

Dear Parents and Carers within the Hillside community,

Firstly, welcome back to school. We are really looking forward to the summer term at Hillside: new opportunities and new experiences. I would like to introduce Mrs Garner to you all. Mrs Garner is our acting Deputy Head Teacher this term. She has worked for the Active Learning Trust for 12 Years. I would like to thank Mrs Box for all her hard work and support since September and wish her all the best as she embarks on new adventures. Look out for Mrs Garner on the gate in the mornings(photo on page 2).

'Achieving Greatness Together' please refer to page 2 for a summary of our key priorities this term. You will notice that parent voice continues to drive our school improvement. Recently, we received over 175 responses from our parent survey. We are really pleased to read the positive feedback which includes: Our next steps include ensuring that parents of children with SEND are fully aware of the support in place and continuing to showcase our actions which support an anti-bullying environment. We use **STOP** at Hillside to support the children's understanding of bullying, **What is bullying? Several Times On Purpose, Start Telling Other People.** Please support our approach by letting us know straight away if your child mentions any concerns, We recognise that you play a vital role in preventing bullying and we value our partnership with you. Our contract tree staff diagram is on page 2.

Next week, we are introducing, 'Zones of regulation'. Check the newsletter for more information.

Thank you for all your support.

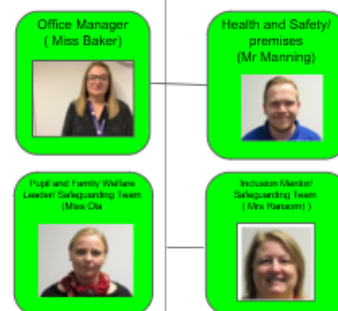
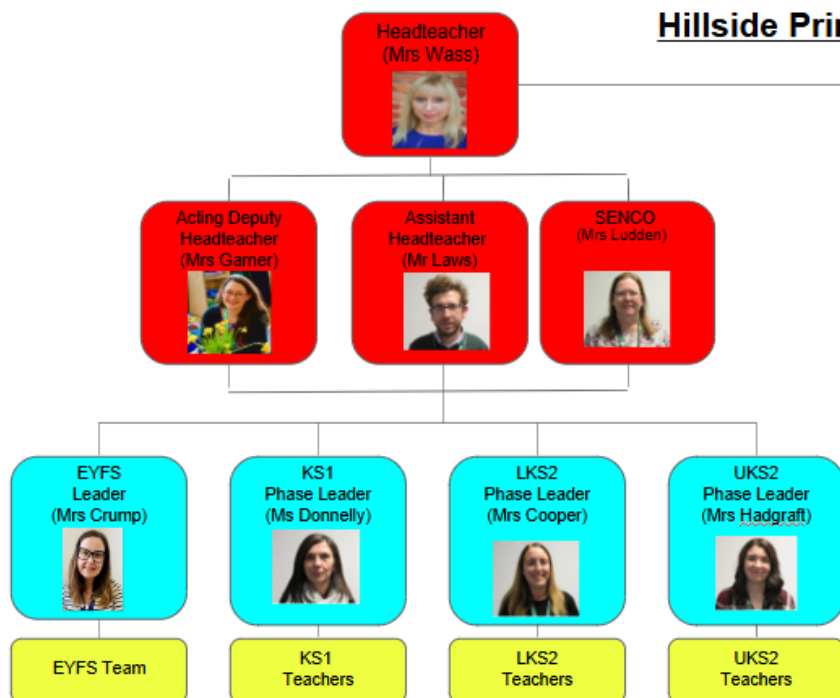
Wishing you a lovely weekend.

Best wishes,

Mrs Wass



Hillside Primary School- key contacts



If you have any teaching and learning issues or concerns contact should be made as follows, starting with:

1. Class Teacher in the first instance via Class Dojo, End of Day, Phone Call
2. Phase Group Leaders if unresolved by the class teacher
1. Assistant Headteacher (Mr Laws) or Deputy Head (Mrs Garner) or Headteacher (Mrs Wass) if the matter needs further attention

Safeguarding concerns:

- Member of the safeguarding team(Mrs Wass, Mr Laws, Mrs Ransom, Miss Ola)

Attendance

- Office team/ Pupil and Family Welfare Leader (Miss Ola)

General queries:


- Office team member


Finance:


- Office Manager (Mrs Baker)

Premises:

- Site Manager (Mr Manning)







We will ensure **ALL** groups of pupils make good progress

We will continue to **improve attendance** at Hillside

We will ensure all children can access the curriculum by **adapting** to their needs

We will ensure that work produced reflects our high expectations across all subjects

Our leaders will continue to **work together** and attend training to improve teaching, learning and the curriculum at Hillside Primary School


We will support your understanding of emotional literacy

What are we doing to improve our school this term?

We will continue to use staff, pupil and parent voice

We will ensure you understand how you can improve as a learner

We will continue to **value all differences** in our community



What is Bullying?

Several Times

The person does it more than once over more than one day.



Several
Times
On
Purpose



Start
Telling
Other
People

On Purpose

The person is doing it on purpose to hurt or upset someone else.



Our school is a:





Education & Skills
Funding Agency

Learning in Families



LEARNING
IN FAMILY
COURSES ARE
FREE



INVESTIGATIONS IN SCIENCE

COMING NEXT TERM

A course for parents/carers of primary school children

Would you like to learn about:

- Key concepts from the KS1 and KS2 Science National Curriculum.
- Exciting Science activities to do with your children at home, such as investigating light and sound, floating and sinking, and making a device to measure and record information about the weather (helpful for weekends & school holidays!)

Come and join our fun and friendly course!

- a free 5-week course
for parents/carers
(not in school holiday or
SATs week, 15th May)

WHEN:

Starting **Thursday 1st May**
9 – 11 am

WHERE:

Hillside Primary School

HOW TO BOOK:

Email
office@hillsideprimary.co.uk

or return this flyer to the
school office with your name
and your child's name and
class written on the back

The course is free. In order to keep it at no cost to you or the school, our funders need us to ask you to complete some documentation, which is held securely in accordance with our 'Privacy Policy'. Please bear with us on this.



www.hillsideprimary.co.uk



[@hillsideprimarybsky](https://twitter.com/hillsideprimarybsky)



www.facebook.com/hillsideprimaryschool



Sporting Success at Hillside



On Thursday, our girls' football team played against Halifax Primary School. The girls showed incredible resilience and teamwork, finishing the game as a draw 4-4 after being down 3-0 at half time. Well done girls!

The girls played the game, representing Hillside Primary in our new football kit which has been kindly sponsored by Ipswich Dance Company. They have new classes starting in May at St Peter's church, Stoke park. Please see leaflet in this newsletter.

Thank you to Ipswich Dance Company!





COMING
14th May 2025



IPSWICH DANCE CO.

WEDNESDAYS
1630-1730 • 4-7 Year Olds

ST PETERS CHURCH
STOKE PARK DRIVE, IP2 9TH



Do you have a child that loves to dance?

Find us on all social media platforms

Or contact us at idc_2023@hotmail.com



www.hillsideprimary.co.uk



[@hillsideprimaryschool](https://www.instagram.com/hillsideprimaryschool)



www.facebook.com/hillsideprimaryschool

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com. Trigger Warning: This guide contains mention of suicide, which may be distressing for some readers.

What Parents & Educators Need to Know about MAKING FRIENDS ONLINE

WHAT ARE THE RISKS?

In today's digital world, it's increasingly common for children to form friendships with people they've never met in person. While online connections can offer children a sense of belonging, they also carry significant risks. Around 19% of children aged 10 to 15 in England and Wales have chatted online with someone they've never met face to face. This guide offers expert advice for parents and educators on helping children navigate online friendships safely.

ONLINE GROOMING THREATS

Predators can use games, chat apps or social media platforms to build relationships with children and gain their trust. This may quickly develop into grooming or exploitation. Between April 2017 and March 2023, UK police recorded nearly 34,000 online grooming offences – an 82% increase in just five years.

EXPOSURE TO INAPPROPRIATE CONTENT

Children may encounter distressing or explicit material while interacting with online contacts – especially via TikTok, Instagram or Snapchat. This is evidenced in a survey by the Children's Commissioner for England, which found that 45% of children aged 8 to 17 had seen content online that made them feel uncomfortable, worried or upset.

PRIVACY AND DATA RISKS

Children and young people often overshare personal details – such as where they live or go to school – without understanding the consequences. In fact, 4.4% of 10 to 15-year-olds in the UK have met up in real life with someone they'd only spoken to online.

COMPROMISED PERSONAL SAFETY

Meeting an online 'friend' in real life risks placing a child in serious danger. From abduction to coercion, the consequences can be devastating. Reports of children being harmed after such meetings are becoming increasingly common in the UK, highlighting the need for safeguarding intervention.

PSYCHOLOGICAL DISTRESS

Online harm – such as cyberbullying, grooming or exposure to disturbing content – can lead to long-term emotional issues, including anxiety, depression and PTSD. 'Sexortion' gangs, who threaten to release sexual information about a person unless they pay them money, have reportedly targeted children as young as 11, leaving them traumatised and ashamed.

LONG-TERM REPERCUSSIONS

Children exposed to harmful online relationships early on may develop unhealthy beliefs about relationships, consent, or self-worth. In a recent case, a 20-year-old posed as a girl on Snapchat to befriend children aged 10 to 16, manipulating them into sexual activity and causing profound emotional distress. One 12-year-old tragically died by suicide, highlighting the long-term psychological harm online friendships with strangers can cause.

26 FRIENDS ONLINE NOW

Advice for Parents & Educators

TEACH SAFE ONLINE HABITS

Help children understand how to use privacy settings, protect their personal information, spot fake profiles, and report anything suspicious or concerning, like pressure tactics. Encourage them to think critically about what they share – and whom they're talking to.

KEEP CONVERSATIONS OPEN

Let children know they can talk to you about their online life. Avoid reacting with anger or judgement, as this may prevent them from opening up in the future. A child who feels listened to is more likely to disclose problems before they escalate.

ENCOURAGE REAL-WORLD CONNECTIONS

Support children in building friendships through school, clubs, hobbies and activities in the real world. Strong offline relationships help reduce children's reliance on online platforms for social interaction, and can help them develop resilience and social confidence.

USE PARENTAL CONTROLS

Parental control settings on devices, games and apps can help manage screen time, filter out inappropriate content, and monitor activity. While no system is perfect, they provide a valuable layer of protection as children explore digital spaces.

Meet Our Expert

Gabriella Russo is a safeguarding consultant with over 30 years' experience in supporting children, families, and adults across education, local authority, and mental health settings – both in the UK (including at Parliamentary level) and internationally.



School Attendance

Every day counts...

Good attendance helps with...

Academic Achievement

Regular attendance helps children keep up with the curriculum and perform better academically.

Social Skills

Attending school regularly helps children develop friendships, social skills and learning how to interact with others.

Routine & Responsibility

Good attendance teaches the importance of commitment, routine, and responsibility, which are all valuable life skills.

Focus & Engagement

Children who attend school regularly are more likely to stay engaged in their learning and develop a positive attitude towards education.

Building Confidence

Regular attendance can boost a child's self-esteem and confidence, as they see their progress and achievements over time.

Enhanced Learning Opportunities

School provides not just academic instruction, but also extra-curricular activities and enrichment opportunities.

Absence Level	Days Absent	Days in School
0 Days Absence	0	190
10 Days Absence	10	180
19 Days Absence	19	171
29 Days Absence	29	161
38 Days Absence	38	152
47 Days Absence	47	143

Over half a term missed!

Having 90% over 5 school years, is half a school year's work missed!

Did you know there are...

- 365 Days in a Year
- 190 School Days
- 175 Non-School Days



Key Diary Dates for Summer Term

WB 12th May – Year 6 SATS week

20th May- Year 6 start swimming

23rd May- Last day of the half term

2nd June – Return to school

24th June – Class photographs

2nd July – Year 6 residential trip to 4th July

11th July – Careers Day (more details to follow)

Week beginning 14th July – End of Year celebration week (more details to follow)

18th July – Last day of 24-25

Wednesday 3rd September – Children return to school
More dates to follow!



Success really does start with attendance

We support first!

We want every single one of our children to be an Attendance Hero:

**Here
Everyday
Ready
On time**



Target 24-25 96%

**Whole School 93.15%
*Every day counts!***

**5C1 100%, 3B 96.67%, 3R 96.43%, 6C 95.56%, 1D 95.51%, 6H 95.4%,
4G 95.2%, R2 95%, 2M 94.44%, 2D 93.1%, 1A 92.95%, 4T 92.42%,
5C2 90.8%, R1 88.89%, 4C 86.51%,**

If your child is not well enough to attend school please report this by phoning the Office on 01473 601402 option 1 from 7.30am. We MUST receive this information by 8.45am

Please support us in reducing the number of school days lost.

A day off school means a day where learning is lost.



Hillside Primary School



Achieving Greatness Together

Welcome to Hillside Primary School, where we are proud to offer a happy and nurturing environment for all children to thrive.

Our well-established and vibrant school sits at the heart of our community.

We are welcoming applications now for entry into Reception for September 2025.



Visit us for a tour and find out more:
Call 01473 601402 or email
office@hillsideprimary.co.uk

www.hillsideprimary.co.uk



www.hillsideprimary.co.uk



[@hillsideprimaryschool](https://www.instagram.com/hillsideprimaryschool)



www.facebook.com/hillsideprimaryschool

Spring / Summer Menu Week 1

5th May, 26th May, 16th June, 7th July, 8th Sept, 29th Sept, 20th Oct 2025

WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Pork Sausage Toad in the Hole & Home-baked Potato Wedges	Red Tractor Mild Chicken Curry, Mixed Wholegrain & White Rice	Roast Chicken Gravy, Stuffing & Mashed Potato or Roast Potatoes	Wholemeal Margherita Pizza & Pasta Salad	MSC Fish Fingers & Chips
Main Meal Option 2	Cheese, Onion & Potato Pie & Home-baked Potato Wedges	Macaroni Cheese	Beany Shepherd's Pie ^{VS}	Rainbow Vegetable Lentil Pitta Pockets & Hummus ^{VS}	Vegetable & Bean Quesadilla, Chips
Filled Baguettes	Ham	Cheese	Tuna Mayonnaise	Cheese	Ham
Vegetables	Broccoli, Cauliflower & Carrots & Sweetcorn	British Red Tractor Garden Peas, Sliced Carrots	Broccoli, Cauliflower & Carrots	Carrot & Cucumber Sticks or British Red Tractor Garden Peas, Sweetcorn	British Red Tractor Garden Peas, Baked Beans
Baked Jacket Potatoes	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo, Cheese ^{VS}
Dessert	Banana Mousse & Orange Smiles	Marble Sponge ^{VS} & Chocolate Sauce	Strawberry Jelly with Watermelon Slice ^{VS}	Vanilla Cookie ^{VS}	Iced Sponge Cake with Sprinkles

Spring / Summer Menu Week 2

21st April, 12th May, 2nd June, 23rd June, 14th July, 15th Sept, 6th Oct, 27th Oct 2025

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Red Tractor Pork Sausage Roll & Home-baked Potato Wedges	Red Tractor Beef Pasta Bolognese & Garlic Bread	Roast Chicken Gravy, Yorkshire Pudding & Roast Potatoes	Wholemeal Margherita Pizza & Tomato Pasta Salad	MSC Fish Fingers & Chips
Main Meal Option 2	Macaroni Cheese	Veggie Sausage with Mash & Gravy Vg	Vegetable & Chickpea Fajita Wrap, Roast Potatoes Vg	Cheesy Bean Pitta	Tomato & Baked Bean Pasta Bake Vg
Filled Baguette	Ham	Cheese	Tuna Mayonnaise	Cheese	Ham
vegetable's	British Red Tractor Garden Peas, Baked Beans	Broccoli, Cauliflower & Carrots	Broccoli, Carrots & Sweetcorn	British Red Tractor Garden Peas, or Sliced Carrots	British Red Tractor Garden Peas, Baked Beans
Baked Jacket Potatoes	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}
Dessert	Banana Cake Vg & Custard	Shortbread & Orange Slices Vg	Hidden Fruit Chocolate Brownie	Flapjack Vg	Chocolate Oaty Slice Vg

Spring / Summer Menu Week 3

28th April, 19th May, 9th June, 30th June, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov 2025

WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Sweet & Sour Chicken Meatballs & Sunny Rice	Beef Lasagne & Garlic Bread	Roast Chicken Gravy, Stuffing & Roast Potatoes	Margherita Pizza & Tomato Pasta Salad	MSC Fish Fingers & Chips
Main Meal Option 2	Cheesy Tomato Pasta Bake	Chinese Sweet Chilli Quorn Stir Fry & Mixed Rice ^{VS}	Mediterranean Vegetable & Chickpea Stew & Roast Potatoes ^{VS}	Bean Burrito & Potato Wedges ^{VS}	Cheese & Onion Puff Pastry Roll
Filled Baguette	Ham	Cheese	Tuna Mayonnaise	Cheese	Ham
Vegetables	British Red Tractor Garden Peas, Baked Beans	Broccoli, Cauliflower & Carrots	Broccoli, Carrots & Sweetcorn	British Red Tractor Garden Peas or Sliced Carrots	British Red Tractor Garden Peas, Baked Beans
Baked Jacket Potatoes	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}
Dessert	Strawberry Mousse & Fruit Slices	Chocolate Cookie & Orange Wedges ^{VS}	Vanilla Cupcake	Chocolate Crunch 'Concrete' ^{VS} & Chocolate Sauce	Homemade Jam Sponge