



RELATIONSHIPS AND SEX EDUCATION

"Effective RSE does not encourage early sexual experimentation. It should teach young people to understand human sexuality and to respect themselves and others. It enables young people to mature, build their confidence and self-esteem and understand reasons for delaying sexual activity. Effective RSE also supports people throughout life to develop safe, fulfilling and healthy sexual relationships at the appropriate time."

DfE Statutory Guidance for Relationships and Sex Education (RSE)

The Department for Education has announced changes to relationships and sex education (RSE). All schools are required to comply with the updated requirements. This means that we have reviewed our RSE curriculum and policy so we can be sure our RSE provision is appropriate for our pupils based on their:

- Age
- Physical and emotional maturity
- Religious and cultural backgrounds
- Special Educational Needs and/or Disabilities

You will be aware that, as a part of your child's educational experience at Hollingworth Academy, we aim to promote personal wellbeing and development through a comprehensive programme of PSHCE (KS3) and PSHCRE (KS4) (Personal, Social, Health, Citizenship, (Religious) Education). This gives our pupils the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

WHAT DOES THE NEW GUIDANCE MEAN?

The new RSE guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up, will give young people the information, skills and positive values to have safe, fulfilling relationships and will help them take responsibility for their own well-being.

HOW WILL THIS BE DELIVERED?

This guidance will form part of our school's PSHCE (KS3) / PSHCRE (KS4) programme, which is monitored and reviewed regularly.

All teaching in PSHC(R)E will take place in a safe learning environment and be underpinned by our school ethos and values of Respect, Responsibility and Resilience. Many opportunities will be provided for pupils to ask questions to further their understanding and to find out more about what affects them personally.

WHAT IF I HAVE QUESTIONS?

To introduce parents to this concept and to ensure everyone is informed, we share the RSE policy and the statutory content of the relationships and sex education programme. The policy also contains important information for parents who may wish to withdraw their children from sex education classes.