

Caros encarregados de educação da comunidade Hillside,

Que semana de talento!

Fiquei imensamente orgulhosa das crianças, da equipa e do apoio da comunidade esta semana. Um enorme agradecimento especial à Srta. Cantin, ao Sr. Green e ao Sr. Parnell, nossa fantástica equipa de Educação Física que organizou nossa semana de desporto.

Além disso, esta semana, nossos jurados do Hillside Got Talent tiveram uma decisão difícil a tomar. Apenas 10 artistas conseguiram chegar à grande final na próxima Terça-feira. Parabéns a todos os envolvidos!

Por favor, verifiquem as datas da nossa agenda com atenção. Há muitos eventos a acontecer, por favor, à medida que nos aproximamos do fim do semestre letivo na Sexta-feira, 18 de Julho.

Desejo-lhe um ótimo final de semana.

Melhores votos,

Sra. Wass





Year 5 Camping!





Dia de Desporto 2025!



Paul Hannaford

Agradecemos a Paul Hannaford por sua visita a Hillside esta semana. A apresentação para as crianças do 5º e 6º ano foi muito inspiradora, e elas desenvolveram uma compreensão mais profunda da importância e de como evitar drogas, gangues e comportamento criminoso. Paul vivenciou essas experiências em primeira mão e as crianças se identificaram muito bem com seu relato pessoal de como ele transformou sua vida. Paul tem a missão de falar com 2 milhões de crianças e educá-las sobre os perigos das drogas, gangues e comportamento criminoso, e ficamos muito felizes em fazer parte dessa missão.

Para mais informações, consulte o site de Paul: <https://www.paulhannaford.com/>





***O sucesso realmente começa com a
assiduidade. Nós apoiamos em primeiro
lugar!***

Queremos que cada uma das nossas crianças seja um Herói de



assiduidade:

**Aqui
Todos os dias
Pronto
Na hora**



Meta 24-25 96%

Escola inteira 93.92%

Cada dia conta!

**5C2 97.31%, 1D 96.8%, 2M 96.79%, 5C1 96.55%, 4T 96.19%, 3R 95.52%,
R2 95%, 3B 94.29%, 4G 92.38%, 1A 91.85%, 2D 90.67%, R1 90.63%, 4C
90.53%, 6C 75%, 6H 71.28%**

*Se o seu filho não estiver bem o suficiente para frequentar a escola,
informe o fato ligando para a secretaria no número 01473 601402, opção
1, a partir das 7h30. DEVEMOS receber essa informação até as 8h45.*

Por favor, ajude-nos a reduzir o número de dias letivos perdidos.

Um dia sem aulas significa um dia em que a aprendizagem é perdida.

Datas importantes da agenda para o semestre de Verão

1º de Julho – Dia de conhecer o novo professor

1º de Julho – 14h Hillside tem final de talentos

2 de Julho – Viagem residencial do 6º ano até 4 de Julho

4 de Julho – Visita escolar do 1º ano

4 de Julho – Feira de Verão

7 de Julho – Dia de praia da Nursery e Reception

9 de Julho – Dia de praia do 3º ano

Hillside's Careers Day!

Thursday 10th July
8.45am - 9.45am

Our students would love to hear all about your career!

If you are able to come in, please speak to a member of the Office team.



Datas importantes da agenda para o semestre de Verão

10 de Julho – Dia das Carreiras (mais detalhes em breve)

11 de Julho – Dia de praia do 2º ano

11 de Julho – Relatórios emitidos

11 de Julho – Dia Romano do 3º ano



Semana que começa em 14 de Julho – Semana de comemoração do fim do ano (veja a página 7)

14 de Julho – Dia de praia do 5º ano

15 de Julho – Dia de praia do 1º ano

16 de Julho – Dia de praia do 4º ano

15 de Julho – Última sessão de natação do 6º ano

17 de Julho – Dia de praia do 6º ano

18 de Julho – Último dia de 24-25

Quarta-feira, 3 de Setembro – As crianças retornam à escola

Em breve teremos mais datas!



Datas importantes da agenda para o semestre de Verão

Eventos de celebração

Que ótima maneira de comemorar 24-25!

Segunda-feira, 14 de Julho – 2º ano, às 8h45

Terça-feira, 15 de Julho – 3º ano, às 8h45

Quarta-feira, 16 de Julho – 5º ano, às 8h45

Quarta-feira, 16 de Julho – Celebração da Nursery, às 10h45 e às 14h30

Quarta-feira, 16 de Julho – 1º ano, às 14h

Quinta-feira, 17 de Julho – 4º ano, às 8h45

Quinta-feira, 17 de Julho – Reception às 14h

Sexta-feira, 18 de Julho – 6H às 8h45

Sexta-feira, 18 de Julho – 6C às 10h15





SEND Family Holiday Sessions

Join SEND Family Support Coordinator Sarah for fun over the holidays.

29th July – Suffolk Wildlife Trust visit, Ipswich. Exact location to be confirmed. 2pm - 3.30pm

04th August – Sensory play activities – Castle Hill Community Centre. 10:30am - 11:30am

12th August – Mini Monsters Soft Play exclusive session, Sproughton, Ipswich. 10am - 12pm. Children up to 9 years old.

21st August – Suffolk Wildlife Trust - Ipswich. Exact location to be confirmed. 10am - 11.30am

28th August – Family Meet up in the park – games, fly a kite and make a 'nature based' collage – location to be confirmed

To book your space contact Sarah on 07542 785649 or email Sarah@famielstogethersuffolk.org.uk



Families Together
Suffolk





SAVE THE DATES

20, 27 JUNE & 4, 11 JULY

**SALE
SALE
SALE**



**TUCK
SHOP**



**PRE-
LOVED**



**UNIFORM
UNIFORM
UNIFORM**

EVERY FRIDAY
Sale

**HILLSIDE PRIMARY SCHOOL, BELSTEAD AVE., IPSWICH
AFTER SCHOOL (03.00 PM)**



www.hillsideprimary.co.uk



[@hillsideprimaryschool](https://www.instagram.com/hillsideprimaryschool)



www.facebook.com/hillsideprimaryschool



Segurança solar

Com o aumento das temperaturas, a proteção solar é extremamente importante. Por favor, siga as seguintes instruções:

- O protetor solar deve ser aplicado em casa antes de ir para a escola
- Traga um chapéu de sol com nome
- Incentivamos todas as crianças a terem uma garrafa de água com nome na escola.



Parent Code of Conduct

Respect

Respect the ethos, vision and values of Hillside Primary School.

Treat all members of our school community with respect.

Working Together

Work together with staff in the best interests of our pupils to seek a peaceful solution to all issues.

**We will
not
tolerate**



- Disrupting, or threatening to disrupt school operations.
- Displaying a temper, shouting, Swearing, or using offensive language at members of staff, pupils or other parents.
- Sending abusive messages to a member of the school community.
- Posting defamatory, offensive or derogatory comments about the school or its staff on social media platforms.
- Use of physical punishment against your child while on school premises.
- Any aggressive behaviour.
- Disciplining another person's child.
- Smoking or drinking alcohol on the school premises.

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www.hillsideprimary.co.uk



[@hillsideprimary.socsl](https://twitter.com/hillsideprimary)



www.facebook.com/hillsideprimaryschool

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about GENERATIVE AI SAFETY

Generative AI tools – such as ChatGPT – are now commonly used by children. In fact, 3 in 4 pupils in the 2024 Annual Literacy Survey reported using generative AI, up from just 2 in 5 the previous year. While these tools can boost learning and creativity, they also raise concerns around misinformation, privacy and overuse. This guide explores the key risks and how to support safe use.

WHAT ARE THE RISKS?

MISINFORMATION AND ACCURACY



Generative AI can sometimes produce false or misleading content. Children – and even adults – may assume the information is accurate and trustworthy. This can affect learning and understanding of important topics. It's vital to teach children to critically assess all information, even when it comes from AI.

EXPOSURE TO INAPPROPRIATE CONTENT

Because generative AI is trained on vast datasets from across the internet, there is a chance it may occasionally generate harmful or inappropriate content. Without supervision, children could encounter disturbing or unsuitable material. Active monitoring and clear usage boundaries can help reduce this risk.

PRIVACY AND DATA SECURITY

Some AI tools ask for personal details or store users' interactions. If privacy settings are not correctly configured, children's personal data could be exposed or misused. Teaching good digital hygiene and setting strong privacy controls is essential for protecting children online.

REDUCED CRITICAL THINKING



Relying too heavily on AI-generated responses may reduce children's willingness to think independently. If they consistently use AI to solve problems or complete tasks, it could impact their ability to reason, analyse and form their own ideas. Encouraging thoughtful reflection is key.

DIGITAL DEPENDENCY



Regular use of generative AI can contribute to increased screen time and less real-world interaction. If left unmanaged, it may affect physical activity levels, sleep, and social development. Striking a healthy balance between online and offline activities is important for wellbeing.

UNCLEAR ETHICAL BOUNDARIES



Children may not fully understand the ethical implications of using AI to complete homework or creative tasks. This can lead to unintentional plagiarism or dishonest academic practices. Conversations around responsible use and academic honesty are crucial.

IDEAS

Advice for Parents & Educators

ESTABLISH CLEAR GUIDELINES

Set clear, age-appropriate rules for when and how generative AI can be used. Reinforce these regularly to help children develop a healthy, respectful and informed relationship with the technology.



ENCOURAGE CRITICAL EVALUATION

Help children to question the accuracy of AI-generated information and seek out additional trusted sources. This builds essential digital literacy skills and supports better decision-making.



PROMOTE ACTIVE SUPERVISION

Keep an eye on how the children in your care use AI tools. Check in regularly to ensure they're using them appropriately and be ready to step in if something doesn't feel right.



ENHANCE PRIVACY AWARENESS

Talk to children about the importance of keeping personal information private. Make sure privacy settings are in place and explain how data shared with AI tools could be used.



Meet Our Expert

Brendan O'Keefe, Deputy Headmaster and Director of Digital Strategy at Eaton House Schools, has extensive expertise in digital safety, safeguarding, and generative AI in education. As an author and speaker on digital literacy and online safety for institutions such as The National College, Brendan guides parents and educators in creating safe digital learning environments.



#WakeUpWednesday

The National College

X @wake_up_weds

f /www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

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HILLSIDE PRIMARY SCHOOL



Summer fair

03.15PM
-05.15PM

FRIDAY
04TH JULY

TUCK SHOP
RAFFLE & TOMBOLA
FOOD STALLS
GAMES
AND MORE!

BELSTEAD AVE., IPSWICH
IP2 8NU





**Stoke High School 125th
Anniversary Celebrations.
Come and join our celebrations!
Time capsule dedication, tours of
the school, stalls, music, dance,
food and refreshments!**

!

When: Thursday 10th July 2025 4pm-7pm

Where: Stoke High School, Maidenhall Approach, Ipswich



www.hillsideprimary.co.uk



[@hillsideprimarybsky.sodal](https://www.instagram.com/hillsideprimarybsky.sodal)



www.facebook.com/hillsideprimaryschool

Drugs

Drug dealing and drug use can have a huge impact on young people, families and wider communities – including addiction, violence, crime, and exploitation. Gangs and organised crime groups exploit children to transport and sell drugs. This has increased the violence in the drugs market.

If your child was at risk, would you spot the signs?

Young people are often unaware of the risks of drug dealing or using drugs.

Parents are unlikely to be aware of what is happening.



Possible signs a young person may be using or dealing drugs:

- | | |
|--|---|
|  Problems with friends, or a new friendship group, including older young people and adults |  Finding drug related litter or missing prescription medication |
|  Uncharacteristic changes in behaviour, including eating habits, change in appetite or mood |  Missing school or college |
|  Having more than one mobile phone – or being edgy or anxious after receiving calls and texts |  Withdrawing from family or friends, increased time away from home |
|  Change in spending habits or an increase in asking to borrow money |  Dizziness, sweating, dry mouth, hallucinations, nausea and vomiting, aggressive behaviour, trembling, twitching |



Common drug trends are constantly changing.

Find out more and get support

 talktofrank.com



Created by Cambridge City Council

What to do if you're worried about your child or a child you know

Remember, **you're not to blame.**
And **your child may be vulnerable or scared.**



Talk to your child

Let them know they can talk to you about anything. Ask them questions about what's going on, tell them that you want to help them and keep them safe.

Try to get them to see the reality of their situation. Be open, honest and non-judgemental; remember they may be scared. Try not to have this conversation with your child when they are under the influence of drugs and/or alcohol.

Gather evidence

There may be physical evidence of drug use, such as small bags, rolled up notes, scales, grinders, empty prescription boxes or bottles, and so on.

Get help and support

Talk to your child's school or another professional – see useful contacts below. Speaking to someone may help keep your child safe.

When to tell the Police

If you have any concerns that your child is being exploited, you should report this to the Police. They can help them end the situation. Remember, if your child is being exploited, they are a victim and should be treated as such.

If your child stays away from home, you should report them as missing to the Police immediately. If you are worried about your child's safety, report these fears to the Police or your child's school.

Useful contacts

Crimestoppers 0800 555 111
Missing People Safecall (call or text) 116 000
Cambridgeshire Constabulary 101
Child and Adolescent Substance Use Service*
01480 445 316 | cpft.nhs.uk/casus
Aspire** 01733 895 624 | changegrowlive.org
*Cambridgeshire ** Peterborough

If a child or young person is in immediate danger call 999

Children's Social Care

Peterborough 01733 864180
Cambridgeshire 0345 045 5203
Out of hours emergency team 01733 234724

Hillside Primary School Uniform

<https://www.candduniform.co.uk/>



- Purple jumper or cardigan with plain white polo shirts

- Plain black cotton trousers, knee-length skirts or pinafore dress.

- Purple gingham summer dresses

- Flat, black shoes which cover toes (no trainers).
Lace-up, buckles or Velcro fastenings (not slip-on).

Hillside sweatshirt £11.95 — Book bag — £8.50

PE Kit



Swimming Kit



Except P.E





Kids must
Bring
an
Adult!

Free

Picnic
Lunch

Games,
Activities
& Craft

Messy[®] CHURCH



Stoke Green
Baptist Church

All
Welcome

Story
&
Celebration

Maidenhall
Green
Saturday

12th July,
10:00am - 12:30pm

FIND US AT stokegreenbaptist.org.uk or Scan above for facebook



www.hillsideprimary.co.uk



[@hillsideprimary](https://twitter.com/hillsideprimary)



www.facebook.com/hillsideprimaryschool

At The National College, we believe that technology can be used to enhance learning and teaching, and to support the development of the 21st-century learner. We are committed to ensuring that our students are equipped with the skills and knowledge they need to succeed in the future. This includes understanding the risks and benefits of using technology, and being able to use it safely and responsibly.

What Parents & Educators Need to Know about NINTENDO SWITCH 2

Nintendo Switch had its first 10 games console in early June 2018. It is the first console to split into a hybrid console, as the original's success by combining console and handheld gaming, it also adds power for handheld use. The new features include a new design, as well as improvements to graphics, it is important to understand the new console might affect their own and others.

WHAT ARE THE RISKS?

EASIER TO ACCESS MATURE CONTENT

18
CONTENT

Parents should be aware that the new console has a rating system that allows users to access mature content. This means that children can access games that are rated for adults, which could be harmful to their health and well-being. Parents should be aware of the risks and take steps to protect their children from accessing inappropriate content.

IN-APP & GAME STORE PURCHASES

Parents should be aware that the new console has a rating system that allows users to access mature content. This means that children can access games that are rated for adults, which could be harmful to their health and well-being. Parents should be aware of the risks and take steps to protect their children from accessing inappropriate content.

UNRESTRICTED ONLINE PLAY IN SOME GAMES

Parents should be aware that the new console has a rating system that allows users to access mature content. This means that children can access games that are rated for adults, which could be harmful to their health and well-being. Parents should be aware of the risks and take steps to protect their children from accessing inappropriate content.

GAMECHAT & REAL-TIME VOICE COMMUNICATION

Parents should be aware that the new console has a rating system that allows users to access mature content. This means that children can access games that are rated for adults, which could be harmful to their health and well-being. Parents should be aware of the risks and take steps to protect their children from accessing inappropriate content.

CAMERA COMPATIBILITY & PRIVACY CONCERNS

Parents should be aware that the new console has a rating system that allows users to access mature content. This means that children can access games that are rated for adults, which could be harmful to their health and well-being. Parents should be aware of the risks and take steps to protect their children from accessing inappropriate content.

POWERFUL PULL OF FAMILIAR CHARACTERS

Parents should be aware that the new console has a rating system that allows users to access mature content. This means that children can access games that are rated for adults, which could be harmful to their health and well-being. Parents should be aware of the risks and take steps to protect their children from accessing inappropriate content.

Advice for Parents & Educators

CHECK RATINGS & USE PARENTAL CONTROLS

Parents should be aware that the new console has a rating system that allows users to access mature content. This means that children can access games that are rated for adults, which could be harmful to their health and well-being. Parents should be aware of the risks and take steps to protect their children from accessing inappropriate content.

REVIEW FRIEND LISTS AND CHAT PERMISSIONS

Parents should be aware that the new console has a rating system that allows users to access mature content. This means that children can access games that are rated for adults, which could be harmful to their health and well-being. Parents should be aware of the risks and take steps to protect their children from accessing inappropriate content.

REMOVE OR RESTRICT PAYMENT METHODS

Parents should be aware that the new console has a rating system that allows users to access mature content. This means that children can access games that are rated for adults, which could be harmful to their health and well-being. Parents should be aware of the risks and take steps to protect their children from accessing inappropriate content.

ENCOURAGE OPEN CONVERSATIONS

Parents should be aware that the new console has a rating system that allows users to access mature content. This means that children can access games that are rated for adults, which could be harmful to their health and well-being. Parents should be aware of the risks and take steps to protect their children from accessing inappropriate content.

Meet Our Expert

Parents should be aware that the new console has a rating system that allows users to access mature content. This means that children can access games that are rated for adults, which could be harmful to their health and well-being. Parents should be aware of the risks and take steps to protect their children from accessing inappropriate content.

#WakeUpWednesday The National College

@wake_up_weds @nationalcollege @wake_up_weds @wake_up_weds

Spring / Summer Menu Week 1

5th May, 26th May, 16th June, 7th July, 8th Sept, 29th Sept, 20th Oct 2025

WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Pork Sausage Toad in the Hole & Home-baked Potato Wedges	Red Tractor Mild Chicken Curry, Mixed Wholegrain & White Rice	Roast Chicken Gravy, Stuffing & Mashed Potato or Roast Potatoes	Wholemeal Margherita Pizza & Pasta Salad	MSC Fish Fingers & Chips
Main Meal Option 2	Cheese, Onion & Potato Pie & Home-baked Potato Wedges	Macaroni Cheese	Beany Shepherd's Pie ^{VS}	Rainbow Vegetable Lentil Pitta Pockets & Hummus ^{VS}	Vegetable & Bean Quesadilla, Chips
Filled Baguettes	Ham	Cheese	Tuna Mayonnaise	Cheese	Ham
Vegetables	Broccoli, Cauliflower & Carrots & Sweetcorn	British Red Tractor Garden Peas, Sliced Carrots	Broccoli, Cauliflower & Carrots	Carrot & Cucumber Sticks or British Red Tractor Garden Peas, Sweetcorn	British Red Tractor Garden Peas, Baked Beans
Baked Jacket Potatoes	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo, Cheese ^{VS}
Dessert	Banana Mousse & Orange Smiles	Marble Sponge ^{VS} & Chocolate Sauce	Strawberry Jelly with Watermelon Slice ^{VS}	Vanilla Cookie ^{VS}	Iced Sponge Cake with Sprinkles

Spring / Summer Menu Week 2

21st April, 12th May, 2nd June, 23rd June, 14th July, 15th Sept, 6th Oct, 27th Oct 2025

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Red Tractor Pork Sausage Roll & Home-baked Potato Wedges	Red Tractor Beef Pasta Bolognese & Garlic Bread	Roast Chicken Gravy, Yorkshire Pudding & Roast Potatoes	Wholemeal Margherita Pizza & Tomato Pasta Salad	MSC Fish Fingers & Chips
Main Meal Option 2	Macaroni Cheese	Veggie Sausage with Mash & Gravy Vg	Vegetable & Chickpea Fajita Wrap, Roast Potatoes Vg	Cheesy Bean Pitta	Tomato & Baked Bean Pasta Bake Vg
Filled Baguette	Ham	Cheese	Tuna Mayonnaise	Cheese	Ham
vegetable's	British Red Tractor Garden Peas, Baked Beans	Broccoli, Cauliflower & Carrots	Broccoli, Carrots & Sweetcorn	British Red Tractor Garden Peas, or Sliced Carrots	British Red Tractor Garden Peas, Baked Beans
Baked Jacket Potatoes	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}
Dessert	Banana Cake Vg & Custard	Shortbread & Orange Slices Vg	Hidden Fruit Chocolate Brownie	Flapjack Vg	Chocolate Oaty Slice Vg

Spring / Summer Menu Week 3

28th April, 19th May, 9th June, 30th June, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov 2025

WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Sweet & Sour Chicken Meatballs & Sunny Rice	Beef Lasagne & Garlic Bread	Roast Chicken Gravy, Stuffing & Roast Potatoes	Margherita Pizza & Tomato Pasta Salad	MSC Fish Fingers & Chips
Main Meal Option 2	Cheesy Tomato Pasta Bake	Chinese Sweet Chilli Quorn Stir Fry & Mixed Rice ^{VS}	Mediterranean Vegetable & Chickpea Stew & Roast Potatoes ^{VS}	Bean Burrito & Potato Wedges ^{VS}	Cheese & Onion Puff Pastry Roll
Filled Baguette	Ham	Cheese	Tuna Mayonnaise	Cheese	Ham
Vegetables	British Red Tractor Garden Peas, Baked Beans	Broccoli, Cauliflower & Carrots	Broccoli, Carrots & Sweetcorn	British Red Tractor Garden Peas or Sliced Carrots	British Red Tractor Garden Peas, Baked Beans
Baked Jacket Potatoes	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}	Jacket Potato with Tuna Mayo or Cheese ^{VS}
Dessert	Strawberry Mousse & Fruit Slices	Chocolate Cookie & Orange Wedges ^{VS}	Vanilla Cupcake	Chocolate Crunch 'Concrete' ^{VS} & Chocolate Sauce	Homemade Jam Sponge