

INVEST IN YOURSELF

With the days getting shorter and colder, we have a couple of brand new enrichments for you on our Moodle platform. Now is perfect time to make sure you invest in yourself and benefit from taking part in an enrichment. We suggest you take a look at:

Get Active & search for Santa: Join our official HNC Strava and walk, run, wheel or cycle the distance from Huddersfield to Lapland from now until the Christmas break. Every step counts, and we have a range of prizes to be won! Email p.lombard@huddnewcoll.ac.uk or r.king@huddnewcoll.ac.uk to be added to the group

Get Inspired: curl up with a good watch or read

Our review club invites you to share your thoughts on a book, film or TV show. Send us your review of either *A Line to Kill* by Anthony Horowitz, *No Time to Die* or *Dr Who: Flux* for a chance to win a £20 voucher. You can also join our Book Review Club

Get Creative: Adobe challenge with the SFCA. Every month during this academic year you can join a creative challenge which uses Adobe software and tools (available in College). This month's challenge is 'Hometown Heroes' and asks you to create a graphic representing where you are from. See Moodle for full details.



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ALCOHOL AWARENESS WEEK

This week is Alcohol Awareness Week. The week aims to raise awareness of the risks of alcohol, and help you understand the help available if you are concerned about your own or someone else's relationship with alcohol.

The legal age for alcohol consumption in the UK is 18. If you need any support, help or advice please do speak to our Student Well-being service here at HNC.

The Alcohol Awareness Week website offers a great range of resources to help you understand the risks of alcohol, and how you can manage these if you are of legal drinking age. We also recommend their 'are you drinking too much calculator?'

<https://tinyurl.com/ytxtp6jd>

CARING FOR OUR WORLD

We will be hosting a special Green Week here at HNC from Monday 29th November. This is a real opportunity to see how taking small steps can reduce your carbon footprint. Look out for more details coming soon about this week!

EQUALITY & DIVERSITY WEEK

Thank you to everyone who has joined us so far for Diversity Week. It was fantastic to see so many of you supporting our Anti-Bullying Week activity! Today we are shining a light on Transgender Awareness Week, leading up to Transgender Day of Remembrance where we remember all those who have lost their lives through transphobic hate. Today you can collect a pronoun pin badge, a symbol of inclusion and a reflection of how we don't assume a person's gender identity here at HNC.

Join us in Reception to collect yours!



***REMINDER** RESPECT COMPETITION

Don't forget to tell us what respect means to you in a couple of short sentences for a chance to win a special prize! Email entries to e.montgomery@huddnewcoll.ac.uk (closes Wednesday 24th).

INTERESTED IN A NEW QUALIFICATION?
Don't forget you can join DofE, including at Bronze Award level. We also have a number of FREE places available for students who receive financial help.
Email dofe@huddnewcoll.ac.uk

WEAR A FOOTBALL SHIRT THIS FRIDAY
This Friday is Football Shirt Friday. Wear your chosen team shirt to support the Bobby Moore Fund - we can't wait to see your shirts!

DON'T FORGET
If you need a quiet place to study you can visit any Independent Learning Hub within College

