



Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

1st April 2022

Dates for your diary 2022

Friday	1st April	Year 11 Mock Results
Friday	1st – 30th April	Stress Awareness Month
Friday	1st – 30th April	Mathematics Awareness Month
Sunday	3rd April	Start of Ramadan TBC
Monday	4th – 8th April	Spelling tests for Year 7 and 8
Thursday	7th April	Year 11 BTEC Results
Monday	11th – 25th April	Easter Holidays – school closed

Important information

- A reminder to parents to check their child's Parent Pay account to ensure that there are sufficient funds to cover break and lunch time purchases in the canteen.
- It is important that you are checking your School Gateway/emails and the school website for updates from the school.
- Next week will be week A

Changes to measures and guidance for managing COVID-19 in education and childcare settings from Friday 1 April

Updated guidance will advise:

- Adults with the symptoms of a respiratory infection, and who have a high temperature or feel unwell, should try to stay at home and avoid contact with other people until they feel well enough to resume normal activities and they no longer have a high temperature.
- Children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people. They can go back to school, college or childcare when they no longer have a high temperature, and they are well enough to attend.
- Adults with a positive COVID-19 test result should try to stay at home and avoid contact with other people for 5 days, which is when they are most infectious. For children and young people aged 18 and under, the advice will be 3 days.



Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

1st April 2022

If your child must work at home due to testing positive with COVID-19, please inform school. If you need any support or guidance we are here to help.

- School will continue to encourage good hygiene with frequent hand washing/sanitising
- Maintain appropriate cleaning regimes
- Keep occupied spaces well ventilated
- Follow public health advice on testing, self-isolation and managing confirmed cases of COVID-19

School Pride Values

We believe in having a clear set of school values that are at the heart of everything we do as a school. These values are the solid foundation that we have built our school on and make us proud to be Hodge Hill Girls' School.



Partnerships - We value each member of our school community and work in partnership to achieve the best outcomes.



Respect - For ourselves and others in words and actions. We demonstrate respect for our environment.



Inspiration - We are inspired to make a positive difference to ourselves and the wider community within our daily lives. We are inspired to challenge ourselves and to be the very best we can.



Determination - We show determination, and we keep trying even when the going gets tough. We demonstrate resilience, take risks and rise to the challenge.



Excellence - We aim for excellence, demonstrating high standards in all that we do. We demonstrate a professional approach in our actions, words, attire and outcomes.



Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

1st April 2022

Value of the Month: April, Week 1

April is the month we think about the value of **STRENGTH** at Hodge Hill Girls' School. What can we do at home to support this value?

Value of the Month March: **STRENGTH- Week 5**

Partnership Respect Inspiration Determination Excellence

Ask Yourself

Why do some people give up?

Making connections: Easter & Ramadan.

Giving up is failing. Do you agree?

STAY STRONG, STAY POSITIVE AND NEVER GIVE UP.
ROY T. BENNETT

Daily conversations: Ask yourself what you have learnt about your thoughts, emotions and behaviour today. Consider what you hope to develop upon or achieve tomorrow.

Before giving up/in have you...		
switched your mind-set from negative to positive?	asked yourself why you are doing the task?	asked for help or support?
asked yourself why you feel like giving up.	taken a break to energise yourself.	felt the feeling of success before?
looked at other people's successes & how they achieved them.	asked why life should 'always' be easy?	have you got a vision or end goal?

INSPIRE → EMPOWER → ACT → SHARE

Get motivated, get on purpose, and you won't feel like giving up.

Feeling sorry for yourself takes the power away & makes you unable to see the next opportunity.

Create your personal motive to act. You create your action plan. Then act on it.

It's ok to fail, make mistakes and get frustrated, but it's never ok to get discouraged.

Never give up trying to build the world you can see, even if others can't see it. Simon Sinek



Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

1st April 2022

Word of the Week 1st April – 8th April

Staff will be listening out for good examples of the Word of the Week being used around school to award positive points.

How can you support this at home? Try to use the word '**Elated**' as much as possible at home, make sure your child understands its definition and reward them for using the word themselves.

Wow!
WORD OF THE WEEK

Definition:
Feeling incredibly happy

Examples:

- She was **elated** upon receiving her test result
- She felt **elated** when she won the race against Alison.

Elated
adjective

what are other words for elated?
jubilant, exultant, joyful, gleeful, ecstatic, euphoric, joyous, overjoyed, triumphant, exhilarated

Synonyms:
(An alternative word with a similar meaning):
ecstatic
exhilarated

Characteristics:
The word '**elated**' is from the Latin word '**elatus**'

It means more than just being happy- it is when you are over the moon with something

Antonyms
(opposite meaning):
disappointed
unhappy



Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

1st April 2022

Revision help over the Easter holidays



The Learning Program

**Virtual tuition sessions for GCSE students
presented by Tassomai teachers!**



Tassomai Science, English and Maths teachers are presenting a 45-minute Zoom based lesson to students that tend to struggle with those topics based on Tassomai data.

They will be sending out updates on Live Lesson schedules through **Parent Reports** over the next few weeks to those parents who are registered to receive them.

You can [find an example of a parent report here](#).

Download the Live Lessons schedule [Here](#)

Date	Subject	Topic
05/04/2022	Physics	Atomic Structure - Mass Number, Atomic Number and Isotopes
06/04/2022	English literature	Macbeth - Characters - Macduff
07/04/2022	Biology	Genetics - Meiosis
12/04/2022	Maths	Direct and Inverse Proportion
13/04/2022	English language	Non-Fiction Texts - Audience and Purpose
14/04/2022	Chemistry	Chemical Changes - Acid Reactions & Their Products
19/04/2022	Physics	Radiation & Half Life - Use of Radioactive Materials
20/04/2022	English literature	An Inspector Calls - Plot - Acts 2 and 3
21/04/2022	Biology	Homeostasis & Response - Control Systems



Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

1st April 2022

Careers Education, Information, Advice and Guidance (CEIAG)

HSBC Graduation Apprentice Stories

Be inspired by the successes of HSBC Apprentices and why they chose this alternative route to college/university. To register click [here](#)

Find out more: <https://www.youthemployment.org.uk/hsbc-webinar-graduation-apprentice-stories-13th-july-westmidlands/>

The Prince's Trust Development Awards

Find out more: <https://www.youthemployment.org.uk/the-princes-trust-development-awards-funding-to-help-you-get-into-work/>

 **START SOMETHING** **Development Awards**
Funding to help you get into work.

Average grant
£100 - £150

The Prince's Trust Development Awards are easy for young people to apply for & can help pay for work essentials such as course fees, tools, travel costs or equipment .



Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

1st April 2022

Up and Coming Events



Easter Holiday Activities

As always, Bring it on Brum have made sure your children can keep entertained over the school break. In the lineup is Stechford Leisure Centre with a [Kids multi-sports Holiday Activity Scheme](#) for 5-12 year old's.

Take a look at what else is on here: <https://streetgames.coordinate.cloud/>

Birmingham Museum & Art Gallery is opening up again for a short period of time in April before it closes again to continue with the refurbishment. Why not plan a visit. See the link for details.

<https://www.birminghammuseums.org.uk/blog/posts/birmingham-museum-art-gallery-counting-down-to-pop-up-reopening-and-return-of-edwardian-tearooms-for-commonwealth-games>

World Autism Acceptance Week 2022

World Autism Acceptance Week is taking place 28th March – 3rd April. Here you can find lots of resources to help you raise awareness of autism wherever you are. [Click here to view](#)

Safeguarding, Well-Being, and Mental Health support

If you need any advice or guidance that relates to emotional well-being, please visit the [safeguarding](#) area of our website or access any of the following links:

- MIND: www.mind.org.uk
- KOOTH: www.kooth.com
- CHILDLINE: www.childbereavementuk.org



Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

1st April 2022

Birmingham Safeguarding Children Partnership

Free resources for parents/carers to help keep your child safe. Bookmark this website and keep a regular check on the latest covid information, campaigns, online safety and more. Take a look here: <https://www.lscpbirmingham.org.uk/parents-a-carers>



Week 21 OF THE MINDFULNESS CHALLENGE

“EXERCISE – Mindful Waiting”

At the end of this week Ramadan is expected to start, depending on the sighting of the moon and the Mosque you follow. For those of you taking part in Ramadan it is a time for fasting, prayer and self-discipline so use the “Mindful Waiting Exercise” below to help you during this time. For those not taking part you could also benefit from using this time to reflect, pray or think about what is important to you.



Any time you find yourself waiting today – be it when you are in the line waiting to come into school in the morning, waiting for your friend who is late or to speak to a member of staff – take the opportunity to practice mindfulness, meditation, gratitude, or prayer. As it is Ramadan any time spent waiting can be used for prayer, thinking about “good deeds” or helping other people in need. By using this time productively, it will give you a chance to think about your beliefs instead of grabbing something just to fill the space it can be spent in a more meaningful way.





Hodge Hill Girls' School Weekly Parent Bulletin

Value of the Month: **STRENGTH**

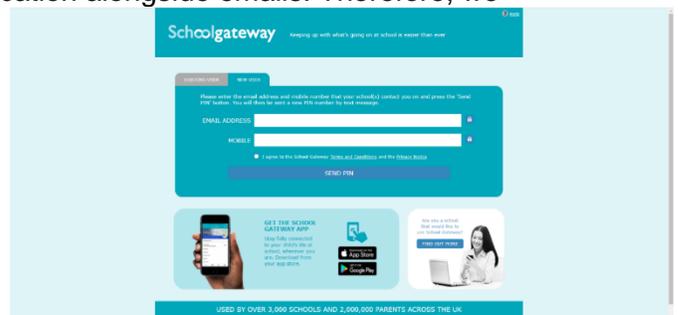
1st April 2022

Download Schoolgateway our free school app for parents/carers

Download Schoolgateway our free school app for parents and carers.

Schoolgateway is our primary mode of communication alongside emails. Therefore, we encourage you to download and regularly check the app to stay informed of important information, updates and advice.

Please note this only works for priority 1 parents/carers. If you need to update your details, please contact your daughter's Pastoral Manager.



ParentPay can you please ensure that your account is activated any queries please contact school reception enquiry@hodgehgs.bham.sch.uk

Contact Details: It's important to make sure your contact details are up to date should we need to get in contact with you. If your details have changed then please let our reception team know as soon as possible. You can either call us on 0121 464 3094 or email us at enquiry@hodgehgs.sch.bham.uk