear Parents and Carers within the Hillside community,

I hope you are well and are enjoying the fantastic sunshine.

This week we talked to the children about identifying how their body and brain feels. There are 4 zones that help with this called, 'Zones of Regulation'. The children created tool kits to show which tools they can use when they are in each zone. I hope that you have found the parent resources we have shared useful.

Also, this week, I met with the Parent Council. We discussed the results from our recent parent survey and the changes to PE kit (Purple tops) that will be launched from September. Next week, we will be sending you information about ordering a logo or non-logo top to support the change to kit. More information about our Parent Council can be found here: [Parent Partnership | Hillside Primary School](https://www.hillsideprimary.co.uk/parent-partnership)



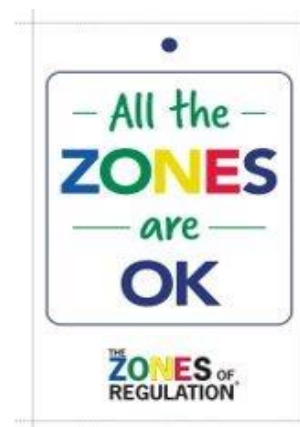
Thank you for all your support.

Wishing you a lovely Bank Holiday weekend.

We will be back at school on Tuesday.

Best wishes,

Mrs Wass



## **Let Children Know that Good School Attendance Is Important!**

- ⑩ Attendance is a parent and student responsibility. Let your child know that you think attending school daily is important. Show them you are interested in their school activities and tell them that you want them to do well in school.
- ⑩ Good attendance habits start at an early age. Make sure your child goes to school regularly and on time. This helps them develop a positive view of school and the importance of attendance.
- ⑩ Discuss with your child that arriving to school on time and to report to class when dropped off is essential.
- ⑩ Become involved in your child's school life and school activities.
- ⑩ Take an interest in your child's school work. Check homework for accuracy and completeness.
- ⑩ Read the school newsletter. Post the school calendar and notes on the refrigerator, or other prominent location to highlight school activities and important student information.
- ⑩ Do not provide inappropriate excuses for your child to miss school. Do not let them take time off from school for minor ailments – particularly those which would not prevent you from going to work.
- ⑩ Don't expect or let older children stay at home from school to babysit younger siblings.
- ⑩ Set good examples and enforce rules. Speak well of the school and support school staff.
- ⑩ Make a contract with your child to improve his/her attendance. Reward positive improvements.

## Sporting Success at Hillside

*On Monday, our boys' football team played against Cliff Lane Primary School. The boys showed great skill and teamwork leading them to a 3-2 win! Well done to our boys.*

*On Wednesday evening, we had a group of year 5 girls take part in a dance show at Dance East called 'Let's Dance!'. The girls have been rehearsing for many weeks with a dance teacher and got to show case their hard work at the show.*

*We had front row seats, getting to enjoy the entire show where we cheered and supported the other dancers. We then performed our two dances. The girls were absolutely fantastic! They were confident performing in front of an audience and their two dances were amazing! Well done girls!*







Education & Skills  
Funding Agency

# Learning in Families



LEARNING  
IN FAMILY  
COURSES ARE  
**FREE**



## INVESTIGATIONS IN SCIENCE

COMING NEXT TERM

A course for parents/carers of primary school children

Would you like to learn about:

- Key concepts from the KS1 and KS2 Science National Curriculum.
- Exciting Science activities to do with your children at home, such as investigating light and sound, floating and sinking, and making a device to measure and record information about the weather (helpful for weekends & school holidays!)

Come and join our fun and friendly course!

- a free 5-week course  
for parents/carers  
(not in school holiday or  
SATs week, 15<sup>th</sup> May)

### WHEN:

Starting **Thursday 1<sup>st</sup> May**  
9 – 11 am

### WHERE:

Hillside Primary School

### HOW TO BOOK:

Email  
[office@hillsideprimary.co.uk](mailto:office@hillsideprimary.co.uk)

or return this flyer to the  
school office with your name  
and your child's name and  
class written on the back

The course is free. In order to keep it at no cost to you or the school, our funders need us to ask you to complete some documentation, which is held securely in accordance with our 'Privacy Policy'. Please bear with us on this.



COMING  
14th May 2025



IPSWICH DANCE CO.

WEDNESDAYS  
1630-1730 • 4-7 Year Olds



ST PETERS CHURCH  
STOKE PARK DRIVE, IP2 9TH



Do you have a child that loves to dance?

Find us on all social media platforms

Or contact us at [idc\\_2023@hotmail.com](mailto:idc_2023@hotmail.com)





PARENTS AND CARERS TOGETHER

**“Supporting you,  
supporting your child”**

Suffolk Support for parents and carers of children and young  
people with mental health issues

**[www.parentsandcarerstogogether.co.uk](http://www.parentsandcarerstogogether.co.uk)**

**Helpline number (07856) 038799** (not 24/7)

**Support group for parents and carers of children  
and young people with mental health issues**

✉ **[parentsandcarerstogogether@gmail.com](mailto:parentsandcarerstogogether@gmail.com)**

**[f](https://www.facebook.com/parentsandcarerstogogether/) /parentsandcarerstogogether/**

**[@pactenquiries](https://twitter.com/pactenquiries)**



[www.hillsideprimary.co.uk](http://www.hillsideprimary.co.uk)



[@hillsideprimarybsky.sosai](https://www.instagram.com/hillsideprimarybsky.sosai)



[www.facebook.com/hillsideprimaryschool](https://www.facebook.com/hillsideprimaryschool)



**PARENTS AND CARERS TOGETHER**

- **Access Facebook group for parents only**
- **Regular meetups face to face and online**
- **1:1 support via phone/email/Zoom**
- **Youth Mental Health First Aid**
- **Small group guided workshops on parent-led strategies and tools**
- **Guest webinars on youth mental health related topics**
- **Support and guidance around school attendance issues**
- **Access to resources and signposting**
- **Local and national involvement work**



***Success really does start with attendance***

***We support first!***

**We want every single one of our children to be an Attendance Hero:**

**Here  
Everyday  
Ready  
On time**



**Target 24-25 96%**

**Whole School 93.51%**  
***Every day counts!***

**1D 98.85%, 1A 98.13%, 2M 97%, 4G 96.67%, 4T 96.36%, 5C1 95.67%,  
4C 95.24%, 6C 95%, 3R 94.29%, R2 94%, R1 93.89%, 6H 93.01%, 3B 92%,  
2D 88.97%, 5C2 88.97%**

*If your child is not well enough to attend school please report this by phoning the Office on 01473 601402 option 1 from 7.30am. We **MUST** receive this information by 8.45am*

***Please support us in reducing the number of school days lost.***

***A day off school means a day where learning is lost.***



# School Attendance

*Every day counts...*



## Good attendance helps with...



### Academic Achievement

Regular attendance helps children keep up with the curriculum and perform better academically.



### Social Skills

Attending school regularly helps children develop friendships, social skills and learning how to interact with others.



### Routine & Responsibility

Good attendance teaches the importance of commitment, routine, and responsibility, which are all valuable life skills.



### Focus & Engagement

Children who attend school regularly are more likely to stay engaged in their learning and develop a positive attitude towards education.



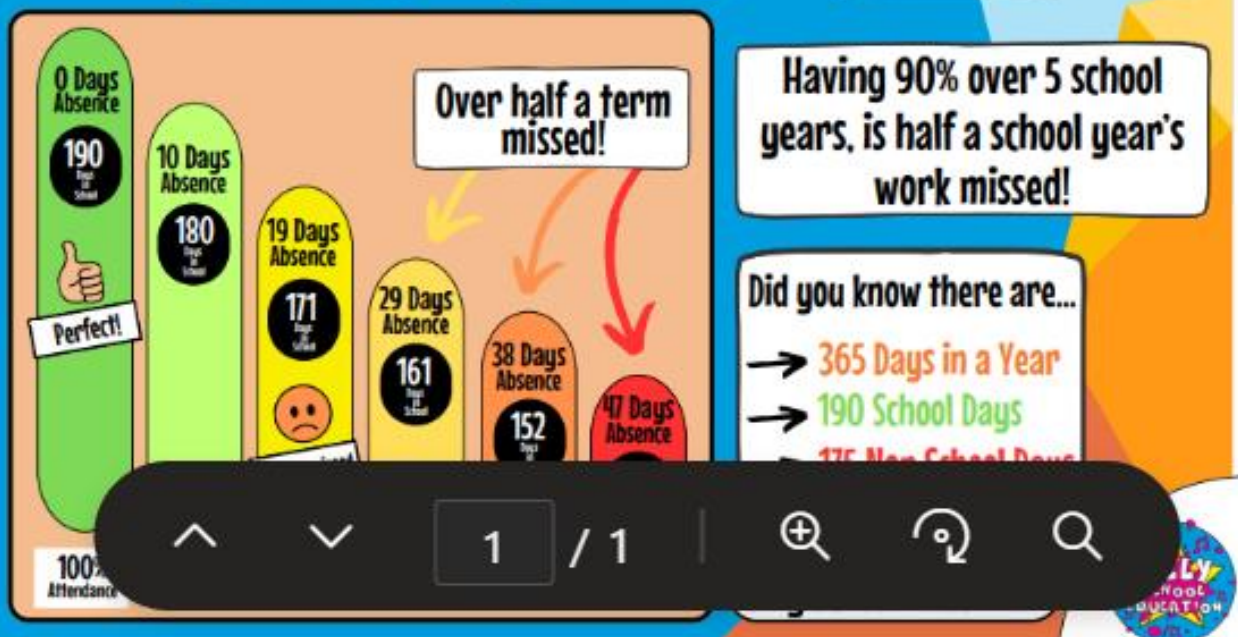
### Building Confidence

Regular attendance can boost a child's self-esteem and confidence, as they see their progress and achievements over time.



### Enhanced Learning Opportunities

School provides not just academic instruction, but also extra-curricular activities and enrichment opportunities.





## **Key Diary Dates for Summer Term**

**WB 12th May – Year 6 SATS week**

**20th May- Year 6 start swimming**

**23rd May- Last day of the half term**

**2nd June – Return to school**

**24th June – Class photographs**

**2nd July – Year 6 residential trip to 4th July**

**11th July – Careers Day ( more details to follow)**

**Week beginning 14th July – End of Year celebration week ( more details to follow)**

**18th July – Last day of 24-25**

**Wednesday 3rd September – Children return to school**  
**More dates to follow!**







## Hillside Primary School



### Achieving Greatness Together

Welcome to Hillside Primary School, where we are proud to offer a happy and nurturing environment for all children to thrive.

Our well-established and vibrant school sits at the heart of our community.

We are welcoming applications now for entry into Reception for September 2025.



Visit us for a tour and find out more:  
Call 01473 601402 or email  
[office@hillsideprimary.co.uk](mailto:office@hillsideprimary.co.uk)

[www.hillsideprimary.co.uk](http://www.hillsideprimary.co.uk)



[www.hillsideprimary.co.uk](http://www.hillsideprimary.co.uk)



[@hillsideprimarybsky.sosai](https://www.instagram.com/hillsideprimarybsky.sosai)



[www.facebook.com/hillsideprimaryschool](https://www.facebook.com/hillsideprimaryschool)



## Spring / Summer Menu Week 1

5<sup>th</sup> May, 26<sup>th</sup> May, 16<sup>th</sup> June, 7<sup>th</sup> July, 8<sup>th</sup> Sept, 29<sup>th</sup> Sept, 20<sup>th</sup> Oct 2025

WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Pork Sausage Toad in the Hole & Home-baked Potato Wedges	Red Tractor Mild Chicken Curry, Mixed Wholegrain & White Rice	Roast Chicken Gravy, Stuffing & Mashed Potato or Roast Potatoes	Wholemeal Margherita Pizza & Pasta Salad	MSC Fish Fingers & Chips
Main Meal Option 2	Cheese, Onion & Potato Pie & Home-baked Potato Wedges	Macaroni Cheese	Beany Shepherd's Pie <sup>VG</sup>	Rainbow Vegetable Lentil Pitta Pockets & Hummus <sup>VG</sup>	Vegetable & Bean Quesadilla, Chips
Filled Baguettes	Ham	Cheese	Tuna Mayonnaise	Cheese	Ham
Vegetables	Broccoli, Cauliflower & Carrots & Sweetcorn	British Red Tractor Garden Peas, Sliced Carrots	Broccoli, Cauliflower & Carrots	Carrot & Cucumber Sticks or British Red Tractor Garden Peas, Sweetcorn	British Red Tractor Garden Peas, Baked Beans
Baked Jacket Potatoes	Jacket Potato with Tuna Mayo or Cheese <sup>o</sup>	Jacket Potato with Tuna Mayo or Cheese	Jacket Potato with Tuna Mayo or Cheese	Jacket Potato with Tuna Mayo or Cheese	Jacket Potato with Tuna Mayo, Cheese
Dessert	Banana Mousse & Orange Smiles	Marble Sponge <sup>VG</sup> & Chocolate Sauce	Strawberry Jelly with Watermelon Slice <sup>VG</sup>	Vanilla Cookie <sup>VG</sup>	Iced Sponge Cake with Sprinkles

## Spring / Summer Menu Week 2

21<sup>st</sup> April, 12<sup>th</sup> May, 2<sup>nd</sup> June, 23<sup>rd</sup> June, 14<sup>th</sup> July, 15<sup>th</sup> Sept, 6<sup>th</sup> Oct, 27<sup>th</sup> Oct 2025

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Red Tractor Pork Sausage Roll & Home-baked Potato Wedges	Red Tractor Beef Pasta Bolognese & Garlic Bread	Roast Chicken Gravy, Yorkshire Pudding & Roast Potatoes	Wholemeal Margherita Pizza & Tomato Pasta Salad	MSC Fish Fingers & Chips
Main Meal Option 2	Macaroni Cheese	Veggie Sausage with Mash & Gravy Vg	Vegetable & Chickpea Fajita Wrap, Roast Potatoes Vg	Cheesy Bean Pitta	Tomato & Baked Bean Pasta Bake Vg
Filled Baguette	Ham	Cheese	Tuna Mayonnaise	Cheese	Ham
vegetable's	British Red Tractor Garden Peas, Baked Beans	Broccoli, Cauliflower & Carrots	Broccoli, Carrots & Sweetcorn	British Red Tractor Garden Peas, or Sliced Carrots	British Red Tractor Garden Peas, Baked Beans
Baked Jacket Potatoes	Jacket Potato with Tuna Mayo or Cheese	Jacket Potato with Tuna Mayo or Cheese	Jacket Potato with Tuna Mayo or Cheese	Jacket Potato with Tuna Mayo or Cheese	Jacket Potato with Tuna Mayo or Cheese
Dessert	Banana Cake Vg & Custard	Shortbread & Orange Slices Vg	Hidden Fruit Chocolate Brownie	Flapjack Vg	Chocolate Oaty Slice Vg

## Spring / Summer Menu Week 3

28<sup>th</sup> April, 19<sup>th</sup> May, 9<sup>th</sup> June, 30<sup>th</sup> June, 1<sup>st</sup> Sept, 22<sup>nd</sup> Sept, 13<sup>th</sup> Oct, 3<sup>rd</sup> Nov 2025

WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Sweet & Sour Chicken Meatballs & Sunny Rice	Beef Lasagne & Garlic Bread	Roast Chicken Gravy, Stuffing & Roast Potatoes	Margherita Pizza & Tomato Pasta Salad	MSC Fish Fingers & Chips
Main Meal Option 2	Cheesy Tomato Pasta Bake	Chinese Sweet Chilli Quorn Stir Fry & Mixed Rice <sup>VG</sup>	Mediterranean Vegetable & Chickpea Stew & Roast Potatoes <sup>VG</sup>	Bean Burrito & Potato Wedges <sup>VG</sup>	Cheese & Onion Puff Pastry Roll
Filled Baguette	Ham	Cheese	Tuna Mayonnaise	Cheese	Ham
Vegetables	British Red Tractor Garden Peas, Baked Beans	Broccoli, Cauliflower & Carrots	Broccoli, Carrots & Sweetcorn	British Red Tractor Garden Peas or Sliced Carrots	British Red Tractor Garden Peas, Baked Beans
Baked Jacket Potatoes	Jacket Potato with Tuna Mayo or Cheese	Jacket Potato with Tuna Mayo or Cheese	Jacket Potato with Tuna Mayo or Cheese	Jacket Potato with Tuna Mayo or Cheese	Jacket Potato with Tuna Mayo or Cheese
Dessert	Strawberry Mousse & Fruit Slices	Chocolate Cookie & Orange Wedges <sup>VG</sup>	Vanilla Cupcake	Chocolate Crunch 'Concrete' <sup>VG</sup> & Chocolate Sauce	Homemade Jam Sponge