



HODGE HILL GIRLS' SCHOOL

"Educating tomorrow's women today"

Weekly Parent Bulletin

Value of the Month: **PATIENCE**

6th May 2022

Dates for your diary 2022

Sunday	1st – 31st May	National Teen Self-Esteem Month
Monday	16th May	Governors Committee meeting
Monday	9th May	Year 10 Parents Evening
Monday	9th 15th May	Mental Health Awareness Week
Tuesday	17th May	Year 10 Coffee Morning
Wednesday	25th May	Year 8 HPV vaccinations
Monday	30th May – 3rd June	Half Term Week – School Closed
Monday	6th – 10th June	Year 8 Assessment Week

Important information

- **Parents Evening for Year 10 on Monday 9th May 4:00pm to 6.25pm.**
- **A reminder to parents to check their child's Parent Pay account to ensure that there are sufficient funds to cover break and lunch time purchases in the canteen.**
- **It is important that you are checking your School Gateway/emails and the school website for updates from the school.**

Reminder of School Uniform

- All pupils must be in full school uniform.
- They must have their school blazer and school tie on
- School shoes must be worn and not trainers unless they have PE and this must be their full PE kit.

Lost Property

- We have a high volume of lost coats and uniform.
- Every Friday we will be displaying the items for your daughter to claim.
- To help with re-uniting clothing with our pupils could you please label each item with their name.



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Attendance

- School opens at 8.25am and registration starts at 8:35am for all pupils. All pupils should be sat in their Form rooms by this time.
- Any pupil arriving late will receive a late mark. Repeated lateness will be followed up.

Holidays should only be taken during school breaks. It is essential for your daughter to be in school regularly to benefit fully from their educational opportunities. Good attendance will ensure that your daughter can reach her full potential. To achieve this, your daughter needs to attend school every day and arrive on time.

Homework Club Monday to Friday at 14:45pm – 15:45pm

- Homework Club is for an hour each day after school for Year 7, 8,9 and 10.
- Year 11 pupils are welcome to attend on a Friday. They will be able to access support, use a computer to complete tasks set on Hegarty, Tassomai or GCSEPOD or complete their homework in a quiet welcoming environment.

If you would like your daughter to attend, click on to the school website, access school Gateway and book them in for the sessions you would like them to stay in.

Safeguarding, Well-Being, and Mental Health Support

If you need any advice or guidance that relates to emotional well-being, please visit the [safeguarding](#) area of our website or access any of the following links:

- MIND: www.mind.org.uk
- KOOTH: www.kooth.com
- CHILDLINE: www.childbereavementuk.org



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Week 23 OF THE MINDFULNESS CHALLENGE

"EXERCISE – JELLYBEAN GAME"

This week most of you celebrated Eid and fasting has finished so you will be able to treat yourself and take part in "The Jellybean Game." This gives you a chance to play a game where you eat some Jellybeans and apply the colours to something you have said, thought or choices made. Have a go following the instructions below.

Buy a packet of Jellybeans or other suitable coloured sweets. When you get chance to have some alone time start to enjoy eating your Jellybeans whilst doing the following:

- ❖ For every **RED** one say one thing that makes you happy
- ❖ For every **BLUE** one say one thing that makes you sad
- ❖ For every **GREEN** one say one thing that makes you angry
- ❖ For every **YELLOW** one say one thing that makes you feel excited
- ❖ For every **BROWN** one say one poor choice you have made today and what you could have done differently
- ❖ For every **ORANGE** one say one good choice you made today and how it made you feel

By spending this time thinking about all the different actions, thoughts or choices you make in a day can help you reflect if your choices were the right ones, learn to develop self-control skills or how to let go and move forward. Hope you have fun playing the game whilst also having a treat.

Do not forget to leave feedback or pictures: mindful@hodgehgs.bham.sch

Download Schoolgateway our free school app for parents/carers

ParentPay can you please ensure that your account is activated any queries please contact school reception enquiry@hodgehgs.bham.sch.uk

Contact Details: It's important to make sure your contact details are up to date should we need to get in contact with you. If your details have changed then please let our reception team know as soon as possible. You can either call us on 0121 464 3094 or email us at enquiry@hodgehgs.sch.bham.uk