



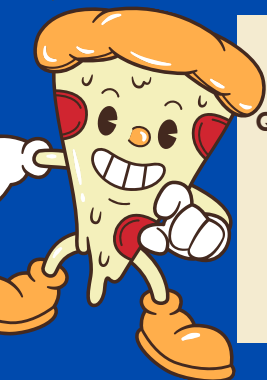
WEEK 1

QUEST

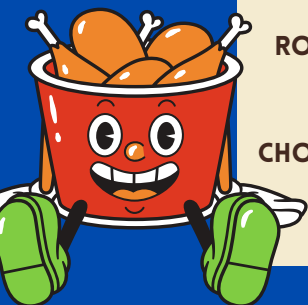
MAINS

SIDES

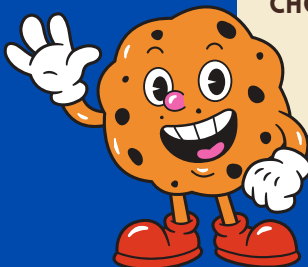
DESSERT



TUESDAY



THURSDAY



MARGHERITA PIZZA
QUORN MEATBALLS WITH SPAGHETTI
CHOICE OF BARMS
JACKET POTATO

SAUSAGE ROLL
VEGAN SAUSAGE ROLL
CHOICE OF WRAPS
JACKET POTATO

ROAST CHICKEN DINNER
ROAST QUORN FILLET DINNER
CHOICE OF SANDWICHES
JACKET POTATO

PASTA BOLOGNESE
CHEESE & TOMATO FLATBREAD
CHOICE OF BARMS
JACKET POTATO

FISH FINGERS
CHEESE WHIRL
CHOICE OF BAGUETTES
JACKET POTATO

MIXED SALAD
PEAS & SWEETCORN

OVEN BAKED HERBY DICED POTATOES
SPAGHETTI HOOPS

ROAST POTATOES
BROCOLLI
CARROTS

WHOLEMEAL PASTA
MIXED VEGETABLES

CHIPS
PEAS
SPAGHETTI HOOPS

VANILLA ICE CREAM SPONGE ROLL
FRESH FRUIT
YOGHURT

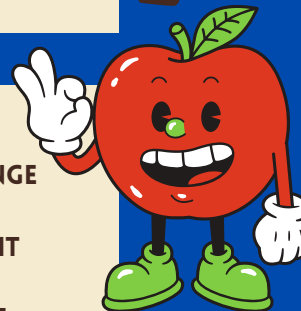
APPLE SPONGE
FRESH FRUIT
YOGHURT

ICED SPONGE CAKE
FRESH FRUIT
YOGHURT

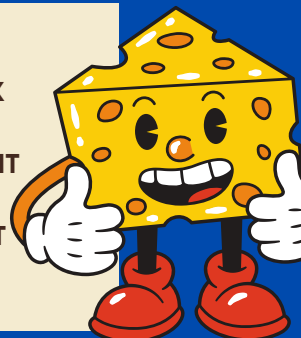
FLAPJACK
FRESH FRUIT
YOGHURT

CHOCOLATE COOKIE
FRESH FRUIT
YOGHURT

MONDAY



WEDNESDAY



FRIDAY



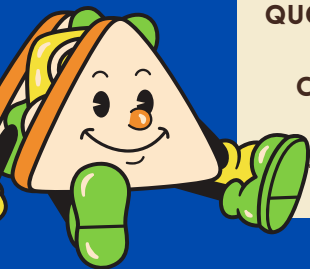
WEEK 2

QUEST

MAINS

SIDES

DESSERT



TUESDAY

TOMATO PIZZA
QUORN CHICKEN WRAP
CHOICE OF BARMS
JACKET POTATO

OVEN BAKED HERBY
DICED POTATOES

PEAS

SWEETCORN

STRAWBERRY ICE CREAM

FRESH FRUIT

YOGHURT

MONDAY

ALL DAY BREAKFAST
VEGETARIAN ALL DAY
BREAKFAST

CHOICE OF WRAPS

JACKET POTATO

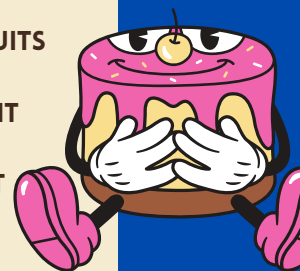
HASH BROWNS

BAKED BEANS

CRISPY BISCUITS

FRESH FRUIT

YOGHURT



ROAST CHICKEN DINNER
QUORN FILLET DINNER
CHOICE OF SANDWICHES
JACKET POTATO

MASHED POTATOES

BROCOLLI

CARROTS

LEMON SPONGE CAKE

FRESH FRUIT

YOGHURT

WEDNESDAY

CHICKEN TIKKA CURRY &
NAAN BREAD

QUORN TIKKA CURRY &
NAAN BREAD

CHOICE OF BARMS

JACKET POTATO

RICE

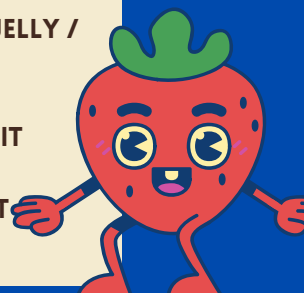
NAAN BREAD

GREEN BEANS

STRAWBERRY JELLY /
MOUSSE

FRESH FRUIT

YOGHURT



THURSDAY

CHICKEN NUGGETS

FISH FILLET
CHOICE OF BAGUETTES
JACKET POTATO

CHIPS

MUSHY PEAS

BAKED BEANS

CHOCOLATE MUFFINS

FRESH FRUIT

YOGHURT

FRIDAY





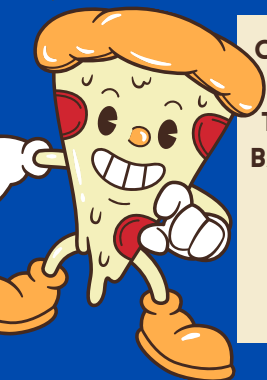
WEEK 3

QUEST

MAINS

SIDES

DESSERT



CHEESE & TOMATO PIZZA
TOMATO & HERB PASTA
BAKE WITH GARLIC BREAD
CHOICE OF BARMS
JACKET POTATO

MIXED SALAD
MIXED SEASONAL
VEGETABLES

VANILLA ICE CREAM
FRESH FRUIT
YOGHURT

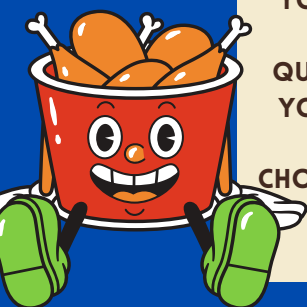
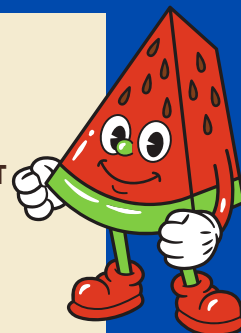
MONDAY

TUESDAY

SAUSAGES, MASH & GRAVY
VEGAN SAUSAGES, MASH &
GRAVY
CHOICE OF WRAPS
JACKET POTATO

MASHED POTATOES
PEAS & SWEETCORN

MUFFINS
FRESH FRUIT
YOGHURT



ROAST CHICKEN WITH A
YORKSHIRE PUDDING
QUORN FILLET WITH A
YORKSHIRE PUDDING
CHOICE OF SANDWICHES
JACKET POTATO

ROAST POTATOES
CABBAGE
CARROTS

SHORTBREAD
FRESH FRUIT
YOGHURT

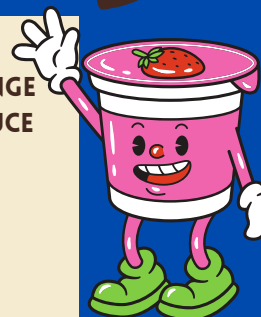
WEDNESDAY

THURSDAY

BBQ CHICKEN WITH RICE
CHEESE
OMELETTE
CHOICE OF SANDWICHES
JACKET POTATO

RICE
MIXED VEGETABLES
BAKED BEANS

CHOCOLATE SPONGE
& CHOCOLATE SAUCE
FRESH FRUIT
YOGHURT



BEEF BURGER
FISH FINGERS
CHOICE OF BAGUETTES
JACKET POTATO

CHIPS
PEAS
SPAGHETTI HOOPS

LANCASHIRE COOKIE
FRESH FRUIT
YOGHURT

FRIDAY