

## HEALTH AND HYGIENE AT COLLEGE

Students will be aware of the high profile of Coronavirus in the news at the moment. As a College, we are following the Government guidance in relation to this and are encouraging everyone to take extra care with health and hygiene precautions. You can see the posters around College but as a reminder you can reduce the risk by:



- Washing your hands often - with soap and water, or use alcohol sanitiser if handwashing facilities are not available. This is particularly important after taking public transport
- Covering your cough or sneeze with a tissue, then throwing the tissue in a bin. Catch it, Bin it, Kill it
- People who feel unwell should stay at home and should not attend work or any education or childcare setting
- Use an alcohol-based hand sanitiser that contains at least 60% alcohol if soap and water are not available
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Avoid close contact with people who are unwell
- Clean and disinfect frequently touched objects and surfaces

Please remember if you have travelled to one of the areas affected, then you must follow the Government guidance regarding your return.

## DIVERSITY WEEK 2 - EVERYONE COUNTS!

Diversity Week two will run 9<sup>th</sup> - 13<sup>th</sup> March. Full details will be released soon, but during the week there will be lots of opportunities to explore the uniqueness of others, and why an equal world is a better world.

Full details will be advertised on the screens around College but don't miss our Rainbow Run/ Wheel/ Walk which takes place on Tuesday 10<sup>th</sup> March.

 @huddnewcoll



## INTENDING TO APPLY FOR JOBS?

Our Careers service is offering a range of drop in support sessions which are designed to help if you are looking to apply for a job. These all run over the lunch period as follows:

Thursday 5<sup>th</sup> March - looking for vacancies

Tuesday 10<sup>th</sup> March - CVs and job applications

Thursday 19<sup>th</sup> March - interview skills

## BOOK OF THE WEEK

Our book of the week is 'This Book is Gay' by Juno Dawson.

This book takes a look at all things LGBT and is a funny and frank read regardless of where you fall on the sexual spectrum!



This week's choice has been inspired by the recent LGBT History Month.

Have a book you'd recommend? Email [news@huddnewcoll.ac.uk](mailto:news@huddnewcoll.ac.uk) to tell us more and we'll include it in Moodle News Bites and on our social media!

## Final chance to join Poetry by Heart

We'll soon be hosting our Poetry by Heart competition - now is the last chance to benefit! Email [s.daley@huddnewcoll.ac.uk](mailto:s.daley@huddnewcoll.ac.uk) for details

In addition to in house workshops, our Careers service are advertising a range of external events for those interested in apprenticeships - pop in for further details

## Self defence

We still have some places on our FREE self defence course after half-term Email [p.lombard@huddnewcoll.ac.uk](mailto:p.lombard@huddnewcoll.ac.uk) for details

