



Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

4th March 2022

Dates for your diary 2022

Monday 7 th March	Year 10 Assessment Week
Monday 7 th – 11 th March	Careers Week
Monday 7 th – 11 th March	NAP Parental Review Week
Tuesday 8 th March	International Women's Day
Thursday 10 th March	Mindset Workshop Year 7
Monday 14 th March	Animal man in school
Monday 21 st March	Governor's meeting

Important information

- A reminder to parents to check their child's Parent Pay account to ensure that there are sufficient funds to cover break and lunch time purchases in the canteen.
- It is important that you are checking your School Gateway/emails and the school website for updates from the school.

Setting Language Preferences

You can change your preferred language on the school website to keep up to date with key dates and information.

Office 365 Email ClassCharts Homework GCSE Pod Hegarty Maths Tassomai Contact Us Vacancies **Select Language** ▼

Hodge Hill Girls' School

0121 464 3094 | enquiry@hodgehgs.bham.sch.uk | f t A- A+

Search



Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

4th March 2022

Year 11 GCSE Fine Art

Deadline to hand in all completed coursework worth 100% of the GCSE grade this year is 1st April. Extra support after school on a Friday, week A can be booked through Gateway and there is only 2 weeks of this support left!

Year 11 GCSE Photography

Deadline to hand in all completed coursework worth 100% of the GCSE grade this year is 28th April.

Keeping Healthy

A reminder if your daughter displays signs of Covid-19 or tests positive they should not come into school, but follow the latest national guidance found below:

<https://www.gov.uk/government/publications/covid-19-people-with-covid-19-and-their-contacts/covid-19-people-with-covid-19-and-their-contacts>

The Department for Education has published updated guidance for parents and carers of children who attend school.

<https://www.gov.uk/government/publications/what-parents-and-carers-need-to-know-about-early-years-providers-schools-and-colleges-during-the-coronavirus-covid-19-outbreak/step-4-update-what-parents-and-carers-need-to-know-about-early-years-providers-schools-and-colleges>

School will continue to encourage good hygiene with frequent hand washing/sanitising

Maintain appropriate cleaning regimes

Keep occupied spaces well ventilated

Follow public health advice on testing, self-isolation and managing confirmed cases of COVID-19

If your child has to work at home due to testing positive with COVID-19 please inform school . If you need any support or guidance we are here to help.



Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**







4th March 2022

Independent Learning

Reminder – Independent learning platforms available to your child

Review learning – close any gaps – extend Learning

It's important that you encourage your child to use the independent learning tools that are available. Here's a reminder of a few key platforms that your child should be using daily to enhance their learning. Log on details are available from the school.

Hegarty Maths	
Tassomai	
GCSEPod	
FlashAcademy	
Active Learn	
Oak National Academy	

Using these platforms regularly will enable your daughter to go over information learnt in school, close any gaps in their knowledge and prepare for future learning.

Hodge Hill Girls' School pupils have been so successful in the use of GCSE Pod they have recently been recognised for their commitment and hard work in regional competitions.



Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

4th March 2022

Value of the Month: March, week 1

March is the month we think about the value of **STRENGTH** at Hodge Hill Girls' School. What can we do at home to support this value?

**SECURE your
STRENGTH!**

Mental resilience: "The process of adapting well in the face of adversity, trauma, tragedy, threats or even significant sources of stress."

How can we **DEVELOP** mental strength in ourselves and in others daily?

How can we build mental strength?		
Focus on one thing at a time.	Build in physical activity daily.	Replace negative with positive.
Set some boundaries.	Ask for help when needed.	Escape from assuming.

"We will either find a way, or make one." —Anibal Barca



Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

4th March 2022

Careers Education, Information, Advice and Guidance (CEIAG)

Parents' Guide to National Careers Week

Please see the link below for Parents Guide to National Careers Week, which will be taking place next week from Monday 7th - Friday 11th March.

<https://nationalcareersweek.com/parentsguide/>



[The Parents' Guide to - National Careers Week](#)

The Parents' Guide to provides parents with the information they need to help their teenage children make the right choices to create successful futures after GCSE and sixth form.

nationalcareersweek.com

National Careers Week

National Careers Week was created as a celebration of careers guidance and free resources in education across the UK. The aim is to provide a focus for careers guidance activity at an important stage in the academic calendar to help support young people leaving education.

We will be supporting the event in school with:

- Form time takeovers – all week form time will be dedicated to complete tasks related to careers.
- National Careers Week assembly
- Door signs - as in previous years, teachers will share details of their past employment and skills gained on the door to their classrooms.
- Virtual assemblies from employers each morning. There will be a virtual assembly from a different employer every day.
- Employability skills sheet in planners_- all pupils will be encouraged to complete these during the week
- Starters/Plenaries - pupils will be shown a video in every lesson as a starter or plenary showing them which careers relate to different subject areas



Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

4th March 2022

- Learn Live - this website has a live broadcast of an employer talking about their career at any time during the day which will be shared with students.
- My Options Post 16 Virtual Presentation - this will take place on Thursday 10th at 2pm for year 9 or 10 students.

Career of the week – Chemical Scientist

Weekly Pay: £750

Annual Pay: £39,000

Hours per week: 40

Hourly Pay: £19

You might find this job in:

Coke & refining; Chemicals, etc
Scientific research
Wholesale trade
Education
Architectural & related

HS2 Apprenticeships

HS2 have opened applications for the following apprenticeship schemes:

- Apprenticeship Level 3: Health, Safety and Environment Technician (Birmingham Based)
- Apprenticeship Level 4: Surveying Technician (Birmingham/London Based)
- Apprenticeship Level 4: Procurement and Supply Chain (Birmingham Based)
- Apprenticeship Level 4: Land Referencer (Birmingham Based)
- Apprenticeship Level 4: Cyber Security Technologist (Birmingham Based)
- Apprenticeship Level 4: Associate Project Management (Birmingham/London/IPT Based)

To apply, or to find out more information, including an FAQ, please see the Future Talent page on the website:

<https://www.hs2.org.uk/jobs-and-skills/future-talent/>

Applications close at midday on 9th March 2022, and if successful your apprenticeship would begin in September 2022.



Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

4th March 2022

Cadbury Sixth Form College Tours



YOUR FUTURE STARTS HERE

VISIT OUR

TALK & TOURS

We are looking forward to welcoming you to campus for our **2022 Talk & Tours**.

**9 MARCH 2022 5PM-7PM OR
12 MARCH 2022 10AM-2PM**

GET THE EXPERIENCE

- ✓ Find out about our courses, view the facilities & see first hand what Cadbury Sixth Form College can offer you.
- ✓ Speak to our friendly, supportive staff and ask any questions in an informal environment.
- ✓ Experience a hands-on practical session.
- ✓ It's an opportunity to meet people just like you!

PRE-BOOK YOUR PLACE TODAY AT OUR TALK & TOURS

CHECK OUR WEBSITE FOR LATEST UPDATES

TALK TO US! **CALL 0121 458 3898 OR VISIT CADCOL.AC.UK**



CADBURY COLLEGE, KINGS NORTON, BIRMINGHAM B38 8QT

cadcol.ac.uk



Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

4th March 2022

Up and Coming Events

Date	Event
1 st – 31 st March	National Women's History Month
Thursday 17 th March	STEM Event with MCC Digital and Jaguar Land Rover
Saturday 19 th March	Screen and Film School Birmingham
Friday 1 st April	Mozart in Mind
Friday 8 th July	Festival of Apprenticeships – Careers Roadshow

World Book Day

We have been very busy in school celebrating this week. You can support your child's reading further at home in a couple of ways:

1. Visit your local library - public libraries are a lifeline to the community and nowadays are built to serve teenager's needs. Discover your local library by visiting: <https://www.gov.uk/local-library-services>
2. Reading for Everyone - we recognise that not all children are natural book lovers. Some may enjoy reading other media types like newspapers or magazines. There is nothing wrong with this; the important thing is that they are reading.

To ensure that our students have access to this type of media we have made The Week and First News available, free of charge for all students to read whenever they like. These educational and fun periodicals will give your child the chance to enhance their reading skills whilst learning about lots of fun and interesting topics.

You can even quiz your child on the contents to make sure they have been reading and not just looking at the pictures. You can access the latest quiz for The Week [here](#), and First News [here](#).





Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

4th March 2022

Extraordinary Portraits

<https://www.bbc.co.uk/programmes/m001503v>

A BBC series on Sundays at 18.30 called Extraordinary Portraits hosted by Tinie Tempah. In these programmes a range of artists create breathtaking portraits of people who share their incredible personal and powerful stories helping to create a picture of modern Britain.



[BBC One - Extraordinary Portraits](#)

Where skills meet stories, hosted by Tinie. Artists create breathtaking portraits of people with incredible personal and powerful stories - creating a picture of modern Britain ...

www.bbc.co.uk

Mozart in Mind – 1st April

This event has been organised with a particular focus of enabling young people with additional needs and their families to experience classical music in a safe, community environment. Therefore, there will not be a traditional theatre seating layout and the audience are free to move around and interact with or respond to the performance in any way they wish to. It is fully accessible with lifts, ramps and changing facilities available with a mobile hoist.

<https://macbirmingham.co.uk/event/mozart-in-mind>

To obtain a limited number of free tickets, email musicandminds@hotmail.com



Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

4th March 2022

National Be Heard Day – 7th March

Traditionally a day for small business to learn how to be heard in a busy, noisy world. However, 'being heard' is something that is embedded in everything we do at our school. We believe in students having a voice and being heard through our pupil voice and school council work.

Celebrating women and girls this International Women's Day

This International Women's Day, Park Run are partnering up with This Girl Can to encourage thousands more women and girls to take part in a parkrun event on Saturday 5th March.

<https://blog.parkrun.com/uk/2022/02/16/celebrating-women-and-girls-this-international-womens-day/>





Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

4th March 2022

Safeguarding, Well-Being and Mental Health support

If you need any advice or guidance that relates to emotional well-being, please visit the [safeguarding](#) area of our website or access any of the following links:

MIND: www.mind.org.uk

KOOTH: www.kooth.com

CHILDLINE: www.childbereavementuk.org

Social Media

The UK Safer Internet Centre share some best practice for parents/carers to help their children stay safe when using social media.

<https://saferinternet.org.uk/online-issue/social-media-3>

Mindfulness Challenge

Loving yourself starts
with liking yourself,
which starts with
respecting yourself,
which starts with
thinking of yourself
in positive ways.

- JERRY CORSTEN -

**Week 17 OF THE
MINDFULNESS CHALLENGE**

**“EXERCISE – Mindful Love
Note”**



This week is the beginning of March and the Value for the month is “Strength.” Pupils and Staff will have the opportunity to take part in various activities throughout the month. This is a chance to look within yourself to identify and acknowledge your strengths, give it a go and see if it makes a difference. Two events that have taken place this week are: Tuesday, 1st March 2022, celebrating St David’s Day who was The Patron Saint of Wales, who showed strength inspiring others travelling abroad preaching what he believed in. For those observing Lent (which started on Wednesday, 2nd March 2022) the strength of mind



Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

4th March 2022

to give up something you enjoy for the next 40 days, acknowledge tasks or actions you do well. By being kinder to yourself will help you be kinder to others.

The next time you are alone take out your phone and record a spoken love letter to yourself (if you have not got a phone use a notebook and write it down instead). Say aloud everything you love about yourself: your ambitions, goals and strengths. The ways you may have shown kindness or inspired others. Now listen to or read it out several times over the following week. After a while you will notice something incredible as we usually seek praise, acceptance and confirmation from outside sources. What if you could hear it from yourself instead just how awesome you really are. This may help change the way you think and give you strength when you need it most. Do not forget to leave feedback or pictures on: mindful@hodgehgs.bham.sch

Mindful March from Action for Happiness

Action for Happiness have put together a list of daily actions to help you be more mindful. Below is your actions for the week ahead. If you'd like to see the rest of the month [click here](#).

[Mindful March - Day 5 Saturday](#)

Bring to mind people you care about and send love to them

[Mindful March - Day 6 Sunday](#)

Have a "no plans" day and notice how that feels

[Mindful March - Day 7 Monday](#)

Take three calm breaths at regular intervals during your day

[Mindful March - Day 8 Tuesday](#)

Eat mindfully. Appreciate the taste, texture and smell of your food

[Mindful March - Day 9 Wednesday](#)

Take a full breath in and out before you reply to others

[Mindful March - Day 10 Thursday](#)

Get outside and notice how the weather feels on your face

[Mindful March - Day 11 Friday](#)

Stay fully present while drinking your cup of tea or coffee



Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

4th March 2022

Download Schoolgateway our free school app for parents/carers

Download Schoolgateway our free school app for parents and carers.

Schoolgateway is our primary mode of communication alongside emails. Therefore, we encourage you to download and regularly check the app to stay informed of important information, updates and advice.

Please note this only works for priority 1 parents/carers. If you need to update your details, please contact your daughter's Pastoral Manager.



ParentPay can you please ensure that your account is activated any queries please contact school reception enquiry@hodgehgs.bham.sch.uk

Contact Details: It's important to make sure your contact details are up to date should we need to get in contact with you. If your details have changed then please let our reception team know as soon as possible. You can either call us on 0121 464 3094 or email us at enquiry@hodgehgs.sch.bham.uk